

A Antimyoatrophic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achillea millefolium</i> Milfoil; Yarrow	1	
<i>Achyranthes bidentata</i> Chaff Flower	1	
<i>Achyranthes aspera</i> Chaff Flower	1	
<i>Althaea officinalis</i> Marshmallow; White Mallow	1	80000.0
<i>Arnica montana</i> Leopard's-Bane; Mountain Tobacco	1	
<i>Artemisia cina</i> Levant Wormseed	1	
<i>Astragalus membranaceus</i> Huang-Chi; Huang Qi	1	
<i>Avena sativa</i> Oats	1	247.8
<i>Beta vulgaris</i> Garden Beet; Sugar Beet; Beet; Beetroot	1	
<i>Capsicum frutescens</i> Chili; Red Chili; Hot Pepper; Tabasco; Cayenne; Spur Pepper	1	
<i>Capsicum annuum</i> Cherry Pepper; Green Pepper; Bell Pepper; Paprika; Cone Pepper; Sweet Pepper	1	
<i>Chenopodium album</i> Lambsquarter	1	24400.0
<i>Cichorium intybus</i> Witloof; Succory; Chicory	1	
<i>Citrus sinensis</i> Orange	1	1260.0
<i>Cola acuminata</i> Abata Cola	1	5000.0
<i>Croton lechleri</i> Dragons Blood; Sangre de Dragon; Sangre de Drago; Sangre de Grado	1	
<i>Croton eluteria</i> Cascarrilla	1	
<i>Daucus carota</i> Carrot	1	70.0
<i>Echinacea</i> spp Echinacea; Coneflower	1	
<i>Echinacea purpurea</i> Eastern Purple-Coneflower; Purple-Coneflower; Echinacea	1	
<i>Echinacea angustifolia</i> Narrow Leaf Echinacea; Echinacea; Narrow Leaf Purple-Coneflower	1	
<i>Ferula sumbul</i> Sumbul	1	
<i>Ganoderma lucidum</i> Ling Zhi; Reishi	1	
<i>Glycine max</i> Soybean	1	
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice; Smooth Licorice; Licorice-Root	1	
<i>Gossypium</i> sp Cotton	1	
<i>Gymnema sylvestre</i> Miracle Fruit; Gymnema	1	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	
<i>Hordeum vulgare</i> Barleygrass; Barley	1	471.6
<i>Justicia pectoralis</i> Angel Of Death; Curia; Bolek Hena	1	
<i>Justicia adhatoda</i> Malabar Nut	1	
<i>Lycium chinense</i> Chinese Matrimony Vine; Chinese Boxthorn; Kuko (Jap.); Gou Qi (Chin.); Chinesischer Bocksdorn (Ger.); Daun Koki (Indones.); Lyciet de Chine (Fr.); Wolfberry; Kaukichai (Malays.); Chinese Wolfberry; Spina Santa Cinese (Ital.)	1	2000.0
<i>Lycium chilense</i> Chilean Wolfberry	1	
<i>Lycium barbarum</i> Ning Xia Gou Qi (Chin.); Common Matrimony Vine; Barbary Matrimony Vine; Matrimony Vine; Duke of Argyll's Eta Tree	1	
<i>Lycopersicon esculentum</i> Tomato	1	184.0
<i>Medicago sativa</i> Lucerne; Alfalfa	1	
<i>Mentha x piperita</i> Peppermint	1	
<i>Nicotiana tabacum</i> Tobacco	1	

Plant	# Chemicals	Total PPM
<i>Pisum sativum</i> Pea	1	306.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Stachys officinalis</i> Purple Betony; Bishop's-Wort; Betony; Wood Betony	1	10000.0
<i>Triticum aestivum</i> Wheat	1	3444.0
<i>Ulex europaeus</i> Gorse	1	
<i>Urtica dioica</i> Stinging Nettle; European Nettle	1	
<i>Vitis vinifera</i> Weinrebe (Ger.); Vigne Vinifere (Fr.); Grape; European Grape; Wine Grape; Vid (Sp.); Grapevine; Parra (Sp.)	1	
<i>Zea mays</i> Corn	1	586.0