

A Antiplatelet

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant | # Chemicals | Total PPM |
|--|-------------|-----------|
| Acacia farnesiana Opopanax; Popinac; Cassie; Huisache; Sweet Acacia | 1 | |
| Acacia decurrens Green Wattle | 1 | |
| Acacia catechu Catechu; Black Cutch | 1 | |
| Achillea millefolium Milfoil; Yarrow | 1 | |
| Adiantum capillus-veneris Maidenhair Fern | 1 | |
| Aesculus hippocastanum Horse Chestnut | 1 | |
| Agathosma betulina Honey Buchu; Buchu; Mountain Buchu | 1 | |
| Agrimonia eupatoria Sticklewort; Agrimony | 1 | |
| Alisma plantago-aquatica Mud Plantain; Ze-Xie; Water Plantain; Tse-Hsieh | 1 | |
| Allium sativum var. sativum Garlic | 4 | 105600.0 |
| Allium cepa Onion; Shallot | 3 | |
| Allium ampeloprasum Elephant Garlic; Kurrat | 1 | |
| Amaranthus spinosus Spiny pigweed | 1 | |
| Amaranthus sp. Pigweed | 1 | |
| Ammi visnaga Visnaga | 1 | |
| Ammi majus Bishop's Weed | 2 | 22200.0 |
| Anastatica hierochuntica Jericho Rose | 1 | |
| Anethum graveolens Garden Dill; Dill | 2 | |
| Angelica sinensis Dang Qui; Dang Gui; Dang Quai; Dong Gui; Chinese Angelica; Dong Quai | 2 | |
| Angelica dahurica Bai Zhi | 1 | |
| Angelica archangelica Wild Parsnip; Garden Angelica; Angelica | 2 | 11860.0 |
| Apium graveolens Celery | 4 | 25383.16 |
| Arachis hypogaea Groundnut; Peanut | 1 | |
| Araucaria bidwillii Monkey puzzle | 1 | |
| Arnica montana Leopard's-Bane; Mountain Tobacco | 1 | |
| Artemisia vulgaris Mugwort | 1 | |
| Artemisia dracunculus Tarragon | 1 | 1120.0 |
| Artemisia absinthium Wormwood | 1 | |
| Artemisia abrotanum Southernwood | 1 | |
| Aspalathus linearis Rooibos; Kaffree Tea; Red Bush Tea | 1 | |
| Asparagus officinalis Asparagus | 1 | |
| Azadirachta indica Neem | 1 | |
| Balanites aegyptiacus Zachunbaum (Ger.); dattier du desert (Fr.); hingotia (India); zachun (India); betu (India); Desert Date; dattier sauvage (Fr.); mirobalano de Egipto (Sp.); lalo (India); Soapberry Tree; heglik (Fr.) | 1 | |
| Berberis vulgaris Barberry | 1 | |
| Brassica oleracea var. italica Winter Broccoli; Asparagus Broccoli; Cape Broccoli; Broccoli; Calabrese; Sprouting Broccoli; Heading Broccoli; Purple Cauliflower | 1 | |
| Brassica oleracea var. gemmifera Brussels-Sprouts; Brussel-Sprout | 1 | 40.0 |
| Brassica oleracea var. botrytis I. Cauliflower | 1 | |
| Caesalpinia pulcherrima Bird Of Paradise | 1 | |

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|---|-------------|-----------|
| <i>Calendula officinalis</i> Pot-Marigold; Calendula | 1 | |
| <i>Camellia sinensis</i> Tea | 1 | 2780.0 |
| <i>Capparis spinosa</i> Caperbush; Caper | 1 | |
| <i>Capsella bursa-pastoris</i> Shepherd's Purse | 1 | |
| <i>Capsicum frutescens</i> Spur Pepper; Chili; Cayenne; Hot Pepper; Tabasco; Red Chili | 1 | |
| <i>Capsicum annuum</i> Bell Pepper; Cherry Pepper; Paprika; Sweet Pepper; Green Pepper; Cone Pepper | 1 | |
| <i>Casimiroa edulis</i> Matasano; White sapote | 1 | |
| <i>Centaurea calcitrapa</i> Star-Thistle | 1 | |
| <i>Chamaemelum nobile</i> Perennial Camomile; Roman Camomile; Garden Camomile | 1 | |
| <i>Chenopodium album</i> Lambsquarter | 1 | |
| <i>Cichorium intybus</i> Witloof; Succory; Chicory | 1 | |
| <i>Citrullus lanatus</i> Watermelon | 1 | |
| <i>Citrus sinensis</i> Orange | 2 | 30200.0 |
| <i>Citrus meyerii</i> Meyer lemon | 1 | |
| <i>Citrus limon</i> Lemon | 3 | 4.0 |
| <i>Citrus aurantium</i> Petitgrain; Bitter Orange | 1 | |
| <i>Citrus aurantiifolia</i> Lime | 2 | |
| <i>Cnicus benedictus</i> Blessed Thistle | 1 | |
| <i>Coleus forskohlii</i> Forskohl's Coleus | 1 | 9260.0 |
| <i>Coleus barbatus</i> Forskohl's Coleus | 1 | 9260.0 |
| <i>Convallaria majalis</i> Lily-Of-The-Valley | 1 | |
| <i>Coriandrum sativum</i> Coriander; Cilantro; Chinese Parsley | 2 | |
| <i>Cornus mas</i> Sorbet; Cornelian Cherry | 1 | |
| <i>Crataegus rhipidophylla</i> Hawthorn | 1 | |
| <i>Crataegus pentagyna</i> Hawthorn | 1 | |
| <i>Crataegus monogyna</i> English Hawthorn; Hawthorn | 1 | |
| <i>Crataegus laevigata</i> Hawthorn; Woodland Hawthorn; English Hawthorn; Whitethorn | 1 | |
| <i>Cucumis melo</i> Netted Melon; Melon; Muskmelon; Cantaloupe; Nutmeg Melon; Persian Melon | 1 | |
| <i>Cymbopogon citratus</i> Lemongrass; West Indian Lemongrass | 1 | |
| <i>Cynara cardunculus</i> Artichoke | 1 | |
| <i>Datura stramonium</i> Jimsonweed | 1 | |
| <i>Daucus carota</i> Carrot | 2 | 0.6 |
| <i>Dictamnus albus</i> Gas Plant; Dittany; Akgiritotu; Burning Bush; Gazelotu | 2 | |
| <i>Dodonaea viscosa</i> Hopwood | 1 | |
| <i>Echinacea</i> spp Coneflower; Echinacea | 1 | |
| <i>Echinacea purpurea</i> Purple-Coneflower; Echinacea; Eastern Purple-Coneflower | 1 | |
| <i>Eriobotrya japonica</i> Loquat | 1 | |
| <i>Erythroxylum novogranatense</i> Coca | 1 | 10000.0 |
| <i>Erythroxylum coca</i> Coca | 1 | 10000.0 |
| <i>Eschscholzia californica</i> California Poppy | 1 | 55000.0 |
| <i>Eucalyptus macrorrhuncha</i> | 1 | |
| <i>Eucalyptus globulus</i> Eucalypt; Tasmanian Bluegum; Blue Gum | 1 | |

| Plant | # Chemicals | Total PPM |
|---|-------------|-----------|
| <i>Eucalyptus citriodora</i> Lemon-Scented Gum; Spotted Gum; Lemon Eucalyptus; Citron-Scented Gum | 1 | |
| <i>Eupatorium perfoliatum</i> Boneset | 2 | |
| <i>Euphorbia pulcherrima</i> Poinsettia | 1 | |
| <i>Euphrasia officinalis</i> Eyebright | 1 | |
| <i>Fagopyrum esculentum</i> Buckwheat | 1 | 468900.0 |
| <i>Fallopia japonica</i> Japanese Knotweed; Hu-Zhang; Giant Knotweed; Mexican Bamboo | 1 | |
| <i>Ficus carica</i> Fico (Ital.); Fig; Higo (Sp.); Higuera Comun (Sp.); Echte Feige (Ger.); Feigenbaum (Ger.); Figuier Commun (Fr.); Figueira (Port.) | 2 | 29500.0 |
| <i>Filipendula ulmaria</i> Meadowsweet; Queen Of The Meadow | 1 | |
| <i>Foeniculum vulgare</i> Fennel | 3 | 6.0 |
| <i>Forsythia suspensa</i> Lien-Chiao; Lian-Jiao | 1 | 2000.0 |
| <i>Fragaria</i> spp Strawberry | 1 | |
| <i>Galega officinalis</i> Goat's Rue; Galega | 1 | |
| <i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree | 1 | |
| <i>Glechoma hederacea</i> Alehoof | 1 | |
| <i>Glehnia littoralis</i> Bei Sha Shen | 2 | |
| <i>Glycine max</i> Soybean | 1 | |
| <i>Glycyrrhiza uralensis</i> Gan-Cao; Kan-Tsao; Chinese Licorice | 1 | |
| <i>Glycyrrhiza glabra</i> Smooth Licorice; Commom Licorice; Licorice-Root; Licorice | 1 | |
| <i>Gossypium</i> sp Cotton | 1 | |
| <i>Hedera helix</i> Ivy | 1 | |
| <i>Hemidesmus indicus</i> Indian Sarsaparilla | 1 | |
| <i>Heracleum laciniatum</i> Lacinate Cow-parsnip | 1 | |
| <i>Houttuynia cordata</i> Dokudami; Yu Xing Cao; Fishwort | 1 | |
| <i>Humulus lupulus</i> Hops | 1 | 4000.0 |
| <i>Hydrangea paniculata</i> Peegee | 1 | 82000.0 |
| <i>Hydrangea arborescens</i> Hydrangea; Smooth Hydrangea | 1 | |
| <i>Hyoscyamus niger</i> Henbane | 1 | |
| <i>Hypericum perforatum</i> Hypericum; St. John's-wort; Goatweed; Klamath Weed; Common St. Johnswort | 1 | |
| <i>Ilex paraguariensis</i> Mate; South American Holly; Paraguay Tea | 1 | |
| <i>Illicium verum</i> Chinese Star Anise; anis de China (Sp.); Chinesischer Sternanis (Ger.); Star Anise; Sternanis (Ger.); anis estrellado (Sp.) | 1 | |
| <i>Inula helenium</i> Elecampane | 1 | |
| <i>Juniperus communis</i> Common Juniper; Juniper | 1 | |
| <i>Laurus nobilis</i> Grecian Laurel; Sweet Bay; Bayleaf; Laurel; Bay Laurel; Bay | 1 | |
| <i>Leonurus heterophyllus</i> | 1 | |
| <i>Leonurus cardiaca</i> Motherwort | 1 | |
| <i>Levisticum officinale</i> Lovage | 3 | 3096.0 |
| <i>Ligustrum lucidum</i> Ligustri Fructus; Chinese Privet; Privet; Glossy Privet; White Waxtree | 1 | |
| <i>Limonia acidissima</i> Wood-Apple; Manzana De Elefante; Elephant Apple | 1 | |
| <i>Lycium chinense</i> Chinese Wolfberry; Gou Qi (Chin.); Kaukichai (Malays.); Daun Koki (Indones.); Spina Santa Cinese (Ital.); Wolfberry; Chinese Matrimony Vine; Lyciet de Chine (Fr.); Chinesischer Bocksborn (Ger.); Chinese Boxthorn; Kuko (Jap.) | 1 | |
| <i>Lycopersicon esculentum</i> Tomato | 1 | 48000.0 |

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|---|-------------|-----------|
| <i>Maclura pomifera</i> Osage-Orange; Hedge Apple | 1 | |
| <i>Magnolia kobus</i> Hsin-I; Xin-Yi | 1 | 1000.0 |
| <i>Magnolia denudata</i> Hsin-I; Xin-Yi | 1 | |
| <i>Malus domestica</i> Apple | 1 | |
| <i>Matricaria recutita</i> Wild Camomile; German Camomile; Annual Camomile | 1 | |
| <i>Melia azedarach</i> Chinaberry | 1 | |
| <i>Mentha x piperita</i> Peppermint | 1 | |
| <i>Menyanthes trifoliata</i> Marsh Trefoil; Bogbean; Bog Myrtle; Marsh Clover; Water Trefoil; Buckbean | 1 | |
| <i>Mercurialis annua</i> Annual Mercury | 1 | |
| <i>Morinda citrifolia</i> Indian Mulberry; Noni | 1 | |
| <i>Morus alba</i> Sang-Pai-Pi; White Mulberry | 1 | 120000.0 |
| <i>Murraya koenigii</i> Curry Leaf; Curry Leaf Tree; Indian Curry Tree | 1 | |
| <i>Musa x paradisiaca</i> Banana; Plantain | 1 | |
| <i>Nasturtium officinale</i> Watercress; Berro | 1 | |
| <i>Nelumbo nucifera</i> Water Lotus | 1 | |
| <i>Nerium oleander</i> Oleander | 1 | |
| <i>Nicotiana tabacum</i> Tobacco | 1 | 20000.0 |
| <i>Nicotiana glauca</i> Tree Tobacco | 1 | 42000.0 |
| <i>Nigella sativa</i> Nutmeg-Flower; Roman Coriander; Fennel-Flower; Black Caraway; Black Cumin | 1 | |
| <i>Ocimum basilicum</i> Basil; Cuban Basil; Sweet Basil | 1 | |
| <i>Olea europaea</i> Olive | 1 | |
| <i>Opuntia ficus-indica</i> Prickly Pear; Nopal; Nopalito; Indian Fig | 1 | |
| <i>Origanum vulgare</i> Wild Oregano; Oregano; Common Turkish Oregano; Wild Marjoram; European Oregano; Pot Marjoram | 1 | |
| <i>Origanum majorana</i> Marjoram; Sweet Marjoram | 1 | |
| <i>Passiflora incarnata</i> Manzana de Mayo; Mayapple; Passionflower | 1 | |
| <i>Pastinaca sativa</i> Parsnip | 3 | 11000.0 |
| <i>Petroselinum crispum</i> Parsley | 3 | 64013.06 |
| <i>Peucedanum ostruthium</i> Masterwort | 1 | |
| <i>Phaseolus vulgaris</i> Navy Bean; Pop Bean; Green Bean; Flageolet Bean; Haricot; Field Bean; Haricot Vert; Black Bean; Garden Bean; Snap Bean; Dwarf Bean; Popping Bean; Wax Bean; Haricot Bean; String Bean; French Bean; Kidney Bean | 1 | |
| <i>Phaseolus aborigineus</i> | 1 | |
| <i>Phoenix dactylifera</i> Date Palm | 1 | |
| <i>Phyllanthus niruri</i> Seed On The Leaf | 1 | |
| <i>Phyllanthus emblica</i> Myrobalan; Emblic | 1 | |
| <i>Phyllanthus amarus</i> | 1 | |
| <i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry | 1 | |
| <i>Pimpinella anisum</i> Sweet Cumin; Anise | 3 | |
| <i>Piper nigrum</i> Pepper; Black Pepper; White Pepper | 1 | |
| <i>Piper methysticum</i> Kava-Kava | 1 | |
| <i>Plectranthus barbatus</i> Indian Coleus; Forskohl's Coleus; False Boldo | 1 | |
| <i>Plumeria acutifolia</i> Frangipani | 1 | |
| <i>Polygonum hydropiper</i> Common Smartweed | 1 | 60000.0 |

| Plant | # Chemicals | Total PPM |
|--|-------------|-----------|
| <i>Polygonum aviculare</i> Prostrate Knotweed | 1 | |
| <i>Prunella vulgaris</i> Self-Heal; Heal-All | 1 | |
| <i>Prunus spinosa</i> Blackthorn; Sloe | 1 | |
| <i>Prunus cerasus</i> Sour Cherry | 1 | |
| <i>Prunus armeniaca</i> Apricot | 1 | 35400.0 |
| <i>Pteridium aquilinum</i> Bracken; Bracken Fern | 1 | |
| <i>Pueraria montana</i> Kudsu; Kudzu | 1 | |
| <i>Punica granatum</i> Pomegranate; Mangrano (Sp.); Granatapfelstrauch (Ger.); Granado (Sp.); Romanzeiro (Port.); Granatapfelbaum (Ger.); Grenadier (Fr.); Zakuro (Jap.) | 1 | |
| <i>Rheum rhabarbarum</i> Rhubarb | 1 | 12000.0 |
| <i>Rheum officinale</i> Chinese Rhubarb | 1 | |
| <i>Ribes nigrum</i> Black Currant | 1 | |
| <i>Ricinus communis</i> Castorbean | 1 | 4000.0 |
| <i>Rosa multiflora</i> Multiflora Rose | 1 | |
| <i>Rubus idaeus</i> Red Raspberry; Raspberry | 1 | |
| <i>Rumex crispus</i> Yellow Dock; Lengua De Vaca; Sour Dock; Curly Dock | 1 | |
| <i>Rumex acetosella</i> Sheep Sorrel | 1 | 10600.0 |
| <i>Rumex acetosa</i> Garden Sorrel | 1 | 25600.0 |
| <i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom | 1 | 800.0 |
| <i>Ruta graveolens</i> Rue | 2 | 40000.0 |
| <i>Salix alba</i> White Willow | 1 | |
| <i>Sambucus nigra</i> Elder; European Elderberry; Black Elder; European Alder; European Elder | 1 | 18400.0 |
| <i>Sambucus canadensis</i> Sweet Elder; Elderberry; American Elder; American Elderberry | 1 | 73000.0 |
| <i>Scopolia carniolica</i> Scopolia | 1 | |
| <i>Selenicereus grandiflorus</i> Queen-of-the-Night; Night-Blooming Cereus | 1 | |
| <i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto | 1 | |
| <i>Skimmia arborescens</i> Skimmia | 1 | |
| <i>Smilax china</i> China Root | 1 | |
| <i>Solanum tuberosum</i> Potato | 1 | |
| <i>Solidago virgaurea</i> Woundwort; European Goldenrod | 1 | |
| <i>Solidago gigantea</i> Early Goldenrod | 1 | |
| <i>Sophora japonica</i> Japanese Pagoda Tree | 1 | 868000.0 |
| <i>Sorbus aucubaria</i> Rowan Berry | 1 | |
| <i>Spinacia oleracea</i> Spinach | 1 | 340.0 |
| <i>Stellaria media</i> Chickweed; Common Chickweed | 1 | |
| <i>Stevia rebaudiana</i> Stevia; Sweet Leaf of Paraguay; Ca-A-E | 1 | |
| <i>Syringa vulgaris</i> Lilac | 1 | |
| <i>Tephrosia purpurea</i> Wild Indigo; Purple Tephrosia | 1 | |
| <i>Terminalia chebula</i> Myrobalan; Black Myrobalan; Ink Nut; Chebulic Myrobalan | 1 | |
| <i>Teucrium scorodonia</i> Wood Germander; Germander | 1 | |
| <i>Teucrium scordium</i> Water Germander | 1 | |
| <i>Theobroma cacao</i> Cacao | 1 | |
| <i>Tribulus terrestris</i> Puncture-vine | 1 | |

| Plant | # Chemicals | Total PPM |
|---|-------------|-----------|
| <i>Trigonella foenum-graecum</i> Fenugreek; Greek Hay; Alholva (Sp.); Bockshornklee (Ger.); Greek Clover | 1 | |
| <i>Tussilago farfara</i> Coltsfoot | 1 | 7200.0 |
| <i>Uncaria tomentosa</i> Una de Gato; Cat's Claw; Garabato Amarillo | 1 | |
| <i>Uncaria guianensis</i> Una de Gato; Tambor Huasca; Ungunagi; Cat's Claw; Garabato Colorado | 1 | |
| <i>Urtica dioica</i> European Nettle; Stinging Nettle | 1 | |
| <i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry | 1 | |
| <i>Vaccinium corymbosum</i> Blueberry | 1 | |
| <i>Vigna radiata</i> Mungbean; Green Gram | 1 | |
| <i>Viola tricolor</i> Pansy; Wild Violet | 1 | 460000.0 |
| <i>Viola odorata</i> Common Violet; Sweet Violet | 1 | 40000.0 |
| <i>Vitis vinifera</i> Grape; Grapevine; Vigne Vinifere (Fr.); European Grape; Wine Grape; Vid (Sp.); Weinrebe (Ger.); Parra (Sp.) | 1 | |
| <i>Withania somnifera</i> Ashwagandha | 1 | |
| <i>Xylopiya aethiopica</i> Spice Tree; Negro Pepper; Mohrenpfeffer (Ger.); Guinea Pepper; Pimienta de Guinea (Sp.); Ethiopian Pepper; Maniguete (Sp.) | 1 | |
| <i>Zanthoxylum americanum</i> Northern Prickly Ash | 1 | |
| <i>Zizyphus jujuba</i> Jujube; Da-Zao; Ta-Tsao | 1 | 30000.0 |