

A Antihyperlipidemic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achyranthes bidentata</i> Chaff Flower	1	
<i>Achyranthes aspera</i> Chaff Flower	1	
<i>Agastache rugosa</i>	1	
<i>Agrimonia eupatoria</i> Agrimony; Sticklewort	2	64000.0
<i>Akebia quinata</i> Chocolate Vine	1	
<i>Albizia lebeck</i> Frywood; Lebbek; Women's-Tongue Tree; Koko; Lebbek Tree; Siris Tree; East Indian Walnut	1	
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Allium cepa</i> Onion; Shallot	1	
<i>Apocynum cannabinum</i> Spreading Dogbane; Bitterroot	1	
<i>Arbutus unedo</i> Strawberry Tree; Arbutus	1	
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	2	15000.0
<i>Arnica montana</i> Leopard's-Bane; Mountain Tobacco	2	
<i>Artemisia annua</i> Annual Wormwood (GRIN); Annual Mugwort (GRIN); Sweet Annie; Qinghao; Sweet Wormwood (GRIN)	1	
<i>Artocarpus heterophyllus</i> Jackfruit	1	
<i>Berberis vulgaris</i> Barberry	1	
<i>Calendula officinalis</i> Pot-Marigold; Calendula	1	
<i>Carya illinoensis</i> Pecan	1	
<i>Catalpa bignonioides</i> Indian bean	1	
<i>Catharanthus roseus</i> Madagascar Periwinkle; Rosy Periwinkle	2	
<i>Centaurium erythraea</i> Centaury	1	
<i>Chenopodium quinoa</i>	1	
<i>Chenopodium album</i> Lambsquarter	1	
<i>Chimaphila umbellata</i> Pipsissewa; King's Cure	2	
<i>Chrysanthemum x morifolium</i> Ju Hua (Pinyin); Chrysanthemum; Mum; Florist's Chrysanthemum	1	
<i>Citrullus colocynthis</i> Colocynth	1	
<i>Cnicus benedictus</i> Blessed Thistle	2	
<i>Cornus officinalis</i> Chinese Dogwood	2	
<i>Cornus mas</i> Cornelian Cherry; Sorbet	1	
<i>Cornus florida</i> American Dogwood	1	
<i>Crataegus rhipidophylla</i> Hawthorn	2	
<i>Crataegus monogyna</i> Hawthorn; English Hawthorn	2	
<i>Crataegus laevigata</i> Hawthorn; English Hawthorn; Woodland Hawthorn; Whitethorn	3	
<i>Crataegus cuneata</i> Hawthorn	1	
<i>Crocus sativus</i> Saffron	1	
<i>Cryptostegia grandifolia</i> Rubber Vine	1	
<i>Cynara cardunculus</i> Artichoke	1	
<i>Cyperus rotundus</i> Nutsedge	1	
<i>Daemonorops draco</i> Dragon's Blood	1	
<i>Duboisia myoporoides</i> Pituri; Corkwood Tree	1	

Plant	# Chemicals	Total PPM
<i>Duchesnea indica</i> Indian Strawberry; False Strawberry; Mock Strawberry	1	
<i>Elaeagnus pungens</i> Thorny Silver Berry	2	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	2	
<i>Eleutherococcus senticosus</i> Spiny Ginseng; Eleuthero Ginseng; Ci wu jia (Pinyin); Siberian Ginseng; Wu jia	1	
<i>Eriobotrya japonica</i> Loquat	2	
<i>Eucalyptus grandis</i> Rose Gum; Gum; Flooded Gum	1	
<i>Eucalyptus globulus</i> Eucalypt; Blue Gum; Tasmanian Bluegum	2	
<i>Eucalyptus citriodora</i> Spotted Gum; Citron-Scented Gum; Lemon-Scented Gum; Lemon Eucalyptus	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Ficus carica</i> Fig; Feigenbaum (Ger.); Higuera Comun (Sp.); Higo (Sp.); Figuier Commun (Fr.); Echte Feige (Ger.); Figueira (Port.); Fico (Ital.)	1	
<i>Forsythia suspensa</i> Lian-jiao; Lien-Chiao	2	
<i>Fragaria</i> spp Strawberry	1	
<i>Frangula alnus</i> Buckthorn	1	
<i>Gaultheria procumbens</i> Teaberry; Checkerberry; Wintergreen; Mountain Tea; Wintergrun (Ger.); Creeping Wintergreen	1	
<i>Gaultheria fragrantissima</i> Indian Wintergreen	1	
<i>Glechoma hederacea</i> Alehoof	2	1052.0
<i>Gossypium</i> sp Cotton	1	80.0
<i>Harpagophytum procumbens</i> Devil's Claw; Grapple Plant	2	
<i>Hedera helix</i> Ivy	1	
<i>Helianthus annuus</i> Girasol; Sunflower	1	
<i>Helichrysum angustifolium</i> Immortelle; Everlasting	1	
<i>Holarrhena pubescens</i> Tellicherry Bark; Zhi Xie Mu; Conessi; Kurchi	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	1	
<i>Humulus lupulus</i> Hops	3	
<i>Hyptis capitata</i> Knobweed	1	
<i>Hyssopus officinalis</i> Hyssop	2	9800.0
<i>Ilex paraguariensis</i> South American Holly; Paraguay Tea; Mate	1	
<i>Inula helenium</i> Elecampane	1	
<i>Lavandula latifolia</i> Aspic; Broad-Leaved Lavender; Spike Lavender	2	47800.0
<i>Lavandula angustifolia</i> English Lavender	1	14000.0
<i>Leonurus cardiaca</i> Motherwort	3	
<i>Ligustrum lucidum</i> White Waxtree; Privet; Chinese Privet; Ligustri Fructus; Glossy Privet	2	
<i>Ligustrum japonicum</i> Japanese Privet; Ligustri Fructus	2	
<i>Limonia acidissima</i> Wood-Apple; Manzana De Elefante; Elephant Apple	1	
<i>Liquidambar styraciflua</i> Sweetgum; American Styra	1	
<i>Liquidambar orientalis</i> Oriental Styra; Oriental Storax	1	
<i>Luffa aegyptiaca</i> Luffa; Smooth Loofah; Vegetable Sponge	1	
<i>Lycopus europeus</i> European Bugle	1	
<i>Malus domestica</i> Apple	1	
<i>Marrubium vulgare</i> White Horehound; Horehound	1	2400.0
<i>Matricaria recutita</i> Annual Camomile; German Camomile; Wild Camomile	1	

Plant	# Chemicals	Total PPM
Melaleuca leucadendra Cajeput	2	
Melia azedarach Chinaberry	1	
Melilotus officinalis Yellow Sweetclover	1	
Melissa officinalis Bee Balm; Lemonbalm; Balm; Melissa	2	
Mentha x rotundifolia Applemint	2	
Mentha spicata Hortela da Folha Miuda; Spearmint	2	
Monarda didyma Oswego Tea; Beebalm	1	
Morinda citrifolia Noni; Indian Mulberry	1	
Myristica fragrans Mace; nuez moscada (Sp.); nogal moscado (Sp.); Nutmeg; Muskatnussbaum (Ger.)	1	
Myroxylon balsamum Tolu Balsam; Peru Balsam	1	
Nepeta cataria Catnip	1	
Nerium oleander Oleander	2	86000.0
Ocimum tenuiflorum Anise-Scented Basil	2	
Ocimum suave Kenyan Tree Basil	1	
Ocimum canum Hoary Basil	1	
Ocimum basilicum Sweet Basil; Cuban Basil; Basil	2	7896.0
Olea europaea Olive	2	
Origanum vulgare Common Turkish Oregano; Wild Marjoram; European Oregano; Pot Marjoram; Wild Oregano; Oregano	2	6200.0
Origanum majorana Sweet Marjoram; Marjoram	2	13600.0
Panax quinquefolius American Ginseng; Ginseng	1	
Panax japonicus Japanese Ginseng	1	
Panax ginseng Oriental Ginseng; Ginseng; Korean Ginseng; Chinese Ginseng	1	
Phoradendron juniperinum	1	
Phytolacca americana Pokeweed	1	
Pistacia lentiscus Chios Mastictree; Lentisco (Sp.); Mastic; Mastictree; Mastixbaum (Ger.)	1	
Plantago major Common Plantain	2	
Plantago asiatica Asian Plantain	1	
Plectranthus amboinicus Indian Borage; Mexican Mint; Cuban Oregano; French Thyme; Country Borage; Amboini Coleus; Soup Mint; Spanish Thyme	2	
Polygonum aviculare Prostrate Knotweed	1	
Prosopis glandulosa Mesquite; Honey Mesquite	2	
Prunella vulgaris Heal-All; Self-Heal	2	
Prunus serotina Black Cherry; Wild Cherry	1	
Prunus persica Peach	1	
Prunus laurocerasus Cherry Laurel	1	20000.0
Prunus cerasus Sour Cherry	2	
Prunus africana Bitter Almond; Red Stinkwood	2	
Psidium guajava Guava	2	
Punica granatum Granado (Sp.); Zakuro (Jap.); Romanzeiro (Port.); Pomegranate; Mangrano (Sp.); Granatapfelbaum (Ger.); Granatapfelstrauch (Ger.); Grenadier (Fr.)	3	
Pyrus communis Pear	2	
Quercus rubra Northern Red Oak	1	
Quercus robur English Oak	1	

Plant	# Chemicals	Total PPM
<i>Quercus alba</i> White Oak	1	
<i>Quisqualis indica</i> Rangoon Creeper	1	
<i>Rhododendron ponticum</i> Pontic Alpenrose	1	
<i>Rhododendron ferrugineum</i> Rusty-Leaved Alpenrose	1	
<i>Rhododendron dauricum</i> Chinese Alpenrose	1	
<i>Rosa woodsii</i> Woods' Rose	1	
<i>Rosa canina</i> Dogbrier; Dog Rose; Rose	1	
<i>Rosmarinus officinalis</i> Rosemary	2	103000.0
<i>Rubus fruticosus</i> Blackberry	1	
<i>Salix alba</i> White Willow	1	
<i>Salvia triloba</i> Greek Sage	2	159400.0
<i>Salvia sclarea</i> Clary Sage	2	
<i>Salvia officinalis</i> Sage	3	5372.0
<i>Sambucus nigra</i> European Elderberry; Elder; European Elder; Black Elder; European Alder	2	
<i>Sambucus canadensis</i> American Elder; Sweet Elder; American Elderberry; Elderberry	1	
<i>Sanguisorba officinalis</i> Greater Burnet	1	
<i>Santolina chamaecyparissus</i> Lavender Cotton	1	
<i>Satureja montana</i> Winter Savory; Savory	2	32000.0
<i>Satureja hortensis</i> Summer Savory	2	6600.0
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Syringa vulgaris</i> Lilac	1	
<i>Syzygium claviflorum</i>	2	
<i>Syzygium aromaticum</i> Clove; Clovetree	1	40000.0
<i>Terminalia pallida</i>	1	
<i>Terminalia catappa</i> Malabar Almond; Tropical Almond; Indian Almond	1	
<i>Terminalia arjuna</i> Arjuna; Arjun	1	
<i>Ternstroemia gymnanthera</i>	1	
<i>Teucrium scorodonia</i> Germander; Wood Germander	1	
<i>Teucrium scordium</i> Water Germander	1	
<i>Teucrium polium</i> Golden Germander	1	
<i>Teucrium chamaedrys</i> Wall Germander	1	
<i>Thevetia peruviana</i> Peruvian Yellow Oleander; Adelfa Amarilla (Sp.); Oleandre Jaune (Fr.); Cabalonga (Sp.); Thevetie (Ger.); Loandro-Amarelo (Port.); Yellow Oleander; Chirca (Sp.); Luckynut	1	
<i>Thymus vulgaris</i> Thyme; Garden Thyme; Common Thyme	2	50200.0
<i>Thymus serpyllum</i> Creeping Thyme	2	27800.0
<i>Uncaria tomentosa</i> Cat's Claw; Una de Gato; Garabato Amarillo	2	
<i>Urtica dioica</i> European Nettle; Stinging Nettle	2	
<i>Vaccinium vitis-idaea</i> Lingonberry; Lingen; Cowberry	1	15000.0
<i>Vaccinium myrtillus</i> Dwarf Bilberry; Whortleberry; Bilberry	3	5000.0
<i>Vaccinium macrocarpon</i> Cranberry; American Cranberry; Large Cranberry	2	
<i>Vaccinium corymbosum</i> Blueberry	2	
<i>Vanilla planifolia</i> Bourbon Vanilla; Vanilla	1	

Plant	# Chemicals	Total PPM
<i>Verbascum thapsus</i> Mullein; Velvetplant; Flannelleaf; Great Mullein; Flannelplant	1	
<i>Verbena officinalis</i> Vervain	1	
<i>Viburnum prunifolium</i> Black Haw	2	
<i>Viburnum opulus</i> Crampbark; European Cranberry Bush; Snowballbush; Gelder Rose	1	
<i>Vinca minor</i> Periwinkle; Running-Myrtle	1	100800.0
<i>Viscum album</i> European Mistletoe	1	
<i>Vitis vinifera</i> Grape; Wine Grape; Vid (Sp.); European Grape; Weinrebe (Ger.); Parra (Sp.); Grapevine; Vigne Vinifere (Fr.)	3	
<i>Zea mays</i> Corn	1	
<i>Zizyphus jujuba</i> Jujube; Ta-Tsao; Da-Zao	2	