

A Antitriglyceride

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant | # Chemicals | Total PPM |
|-----------------------------------------------------------------------------------------------------|-------------|--------------------|
| Abelmoschus manihot Manioc Hibiscus | 1 | 216.0 |
| Abelmoschus esculentus Okra | 1 | 120.0 |
| Acanthopanax gracilistylis Wu Chia Pi | 1 | 38.0 |
| Achillea millefolium Milfoil; Yarrow | 2 | 55.0 |
| Achyranthes bidentata Chaff Flower | 1 | 102.0 |
| Acinos suaveolens | 1 | |
| Aconitum carmichaelii Aconite; Fu-Tsu | 1 | 26.0 |
| Acorus calamus Sweetflag; Sweetroot; Flagroot; Myrtle Flag; Calamus; Sweet Calamus | 1 | |
| Actaea racemosa Black Cohosh; Black Snakeroot | 2 | |
| Actaea dahurica Xing an sheng ma; Sheng ma | 1 | |
| Actinidia chinensis Kiwi | 1 | |
| Agathosma betulina Mountain Buchu; Buchu; Honey Buchu | 3 | 68284.0 |
| Akebia quinata Chocolate Vine | 1 | 20.0 |
| Albizia julibrissin Mimosa | 1 | 16.0 |
| Alisma plantago-aquatica Mud Plantain; Water Plantain; Tse-Hsieh; Ze-Xie | 1 | 136.0 |
| Allium sativum var. sativum Garlic | 3 | 55663.6 |
| Allium cepa Onion; Shallot | 3 | 209.2 |
| Allium ampeloprasum Elephant Garlic; Kurrat | 1 | |
| Alocasia macrorrhiza Giant Taro | 1 | 102.0 |
| Aloe vera Bitter Aloes; Aloe | 2 | 1540.0 |
| Aloe spp. Aloe | 2 | |
| Althaea officinalis White Mallow; Marshmallow | 2 | 33.0 |
| Amaranthus sp. Pigweed | 1 | 216.0 |
| Amomum xanthioides Tavoy Cardamom; Malabar Cardamom; Bastard Cardamom; Chin Kousha | 1 | 96.0 |
| Amorphophallus konjac Devil's Tongue; Snake Palm; Konjac; Leopard Palm; Elephant Yam; Umbrella Arum | 2 | |
| Amorphophallus campanulatus Elephant-Foot Yam | 1 | 100.0 |
| Amphicarpaea bracteata Hog Peanut | 1 | |
| Anacardium occidentale Cashew | 2 | 115.19999999999999 |
| Ananas comosus Pineapple | 1 | 12.0 |
| Anemarrhena asphodeloides Chih-Mu; Zhi-Mu | 1 | 54.0 |
| Anethum graveolens Garden Dill; Dill | 2 | 433.16 |
| Angelica sinensis Dang Qui; Dong Gui; Dang Quai; Dang Gui; Dong Quai; Chinese Angelica | 2 | 19.8 |
| Angelica laxiflora Tu Huo | 1 | 30.0 |
| Angelica dahurica Bai Zhi | 1 | 58.0 |
| Annona muricata Soursop | 1 | 8.0 |
| Annona cherimola Cherimoya | 1 | 30.0 |
| Anthriscus cerefolium Chervil | 1 | 20.0 |
| Apium graveolens Celery | 2 | 406.18 |
| Arachis hypogaea Groundnut; Peanut | 2 | 70.32 |

| Plant | # Chemicals | Total PPM |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------|
| <i>Arctium lappa</i> Great Burdock; Gobo; Burdock | 2 | 85.2 |
| <i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry | 2 | 26.4 |
| <i>Areca catechu</i> Pin-Lang; Betel Nut | 1 | 32.0 |
| <i>Arisaema consanguineum</i> Chinese Jack-In-The-Pulpit | 1 | 28.0 |
| <i>Aristolochia debilis</i> Chinese Birthwort | 1 | 80.0 |
| <i>Armoracia rusticana</i> Horseradish | 2 | 64.2 |
| <i>Artemisia vulgaris</i> Mugwort | 2 | 268.0 |
| <i>Artemisia herba-alba</i> Desert Wormwood | 1 | 42.0 |
| <i>Artemisia dracunculus</i> Tarragon | 1 | |
| <i>Artemisia cina</i> Levant Wormseed | 1 | |
| <i>Artemisia capillaris</i> Capillary Wormwood | 1 | 44.0 |
| <i>Artocarpus heterophyllus</i> Jackfruit | 1 | 32.0 |
| <i>Artocarpus altilis</i> Breadfruit | 1 | 16.0 |
| <i>Asiasarum sieboldii</i> Siebold's Wild Ginger | 1 | 118.0 |
| <i>Asiasarum heterotropoides</i> Asian Wild Ginger | 1 | 118.0 |
| <i>Asimina triloba</i> Pawpaw | 1 | 76.0 |
| <i>Asparagus officinalis</i> Asparagus | 2 | 250.8 |
| <i>Asparagus lucidus</i> Lucid Asparagus | 1 | 16.0 |
| <i>Astragalus membranaceus</i> Huang Qi; Huang-Chi | 2 | 21.0 |
| <i>Atractylodes ovata</i> Pai-Chu; Bai-Zhu | 1 | 64.0 |
| <i>Atractylodes lancea</i> Cang Zhu | 1 | 66.0 |
| <i>Avena sativa</i> Oats | 2 | 85.8 |
| <i>Averrhoa carambola</i> Star Fruit; Carambola | 1 | |
| <i>Barosma betulina</i> Buchu | 3 | 68284.0 |
| <i>Belamcanda chinensis</i> Mariposa (Sp.); Shenan; Iris Tigre (Fr.); Blackberry Lily; Maravilla (Sp.); Leopard Lily; Leopardenblume (Ger.) | 1 | 34.0 |
| <i>Berberis vulgaris</i> Barberry | 2 | 26.4 |
| <i>Bertholletia excelsa</i> Brazilnut; Paranut; Creamnut; Brazilnut-Tree | 2 | 108.4 |
| <i>Beta vulgaris</i> Beet; Sugar Beet; Beetroot; Garden Beet | 2 | 141.32 |
| <i>Blechnum orientale</i> Kuan Chung; Shield Fern | 1 | 34.0 |
| <i>Bletilla striata</i> Bletilla; Shiran (Jap.); Hardy Orchid; Hyacinth Orchid; Chinese Ground Orchid; Dai Chi (Chin.); Hyacinth Bletilla | 1 | 32.0 |
| <i>Boehmeria nivea</i> Ramie | 2 | 150.0 |
| <i>Borago officinalis</i> Borage; Talewort; Beebread; Beeplant | 1 | |
| <i>Brassica rapa</i> Rapini; Seven-Top Turnip; Turnip | 2 | 87.4 |
| <i>Brassica pekinensis</i> Chinese Cabbage | 2 | 161.26 |
| <i>Brassica oleracea</i> var. <i>viridis</i> I. Cow Cabbage; Spring-Heading Cabbage; Tall Kale; Collards; Tree Kale | 1 | 314.0 |
| <i>Brassica oleracea</i> var. <i>sabellica</i> I. Kale; Curly Kale; Scotch Kale; Kitchen Kale | 1 | 56.0 |
| <i>Brassica oleracea</i> var. <i>italica</i> Winter Broccoli; Sprouting Broccoli; Purple Cauliflower; Heading Broccoli; Broccoli; Cape Broccoli; Asparagus Broccoli; Calabrese | 2 | |
| <i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts | 1 | 314.0 |
| <i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; White Cabbage; Cabbage | 2 | 111.8 |
| <i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower | 2 | 431.22 |

| Plant | # Chemicals | Total PPM |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Brassica nigra</i> Black Mustard | 1 | 80.0 |
| <i>Brassica napus</i> var. <i>napobrassica</i> Swede; Rutabaga; Swedish Turnip | 2 | 66.4 |
| <i>Brassica juncea</i> Mustard Greens | 1 | 130.0 |
| <i>Broussonetia papyrifera</i> Paper Mulberry | 1 | 46.0 |
| <i>Bupleurum chinense</i> Chai-Hu | 2 | |
| <i>Cajanus cajan</i> Pigeonpea | 1 | 68.0 |
| <i>Camellia sinensis</i> Tea | 1 | 60.0 |
| <i>Canavalia ensiformis</i> Jack Bean | 1 | 40.0 |
| <i>Capsicum frutescens</i> Cayenne; Red Chili; Spur Pepper; Chili; Tabasco; Hot Pepper | 3 | 62.0 |
| <i>Capsicum annuum</i> Bell Pepper; Green Pepper; Sweet Pepper; Cone Pepper; Paprika; Cherry Pepper | 3 | 85.792 |
| <i>Carica papaya</i> Papaya | 2 | |
| <i>Carthamus tinctorius</i> Safflower | 2 | 68.2 |
| <i>Carum carvi</i> Kummel (Ger.); Carum; Comino de prado (Sp.); Comino (Sp.); Caraway | 2 | 184.0 |
| <i>Carya ovata</i> Shagbark Hickory | 2 | 793.2 |
| <i>Carya illinoensis</i> Pecan | 2 | 113.2 |
| <i>Carya glabra</i> Pignut Hickory | 2 | 2222.0 |
| <i>Cassia tora</i> Sickle Senna | 1 | 62.0 |
| <i>Castanea sativa</i> European Chestnut | 1 | 20.0 |
| <i>Castanea mollissima</i> Chinese Chestnut | 1 | 34.0 |
| <i>Castanea dentata</i> American Chestnut | 1 | 48.0 |
| <i>Catalpa ovata</i> Kiskasage; Hsin-Pa-Pi | 1 | 42.0 |
| <i>Caulophyllum thalictroides</i> Blue Cohosh | 2 | 26.4 |
| <i>Celosia cristata</i> Cockscomb | 1 | 78.0 |
| <i>Centella asiatica</i> Pennywort; Gotu Kola | 2 | 59.4 |
| <i>Chaenomeles lagenaria</i> Mu-Kua; Chinese Quince | 1 | 42.0 |
| <i>Chamaemelum nobile</i> Perennial Camomile; Garden Camomile; Roman Camomile | 2 | 24.0 |
| <i>Chamissoa altissima</i> Guanique | 1 | |
| <i>Chenopodium album</i> Lambsquarter | 1 | 48.0 |
| <i>Chondrus crispus</i> Irish Moss | 2 | 136.0 |
| <i>Chrysanthemum parthenium</i> Feverfew | 2 | 68.0 |
| <i>Cicer arietinum</i> Garbanzo; Chickpea | 1 | 100.0 |
| <i>Cichorium intybus</i> Witloof; Succory; Chicory | 1 | |
| <i>Cichorium endivia</i> Endive; Escarole | 2 | 293.92 |
| <i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot | 2 | 39.6 |
| <i>Cimicifuga dahurica</i> Sheng Ma | 1 | 36.0 |
| <i>Cinnamomum verum</i> Ceylon Cinnamon; Cinnamon | 2 | 205.60000000000002 |
| <i>Cinnamomum sieboldii</i> Japanese Cinnamon | 2 | 130.0 |
| <i>Cinnamomum burmannii</i> Padang Cassia; Java Cinnamon | 2 | 20.0 |
| <i>Cinnamomum aromaticum</i> Canelero chino (Sp.); Chinesischer Zimtbaum (Ger.); Cassia; Zimtcassie (Ger.); Canela de la China (Sp.); Cannelier de Chine (Fr.); Chinese Cassia; Kashia-Keihi (Jap.); Saigon Cinnamon; Canelle de Cochinchine (Fr.); Chinese Cinnamon; China Junk Cassia; Cannelier Casse (Fr.); Chinazimt (Ger.); Cassia Lignea; Cassia Bark | 2 | 24.0 |
| <i>Cistanche salsa</i> Broomrape; Jou Tsung Jung; Cistanchis Herba | 1 | 26.0 |
| <i>Citrullus lanatus</i> Watermelon | 1 | 16.0 |

| Plant | # Chemicals | Total PPM |
|-----------------------------------------------------------------------------------------|-------------|--------------------|
| Citrus spp Citrus | 1 | |
| Citrus sinensis Orange | 3 | 127027.54000000001 |
| Citrus reticulata Tangerine; Mandarin | 3 | 16.32 |
| Citrus paradisi Grapefruit | 3 | 33.2 |
| Citrus medica Citron | 2 | 28.0 |
| Citrus limon Lemon | 1 | 137600.0 |
| Citrus aurantium Petitgrain; Bitter Orange | 2 | 5032.0 |
| Citrus aurantiifolia Lime | 1 | 18.0 |
| Cnicus benedictus Blessed Thistle | 2 | 35.6 |
| Cnidium officinale Jih-Chiung | 1 | 32.0 |
| Cocos nucifera Coconut Palm; Kokospalme (Ger.); Copra; Coconut; Nariyal; Cocotero (Sp.) | 2 | 42.8 |
| Coix lacryma-jobi Yi-Yi-Ren; Adlay Millet; Job'S-Tears; Adlay | 1 | 40.0 |
| Colocasia esculenta Taro | 1 | 145.2 |
| Coptis spp Generic Goldthread | 1 | 1200.0 |
| Coptis japonica Huang-Lien; Huang-Lia; Japanese Goldthread; Huang-Lian | 1 | 1200.0 |
| Coptis chinensis Huang-Lien; Chinese Goldthread; Huang-Lian | 1 | 1200.0 |
| Coriandrum sativum Chinese Parsley; Coriander; Cilantro | 2 | 219.2 |
| Cornus officinalis Chinese Dogwood | 1 | 24.0 |
| Corylus avellana English Filbert; Hazel; Cobnut; European Filbert; European Hazel | 2 | 80.80000000000001 |
| Crataegus rhipidophylla Hawthorn | 2 | |
| Crataegus laevigata English Hawthorn; Hawthorn; Woodland Hawthorn; Whitethorn | 2 | 37.4 |
| Crataegus cuneata Hawthorn | 1 | 28.0 |
| Cucumis sativus Cucumber | 2 | 317.91999999999996 |
| Cucumis melo Melon; Cantaloupe; Muskmelon; Netted Melon; Persian Melon; Nutmeg Melon | 2 | 62.66 |
| Cucurbita spp Summer Squash | 1 | 82.0 |
| Cucurbita pepo Pumpkin | 2 | 351.0 |
| Cucurbita maxima Pumpkin | 1 | 108.0 |
| Cuminum cyminum Cumin | 2 | 149.6 |
| Curcuma longa Turmeric; Indian Saffron | 2 | 68.0 |
| Cymbopogon citratus West Indian Lemongrass; Lemongrass | 2 | 148.0 |
| Cynanchum atratum Pai-Wei; Bai-Wei | 1 | 62.0 |
| Cynara cardunculus Artichoke | 2 | 72.0 |
| Cyperus rotundus Nutsedge | 1 | 66.0 |
| Cypripedium pubescens Ladyslipper | 2 | 174.0 |
| Cyrtosperma chamissonis Swamp Taro | 1 | 100.0 |
| Daphne mezereum Spurge Olive; Spurge Laurel | 1 | |
| Daucus carota Carrot | 2 | 164.0 |
| Dendrobium nobile Noble Dendrobium | 1 | 52.0 |
| Dioscorea villosa Wild Yam | 2 | |
| Dioscorea sp. Wild Yam | 2 | 216.0 |
| Dioscorea bulbifera Air Potato; Potato Yam | 1 | 24.0 |
| Dioscorea alata Greater Yam; Winged Yam | 1 | 34.0 |

| Plant | # Chemicals | Total PPM |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Diospyros virginiana</i> American Persimmon | 2 | 388.8 |
| <i>Drynaria fortunei</i> Fortune's Fern | 1 | 34.0 |
| <i>Echinacea</i> spp Echinacea; Coneflower | 2 | 132.1 |
| <i>Echinacea purpurea</i> Echinacea; Eastern Purple-Coneflower; Purple-Coneflower | 2 | |
| <i>Elaeagnus umbellatus</i> Russian Olive | 2 | |
| <i>Elettaria cardamomum</i> Cardamom | 2 | 174.0 |
| <i>Eleutherococcus senticosus</i> Spiny Ginseng; Ci wu jia (Pinyin); Wu jia; Eleuthero Ginseng; Siberian Ginseng | 2 | |
| <i>Elytrigia repens</i> Quackgrass; Couchgrass; Doggrass; Twitchgrass; Wheatgrass | 2 | 148.0 |
| <i>Ephedra</i> spp Ma-Huang | 1 | 16.0 |
| <i>Ephedra sinica</i> Ma Huang; Chinese Ephedra | 2 | 23.1 |
| <i>Equisetum hyemale</i> Horsetail; Scouring Rush | 1 | 20.0 |
| <i>Equisetum arvense</i> Field Horsetail; Horsetail | 2 | 48.4 |
| <i>Eriobotrya japonica</i> Loquat | 1 | 56.0 |
| <i>Eriocaulon</i> sp Oriental Pipewort | 1 | 42.0 |
| <i>Eriodictyon californicum</i> Bear's Weed; Gum Bush; Yerba Santa; California Yerba Santa; Hierba Santa; Mountain Balm; Tarweed; Holy Herb; Consumptive's Weed | 2 | |
| <i>Erythroxylum novogranatense</i> Coca | 1 | 110.0 |
| <i>Erythroxylum coca</i> Coca | 2 | 73.2 |
| <i>Eucommia ulmoides</i> Tu Chung; Gutta-Percha Tree; Du Zhong | 1 | 28.0 |
| <i>Euodia rutaecarpa</i> Wou Chou Yu | 1 | 36.0 |
| <i>Eupatorium perfoliatum</i> Boneset | 2 | |
| <i>Euphrasia officinalis</i> Eyebright | 2 | 53.900000000000006 |
| <i>Fallopia japonica</i> Mexican Bamboo; Hu-Zhang; Japanese Knotweed; Giant Knotweed | 2 | 154.0 |
| <i>Ficus carica</i> Higo (Sp.); Fig; Fico (Ital.); Higuera Comun (Sp.); Figueira (Port.); Echte Feige (Ger.); Figuier Commun (Fr.); Feigenbaum (Ger.) | 1 | 14.0 |
| <i>Firmiana simplex</i> Chinese Parasol | 1 | 50.0 |
| <i>Foeniculum vulgare</i> Fennel | 2 | 86.0 |
| <i>Forsythia suspensa</i> Lien-Chiao; Lian-Jiao | 1 | 34.0 |
| <i>Fragaria</i> spp Strawberry | 2 | 34.72 |
| <i>Frangula purshiana</i> Cascara Sagrada; Cascara Buckthorn | 2 | 13.2 |
| <i>Fraxinus rhynchophylla</i> Chinese Ash | 1 | 34.0 |
| <i>Fritillaria thunbergii</i> Bei-Mu; Fritillary | 1 | 24.0 |
| <i>Fucus vesiculosus</i> Bladderwrack; Kelp | 2 | 22.0 |
| <i>Galega officinalis</i> Goat's Rue; Galega | 1 | |
| <i>Gardenia jasminoides</i> Gardenia; Shan-Chih-Tzu; Shan-Zhi-Zi; Zhi Zi; Jasmin; Cape Jasmine | 1 | 34.0 |
| <i>Gastrodia elata</i> Tian Ma | 1 | 24.0 |
| <i>Genipa americana</i> Jagua; Genipap | 1 | 60.0 |
| <i>Gentiana scabra</i> Japanese Gentian | 1 | 36.0 |
| <i>Gentiana lutea</i> Yellow Gentian; Gentian | 2 | 60.5 |
| <i>Geranium thunbergii</i> Genoshiouko; Oriental Geranium | 1 | 56.0 |
| <i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree | 2 | 16.0 |
| <i>Glechoma hederacea</i> Alehoof | 2 | 122.0 |
| <i>Glehnia littoralis</i> Bei Sha Shen | 1 | 52.0 |

| Plant | # Chemicals | Total PPM |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------|
| <i>Glycine max</i> Soybean | 1 | 180.0 |
| <i>Glycyrrhiza uralensis</i> Chinese Licorice; Kan-Tsao; Gan-Cao | 1 | 26.0 |
| <i>Glycyrrhiza glabra</i> Licorice; Commom Licorice; Smooth Licorice; Licorice-Root | 2 | 40.7 |
| <i>Gymnema sylvestre</i> Miracle Fruit; Gymnema | 2 | |
| <i>Harpagophytum procumbens</i> Devil's Claw; Grapple Plant | 2 | 46.2 |
| <i>Helianthus tuberosus</i> Jerusalem Artichoke | 1 | 128.0 |
| <i>Helianthus annuus</i> Sunflower; Girasol | 1 | 108.0 |
| <i>Hibiscus sabdariffa</i> Jamaica Sorrel; Sereni (Sp.); Red Sorrel; Acedera de Guinea (Sp.); Malventee (Ger.); Indian Sorrel; Sorrel; Rosella (Ger.); Rosa de Jamaica (Sp.); Kharkadi; Roselle | 2 | 118.8 |
| <i>Hordeum vulgare</i> Barley; Barleygrass | 2 | 266.0 |
| <i>Houttuynia cordata</i> Yu Xing Cao; Dokudami; Fishwort | 1 | 112.0 |
| <i>Humulus lupulus</i> Hops | 2 | 15.4 |
| <i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea | 2 | 55.0 |
| <i>Hydrastis canadensis</i> Goldenseal | 2 | 37.4 |
| <i>Hyoscyamus niger</i> Henbane | 1 | 96.0 |
| <i>Hyssopus officinalis</i> Hyssop | 1 | |
| <i>Inula helenium</i> Elecampane | 2 | |
| <i>Ipomoea batatas</i> Sweet Potato | 1 | 22.0 |
| <i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage | 1 | 184.0 |
| <i>Isatis tinctoria</i> Dyer's Woad | 1 | 80.0 |
| <i>Juglans regia</i> English Walnut | 1 | |
| <i>Juglans nigra</i> Black Walnut | 2 | 132.0 |
| <i>Juglans cinerea</i> Butternut | 2 | 79.6 |
| <i>Juncus effusus</i> Rush | 1 | 76.0 |
| <i>Juniperus virginiana</i> Red Cedar | 2 | 644.56 |
| <i>Juniperus communis</i> Juniper; Common Juniper | 2 | 70.4 |
| <i>Jussiaea repens</i> Jussiaeae Herba; Pond Dragon | 1 | 80.0 |
| <i>Lablab purpureus</i> Lablab Bean; Bonavist Bean; Hyacinth Bean | 1 | 186.0 |
| <i>Lactuca sativa</i> Lettuce | 2 | 2028.0 |
| <i>Lagenaria siceraria</i> Calabash Gourd; White-Flowered Gourd | 1 | 314.0 |
| <i>Larrea tridentata</i> Creosote Bush; Chaparral | 2 | 17.6 |
| <i>Lens culinaris</i> Lentil | 1 | 192.0 |
| <i>Lepidium meyenii</i> Peruvian Ginseng; Maca | 1 | |
| <i>Ligustrum lucidum</i> Ligustri Fructus; White Waxtree; Chinese Privet; Privet; Glossy Privet | 1 | 48.0 |
| <i>Ligustrum japonicum</i> Japanese Privet; Ligustri Fructus | 1 | 48.0 |
| <i>Linum usitatissimum</i> Flax; Linseed | 2 | |
| <i>Liquidambar styraciflua</i> American Styrax; Sweetgum | 2 | 723.2 |
| <i>Lobelia inflata</i> Lobelia; Indian Tobacco | 2 | 15.4 |
| <i>Lonicera japonica</i> Japanese Honeysuckle | 1 | 42.0 |
| <i>Lophatherum gracile</i> Dan Zhu Ye | 1 | 50.0 |
| <i>Lupinus albus</i> White Lupine | 1 | 106.0 |

| Plant | # Chemicals | Total PPM |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Lycium chinense</i> Lyciet de Chine (Fr.); Wolfberry; Kuko (Jap.); Chinese Wolfberry; Daun Koki (Indones.); Chinese Boxthorn; Gou Qi (Chin.); Spina Santa Cinese (Ital.); Kaukichai (Malays.); Chinese Matrimony Vine; Chinesischer Bocksdoorn (Ger.) | 1 | 86.0 |
| <i>Lycopersicon esculentum</i> Tomato | 2 | 252.0 |
| <i>Lycopodium clavatum</i> Antler Herb; Clubmoss | 1 | 56.0 |
| <i>Lygodium japonicum</i> Climbing Fern | 1 | 46.0 |
| <i>Macadamia</i> spp Macadamia | 1 | 36.0 |
| <i>Magnolia officinalis</i> Magnolia-Bark; Hou Pu; Chinese Magnolia | 1 | 18.0 |
| <i>Magnolia kobus</i> Hsin-I; Xin-Yi | 1 | 50.0 |
| <i>Magnolia fargesii</i> Hsin-I; Xin-Yi | 1 | 50.0 |
| <i>Magnolia denudata</i> Hsin-I; Xin-Yi | 1 | 50.0 |
| <i>Malus domestica</i> Apple | 2 | 71.2 |
| <i>Mangifera indica</i> Mango | 1 | 22.8 |
| <i>Manihot esculenta</i> Cassava; Yuca; Tapioca | 1 | 38.0 |
| <i>Medicago sativa</i> Lucerne; Alfalfa | 2 | 19.8 |
| <i>Mentha x piperita</i> Peppermint | 2 | |
| <i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint | 2 | |
| <i>Mentha</i> sp Mint | 1 | |
| <i>Mentha pulegium</i> European Pennyroyal | 3 | 180.0 |
| <i>Mentha longifolia</i> Biblical Mint | 1 | |
| <i>Mentha arvensis</i> var. <i>piperascens</i> Cornmint; Field Mint; Japanese Mint | 2 | 56.0 |
| <i>Morinda</i> sp Morinda | 1 | 30.0 |
| <i>Morus alba</i> Sang-Pai-Pi; White Mulberry | 1 | 28.0 |
| <i>Murraya</i> sp None | 1 | 14.0 |
| <i>Musa x paradisiaca</i> Banana; Plantain | 2 | 17.1 |
| <i>Myrica cerifera</i> Southern Bayberry; Wax Myrtle; Candle-Berry; Bayberry | 2 | 33.0 |
| <i>Myristica fragrans</i> nogal moscado (Sp.); Mace; Nutmeg; nuez moscada (Sp.); Muskatnussbaum (Ger.) | 2 | 198.39999999999998 |
| <i>Nardostachys chinensis</i> Chinese Spikenard | 1 | 44.0 |
| <i>Nasturtium officinale</i> Watercress; Berro | 1 | |
| <i>Nelumbo nucifera</i> Water Lotus | 1 | 56.0 |
| <i>Nepeta cataria</i> Catnip | 2 | 59.4 |
| <i>Notopterygium incisum</i> Qiang Huo | 1 | 32.0 |
| <i>Nyssa sylvatica</i> Black Gum; Black Tupelo | 2 | 417.08000000000004 |
| <i>Ocimum basilicum</i> Sweet Basil; Basil; Cuban Basil | 1 | 12.0 |
| <i>Oenothera biennis</i> Evening-Primrose | 1 | 180.0 |
| <i>Ophiopogon japonicus</i> Mai-Men-Dong; Mai-Men-Tung | 1 | 32.0 |
| <i>Opuntia ficus-indica</i> Prickly Pear; Indian Fig; Nopalito; Nopal | 1 | 30.0 |
| <i>Origanum vulgare</i> Wild Marjoram; Oregano; European Oregano; Wild Oregano; Pot Marjoram; Common Turkish Oregano | 1 | 98.0 |
| <i>Origanum majorana</i> Marjoram; Sweet Marjoram | 1 | 86.0 |
| <i>Paeonia suffruticosa</i> Moutan; Moutan Peony; Tree Peony | 1 | 30.0 |
| <i>Paeonia moutan</i> Tree Peony; Moutan | 1 | 30.0 |
| <i>Paeonia lactiflora</i> Peony; Common Garden Peony; Bai Shao (Chinese); Chih-Shao; White Peony | 1 | 48.0 |
| <i>Panax quinquefolius</i> Ginseng; American Ginseng | 1 | 228.0 |

| Plant | # Chemicals | Total PPM |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Panax japonicus</i> Japanese Ginseng | 1 | 40.0 |
| <i>Panax ginseng</i> Ginseng; Korean Ginseng; Chinese Ginseng; Oriental Ginseng | 2 | 24.2 |
| <i>Papaver somniferum</i> Opium Poppy; Poppyseed Poppy | 2 | 313.6 |
| <i>Parthenium integrifolium</i> American Feverfew; Wild Quinine; Feverfew; Missouri Snakeroot; Prairie-Dock | 2 | |
| <i>Passiflora incarnata</i> Manzana de Mayo; Mayapple; Passionflower | 2 | |
| <i>Pastinaca sativa</i> Parsnip | 2 | 140.4 |
| <i>Perilla frutescens</i> Perilla | 1 | 100.0 |
| <i>Persea americana</i> Avocado | 1 | 32.0 |
| <i>Petasites japonicus</i> Butterbur | 2 | 212.0 |
| <i>Petroselinum crispum</i> Parsley | 2 | 2.5999999999999996 |
| <i>Peucedanum ostruthium</i> Masterwort | 1 | |
| <i>Peucedanum decursivum</i> Qian Hu | 2 | 148.0 |
| <i>Phaseolus vulgaris</i> Green Bean; French Bean; Wax Bean; Dwarf Bean; Flageolet Bean; Haricot Vert; Pop Bean; Field Bean; Snap Bean; String Bean; Popping Bean; Garden Bean; Haricot Bean; Kidney Bean; Haricot; Black Bean; Navy Bean | 2 | 425.6 |
| <i>Phaseolus lunatus</i> Butter Bean; Lima Bean | 2 | 220.0 |
| <i>Phaseolus coccineus</i> Scarlet Runner Bean | 2 | 4.8800000000000001 |
| <i>Phaseolus acutifolius</i> Tepary Bean | 2 | |
| <i>Phellodendron amurense</i> Huang Po; Po Mu; Amur Cork Tree; Huang Bai | 1 | 52.0 |
| <i>Phoenix dactylifera</i> Date Palm | 1 | 66.0 |
| <i>Phyllanthus emblica</i> Myrobalan; Emblic | 1 | 178.0 |
| <i>Physalis ixocarpa</i> Tomatillo | 1 | 142.0 |
| <i>Phytelephas aequatorialis</i> EQUATORIAL IVORY PALM | 1 | |
| <i>Pimenta dioica</i> Pimenta; Jamaica-Pepper; Clover-Pepper; Pimento; Allspice | 2 | 60.0 |
| <i>Pimpinella anisum</i> Sweet Cumin; Anise | 1 | 118.0 |
| <i>Pinellia ternata</i> Ban-Xia; Pan-Hsia | 1 | 36.0 |
| <i>Pinus pinea</i> Pignolia; Italian Stone Pine | 1 | |
| <i>Pinus edulis</i> Pinyon Pine | 1 | |
| <i>Pinus echinata</i> Shortleaf Pine | 2 | 181.04000000000002 |
| <i>Piper nigrum</i> Black Pepper; Pepper; White Pepper | 2 | 85.4 |
| <i>Pistacia vera</i> Pistachio | 2 | 62.400000000000006 |
| <i>Pisum sativum</i> Pea | 2 | 120.68 |
| <i>Plantago psyllium</i> Psyllium | 2 | 40.7 |
| <i>Plantago major</i> Common Plantain | 2 | |
| <i>Plantago asiatica</i> Asian Plantain | 1 | 62.0 |
| <i>Platycodon grandiflorum</i> Balloon Flower; Chieh-Keng; Jie-Geng | 1 | 36.0 |
| <i>Polygala tenuifolia</i> Chinese Senega | 1 | 24.0 |
| <i>Polygonum multiflorum</i> He Shou Wu; Chinese Cornbind; Fo Ti; Chinese Knotweed; Fleeceflower | 2 | 16.0 |
| <i>Polystichum polyblepharum</i> Chinese Polystichum | 2 | 200.0 |
| <i>Portulaca oleracea</i> Verdolaga; Purslane | 1 | 120.0 |
| <i>Prunella vulgaris</i> Heal-All; Self-Heal | 1 | 50.0 |
| <i>Prunus serotina</i> Wild Cherry; Black Cherry | 2 | 830.76 |
| <i>Prunus persica</i> Peach | 2 | 286.0 |
| <i>Prunus dulcis</i> Almond | 2 | 80.8 |

| Plant | # Chemicals | Total PPM |
|-----------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Prunus domestica</i> Plum | 2 | 266.76 |
| <i>Prunus cerasus</i> Sour Cherry | 1 | 14.0 |
| <i>Prunus armeniaca</i> Apricot | 1 | 76.0 |
| <i>Psidium guajava</i> Guava | 1 | 40.0 |
| <i>Psophocarpus tetragonolobus</i> Winged Bean; Asparagus Pea; Goa Bean | 1 | 102.0 |
| <i>Ptychopetalum olacoides</i> Muira Puama | 1 | |
| <i>Pueraria pseudohirsuta</i> Chinese Kudzu | 1 | 60.0 |
| <i>Pulsatilla chinensis</i> Chinese Anemone | 1 | 48.0 |
| <i>Pyrus communis</i> Pear | 2 | 55.42 |
| <i>Quercus velutina</i> Black Oak | 2 | 192.92000000000002 |
| <i>Quercus stellata</i> Post Oak | 2 | 110.72 |
| <i>Quercus rubra</i> Northern Red Oak | 2 | 326.80000000000007 |
| <i>Quercus phellos</i> Willow Oak | 2 | 184.336 |
| <i>Quercus alba</i> White Oak | 2 | 418.28 |
| <i>Quisqualis indica</i> Rangoon Creeper | 1 | 44.0 |
| <i>Raphanus sativus</i> Radish | 2 | 202.56 |
| <i>Rehmannia glutinosa</i> Chinese Foxglove | 1 | 28.0 |
| <i>Rheum rhabarbarum</i> Rhubarb | 2 | 92.4 |
| <i>Rheum palmatum</i> Chinese Rhubarb | 1 | 20.0 |
| <i>Rhizophora mangle</i> Red Mangrove | 1 | 86.0 |
| <i>Rhodymenia palmata</i> Dulse | 2 | 186.0 |
| <i>Rhus glabra</i> Smooth Sumac | 2 | 456.20000000000005 |
| <i>Rhus copallina</i> Winged Sumac; Dwarf Sumac | 2 | 460.55999999999995 |
| <i>Ribes uva-crispa</i> Gooseberry | 2 | 32.31999999999999 |
| <i>Ribes rubrum</i> Red Currant; White Currant | 2 | 32.5 |
| <i>Ribes nigrum</i> Black Currant | 2 | 43.08 |
| <i>Rosa laevigata</i> Cherokee Rose | 1 | 30.0 |
| <i>Rosa canina</i> Rose; Dogbrier; Dog Rose | 2 | 3.74 |
| <i>Rosmarinus officinalis</i> Rosemary | 2 | 76.0 |
| <i>Rubia cordifolia</i> Madder | 1 | 78.0 |
| <i>Rubus idaeus</i> Raspberry; Red Raspberry | 2 | 28.6 |
| <i>Rubus chingii</i> Chinese Raspberry | 1 | 56.0 |
| <i>Rubus chamaemorus</i> Cloudberry | 2 | 81.52000000000001 |
| <i>Rumex crispus</i> Lengua De Vaca; Yellow Dock; Sour Dock; Curly Dock | 2 | |
| <i>Rumex acetosa</i> Garden Sorrel | 1 | 40.0 |
| <i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom | 2 | 55.0 |
| <i>Salix alba</i> White Willow | 2 | 23.1 |
| <i>Salvia officinalis</i> Sage | 2 | 71.5 |
| <i>Salvia miltiorrhiza</i> Dan-Shen; Red Sage; Tan-Shen | 1 | 24.0 |
| <i>Sambucus nigra</i> European Elder; European Alder; European Elderberry; Black Elder; Elder | 1 | |
| <i>Santalum acuminatum</i> Quandong Nut; Sweet Quandong; Quandong | 1 | |
| <i>Sassafras albidum</i> Sassafras | 2 | 265.52 |

| Plant | # Chemicals | Total PPM |
|-----------------------------------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Schisandra chinensis</i> Five-Flavor-Fruit; Chinese Magnolia Vine; Schizandra; Wu Wei Zu; Wu Wei Zi; Magnolia Vine | 2 | 39.6 |
| <i>Schizonepeta tenuifolia</i> Jing-Jie; Ching-Chieh | 1 | 56.0 |
| <i>Scrophularia buergeriana</i> Yuan-Shen; Hsuan-Shen | 1 | 26.0 |
| <i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Scullcap | 2 | 110.0 |
| <i>Scutellaria baicalensis</i> Huang Qin; Chinese Skullcap; Baikal Skullcap | 1 | 36.0 |
| <i>Secale cereale</i> Rye | 1 | |
| <i>Sechium edule</i> Chayote | 1 | 146.0 |
| <i>Senna occidentalis</i> Coffee Senna | 1 | 82.0 |
| <i>Senna obtusifolia</i> Sicklepod | 1 | 152.0 |
| <i>Senna alexandrina</i> Alexandran senna; True Senna; Indian Senna | 2 | |
| <i>Serenoa repens</i> Scrub-Palmetto; Saw Palmetto | 2 | |
| <i>Sesamum indicum</i> Benneseed; Beni; Sesamo (Sp.); Sesame; Ajonjoli (Sp.) | 2 | 209.60000000000002 |
| <i>Siegesbeckia orientalis</i> Hsi Chien; Saint Paul'Swort | 1 | 34.0 |
| <i>Silybum marianum</i> Milk Thistle; Lady's Thistle | 2 | 84.7 |
| <i>Simmondsia chinensis</i> Jojoba | 1 | 32.0 |
| <i>Sinapis alba</i> White Mustard | 2 | 196.39999999999998 |
| <i>Sinomenium acutum</i> Ching-Feng-Teng | 1 | 30.0 |
| <i>Smilax spp</i> Sarsaparilla | 2 | 66.0 |
| <i>Smilax officinalis</i> Sarsaparilla | 2 | |
| <i>Solanum tuberosum</i> Potato | 2 | 93.8 |
| <i>Solanum melongena</i> Aubergine; Eggplant | 2 | 51.68000000000001 |
| <i>Sophora subprostrata</i> Shan Dou Gen | 1 | 28.0 |
| <i>Sophora angustifolia</i> Narrowleaf Sophora | 1 | 48.0 |
| <i>Sorbus aucubaria</i> Rowan Berry | 2 | 36.760000000000005 |
| <i>Spinacia oleracea</i> Spinach | 2 | 371.67999999999995 |
| <i>Spirulina spp.</i> Spirulina | 2 | |
| <i>Spondias tuberosa</i> Umbu; Imbu | 1 | 2.66 |
| <i>Spondias dulcis</i> Ambarella | 1 | 3.8 |
| <i>Stachys officinalis</i> Bishop's-Wort; Purple Betony; Wood Betony; Betony | 2 | |
| <i>Stellaria media</i> Chickweed; Common Chickweed | 2 | 81.4 |
| <i>Stevia rebaudiana</i> Sweet Leaf of Paraguay; Stevia; Ca-A-E | 2 | 156.0 |
| <i>Symphoricarpos orbiculatus</i> Buckbush | 2 | 208.64 |
| <i>Symphytum officinale</i> Comfrey | 2 | 37.6 |
| <i>Syzygium aromaticum</i> Clove; Clovetree | 2 | 80.0 |
| <i>Tabebuia heptaphylla</i> Pau D'Arco | 2 | 27.5 |
| <i>Tanacetum parthenium</i> Feverfew | 2 | |
| <i>Taraxacum officinale</i> Dandelion | 2 | 281.1 |
| <i>Taraxacum mongolicum</i> Mongoloid Dandelion | 1 | 68.0 |
| <i>Tephrosia candida</i> White Tephrosia | 1 | 52.0 |
| <i>Tetrapanax papyrifera</i> Tung-Tsao; Tong-Cao; Rice Paper Tree | 1 | 84.0 |
| <i>Thymus vulgaris</i> Common Thyme; Garden Thyme; Thyme | 2 | 208.5 |
| <i>Tilia sp.</i> Linden; Lime; Basswood | 1 | |

| Plant | # Chemicals | Total PPM |
|-----------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------|
| <i>Trachyspermum ammi</i> Ajwan | 2 | 210.0 |
| <i>Tragopogon porrifolius</i> Salsify | 1 | 4.0 |
| <i>Trifolium pratense</i> Purple Clover; Peavine Clover; Red Clover; Cowgrass | 2 | 70.4 |
| <i>Trigonella foenum-graecum</i> Alholva (Sp.); Greek Clover; Greek Hay; Bockshornklee (Ger.); Fenugreek | 2 | 8.8 |
| <i>Triticum aestivum</i> Wheat | 1 | 38.0 |
| <i>Turnera diffusa</i> Damiana | 2 | 68.2 |
| <i>Tussilago farfara</i> Coltsfoot | 1 | 50.0 |
| <i>Ulmus rubra</i> Red Elm; Slippery Elm | 2 | 22.0 |
| <i>Urtica dioica</i> European Nettle; Stinging Nettle | 2 | 109.5 |
| <i>Vaccinium vitis-idaea</i> Cowberry; Lingonberry; Lingen | 2 | 28.52 |
| <i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry | 2 | 50.260000000000005 |
| <i>Vaccinium macrocarpon</i> Cranberry; Large Cranberry; American Cranberry | 2 | |
| <i>Vaccinium corymbosum</i> Blueberry | 1 | 14.0 |
| <i>Valeriana officinalis</i> Common Valerian; Valerian; Garden-Heliotrope | 2 | 39.6 |
| <i>Valerianella radicata</i> | 1 | |
| <i>Valerianella locusta</i> Lamb's Lettuce; Corn Salad | 1 | |
| <i>Verbascum thapsus</i> Flannelleaf; Flannelplant; Great Mullein; Mullein; Velvetplant | 3 | 35.2 |
| <i>Viburnum opulus</i> European Cranberry Bush; Snowballbush; Crampbark; Guelder Rose | 2 | 118.0 |
| <i>Vigna unguiculata</i> Crowder Pea; Cowpea; Black-eyed Pea; Southern Pea | 2 | 90.4 |
| <i>Vigna radiata</i> Green Gram; Mungbean | 1 | 158.0 |
| <i>Vigna angularis</i> Adzuki Bean | 1 | 116.0 |
| <i>Vigna aconitifolia</i> Mat Bean; Moth Bean | 1 | 42.0 |
| <i>Viscum album</i> European Mistletoe | 2 | 248.0 |
| <i>Vitis vinifera</i> Grapevine; Parra (Sp.); European Grape; Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.); Vid (Sp.); Wine Grape | 2 | 241.54 |
| <i>Xanthosoma sagittifolium</i> Malanga; Yautia; Tannia | 1 | 38.0 |
| <i>Yucca baccata</i> Banana Yucca; Spanish Bayonet; Yucca; Blue Yucca | 2 | 15.4 |
| <i>Zea mays</i> Corn | 2 | 98.6 |
| <i>Zingiber officinale</i> Ginger | 2 | 194.0 |
| <i>Zizyphus jujuba</i> Jujube; Da-Zao; Ta-Tsao | 1 | 42.0 |