

A Antipellagic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	3	14014.0
<i>Acacia nilotica</i> Babul	1	
<i>Acacia farnesiana</i> Huisache; Popinac; Sweet Acacia; Cassie; Opopanax	3	33172.0
<i>Achillea millefolium</i> Milfoil; Yarrow	2	11.6
<i>Actaea racemosa</i> Black Snakeroot; Black Cohosh	2	
<i>Actinidia chinensis</i> Kiwi	2	66.0
<i>Aegle marmelos</i> Bael de India; Bael fruit	2	
<i>Agathosma betulina</i> Mountain Buchu; Honey Buchu; Buchu	2	86.2
<i>Albizia lebbek</i> Lebbek Tree; Koko; Women's-Tongue Tree; Lebbek; Siris Tree; Frywood; East Indian Walnut	2	
<i>Allium schoenoprasum</i> Chives	3	29970.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	3	10692.4
<i>Allium cepa</i> Shallot; Onion	3	9516.0
<i>Allium ampeloprasum</i> Elephant Garlic; Kurrat	3	261.2
<i>Alocasia macrorrhiza</i> Giant Taro	2	40.0
<i>Aloe vera</i> Aloe; Bitter Aloes	3	128.0
<i>Aloe</i> spp. Aloe	2	
<i>Alpinia galanga</i> Languas; Siamese Ginger; Greater Galangal	3	144.0
<i>Althaea officinalis</i> Marshmallow; White Mallow	2	63.0
<i>Amaranthus spinosus</i> Spiny pigweed	2	
<i>Amaranthus</i> sp. Pigweed	3	28920.0
<i>Amorphophallus konjac</i> Devil's Tongue; Leopard Palm; Elephant Yam; Snake Palm; Umbrella Arum; Konjac	2	
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	2	164.4
<i>Anacardium occidentale</i> Cashew	3	15048.6
<i>Ananas comosus</i> Pineapple	3	1998.0
<i>Anethum graveolens</i> Dill; Garden Dill	3	16746.0
<i>Angelica sinensis</i> Dang Qui; Dang Quai; Dong Quai; Dang Gui; Dong Gui; Chinese Angelica	3	6.8
<i>Angelica archangelica</i> Wild Parsnip; Garden Angelica; Angelica	1	
<i>Annona squamosa</i> Sugar-Apple; Sweetsop	2	82.0
<i>Annona reticulata</i> Custard Apple	2	87.0
<i>Annona muricata</i> Soursop	2	166.0
<i>Annona glabra</i> Pondapple	2	
<i>Annona diversifolia</i> Llama	2	
<i>Annona cherimola</i> Cherimoya	2	111.0
<i>Apium graveolens</i> Celery	3	8762.0
<i>Arachis hypogaea</i> Groundnut; Peanut	3	21932.2
<i>Aralia cordata</i> Udo	2	348.0
<i>Arctium lappa</i> Burdock; Gobo; Great Burdock	3	3034.8
<i>Arctostaphylos uva-ursi</i> Bearberry; Uva Ursi	2	24.0
<i>Areca catechu</i> Betel Nut; Pin-Lang	2	29.4

Plant	# Chemicals	Total PPM
<i>Armoracia rusticana</i> Horseradish	2	134.0
<i>Arracacia xanthorrhiza</i> Peruvian Carrot; Arracacha	2	251.4
<i>Artemisia vulgaris</i> Mugwort	2	496.0
<i>Artemisia dracunculus</i> Tarragon	2	208.0
<i>Artocarpus heterophyllus</i> Jackfruit	2	38.0
<i>Artocarpus altilis</i> Breadfruit	3	4412.0
<i>Asimina triloba</i> Pawpaw	1	8332.0
<i>Asparagus officinalis</i> Asparagus	3	29708.0
<i>Astragalus membranaceus</i> Huang Qi; Huang-Chi	2	
<i>Avena sativa</i> Oats	3	44313.36
<i>Averrhoa carambola</i> Carambola; Star Fruit	3	
<i>Averrhoa bilimbi</i> Limon chino; Bilimbi	2	
<i>Bactris gasipaes</i> Pejibaye; Peach palm	2	
<i>Barosma betulina</i> Buchu	2	2.2
<i>Basella alba</i> Vinespinach	2	15500.0
<i>Benincasa hispida</i> Waxgourd	2	260.0
<i>Berberis vulgaris</i> Barberry	2	180.8
<i>Bertholletia excelsa</i> Creamnut; Brazilnut-Tree; Paranut; Brazilnut	3	12472.0
<i>Beta vulgaris</i> Garden Beet; Sugar Beet; Beetroot; Beet	3	7199.8
<i>Bixa orellana</i> Annatto; Lipsticktree; Annatto; Lipstick Pod; Arnato; Achiote; Annoto; Bija	3	12804.0
<i>Blighia sapida</i> Seso Vegetal; Akee	2	365.0
<i>Boehmeria nivea</i> Ramie	2	318.0
<i>Borago officinalis</i> Beeplant; Borage; Beebread; Talewort	2	300.0
<i>Brassica rapa</i> Turnip; Rapini; Seven-Top Turnip	3	8956.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Collards; Spring-Heading Cabbage; Cow Cabbage; Tall Kale; Tree Kale	3	21123.0
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Scotch Kale; Curly Kale; Kale; Kitchen Kale	3	25496.0
<i>Brassica oleracea</i> var. <i>italica</i> Purple Cauliflower; Cape Broccoli; Broccoli; Heading Broccoli; Sprouting Broccoli; Winter Broccoli; Asparagus Broccoli; Calabrese	3	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	3	18998.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; Cabbage; White Cabbage	3	16400.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	3	43288.0
<i>Brassica oleracea</i> Kohlrabi	3	17426.4
<i>Brassica nigra</i> Black Mustard	3	26919.18
<i>Brassica napus</i> var. <i>napobrassica</i> Swedish Turnip; Rutabaga; Swede	3	9814.0
<i>Brassica chinensis</i> Chinese White Cabbage; Bok-Choy; Chinese Mustard; Celery Cabbage; Celery Mustard; Chinese Cabbage; Pak-Choi	3	36572.0
<i>Bromelia pinguin</i> Wild Pineapple	2	132.0
<i>Brosimum alicastrum</i> Breadnut; Tamamuri	2	
<i>Bupleurum chinense</i> Chai-Hu	2	
<i>Byrsonima crassifolia</i> Nance	2	
<i>Cajanus cajan</i> Pigeonpea	3	17893.8
<i>Calathea macrosepala</i> Chufle	2	
<i>Calathea allouia</i> Lleren; Leren	1	

Plant	# Chemicals	Total PPM
<i>Camellia sinensis</i> Tea	2	176.0
<i>Canavalia ensiformis</i> Jack Bean	2	268.8
<i>Canna indica</i> Achira; Queensland Arrowroot	2	26.6
<i>Cannabis sativa</i> Marijuana; Indian Hemp; Hemp; Marihuana	2	52.0
<i>Capparis spinosa</i> Caperbush; Caper	1	4.32
<i>Capsella bursa-pastoris</i> Shepherd's Purse	2	96.8
<i>Capsicum frutescens</i> Red Chili; Cayenne; Tabasco; Spur Pepper; Hot Pepper; Chili	3	10940.0
<i>Capsicum annuum</i> Sweet Pepper; Cherry Pepper; Green Pepper; Cone Pepper; Paprika; Bell Pepper	3	7656.0
<i>Carica pentagona</i> Mountain papaya; Babaco	1	
<i>Carica papaya</i> Papaya	3	1729.0
<i>Carthamus tinctorius</i> Safflower	2	14.6
<i>Carum carvi</i> Carum; Comino de prado (Sp.); Caraway; Kummel (Ger.); Comino (Sp.)	3	120.0
<i>Carya illinoensis</i> Pecan	2	21.200000000000003
<i>Casimiroa edulis</i> Matasano; White sapote	2	
<i>Castanea sativa</i> European Chestnut	1	3440.0
<i>Castanea mollissima</i> Chinese Chestnut	1	5780.0
<i>Castanea dentata</i> American Chestnut	1	6876.0
<i>Catha edulis</i> Khat	2	297.0
<i>Caulophyllum thalictroides</i> Blue Cohosh	2	40.9
<i>Centella asiatica</i> Pennywort; Gotu Kola	2	250.0
<i>Ceratonia siliqua</i> Carob; Locust Bean; St.John's-Bread	1	32900.0
<i>Chamaemelum nobile</i> Garden Camomile; Perennial Camomile; Roman Camomile	2	8.6
<i>Chenopodium ambrosioides</i> Wormseed; Epazote	2	118.0
<i>Chenopodium album</i> Lambsquarter	3	32610.0
<i>Chondrus crispus</i> Irish Moss	2	168.2
<i>Chrysanthemum parthenium</i> Feverfew	2	5.0
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	2	532.0
<i>Chrysophyllum cainito</i> Star Apple; Caimito	2	
<i>Cicer arietinum</i> Chickpea; Garbanzo	3	20682.0
<i>Cichorium intybus</i> Witloof; Chicory; Succory	3	24786.0
<i>Cichorium endivia</i> Escarole; Endive	3	23342.0
<i>Cimicifuga racemosa</i> Black Snakeroot; Black Cohosh	2	64.35
<i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon	2	18.0
<i>Cinnamomum aromaticum</i> Canelle de Cochinchine (Fr.); Canelero chino (Sp.); Cannelier Casse (Fr.); Chinazimt (Ger.); Zimtcassie (Ger.); Cassia Bark; Canela de la China (Sp.); Cannelier de Chine (Fr.); China Junk Cassia; Cassia Lignea; Cassia; Kashia-Keihi (Jap.); Chinesischer Zimtbaum (Ger.); Saigon Cinnamon; Chinese Cassia; Chinese Cinnamon	1	4.0
<i>Citrullus lanatus</i> Watermelon	3	28748.0
<i>Citrus sinensis</i> Orange	3	3844.0
<i>Citrus reticulata</i> Tangerine; Mandarin	3	2818.0
<i>Citrus paradisi</i> Grapefruit	2	98.0
<i>Citrus limon</i> Lemon	2	44.0
<i>Citrus aurantium</i> Bitter Orange; Petitgrain	2	54.0
<i>Citrus aurantiifolia</i> Lime	2	62.0

Plant	# Chemicals	Total PPM
<i>Cnicus benedictus</i> Blessed Thistle	2	10.4
<i>Cnidoscolus chayamansa</i> Chaya	3	19440.0
<i>Cocos nucifera</i> Nariyal; Cocotero (Sp.); Coconut Palm; Coconut; Kokospalme (Ger.); Copra	3	21.4
<i>Coffea arabica</i> Coffee	2	146.0
<i>Coix lacryma-jobi</i> Yi-Yi-Ren; Adlay; Adlay Millet; Job'S-Tears	2	100.2
<i>Cola acuminata</i> Abata Cola	1	2.0
<i>Colocasia esculenta</i> Taro	3	40303.2
<i>Corchorus olitorius</i> Mulukiya; Nalta Jute; Jew's Mallow	3	36292.0
<i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley	3	368.0
<i>Corylus avellana</i> European Filbert; European Hazel; Hazel; Cobnut; English Filbert	2	116.8
<i>Crataegus rhipidophylla</i> Hawthorn	2	
<i>Crataegus laevigata</i> Woodland Hawthorn; Hawthorn; English Hawthorn; Whitethorn	2	
<i>Crescentia alata</i> Jicaro	2	20.4
<i>Crocus sativus</i> Saffron	1	276.0
<i>Cryptotaenia japonica</i> Japanese Honewort; Japanese Cryptotaenia; Mitsuba; Ya Er Qin; Stone Parsley	1	
<i>Cucumis sativus</i> Cucumber	3	8768.2
<i>Cucumis melo</i> Cantaloupe; Muskmelon; Melon; Netted Melon; Nutmeg Melon; Persian Melon	2	140.8
<i>Cucurbita</i> spp Summer Squash	3	13472.0
<i>Cucurbita pepo</i> Pumpkin	3	41256.0
<i>Cucurbita foetidissima</i> Buffalo Gourd	1	
<i>Cuminum cyminum</i> Cumin	2	106.0
<i>Curcuma longa</i> Indian Saffron; Turmeric	2	148.0
<i>Cyclanthera pedata</i> Achocha	2	160.0
<i>Cydonia oblonga</i> Quince	2	47.8
<i>Cynara cardunculus</i> Artichoke	2	178.0
<i>Cyphomandra betacea</i> Tamarillo; Tree Tomato	2	176.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	2	46.0
<i>Daucus carota</i> Carrot	3	6730.0
<i>Dioscorea villosa</i> Wild Yam	2	
<i>Dioscorea</i> sp. Wild Yam	2	1.3
<i>Dioscorea pentaphylla</i> Mountain Yam	3	4910.0
<i>Dioscorea alata</i> Greater Yam; Winged Yam	2	36.2
<i>Diospyros digyna</i> Sapote Negro; Black Sapote	2	
<i>Durio zibethinus</i> Durian	2	
<i>Echinacea</i> spp Coneflower; Echinacea	2	100.0
<i>Echinacea purpurea</i> Echinacea; Eastern Purple-Coneflower; Purple-Coneflower	2	
<i>Elaeagnus umbellatus</i> Russian Olive	2	
<i>Elaeagnus commutata</i> Silver Berry	2	
<i>Elaeis guineensis</i> African Oil Palm	2	
<i>Eleocharis dulcis</i> Water chestnut	2	
<i>Elettaria cardamomum</i> Cardamom	2	28.0
<i>Eleutherococcus senticosus</i> Ci wu jia (Pinyin); Siberian Ginseng; Wu jia; Spiny Ginseng; Eleuthero Ginseng	2	

Plant	# Chemicals	Total PPM
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	2	202.0
<i>Equisetum arvense</i> Horsetail; Field Horsetail	2	934.8
<i>Eriobotrya japonica</i> Loquat	2	58.4
<i>Eriodictyon californicum</i> Yerba Santa; Mountain Balm; California Yerba Santa; Tarweed; Consumptive's Weed; Hierba Santa; Gum Bush; Holy Herb; Bear's Weed	2	
<i>Eryngium floridanum</i> Florida Eryngium	2	170.0
<i>Eryngium creticus</i> Cretan culantro	1	
<i>Erythrina fusca</i> Gallito; Coral Bean	2	140.4
<i>Erythrina berteroana</i> Pito	2	174.0
<i>Erythroxylum coca</i> Coca	2	162.0
<i>Eugenia uniflora</i> Pitanga; Surinam Cherry	2	
<i>Eugenia floribunda</i> Camu-camu negro; Black rumberry; Camu-camu arbol	2	
<i>Eugenia brasiliensis</i> Brazil Cherry; Grumichama	2	
<i>Eupatorium perfoliatum</i> Boneset	2	
<i>Euphrasia officinalis</i> Eyebright	2	710.0
<i>Fagopyrum esculentum</i> Buckwheat	3	12251.6
<i>Ficus carica</i> Feigenbaum (Ger.); Figueira (Port.); Figuier Commun (Fr.); Fico (Ital.); Higuera Comun (Sp.); Fig; Higo (Sp.); Echte Feige (Ger.)	3	2277.4
<i>Foeniculum vulgare</i> Fennel	3	15546.0
<i>Fragaria</i> spp Strawberry	3	3392.0
<i>Frangula purshiana</i> Cascara Buckthorn; Cascara Sagrada	2	58.0
<i>Fucus vesiculosus</i> Kelp; Bladderwrack	2	94.0
<i>Garcinia mangostana</i> Mangosteen; Mangostin	2	
<i>Genipa americana</i> Jagua; Genipap	2	32.4
<i>Gentiana lutea</i> Gentian; Yellow Gentian	2	126.2
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	3	10635.0
<i>Gliricidia sepium</i> Mata Raton	2	238.0
<i>Glycine max</i> Soybean	3	39044.0
<i>Glycyrrhiza glabra</i> Licorice; Commom Licorice; Licorice-Root; Smooth Licorice	2	143.2
<i>Gossypium</i> sp Cotton	2	36.6
<i>Gymnema sylvestre</i> Miracle Fruit; Gymnema	2	
<i>Harpagophytum procumbens</i> Grapple Plant; Devil's Claw	2	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	3	6424.0
<i>Helianthus annuus</i> Sunflower; Girasol	3	93102.0
<i>Hibiscus sabdariffa</i> Kharkadi; Red Sorrel; Indian Sorrel; Malventee (Ger.); Roselle; Rosella (Ger.); Rosa de Jamaica (Sp.); Acedera de Guinea (Sp.); Sereni (Sp.); Jamaica Sorrel; Sorrel	2	413.5
<i>Hibiscus rosa-sinensis</i> Shoe-flower; Chinese hibiscus	2	
<i>Hordeum vulgare</i> Barley; Barleygrass	2	304.0
<i>Humulus lupulus</i> Hops	3	890.0
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	2	
<i>Hydrastis canadensis</i> Goldenseal	2	128.0
<i>Hylocereus undatus</i> Queen-of-the-Night; Strawberry Pear; Nopalito De Noche; Belle-of-the-Night; Night-Blooming Cereus	2	
<i>Hylocereus guatemalensis</i> Guatemala Cereus; Nopalito De Guatemala	2	

Plant	# Chemicals	Total PPM
<i>Ilex paraguariensis</i> Paraguay Tea; South American Holly; Mate	1	
<i>Inga feuillei</i> Ice Cream Bean; Pacay	1	
<i>Inga edulis</i> Guaba; Icecream Bean	2	
<i>Inula helenium</i> Elecampane	2	
<i>Ipomoea batatas</i> Sweet Potato	3	6278.0
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	3	27892.0
<i>Juglans regia</i> English Walnut	3	72.0
<i>Juglans nigra</i> Black Walnut	3	18.0
<i>Juglans cinerea</i> Butternut	1	24394.0
<i>Juniperus communis</i> Juniper; Common Juniper	2	25.2
<i>Justicia pectoralis</i> Angel Of Death; Curia; Bolek Hena	2	4356.0
<i>Lablab purpureus</i> Bonavist Bean; Hyacinth Bean; Lablab Bean	3	36134.9
<i>Lactuca sativa</i> Lettuce	2	28134.0
<i>Lagenaria siceraria</i> Calabash Gourd; White-Flowered Gourd	3	14953.8
<i>Larrea tridentata</i> Chaparral; Creosote Bush	3	9403.4
<i>Lens culinaris</i> Lentil	3	49186.0
<i>Lentinus edodes</i> Shiitake	1	
<i>Lepidium sativum</i> Garden Cress	2	240.0
<i>Lepidium meyenii</i> Maca; Peruvian Ginseng	3	
<i>Licania platypus</i> Sansapote	2	
<i>Limonia acidissima</i> Wood-Apple; Elephant Apple; Manzana De Elefante	1	
<i>Linum usitatissimum</i> Flax; Linseed	3	33.3
<i>Lobelia inflata</i> Indian Tobacco; Lobelia	2	66.0
<i>Luffa aegyptiaca</i> Luffa; Smooth Loofah; Vegetable Sponge	2	196.0
<i>Lupinus mutabilis</i> Tarhui; Andean Lupine; Chocho	2	134.2
<i>Lupinus albus</i> White Lupine	3	36114.0
<i>Lycium chinense</i> Chinesischer Bocksborn (Ger.); Chinese Boxthorn; Chinese Matrimony Vine; Wolfberry; Spina Santa Cinese (Ital.); Gou Qi (Chin.); Lyciet de Chine (Fr.); Daun Koki (Indones.); Chinese Wolfberry; Kaukichai (Malays.); Kuko (Jap.)	2	214.0
<i>Lycopersicon esculentum</i> Tomato	3	7156.0
<i>Macadamia spp</i> Macadamia	3	5066.0
<i>Malpighia glabra</i> Acerola	2	108.0
<i>Malus domestica</i> Apple	3	1010.3
<i>Malva sylvestris</i> High Mallow	2	190.0
<i>Malva parviflora</i> Cheeseweed	2	22.0
<i>Mammea americana</i> Mamey	2	
<i>Mangifera indica</i> Mango	3	4338.0
<i>Manihot esculenta</i> Yuca; Cassava; Tapioca	3	4144.4
<i>Manilkara zapota</i> Sapodilla	2	
<i>Maranta arundinacea</i> Bermuda Arrowroot; Arrowroot	2	33.4
<i>Matricaria recutita</i> German Camomile; Wild Camomile; Annual Camomile	1	
<i>Mauritia flexuosa</i> Aguaje; Buruti; Morichi palm	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	3	224.3

Plant	# Chemicals	Total PPM
Melicoccus bijugatas Mamoncillo; Genip; Honey berry; Pitomba	2	
Mentha x piperita Peppermint	3	305.8
Mentha spicata Spearmint; Hortela da Folha Miuda	3	106.0
Mimosa pudica Sensitive Plant	1	14.0
Mimulus glabratus Huaca-Mullo	2	224.0
Momordica charantia Sorosi; Bitter Melon	3	386.0
Morinda citrifolia Noni; Indian Mulberry	2	650.0
Moringa oleifera Moringa; Ben Nut; Drumstick Tree; Horseradish Tree; Benzolive Tree; West Indian Ben; Jacinto (Sp.)	3	
Morus alba Sang-Pai-Pi; White Mulberry	2	136.0
Mucuna pruriens Cowage; Velvetbean	3	31873.4
Muntingia calabura Yumansa; Cereso; Jamaica cherry	2	
Murraya sp None	3	2117.8
Murraya koenigii Curry Leaf Tree; Indian Curry Tree; Curry Leaf	2	
Musa x paradisiaca Banana; Plantain	3	2496.9
Myrciaria dubia Araza de Agua (Sp.); Camu-camu Negro (Peru); Camo Camo (Peru); Camu-camu (Eng.,Peru,Scn.,Sp.); Rumberry (Eng.); Guapuro Blanco (Bol.)	2	
Myrciaria cauliflora Jaboticaba	2	
Myrica cerifera Wax Myrtle; Candle-Berry; Bayberry; Southern Bayberry	2	56.0
Myristica fragrans nogal moscado (Sp.); Mace; nuez moscada (Sp.); Muskatnussbaum (Ger.); Nutmeg	1	12.0
Nasturtium officinale Berro; Watercress	3	21476.0
Nelumbo nucifera Water Lotus	3	18022.6
Nepeta cataria Catnip	2	
Nigella sativa Roman Coriander; Black Cumin; Nutmeg-Flower; Fennel-Flower; Black Caraway	1	21920.0
Ocimum basilicum Sweet Basil; Cuban Basil; Basil	3	11906.0
Oenothera biennis Evening-Primrose	1	11740.0
Opuntia ficus-indica Nopal; Indian Fig; Nopalito; Prickly Pear	3	21898.8
Origanum vulgare Oregano; Pot Marjoram; Wild Marjoram; European Oregano; Common Turkish Oregano; Wild Oregano	1	134.0
Origanum majorana Marjoram; Sweet Marjoram	2	94.0
Oryza sativa Rice	3	131.4
Oxalis tuberosa Oca; Papa Roja; Quiba	2	58.6
Pachira macrocarpa Large-Fruited Provision Tree	2	81.2
Pachyrhizus erosus Yambean	3	5771.6
Panax quinquefolius American Ginseng; Ginseng	3	862.0
Panax ginseng Korean Ginseng; Oriental Ginseng; Ginseng; Chinese Ginseng	3	163.6
Papaver somniferum Opium Poppy; Poppyseed Poppy	3	19441.86
Papaver bracteatum Great Scarlet Poppy	1	16600.0
Parthenium integrifolium Feverfew; Missouri Snakeroot; Prairie-Dock; American Feverfew; Wild Quinine	2	
Passiflora quadrangularis Granadilla	2	1558.0
Passiflora mollissima Granadilla De Guineo; Banana Passionfruit	2	
Passiflora ligularis Sweet Granadilla; Granadilla	2	
Passiflora incarnata Mayapple; Manzana de Mayo; Passionflower	2	
Passiflora foetida Granadilla Cimarrona; Stinking Granadilla	1	

Plant	# Chemicals	Total PPM
<i>Passiflora edulis</i> Maracuya; Passionfruit	2	
<i>Pastinaca sativa</i> Parsnip	2	76.0
<i>Peperomia pereskiiifolia</i> Perejil	2	
<i>Peperomia pelucida</i> Pepper elder; Yerba de la plata	2	
<i>Pereskia aculeata</i> Grosela Americana; Barbados Gooseberry	2	
<i>Perideridia gairdneri</i> Squaw Root	1	4826.0
<i>Perilla frutescens</i> Perilla	2	260.0
<i>Persea schiedeana</i> Wild Pear; Palta De Monte; Wild Avocado	2	
<i>Persea americana</i> Avocado	3	5735.4
<i>Petasites japonicus</i> Butterbur	2	79.2
<i>Petroselinum crispum</i> Parsley	3	201.5
<i>Phaseolus vulgaris</i> Haricot Vert; Green Bean; Navy Bean; Wax Bean; Garden Bean; Pop Bean; Popping Bean; Black Bean; Snap Bean; Flageolet Bean; French Bean; Kidney Bean; Haricot Bean; String Bean; Haricot; Field Bean; Dwarf Bean	3	76153.0
<i>Phaseolus lunatus</i> Lima Bean; Butter Bean	3	29799.0
<i>Phaseolus coccineus</i> Scarlet Runner Bean	2	106.2
<i>Phaseolus acutifolius</i> Tepary Bean	3	
<i>Phoenix dactylifera</i> Date Palm	3	9572.6
<i>Phyllanthus emblica</i> Myrobalan; Emblic	3	1219.0
<i>Phyllanthus acidus</i> Otaheite Gooseberry; Indian Gooseberry	2	120.0
<i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry	2	164.8
<i>Physalis ixocarpa</i> Tomatillo	2	510.8
<i>Phytolacca americana</i> Pokeweed	2	364.0
<i>Pimenta dioica</i> Pimento; Allspice; Jamaica-Pepper; Pimenta; Clover-Pepper	2	5.0
<i>Pinus pinea</i> Pignolia; Italian Stone Pine	3	
<i>Pinus edulis</i> Pinyon Pine	3	
<i>Pinus cembroides</i> Mexican Pinyon	2	
<i>Piper nigrum</i> Pepper; White Pepper; Black Pepper	2	34.668
<i>Piper betel</i> Betel Pepper	2	100.0
<i>Piper auritum</i> Cordoncillo; Hierba Santa; Hoja Santa	2	227.0
<i>Pistacia vera</i> Pistachio	2	20316.0
<i>Pisum sativum</i> Pea	3	50655.4
<i>Plantago psyllium</i> Psyllium	2	
<i>Plantago major</i> Common Plantain	2	
<i>Platonia insignis</i> Bakuri; Pacouri	2	
<i>Platycodon grandiflorum</i> Jie-Geng; Balloon Flower; Chieh-Keng	2	215.4
<i>Plectranthus amboinicus</i> Amboini Coleus; French Thyme; Mexican Mint; Cuban Oregano; Country Borage; Spanish Thyme; Soup Mint; Indian Borage	2	
<i>Polygonum multiflorum</i> Fo Ti; Chinese Knotweed; Chinese Cornbind; He Shou Wu; Fleeceflower	1	1.8
<i>Polymnia edulis</i> Andean Jicama	2	166.2
<i>Portulaca oleracea</i> Verdolaga; Purslane	3	23004.0
<i>Pourouma cecropiaefolia</i> Tree Grape; Uvilla	2	
<i>Pouteria viridis</i> Green Sapote; Sapote Verde	2	
<i>Pouteria campechiana</i> Canistel	2	

Plant	# Chemicals	Total PPM
<i>Pouteria caimito</i> Caimito; Abiu	2	
<i>Prunus salicifolia</i> Wild Cherry; Capulin	2	
<i>Prunus persica</i> Peach	3	3412.0
<i>Prunus dulcis</i> Almond	3	18261.4
<i>Prunus domestica</i> Plum	3	2243.0
<i>Prunus cerasus</i> Sour Cherry	2	74.0
<i>Prunus armeniaca</i> Apricot	3	6175.4
<i>Psidium guajava</i> Guava	3	4500.0
<i>Psidium cattleianum</i> Strawberry Guava	3	2249.8
<i>Psophocarpus tetragonolobus</i> Asparagus Pea; Winged Bean; Goa Bean	3	69761.4
<i>Psoralea esculenta</i> Indian Turnip; Prairie Apple; Prairie Potato; Indian Bread-Root; Prairie Turnip; Breadroot	1	2616.0
<i>Pueraria montana</i> Kudsu; Kudzu	1	16.0
<i>Punica granatum</i> Grenadier (Fr.); Granatapfelstrauch (Ger.); Pomegranate; Zakuro (Jap.); Romanzeiro (Port.); Mangrano (Sp.); Granatapfelbaum (Ger.); Granado (Sp.)	2	108.0
<i>Pyrus communis</i> Pear	3	1374.8
<i>Quararibea cordata</i> Sapote; Chupa-Chupa	2	
<i>Quercus alba</i> White Oak	2	
<i>Raphanus sativus</i> Radish	3	12657.2
<i>Rehmannia glutinosa</i> Chinese Foxglove	1	18000.0
<i>Rheum rhabarbarum</i> Rhubarb	2	214.0
<i>Rhizophora mangle</i> Red Mangrove	2	
<i>Rhodymenia palmata</i> Dulse	2	2.2
<i>Ribes uva-crispa</i> Gooseberry	2	54.0
<i>Ribes rubrum</i> Red Currant; White Currant	2	18.0
<i>Ribes nigrum</i> Black Currant	3	96.0
<i>Ricinus communis</i> Castorbean	2	28.0
<i>Rollinia mucosa</i> Lancewood; Biriba	2	
<i>Rosa</i> spp Rose Hips	1	
<i>Rosa canina</i> Dog Rose; Rose; Dogbrier	2	150.4
<i>Rosmarinus officinalis</i> Rosemary	3	22.0
<i>Rubus idaeus</i> Raspberry; Red Raspberry	2	764.0
<i>Rumex crispus</i> Curly Dock; Yellow Dock; Lengua De Vaca; Sour Dock	2	259.2
<i>Rumex acetosa</i> Garden Sorrel	2	144.0
<i>Ruscus aculeatus</i> Butcher's Broom; Box-Holly	2	177.8
<i>Salix alba</i> White Willow	2	201.4
<i>Salvia officinalis</i> Sage	2	131.6
<i>Sambucus nigra</i> Black Elder; Elder; European Elder; European Elderberry; European Alder	2	15.4
<i>Sambucus canadensis</i> Elderberry; American Elder; Sweet Elder; American Elderberry	3	2728.0
<i>Satureja hortensis</i> Summer Savory	1	90.0
<i>Schisandra chinensis</i> Chinese Magnolia Vine; Wu Wei Zu; Wu Wei Zi; Magnolia Vine; Schizandra; Five-Flavor-Fruit	2	1.0
<i>Sclerocarya caffra</i> Marula	2	76.4
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Scullcap	2	74.4
<i>Secale cereale</i> Rye	3	

Plant	# Chemicals	Total PPM
<i>Sechium edule</i> Chayote	3	14103.4
<i>Senna obtusifolia</i> Sicklepod	1	11920.0
<i>Senna alexandrina</i> Alexandran senna; Indian Senna; True Senna	2	
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	2	
<i>Sesamum indicum</i> Benneseed; Beni; Sesame; Ajonjoli (Sp.); Sesamo (Sp.)	3	27244.0
<i>Sicana odorifera</i> Cassabanana	2	
<i>Sida rhombifolia</i> Broomweed; Teaplant	2	258.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	2	
<i>Sinapis alba</i> White Mustard	3	23328.0
<i>Smilax</i> spp Sarsaparilla	2	
<i>Smilax officinalis</i> Sarsaparilla	2	
<i>Solanum tuberosum</i> Potato	3	11551.8
<i>Solanum torvum</i> Susumba; Wild Eggplant	2	368.0
<i>Solanum sessiliflorum</i> Cocona	1	
<i>Solanum quitoensis</i> Naranjillo	2	
<i>Solanum nigrum</i> Black Nightshade	1	46.0
<i>Solanum melongena</i> Eggplant; Aubergine	3	12109.6
<i>Sonchus oleraceus</i> Cerraja; Sow Thistle	2	268.0
<i>Spinacia oleracea</i> Spinach	3	35142.4
<i>Spirulina</i> spp. Spirulina	2	
<i>Spirulina pratensis</i> Spirulina	2	412.0
<i>Spondias purpurea</i> Purple Plum; Purple Jobo	2	88.2
<i>Spondias pinnata</i> Yellow Mombin; Yellow Plum	2	66.2
<i>Spondias mombin</i> Yellow Mombin; Yellow Plum	2	241.0
<i>Spondias dulcis</i> Ambarella	2	213.0
<i>Stachys officinalis</i> Bishop's-Wort; Wood Betony; Betony; Purple Betony	3	
<i>Stellaria media</i> Chickweed; Common Chickweed	2	96.7
<i>Sterculia urens</i> Karaya	1	62.0
<i>Stevia rebaudiana</i> Ca-A-E; Sweet Leaf of Paraguay; Stevia	2	
<i>Symphytum officinale</i> Comfrey	2	148.4
<i>Syzygium malaccense</i> Malay Apple; Ohia; Mammey Pomorrosa	2	
<i>Syzygium jambos</i> Rose Apple; Pomarrosa	2	
<i>Syzygium cumini</i> Aceituna Dulce; Java Plum; Jambolan	2	
<i>Syzygium aromaticum</i> Clovetree; Clove	1	4.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	2	11.4
<i>Tamarindus indica</i> Tamarind; Indian Tamarind; Kilytree	2	346.0
<i>Tanacetum parthenium</i> Feverfew	2	
<i>Taraxacum officinale</i> Dandelion	2	106.3
<i>Terminalia catappa</i> Malabar Almond; Tropical Almond; Indian Almond	2	20.0
<i>Tetragonia tetragonioides</i> New Zealand Spinach	2	210.0
<i>Theobroma speciosum</i> Macambo	2	
<i>Theobroma cacao</i> Cacao	3	11276.0

Plant	# Chemicals	Total PPM
<i>Theobroma bicolor</i> Nicaraguan Cacao; Patate	2	
<i>Thymus vulgaris</i> Thyme; Common Thyme; Garden Thyme	3	10322.0
<i>Tilia</i> sp. Linden; Lime; Basswood	1	
<i>Trachyspermum ammi</i> Ajwan	1	6.0
<i>Tragopogon porrifolius</i> Salsify	2	64.0
<i>Trichosanthes anguina</i> Snakegourd	2	134.0
<i>Trifolium pratense</i> Peavine Clover; Cowgrass; Red Clover; Purple Clover	3	256.6
<i>Trigonella foenum-graecum</i> Fenugreek; Greek Hay; Greek Clover; Bockshornklee (Ger.); Alholva (Sp.)	3	27343.2
<i>Triticum aestivum</i> Wheat	3	58476.0
<i>Tropaeolum tuberosum</i> Anu; Mashua	2	117.0
<i>Tropaeolum majus</i> Nasturtium	2	201.0
<i>Turnera diffusa</i> Damiana	2	204.0
<i>Ullucus tuberosus</i> Ulluco; Melloco	2	82.4
<i>Ulmus rubra</i> Slippery Elm; Red Elm	2	408.2
<i>Urtica dioica</i> European Nettle; Stinging Nettle	3	123.3
<i>Vaccinium myrtillus</i> Dwarf Bilberry; Bilberry; Whortleberry	2	135.6
<i>Vaccinium macrocarpon</i> Cranberry; American Cranberry; Large Cranberry	2	91.89999999999999
<i>Vaccinium corymbosum</i> Blueberry	3	2784.8
<i>Valeriana officinalis</i> Common Valerian; Valerian; Garden-Heliotrope	3	106.4
<i>Valerianella locusta</i> Lamb's Lettuce; Corn Salad	1	27500.0
<i>Verbascum thapsus</i> Flannelleaf; Mullein; Great Mullein; Velvetplant; Flannelplant	2	192.2
<i>Vicia faba</i> Broadbean; Habas; Faba Bean	3	26542.0
<i>Vigna unguiculata</i> Pea Bean; Asparagus Bean; Yardlong Bean	3	46735.2
<i>Vigna subterranea</i> Bambarra Groundnut; Groundbean	2	43.2
<i>Vigna radiata</i> Green Gram; Mungbean	3	50157.6
<i>Vigna mungo</i> Black Gram	2	56.4
<i>Vigna angularis</i> Adzuki Bean	3	18354.0
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	3	25264.0
<i>Vitis vinifera</i> Parra (Sp.); Vigne Vinifere (Fr.); European Grape; Wine Grape; Weinrebe (Ger.); Grapevine; Grape; Vid (Sp.)	3	564.9999999999999
<i>Xanthosoma sagittifolium</i> Yautia; Tannia; Malanga	2	41.8
<i>Yucca baccata</i> Blue Yucca; Spanish Bayonet; Banana Yucca; Yucca	2	14.0
<i>Zea mays</i> Corn	3	10973.0
<i>Zingiber officinale</i> Ginger	3	6132.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	2	84.8
<i>Zizyphus jujuba</i> Ta-Tsao; Jujube; Da-Zao	2	110.8