

# A Antithyreotropic

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Acacia nilotica Babul	1	
Achillea millefolium Milfoil; Yarrow	1	
Agastache rugosa	1	
Allium cepa Shallot; Onion	2	
Anadenanthera peregrina Cohoba; Niopo	1	
Anethum graveolens Garden Dill; Dill	1	
Annona reticulata Custard Apple	1	
Arbutus unedo Arbutus; Strawberry Tree	1	
Arctostaphylos uva-ursi Bearberry; Uva Ursi	1	
Artemisia dracunculus Tarragon	1	
Avena sativa Oats	1	
Borago officinalis Talewort; Beebread; Beeplant; Borage	1	14000.0
Cichorium intybus Witloof; Succory; Chicory	1	
Citrus paradisi Grapefruit	1	
Coleus forskohlii Forskohl's Coleus	1	9260.0
Coleus barbatus Forskohl's Coleus	1	9260.0
Collinsonia canadensis Stone Root	1	
Crataegus rhipidophylla Hawthorn	1	
Crataegus laevigata Hawthorn; Whitethorn; English Hawthorn; Woodland Hawthorn	1	
Cytisus scoparius Scotch Broom	1	
Fragaria spp Strawberry	1	
Glechoma hederacea Alehoof	1	50000.0
Hordeum vulgare Barleygrass; Barley	1	
Hyacinthus orientalis Hyacinth	1	
Hyssopus officinalis Hyssop	1	10000.0
Illicium verum anis estrellado (Sp.); Star Anise; Sternanis (Ger.); anis de China (Sp.); Chinesischer Sternanis (Ger.); Chinese Star Anise	1	
Juglans regia English Walnut	1	
Lavandula x intermedia Lavandin; Dutch Lavender	1	10000.0
Lavandula latifolia Aspic; Broad-Leaved Lavender; Spike Lavender	1	14000.0
Lavandula angustifolia English Lavender	1	24000.0
Lycopus virginicus Bugle	1	
Lycopus europeus European Bugle	1	74000.0
Malus domestica Apple	1	
Melissa officinalis Balm; Lemonbalm; Melissa; Bee Balm	1	55400.0
Mentha x rotundifolia Applemint	1	71200.0
Mentha x piperita Peppermint	1	63600.0
Mentha spicata Spearmint; Hortela da Folha Miuda	1	110400.0
Mentha pulegium European Pennyroyal	1	60000.0

Plant	# Chemicals	Total PPM
<i>Mentha longifolia</i> Biblical Mint	1	
<i>Mentha arvensis</i> var. <i>piperascens</i> Field Mint; Cornmint; Japanese Mint	1	56456.0
<i>Mentha aquatica</i> Water Mint	1	54000.0
<i>Momordica charantia</i> Bitter Melon; Sorosi	1	
<i>Monarda fistulosa</i> Wild Bergamot	1	40000.0
<i>Monarda didyma</i> Beebalm; Oswego Tea	1	36000.0
<i>Murraya</i> sp None	1	
<i>Musa</i> x <i>paradisica</i> Plantain; Banana	1	1400.0
<i>Nepeta cataria</i> Catnip	1	4000.0
<i>Nicotiana tabacum</i> Tobacco	1	
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	1	
<i>Ocimum basilicum</i> Basil; Sweet Basil; Cuban Basil	1	20300.0
<i>Olea europaea</i> Olive	1	
<i>Origanum vulgare</i> Pot Marjoram; Oregano; European Oregano; Common Turkish Oregano; Wild Marjoram; Wild Oregano	2	183180.0
<i>Origanum majorana</i> Marjoram; Sweet Marjoram	2	66000.0
<i>Papaver somniferum</i> Poppypeed Poppy; Opium Poppy	1	
<i>Paullinia cupana</i> Guarana	1	
<i>Perilla frutescens</i> Perilla	1	
<i>Persea americana</i> Avocado	2	
<i>Petasites japonicus</i> Butterbur	1	
<i>Petroselinum crispum</i> Parsley	1	
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	
<i>Plectranthus barbatus</i> Indian Coleus; False Boldo; Forskohl's Coleus	1	
<i>Portulaca oleracea</i> Purslane; Verdolaga	2	
<i>Prunella vulgaris</i> Heal-All; Self-Heal	1	122000.0
<i>Pterocarpus marsupium</i> bijasal; Indian Kino; Malabar Kino	1	
<i>Punica granatum</i> Granatapfelbaum (Ger.); Mangrano (Sp.); Pomegranate; Grenadier (Fr.); Granatapfelstrauch (Ger.); Zakuro (Jap.); Granado (Sp.); Romanzeiro (Port.)	1	
<i>Pyrus communis</i> Pear	1	
<i>Rhododendron dauricum</i> Chinese Alpenrose	1	
<i>Rosmarinus officinalis</i> Rosemary	1	161914.0
<i>Rubus fruticosus</i> Blackberry	1	
<i>Salvia sclarea</i> Clary Sage	1	68000.0
<i>Salvia officinalis</i> Sage	1	92200.0
<i>Satureja montana</i> Winter Savory; Savory	1	24000.0
<i>Satureja hortensis</i> Summer Savory	1	52000.0
<i>Scrophularia scorodonia</i>	1	
<i>Scutellaria lateriflora</i> Skullcap; Mad-Dog Skullcap	1	
<i>Scutellaria baicalensis</i> Chinese Skullcap; Huang Qin; Baikal Skullcap	1	
<i>Stachys officinalis</i> Betony; Bishop's-Wort; Wood Betony; Purple Betony	1	
<i>Stachytarpheta jamaicensis</i> Brazilian Tea	1	
<i>Symphytum officinale</i> Comfrey	1	10000.0
<i>Tanacetum parthenium</i> Feverfew	1	

Plant	# Chemicals	Total PPM
<i>Teucrium scorodonia</i> Germander; Wood Germander	1	
<i>Theobroma cacao</i> Cacao	2	
<i>Thymus vulgaris</i> Garden Thyme; Thyme; Common Thyme	1	79000.0
<i>Thymus serpyllum</i> Creeping Thyme	1	46000.0
<i>Uncaria catechu</i> Pale Catechu; Gambir	1	
<i>Vaccinium vitis-idaea</i> Lingonberry; Lingen; Cowberry	1	
<i>Vaccinium myrtillus</i> Dwarf Bilberry; Bilberry; Whortleberry	1	
<i>Vaccinium corymbosum</i> Blueberry	1	
<i>Vanilla planifolia</i> Vanilla; Bourbon Vanilla	1	
<i>Zea mays</i> Corn	1	
<i>Zingiber officinale</i> Ginger	1	