

# A Antipsoriatic

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Aloe vera</i> Bitter Aloes; Aloe	1	
<i>Angelica sinensis</i> Dang Quai; Dong Quai; Dong Gui; Chinese Angelica; Dang Gui; Dang Qui	1	
<i>Balanites aegyptiacus</i> Soapberry Tree; Zachunbaum (Ger.); zachun (India); betu (India); lalo (India); dattier sauvage (Fr.); mirobalano de Egipto (Sp.); heglík (Fr.); Desert Date; dattier du desert (Fr.); hingotia (India)	1	
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Kale; Scotch Kale; Kitchen Kale; Curly Kale	1	260.0
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	1	142.0
<i>Capsicum frutescens</i> Cayenne; Tabasco; Spur Pepper; Red Chili; Chili; Hot Pepper	1	35800.0
<i>Capsicum annuum</i> Cherry Pepper; Paprika; Sweet Pepper; Green Pepper; Cone Pepper; Bell Pepper	1	8000.0
<i>Costus speciosus</i> Cane Reed; Wild Ginger; Crepe Ginger	1	
<i>Curcuma zedoaria</i> Shoti; Zedoary	1	2000.0
<i>Curcuma xanthorrhiza</i> Temu Lawak; Javan Turmeric	1	20000.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	1	94888.0
<i>Daucus carota</i> Carrot	1	
<i>Fagopyrum esculentum</i> Buckwheat	1	
<i>Glycine max</i> Soybean	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	
<i>Nigella sativa</i> Fennel-Flower; Nutmeg-Flower; Black Caraway; Black Cumin; Roman Coriander	1	
<i>Sesamum indicum</i> Sesame; Ajonjoli (Sp.); Benneseed; Sesamo (Sp.); Beni	1	
<i>Trifolium pratense</i> Cowgrass; Red Clover; Purple Clover; Peavine Clover	1	
<i>Valeriana jatamansi</i> Indian Valerian	1	
<i>Zingiber officinale</i> Ginger	2	