

# A Cardioactive

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Aconanthera schimperi</i> Arrow-Poison Tree	1	34000.0
<i>Aconitum carmichaelii</i> Aconite; Fu-Tsu	1	
<i>Alangium lamarckii</i>	1	
<i>Anabasis aphylla</i> Anabasis	1	
<i>Argemone mexicana</i> Prickly Poppy	1	
<i>Ballota nigra</i> Black Horehound	1	
<i>Bocconia frutescens</i> Tree Poppy	1	
<i>Bocconia arborea</i> Tree Poppy	1	
<i>Calotropis</i> sp. Giant Milkweed	5	
<i>Colchicum autumnale</i> Autumn Crocus; Meadow Saffron	1	24600.0
<i>Corydalis</i> spp Fumewort	1	
<i>Eschscholzia californica</i> California Poppy	1	
<i>Frangula alnus</i> Buckthorn	1	
<i>Glaucium flavum</i> Horned Poppy	1	
<i>Glechoma hederacea</i> Alehoof	1	
<i>Gloriosa superba</i> Glory Lily	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	1	
<i>Hyssopus officinalis</i> Hyssop	1	
<i>Lantana camara</i> Lantana; Wild Sage	1	
<i>Leonotis leonurus</i> Lion's Ear	1	8000.0
<i>Leonurus cardiaca</i> Motherwort	1	
<i>Lycopersicon esculentum</i> Tomato	1	120.0
<i>Marrubium vulgare</i> White Horehound; Horehound	1	20000.0
<i>Sanguinaria canadensis</i> Bloodroot	1	
<i>Taxus baccata</i> Common Yew	1	
<i>Teucrium scorodonia</i> Germander; Wood Germander	1	
<i>Teucrium polium</i> Golden Germander	1	
<i>Teucrium marum</i> Cat Thyme	1	
<i>Teucrium chamaedrys</i> Wall Germander	1	
<i>Urginea maritima</i> European Squill	1	12000.0