

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Alisma plantago-aquatica</i> Mud Plantain; Ze-Xie; Tse-Hsieh; Water Plantain	1	
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	
<i>Arachis hypogaea</i> Peanut; Groundnut	1	14000.0
<i>Artemisia cina</i> Levant Wormseed	1	
<i>Bertholletia excelsa</i> Creamnut; Brazilnut-Tree; Brazilnut; Paranut	1	210000.0
<i>Carya ovata</i> Shagbark Hickory	1	10000.0
<i>Cucurbita pepo</i> Pumpkin	1	8000.0
<i>Daucus carota</i> Carrot	1	
<i>Fragaria</i> spp Strawberry	1	1240.0
<i>Glycine max</i> Soybean	1	50000.0
<i>Helianthus annuus</i> Girasol; Sunflower	1	4600.0
<i>Juglans regia</i> English Walnut	1	
<i>Linum usitatissimum</i> Linseed; Flax	1	17600.0
<i>Lupinus albus</i> White Lupine	1	
<i>Malus domestica</i> Apple	1	
<i>Mucuna pruriens</i> Cowage; Velvetbean	1	200000.0
<i>Oryza sativa</i> Rice	1	
<i>Papaver somniferum</i> Poppyseed Poppy; Opium Poppy	1	56000.0
<i>Persea americana</i> Avocado	1	
<i>Pisum sativum</i> Pea	1	
<i>Polygonum multiflorum</i> Fleeceflower; Fo Ti; He Shou Wu; Chinese Cornbind; Chinese Knotweed	1	
<i>Prunus domestica</i> Plum	1	3000.0
<i>Ricinus communis</i> Castorbean	1	
<i>Rosa canina</i> Rose; Dogbrier; Dog Rose	1	
<i>Sesamum indicum</i> Sesame; Ajonjoli (Sp.); Sesamo (Sp.); Benneseed; Beni	1	790.0
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Spinacia oleracea</i> Spinach	1	
<i>Taraxacum officinale</i> Dandelion	1	59400.0
<i>Theobroma cacao</i> Cacao	1	
<i>Trigonella foenum-graecum</i> Greek Clover; Greek Hay; Bockshornklee (Ger.); Alholva (Sp.); Fenugreek	1	
<i>Triticum aestivum</i> Wheat	1	
<i>Urtica dioica</i> Stinging Nettle; European Nettle	1	
<i>Vigna mungo</i> Black Gram	1	32000.0
<i>Vitis vinifera</i> Vigne Vinifere (Fr.); Weinrebe (Ger.); Grape; Parra (Sp.); European Grape; Grapevine; Vid (Sp.); Wine Grape	1	
<i>Zingiber officinale</i> Ginger	1	