

# A cGMP-Phosphodiesterase-Inhibitor

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Annona cherimola</i> Cherimoya	1	
<i>Camellia sinensis</i> Tea	3	284008.0
<i>Camellia japonica</i> Camelia (Sp.); Common Camellia; Rose du Japon (Fr.); Camelia (Fr., Port.); Kamelie (Ger.); Tsubaki (Jap.); Camellia; Japanese Tea	1	
<i>Citrus sinensis</i> Orange	1	136.6
<i>Citrus paradisi</i> Grapefruit	1	58.0
<i>Citrus limon</i> Lemon	1	100.0
<i>Coffea arabica</i> Coffee	3	64038.0
<i>Cola acuminata</i> Abata Cola	2	52000.0
<i>Firmiana simplex</i> Chinese Parasol	1	
<i>Genipa americana</i> Jagua; Genipap	1	
<i>Guazuma ulmifolia</i> Bay Cedar	1	
<i>Ilex paraguariensis</i> South American Holly; Paraguay Tea; Mate	3	51000.0
<i>Paullinia yoko</i> Yoko	1	54600.0
<i>Paullinia cupana</i> Guarana	3	155800.0
<i>Theobroma cacao</i> Cacao	3	94300.0
<i>Theobroma bicolor</i> Nicaraguan Cacao; Pataste	3	
<i>Theobroma angustifolium</i> Emerald Cacao; Castarica	3	
<i>Turnera diffusa</i> Damiana	1	