

A Antiperiodic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abies alba</i> Silver-Fir	1	
<i>Acacia farnesiana</i> Huisache; Cassie; Popinac; Opopanax; Sweet Acacia	1	
<i>Achillea millefolium</i> Yarrow; Milfoil	1	
<i>Actaea racemosa</i> Black Snakeroot; Black Cohosh	1	
<i>Actaea cimicifuga</i> Sheng ma; Bugbane; Foetid Bugbane	1	
<i>Agrimonia eupatoria</i> Sticklewort; Agrimony	1	
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	
<i>Anacardium occidentale</i> Cashew	1	
<i>Arachis hypogaea</i> Peanut; Groundnut	1	36.0
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	1	
<i>Artemisia dracunculus</i> Tarragon	1	6.0
<i>Artemisia absinthium</i> Wormwood	1	
<i>Beta vulgaris</i> Beetroot; Sugar Beet; Garden Beet; Beet	1	
<i>Betula lenta</i> Cherry Birch	1	
<i>Bixa orellana</i> Lipsticktree; Bija; Achiote; Annoto; Arnato; Lipstick Pod; Annatto; Annato	1	
<i>Brassica oleracea</i> var. <i>italica</i> Calabrese; Winter Broccoli; Purple Cauliflower; Heading Broccoli; Broccoli; Asparagus Broccoli; Cape Broccoli; Sprouting Broccoli	1	
<i>Brassica oleracea</i> var. <i>botrytis</i> l. Cauliflower	1	
<i>Calea zacatechichi</i> Mexican Calea; Dog's Grass; Bitter Grass	1	
<i>Calendula officinalis</i> Calendula; Pot-Marigold	1	0.68
<i>Camellia sinensis</i> Tea	1	
<i>Cananga odorata</i> Cananga; Ylang-Ylang	1	
<i>Centaurea cyanus</i> Cornflower; Bachelor's Button	1	
<i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot	1	
<i>Cinnamomum aromaticum</i> China Junk Cassia; Canelero chino (Sp.); Canelle de Cochinchine (Fr.); Chinese Cinnamon; Cannelier de Chine (Fr.); Cassia Lignea; Zimtcassie (Ger.); Chinazimt (Ger.); Cassia Bark; Cannelier Casse (Fr.); Chinesischer Zimtbaum (Ger.); Cassia; Saigon Cinnamon; Canela de la China (Sp.); Kashia-Keihi (Jap.); Chinese Cassia	1	
<i>Colchicum autumnale</i> Autumn Crocus; Meadow Saffron	1	
<i>Cucurbita pepo</i> Pumpkin	1	
<i>Dipteryx odorata</i> Tonka Bean; Dutch Tonka Bean	1	
<i>Filipendula ulmaria</i> Meadowsweet; Queen Of The Meadow	2	
<i>Fragaria</i> spp Strawberry	1	
<i>Gloriosa superba</i> Glory Lily	1	
<i>Glycine max</i> Soybean	1	
<i>Glycyrrhiza glabra</i> Licorice-Root; Commom Licorice; Smooth Licorice; Licorice	1	1134.0
<i>Gossypium</i> sp Cotton	1	
<i>Hedeoma pulegioides</i> American Pennyroyal	1	
<i>Hordeum vulgare</i> Barleygrass; Barley	1	
<i>Iris versicolor</i> Blue Flag	1	

Plant	# Chemicals	Total PPM
<i>Jasminum officinale</i> Poet's Jessamine; Jasmine	1	
<i>Matricaria recutita</i> Annual Camomile; Wild Camomile; German Camomile	1	
<i>Medicago sativa</i> Alfalfa; Lucerne	1	
<i>Melilotus officinalis</i> Yellow Sweetclover	1	
<i>Menyanthes trifoliata</i> Marsh Clover; Buckbean; Bogbean; Marsh Trefoil; Water Trefoil; Bog Myrtle	1	
<i>Oenothera biennis</i> Evening-Primrose	1	
<i>Ononis spinosa</i> Hauhechel (Ger.); Spiny Restharrow; Restharrow	1	
<i>Panax quinquefolius</i> American Ginseng; Ginseng	1	
<i>Panax ginseng</i> Korean Ginseng; Oriental Ginseng; Chinese Ginseng; Ginseng	1	
<i>Pisum sativum</i> Pea	1	
<i>Plantago major</i> Common Plantain	1	2.0
<i>Polygonum aviculare</i> Prostrate Knotweed	1	
<i>Polypodium vulgare</i> Common Polypody; Sweet Fern	1	
<i>Populus tacamahacca</i> Balm Of Gilead	1	
<i>Populus nigra</i> Black Poplar	1	
<i>Ribes rubrum</i> Red Currant; White Currant	1	
<i>Rosa multiflora</i> Multiflora Rose	1	
<i>Rubus idaeus</i> Raspberry; Red Raspberry	1	
<i>Salix</i> sp.	1	
<i>Salix alba</i> White Willow	2	220000.0
<i>Salvia officinalis</i> Sage	1	
<i>Solidago gigantea</i> Early Goldenrod	1	
<i>Stachytarpheta cayennensis</i> Verbena	1	
<i>Taxus baccata</i> Common Yew	1	
<i>Trifolium pratense</i> Red Clover; Peavine Clover; Purple Clover; Cowgrass	1	
<i>Triticum aestivum</i> Wheat	1	8.0
<i>Ulmus rubra</i> Slippery Elm; Red Elm	1	
<i>Vaccinium vitis-idaea</i> Cowberry; Lingen; Lingonberry	1	
<i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry	1	
<i>Vanilla planifolia</i> Vanilla; Bourbon Vanilla	1	
<i>Viburnum prunifolium</i> Black Haw	2	
<i>Viola tricolor</i> Pansy; Wild Violet	1	
<i>Viola odorata</i> Sweet Violet; Common Violet	1	
<i>Vitis vinifera</i> Weinrebe (Ger.); Wine Grape; Grape; Parra (Sp.); Grapevine; Vigne Vinifere (Fr.); Vid (Sp.); European Grape	1	