

# A Antiosteosclerotic

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Alpinia officinarum</i> Chinese Ginger; Lesser Galangal	1	
<i>Arctostaphylos uva-ursi</i> Bearberry; Uva Ursi	1	
<i>Aspalathus linearis</i> Rooibos; Kaffree Tea; Red Bush Tea	1	
<i>Camellia sinensis</i> Tea	1	
<i>Ephedra sinica</i> Ma Huang; Chinese Ephedra	1	
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice-Root; Licorice; Smooth Licorice	1	
<i>Houttuynia cordata</i> Fishwort; Yu Xing Cao; Dokudami	1	
<i>Momordica charantia</i> Sorosi; Bitter Melon	1	1.0
<i>Panax ginseng</i> Korean Ginseng; Oriental Ginseng; Chinese Ginseng; Ginseng	1	
<i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry	1	0.4
<i>Piper nigrum</i> Pepper; White Pepper; Black Pepper	1	
<i>Pueraria montana</i> Kudsu; Kudzu	1	
<i>Punica granatum</i> Granado (Sp.); Mangrano (Sp.); Grenadier (Fr.); Pomegranate; Granatapfelbaum (Ger.); Zakuro (Jap.); Romanzeiro (Port.); Granatapfelstrauch (Ger.)	1	
<i>Schisandra chinensis</i> Wu Wei Zi; Schizandra; Five-Flavor-Fruit; Magnolia Vine; Wu Wei Zu; Chinese Magnolia Vine	1	
<i>Scutellaria baicalensis</i> Baikal Skullcap; Chinese Skullcap; Huang Qin	1	
<i>Stevia rebaudiana</i> Sweet Leaf of Paraguay; Stevia; Ca-A-E	1	
<i>Syzygium aromaticum</i> Clove; Clovetree	1	
<i>Zingiber officinale</i> Ginger	1	