

# A Antipulmonotic

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Agastache rugosa	1	
Anethum graveolens Dill; Garden Dill	1	
Artemisia dracunculus Tarragon	1	
Borago officinalis Borage; Beeplant; Beebread; Talewort	1	14000.0
Collinsonia canadensis Stone Root	1	
Glechoma hederacea Alehoof	1	50000.0
Hyssopus officinalis Hyssop	1	10000.0
Lavandula x intermedia Lavandin; Dutch Lavender	1	10000.0
Lavandula latifolia Spike Lavender; Aspic; Broad-Leaved Lavender	1	14000.0
Lavandula angustifolia English Lavender	1	24000.0
Lycopus virginicus Bugle	1	
Lycopus europeus European Bugle	1	74000.0
Melissa officinalis Melissa; Lemonbalm; Balm; Bee Balm	1	55400.0
Mentha x rotundifolia Applemint	1	71200.0
Mentha x piperita Peppermint	1	63600.0
Mentha spicata Hortela da Folha Miuda; Spearmint	1	110400.0
Mentha pulegium European Pennyroyal	1	60000.0
Mentha longifolia Biblical Mint	1	
Mentha arvensis var. piperascens Field Mint; Japanese Mint; Cornmint	1	56456.0
Mentha aquatica Water Mint	1	54000.0
Momordica charantia Bitter Melon; Sorosi	1	
Monarda fistulosa Wild Bergamot	1	40000.0
Monarda didyma Oswego Tea; Beebalm	1	36000.0
Nepeta cataria Catnip	1	4000.0
Ocimum tenuiflorum Anise-Scented Basil	1	
Ocimum basilicum Basil; Cuban Basil; Sweet Basil	1	20300.0
Origanum vulgare Common Turkish Oregano; Oregano; Wild Marjoram; Wild Oregano; European Oregano; Pot Marjoram	1	183180.0
Origanum majorana Marjoram; Sweet Marjoram	1	66000.0
Perilla frutescens Perilla	1	
Petroselinum crispum Parsley	1	
Prunella vulgaris Heal-All; Self-Heal	1	122000.0
Rosmarinus officinalis Rosemary	1	161914.0
Salvia sclarea Clary Sage	1	68000.0
Salvia officinalis Sage	1	92200.0
Satureja montana Winter Savory; Savory	1	24000.0
Satureja hortensis Summer Savory	1	52000.0
Scrophularia scorodonia	1	
Stachys officinalis Purple Betony; Bishop's-Wort; Betony; Wood Betony	1	
Symphytum officinale Comfrey	1	10000.0

Plant	# Chemicals	Total PPM
<i>Teucrium scorodonia</i> Germander; Wood Germander	1	
<i>Thymus vulgaris</i> Common Thyme; Thyme; Garden Thyme	1	79000.0
<i>Thymus serpyllum</i> Creeping Thyme	1	46000.0
<i>Vaccinium corymbosum</i> Blueberry	1	