

A Antiheartburn

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	1	40.0
<i>Acacia nilotica</i> Babul	1	
<i>Acacia farnesiana</i> Cassie; Opopanax; Sweet Acacia; Popinac; Huisache	1	22.0
<i>Achillea millefolium</i> Yarrow; Milfoil	1	
<i>Actaea racemosa</i> Black Cohosh; Black Snakeroot	1	
<i>Actinidia chinensis</i> Kiwi	1	2.0
<i>Aegle marmelos</i> Bael fruit; Bael de India	1	
<i>Agathosma betulina</i> Buchu; Honey Buchu; Mountain Buchu	1	38.0
<i>Agrimonia eupatoria</i> Agrimony; Sticklewort	1	4.8
<i>Aleurites moluccana</i> Indian Walnut; Candlenut; Candleberry; Candlenut Tree; Lumbangtree; Varnishtree	1	1.2
<i>Allium schoenoprasum</i> Chives	1	24.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	2	63.8
<i>Allium cepa</i> Shallot; Onion	1	24.8
<i>Allium ampeloprasum</i> Kurrat; Elephant Garlic	1	49.6
<i>Alocasia macrorrhiza</i> Giant Taro	1	7.8
<i>Aloe vera</i> Bitter Aloes; Aloe	1	1.6
<i>Alpinia galanga</i> Languas; Greater Galangal; Siamese Ginger	1	8.0
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	2.0
<i>Amaranthus spinosus</i> Spiny pigweed	1	
<i>Amaranthus</i> sp. Pigweed	1	14.0
<i>Amorphophallus konjac</i> Elephant Yam; Devil's Tongue; Umbrella Arum; Snake Palm; Konjac; Leopard Palm	1	
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	1	5.6
<i>Anacardium occidentale</i> Cashew	1	22.2
<i>Ananas comosus</i> Pineapple	1	14.0
<i>Anethum graveolens</i> Garden Dill; Dill	1	20.0
<i>Angelica sinensis</i> Dong Gui; Dang Gui; Dang Qui; Chinese Angelica; Dang Quai; Dong Quai	1	
<i>Annona squamosa</i> Sugar-Apple; Sweetsop	1	10.0
<i>Annona reticulata</i> Custard Apple	1	10.0
<i>Annona muricata</i> Soursop	1	9.6
<i>Annona glabra</i> Pondapple	1	
<i>Annona diversifolia</i> Llama	1	
<i>Annona cherimola</i> Cherimoya	1	8.0
<i>Apium graveolens</i> Celery	1	20.0
<i>Arachis hypogaea</i> Peanut; Groundnut	1	56.0
<i>Aralia cordata</i> Udo	1	26.0
<i>Arctium lappa</i> Gobo; Great Burdock; Burdock	1	22.0
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	1	2.0
<i>Areca catechu</i> Betel Nut; Pin-Lang	1	3.8
<i>Armoracia rusticana</i> Horseradish	1	6.0

Plant	# Chemicals	Total PPM
<i>Arracacia xanthorrhiza</i> Peruvian Carrot; Arracacha	1	4.8
<i>Artemisia vulgaris</i> Mugwort	1	24.0
<i>Artemisia dracunculus</i> Tarragon	1	6.0
<i>Artocarpus heterophyllus</i> Jackfruit	1	6.0
<i>Artocarpus altilis</i> Breadfruit	1	8.0
<i>Asparagus officinalis</i> Asparagus	1	52.0
<i>Avena sativa</i> Oats	2	32.2
<i>Averrhoa carambola</i> Carambola; Star Fruit	1	
<i>Averrhoa bilimbi</i> Bilimbi; Limon chino	1	
<i>Bactris gasipaes</i> Peach palm; Pejibaye	1	
<i>Barosma betulina</i> Buchu	1	38.0
<i>Basella alba</i> Vinespinach	1	14.0
<i>Benincasa hispida</i> Waxgourd	1	20.0
<i>Berberis vulgaris</i> Barberry	1	20.0
<i>Bertholletia excelsa</i> Creamnut; Brazilnut; Brazilnut-Tree; Paranut	1	20.0
<i>Beta vulgaris</i> Beet; Beetroot; Garden Beet; Sugar Beet	1	32.8
<i>Bixa orellana</i> Lipstick Pod; Achiote; Annato; Lipsticktree; Bija; Annoto; Annatto; Arnato	1	
<i>Blighia sapida</i> Akee; Seso Vegetal	1	22.0
<i>Boehmeria nivea</i> Ramie	1	18.6
<i>Borago officinalis</i> Talewort; Borage; Beeplant; Beebread	1	18.0
<i>Brassica rapa</i> Seven-Top Turnip; Turnip; Rapini	1	10.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Collards; Cow Cabbage; Spring-Heading Cabbage; Tree Kale; Tall Kale	1	9.5
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Scotch Kale; Kale; Kitchen Kale; Curly Kale	1	14.0
<i>Brassica oleracea</i> var. <i>italica</i> Cape Broccoli; Asparagus Broccoli; Heading Broccoli; Broccoli; Purple Cauliflower; Winter Broccoli; Calabrese; Sprouting Broccoli	1	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	1	22.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. White Cabbage; Red Cabbage; Cabbage	1	20.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	1	40.0
<i>Brassica oleracea</i> Kohlrabi	1	11.0
<i>Brassica nigra</i> Black Mustard	1	15.32
<i>Brassica napus</i> var. <i>napobrassica</i> Rutabaga; Swede; Swedish Turnip	1	18.0
<i>Brassica chinensis</i> Bok-Choy; Celery Mustard; Chinese White Cabbage; Chinese Cabbage; Pak-Choi; Celery Cabbage; Chinese Mustard	1	18.0
<i>Bromelia pinguin</i> Wild Pineapple	1	7.6
<i>Brosimum alicastrum</i> Tamamuri; Breadnut	1	
<i>Byrsonima crassifolia</i> Nance	1	
<i>Cajanus cajan</i> Pigeonpea	1	50.8
<i>Calathea macrosepala</i> Chufle	1	
<i>Camellia sinensis</i> Tea	1	8.0
<i>Canavalia ensiformis</i> Jack Bean	1	37.2
<i>Canna indica</i> Achira; Queensland Arrowroot	1	2.0
<i>Cannabis sativa</i> Hemp; Indian Hemp; Marijuana; Marihuana	1	7.4
<i>Capparis spinosa</i> Caperbush; Caper	1	1.44

Plant	# Chemicals	Total PPM
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	42.4
<i>Capsicum frutescens</i> Cayenne; Red Chili; Hot Pepper; Spur Pepper; Chili; Tabasco	1	16.0
<i>Capsicum annuum</i> Cherry Pepper; Bell Pepper; Green Pepper; Paprika; Sweet Pepper; Cone Pepper	1	30.0
<i>Carica pentagona</i> Babaco; Mountain papaya	1	
<i>Carica papaya</i> Papaya	1	13.2
<i>Carthamus tinctorius</i> Safflower	1	12.4
<i>Carum carvi</i> Comino de prado (Sp.); Carum; Kummel (Ger.); Caraway; Comino (Sp.)	1	8.0
<i>Carya illinoensis</i> Pecan	1	17.8
<i>Casimiroa edulis</i> Matasano; White sapote	1	
<i>Catha edulis</i> Khat	1	1.0
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	18.6
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	28.0
<i>Chamaemelum nobile</i> Garden Camomile; Roman Camomile; Perennial Camomile	1	1.6
<i>Chenopodium ambrosioides</i> Epazote; Wormseed	1	8.0
<i>Chenopodium album</i> Lambsquarter	1	24.0
<i>Chondrus crispus</i> Irish Moss	1	4.6
<i>Chrysanthemum parthenium</i> Feverfew	1	8.2
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	1	36.4
<i>Chrysophyllum cainito</i> Caimito; Star Apple	1	
<i>Cicer arietinum</i> Garbanzo; Chickpea	1	12.0
<i>Cichorium intybus</i> Succory; Chicory; Witloof	2	32.0
<i>Cichorium endivia</i> Escarole; Endive	1	28.0
<i>Cimicifuga racemosa</i> Black Snakeroot; Black Cohosh	1	116.0
<i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon	1	2.0
<i>Cinnamomum aromaticum</i> Kashia-Keihi (Jap.); Cassia; Canelero chino (Sp.); Canela de la China (Sp.); Chinazimt (Ger.); Cannelier de Chine (Fr.); Chinese Cinnamon; Saigon Cinnamon; Cannelier Casse (Fr.); Zimtcassie (Ger.); China Junk Cassia; Chinesischer Zimtbaum (Ger.); Cassia Lignea; Chinese Cassia; Canelle de Cochinchine (Fr.); Cassia Bark	1	2.0
<i>Citrullus lanatus</i> Watermelon	1	18.0
<i>Citrus sinensis</i> Orange	1	14.0
<i>Citrus reticulata</i> Mandarin; Tangerine	1	16.0
<i>Citrus paradisi</i> Grapefruit	1	12.0
<i>Citrus limon</i> Lemon	1	12.0
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	1	12.0
<i>Citrus aurantiifolia</i> Lime	1	6.0
<i>Cnicus benedictus</i> Blessed Thistle	1	5.4
<i>Cnidioscolus chayamansa</i> Chaya	1	30.0
<i>Cocos nucifera</i> Coconut; Copra; Cocotero (Sp.); Coconut Palm; Nariyal; Kokospalme (Ger.)	1	2.0
<i>Coffea arabica</i> Coffee	1	4.0
<i>Coix lacryma-jobi</i> Adlay; Job'S-Tears; Yi-Yi-Ren; Adlay Millet	1	6.4
<i>Cola acuminata</i> Abata Cola	1	2.0
<i>Colocasia esculenta</i> Taro	1	44.0
<i>Corchorus olitorius</i> Mulukiya; Nalta Jute; Jew's Mallow	1	21.6
<i>Coriandrum sativum</i> Chinese Parsley; Coriander; Cilantro	1	38.0

Plant	# Chemicals	Total PPM
<i>Corylus avellana</i> English Filbert; European Filbert; European Hazel; Cobnut; Hazel	1	12.0
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus laevigata</i> Hawthorn; Whitethorn; English Hawthorn; Woodland Hawthorn	1	
<i>Crescentia alata</i> Jicaro	1	15.2
<i>Crocus sativus</i> Saffron	2	8.0
<i>Cucumis sativus</i> Cucumber	1	15.2
<i>Cucumis melo</i> Melon; Cantaloupe; Netted Melon; Nutmeg Melon; Persian Melon; Muskmelon	1	8.8
<i>Cucurbita</i> spp Summer Squash	1	20.0
<i>Cucurbita pepo</i> Pumpkin	1	36.4000000000000006
<i>Cuminum cyminum</i> Cumin	1	14.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	1	16.0
<i>Cyclanthera pedata</i> Achocha	1	16.0
<i>Cydonia oblonga</i> Quince	1	3.8
<i>Cynara cardunculus</i> Artichoke	1	12.0
<i>Cyphomandra betacea</i> Tamarillo; Tree Tomato	1	14.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	2.4
<i>Daucus carota</i> Carrot	1	12.0
<i>Dioscorea</i> sp. Wild Yam	1	7.0
<i>Dioscorea pentaphylla</i> Mountain Yam	1	14.0
<i>Dioscorea alata</i> Winged Yam; Greater Yam	1	2.8
<i>Durio zibethinus</i> Durian	1	
<i>Echinacea</i> spp Coneflower; Echinacea	1	5.2
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus commutata</i> Silver Berry	1	
<i>Elaeis guineensis</i> African Oil Palm	1	
<i>Eleocharis dulcis</i> Water chestnut	1	
<i>Elettaria cardamomum</i> Cardamom	1	4.0
<i>Ephedra sinica</i> Ma Huang; Chinese Ephedra	1	94.0
<i>Equisetum arvense</i> Horsetail; Field Horsetail	1	
<i>Eriobotrya japonica</i> Loquat	1	3.6
<i>Eryngium floridanum</i> Florida Eryngium	1	12.0
<i>Erythrina fusca</i> Coral Bean; Gallito	1	18.0
<i>Erythrina berteroana</i> Pito	1	24.0
<i>Erythroxylum coca</i> Coca	1	16.0
<i>Eugenia uniflora</i> Surinam Cherry; Pitanga	1	
<i>Eugenia floribunda</i> Camu-camu arbol; Black rumberry; Camu-camu negro	1	
<i>Eugenia brasiliensis</i> Brazil Cherry; Grumichama	1	
<i>Euphrasia officinalis</i> Eyebright	1	8.6
<i>Fagopyrum esculentum</i> Buckwheat	1	18.0
<i>Ficus carica</i> Figuiers Commun (Fr.); Echte Feige (Ger.); Fico (Ital.); Figueira (Port.); Higuera Comun (Sp.); Feigenbaum (Ger.); Higo (Sp.); Fig	1	6.6
<i>Foeniculum vulgare</i> Fennel	1	32.0
<i>Fragaria</i> spp Strawberry	1	8.0

Plant	# Chemicals	Total PPM
<i>Frangula purshiana</i> Cascara Buckthorn; Cascara Sagrada	1	
<i>Fucus vesiculosus</i> Kelp; Bladderwrack	1	
<i>Garcinia mangostana</i> Mangosteen; Mangostin	1	
<i>Genipa americana</i> Genipap; Jagua	1	2.4
<i>Gentiana lutea</i> Yellow Gentian; Gentian	1	52.8
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	1	10.0
<i>Gliricidia sepium</i> Mata Raton	1	34.0
<i>Glycine max</i> Soybean	1	82.0
<i>Glycyrrhiza glabra</i> Smooth Licorice; Commom Licorice; Licorice; Licorice-Root	1	4.2
<i>Gossypium sp</i> Cotton	1	6.4
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	20.0
<i>Helianthus annuus</i> Girasol; Sunflower	1	48.0
<i>Hibiscus sabdariffa</i> Jamaica Sorrel; Red Sorrel; Indian Sorrel; Sereni (Sp.); Roselle; Rosa de Jamaica (Sp.); Acedera de Guinea (Sp.); Kharkadi; Sorrel; Malventee (Ger.); Rosella (Ger.)	1	30.0
<i>Hibiscus rosa-sinensis</i> Chinese hibiscus; Shoe-flower	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	2	46.0
<i>Humulus lupulus</i> Hops	1	6.8
<i>Hydrastis canadensis</i> Goldenseal	1	5.2
<i>Hylocereus undatus</i> Nopalito De Noche; Strawberry Pear; Belle-of-the-Night; Queen-of-the-Night; Night-Blooming Cereus	1	
<i>Hylocereus guatemalensis</i> Guatemala Cereus; Nopalito De Guatemala	1	
<i>Inga feuillei</i> Ice Cream Bean; Pacay	1	
<i>Inga edulis</i> Guaba; Icecream Bean	1	
<i>Ipomoea batatas</i> Sweet Potato	1	29.8
<i>Ipomoea aquatica</i> Swamp Cabbage; Water Spinach	1	18.0
<i>Juglans regia</i> English Walnut	1	10.0
<i>Juglans nigra</i> Black Walnut	1	8.0
<i>Juniperus communis</i> Common Juniper; Juniper	1	2.4
<i>Justicia pectoralis</i> Bolek Hena; Angel Of Death; Curia	1	5.4
<i>Lablab purpureus</i> Lablab Bean; Hyacinth Bean; Bonavist Bean	1	24.0
<i>Lactuca sativa</i> Lettuce	1	16.6
<i>Lagenaria siceraria</i> White-Flowered Gourd; Calabash Gourd	1	13.0
<i>Larrea tridentata</i> Creosote Bush; Chaparral	1	10.2
<i>Lens culinaris</i> Lentil	1	28.0
<i>Lepidium sativum</i> Garden Cress	1	15.0
<i>Lepidium meyenii</i> Peruvian Ginseng; Maca	1	
<i>Licania platypus</i> Sansapote	1	
<i>Linum usitatissimum</i> Linseed; Flax	1	3.6
<i>Lobelia inflata</i> Lobelia; Indian Tobacco	1	6.4
<i>Luffa aegyptiaca</i> Luffa; Vegetable Sponge; Smooth Loofah	1	30.0
<i>Lupinus mutabilis</i> Chocho; Tarhui; Andean Lupine	1	16.6
<i>Lupinus albus</i> White Lupine	1	14.0

Plant	# Chemicals	Total PPM
<i>Lycium chinense</i> Chinese Boxthorn; Lyciet de Chine (Fr.); Daun Koki (Indones.); Spina Santa Cinese (Ital.); Kuko (Jap.); Chinesischer Bocksborn (Ger.); Kaukichai (Malays.); Wolfberry; Chinese Wolfberry; Gou Qi (Chin.); Chinese Matrimony Vine	1	15.4
<i>Lycopersicon esculentum</i> Tomato	1	20.0
<i>Macadamia</i> spp Macadamia	1	8.0
<i>Malpighia glabra</i> Acerola	1	4.6
<i>Malus domestica</i> Apple	1	4.0
<i>Malva sylvestris</i> High Mallow	1	40.0
<i>Malva parviflora</i> Cheeseweed	1	2.0
<i>Mammea americana</i> Mamey	1	
<i>Mangifera indica</i> Mango	1	10.4
<i>Manihot esculenta</i> Cassava; Yuca; Tapioca	1	34.2
<i>Manilkara zapota</i> Sapodilla	1	
<i>Maranta arundinacea</i> Bermuda Arrowroot; Arrowroot	1	8.0
<i>Matricaria recutita</i> Annual Camomile; Wild Camomile; German Camomile	1	
<i>Mauritia flexuosa</i> Morichi palm; Aguaje; Buruti	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	1	15.0
<i>Mentha x piperita</i> Peppermint	1	24.2
<i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint	1	6.0
<i>Mimosa pudica</i> Sensitive Plant	1	34.0
<i>Mimulus glabratus</i> Huaca-Mullo	1	16.0
<i>Momordica charantia</i> Bitter Melon; Sorosi	1	40.0
<i>Morinda citrifolia</i> Noni; Indian Mulberry	1	14.0
<i>Moringa oleifera</i> Ben Nut; Horseradish Tree; Benzolive Tree; West Indian Ben; Moringa; Drumstick Tree; Jacinto (Sp.)	1	
<i>Morus alba</i> Sang-Pai-Pi; White Mulberry	1	4.0
<i>Mucuna pruriens</i> Cowage; Velvetbean	1	11.4
<i>Muntingia calabura</i> Jamaica cherry; Yumansa; Cereso	1	
<i>Murraya</i> sp None	1	3.2
<i>Murraya koenigii</i> Curry Leaf Tree; Indian Curry Tree; Curry Leaf	1	
<i>Musa x paradisiaca</i> Plantain; Banana	1	8.6
<i>Myrciaria dubia</i> Camo Camo (Peru); Guapuro Blanco (Bol.); Camu-camu (Eng.,Peru,Scn.,Sp.); Camu-camu Negro (Peru); Rumberry (Eng.); Araza de Agua (Sp.)	1	
<i>Myrciaria cauliflora</i> Jaboticaba	1	
<i>Myrica cerifera</i> Candle-Berry; Bayberry; Southern Bayberry; Wax Myrtle	1	
<i>Myristica fragrans</i> nogal moscado (Sp.); Muskatnussbaum (Ger.); Nutmeg; nuez moscada (Sp.); Mace	1	14.0
<i>Nasturtium officinale</i> Watercress; Berro	1	36.0
<i>Nelumbo nucifera</i> Water Lotus	1	43.0
<i>Ocimum basilicum</i> Sweet Basil; Cuban Basil; Basil	1	7.0
<i>Opuntia ficus-indica</i> Prickly Pear; Nopalito; Nopal; Indian Fig	1	2.8000000000000003
<i>Origanum vulgare</i> Pot Marjoram; Wild Marjoram; Common Turkish Oregano; Oregano; Wild Oregano; European Oregano	1	8.0
<i>Origanum majorana</i> Marjoram; Sweet Marjoram	1	6.0
<i>Oryza sativa</i> Rice	1	7.8
<i>Oxalis tuberosa</i> Oca; Papa Roja; Quiba	1	6.2

Plant	# Chemicals	Total PPM
<i>Pachira macrocarpa</i> Large-Fruited Provision Tree	1	0.6
<i>Pachyrhizus erosus</i> Yambean	1	7.4
<i>Panax ginseng</i> Ginseng; Korean Ginseng; Chinese Ginseng; Oriental Ginseng	1	3.4
<i>Papaver somniferum</i> Opium Poppy; Poppyseed Poppy	1	19.8
<i>Passiflora quadrangularis</i> Granadilla	1	
<i>Passiflora ligularis</i> Granadilla; Sweet Granadilla	1	
<i>Passiflora foetida</i> Granadilla Cimarrona; Stinking Granadilla	1	
<i>Passiflora edulis</i> Maracuya; Passionfruit	1	
<i>Pastinaca sativa</i> Parsnip	1	22.8
<i>Peperomia pereskiaifolia</i> Perejil	1	
<i>Peperomia pelucida</i> Yerba de la plata; Pepper elder	1	
<i>Pereskia aculeata</i> Barbados Gooseberry; Grosela Americana	1	
<i>Perilla frutescens</i> Perilla	1	24.0
<i>Persea schiedeana</i> Palta De Monte; Wild Avocado; Wild Pear	1	
<i>Persea americana</i> Avocado	1	8.4
<i>Petasites japonicus</i> Butterbur	1	7.2
<i>Petroselinum crispum</i> Parsley	1	14.0
<i>Phaseolus vulgaris</i> Navy Bean; Snap Bean; String Bean; Haricot Vert; French Bean; Pop Bean; Green Bean; Haricot Bean; Garden Bean; Haricot; Dwarf Bean; Kidney Bean; Field Bean; Popping Bean; Black Bean; Flageolet Bean; Wax Bean	1	144.8
<i>Phaseolus lunatus</i> Lima Bean; Butter Bean	1	24.2000000000000003
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	17.8
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	1	3.4
<i>Phyllanthus emblica</i> Myrobalan; Emblic	1	3.8
<i>Phyllanthus acidus</i> Indian Gooseberry; Otaheite Gooseberry	1	12.0
<i>Physalis peruviana</i> Cape Gooseberry; Ground Cherry	1	9.4
<i>Physalis ixocarpa</i> Tomatillo	1	12.0
<i>Phytolacca americana</i> Pokeweed	1	20.0
<i>Picrasma excelsa</i> Jamaican Quassia; Bitterwood	1	
<i>Pimenta dioica</i> Allspice; Pimento; Jamaica-Pepper; Clover-Pepper; Pimenta	1	2.2
<i>Pinus pinea</i> Pignolia; Italian Stone Pine	1	
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pinus cembroides</i> Mexican Pinyon	1	
<i>Piper nigrum</i> White Pepper; Pepper; Black Pepper	1	3.2439999999999998
<i>Piper betel</i> Betel Pepper	1	9.6
<i>Piper auritum</i> Cordoncillo; Hierba Santa; Hoja Santa	1	13.4
<i>Pisum sativum</i> Pea	1	57.8
<i>Plantago psyllium</i> Psyllium	1	
<i>Platonia insignis</i> Bakuri; Pacouri	1	
<i>Platycodon grandiflorum</i> Jie-Geng; Chieh-Keng; Balloon Flower	1	2.6
<i>Plectranthus amboinicus</i> Country Borage; Indian Borage; Spanish Thyme; French Thyme; Amboini Coleus; Cuban Oregano; Soup Mint; Mexican Mint	1	
<i>Polygonum multiflorum</i> Fleeceflower; He Shou Wu; Chinese Knotweed; Chinese Cornbind; Fo Ti	1	0.2

Plant	# Chemicals	Total PPM
<i>Polymnia edulis</i> Andean Jicama	1	2.2
<i>Portulaca oleracea</i> Purslane; Verdolaga	1	20.0
<i>Pourouma cecropiaefolia</i> Tree Grape; Uvilla	1	
<i>Pouteria viridis</i> Green Sapote; Sapote Verde	1	
<i>Pouteria campechiana</i> Canistel	1	
<i>Pouteria caimito</i> Caimito; Abiu	1	
<i>Prunus salicifolia</i> Capulin; Wild Cherry	1	
<i>Prunus persica</i> Peach	1	4.0
<i>Prunus dulcis</i> Almond	1	5.2
<i>Prunus domestica</i> Plum	1	5.8
<i>Prunus cerasus</i> Sour Cherry	1	10.0
<i>Prunus armeniaca</i> Apricot	1	8.0
<i>Psidium guajava</i> Guava	1	8.0
<i>Psidium cattleianum</i> Strawberry Guava	1	3.8
<i>Psophocarpus tetragonolobus</i> Goa Bean; Asparagus Pea; Winged Bean	1	22.4
<i>Punica granatum</i> Granatapfelstrauch (Ger.); Grenadier (Fr.); Granado (Sp.); Mangrano (Sp.); Pomegranate; Granatapfelbaum (Ger.); Zakuro (Jap.); Romanzeiro (Port.)	1	8.0
<i>Pyrus communis</i> Pear	1	2.4
<i>Quararibea cordata</i> Sapote; Chupa-Chupa	1	
<i>Quercus alba</i> White Oak	1	
<i>Raphanus sativus</i> Radish	1	49.2
<i>Rheum rhabarbarum</i> Rhubarb	1	19.6
<i>Rhizophora mangle</i> Red Mangrove	1	
<i>Rhodymenia palmata</i> Dulse	1	3.2
<i>Ribes uva-crispa</i> Gooseberry	1	6.0
<i>Ribes rubrum</i> Red Currant; White Currant	1	4.0
<i>Ribes nigrum</i> Black Currant	1	6.0
<i>Rollinia mucosa</i> Biriba; Lancewood	1	
<i>Rosa canina</i> Dogbrier; Dog Rose; Rose	1	7.6
<i>Rosmarinus officinalis</i> Rosemary	1	12.0
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	6.8
<i>Rumex crispus</i> Sour Dock; Lengua De Vaca; Yellow Dock; Curly Dock	1	32.4
<i>Rumex acetosa</i> Garden Sorrel	1	18.0
<i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom	1	16.6
<i>Salix alba</i> White Willow	1	
<i>Salvia officinalis</i> Sage	1	16.0
<i>Sambucus nigra</i> European Alder; European Elder; Black Elder; Elder; European Elderberry	1	2.0
<i>Sambucus canadensis</i> Sweet Elder; American Elder; American Elderberry; Elderberry	1	6.0
<i>Satureja hortensis</i> Summer Savory	1	8.0
<i>Schisandra chinensis</i> Wu Wei Zi; Chinese Magnolia Vine; Five-Flavor-Fruit; Schizandra; Wu Wei Zu; Magnolia Vine	1	
<i>Sclerocarya caffra</i> Marula	1	8.0
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Skullcap	1	5.6

Plant	# Chemicals	Total PPM
<i>Secale cereale</i> Rye	1	
<i>Sechium edule</i> Chayote	1	8.0
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	1	
<i>Sesamum indicum</i> Ajonjoli (Sp.); Sesamo (Sp.); Sesame; Benneseed; Beni	1	20.0
<i>Sicana odorifera</i> Cassabanana	1	
<i>Sida rhombifolia</i> Broomweed; Teaplant	1	22.0
<i>Sinapis alba</i> White Mustard	1	12.0
<i>Solanum tuberosum</i> Potato	2	10.0
<i>Solanum torvum</i> Susumba; Wild Eggplant	1	16.0
<i>Solanum sessiliflorum</i> Cocona	1	
<i>Solanum quitoensis</i> Naranjillo	1	
<i>Solanum nigrum</i> Black Nightshade	1	24.0
<i>Solanum melongena</i> Aubergine; Eggplant	1	20.0
<i>Sonchus oleraceus</i> Sow Thistle; Cerraja	1	38.0
<i>Sphenostylis stenocarpa</i> African Yam Bean; Yam Pea	1	15.2
<i>Spinacia oleracea</i> Spinach	1	20.4
<i>Spirulina pratensis</i> Spirulina	1	102.0
<i>Spondias purpurea</i> Purple Jobo; Purple Plum	1	7.4
<i>Spondias pinnata</i> Yellow Mombin; Yellow Plum	1	4.2
<i>Spondias mombin</i> Yellow Mombin; Yellow Plum	1	9.0
<i>Spondias dulcis</i> Ambarella	1	8.0
<i>Stellaria media</i> Common Chickweed; Chickweed	1	4.2
<i>Stevia rebaudiana</i> Stevia; Ca-A-E; Sweet Leaf of Paraguay	1	
<i>Symphytum officinale</i> Comfrey	1	2.4
<i>Syzygium malaccense</i> Ohia; Mammey Pomorrosa; Malay Apple	1	
<i>Syzygium jambos</i> Rose Apple; Pomarrosa	1	
<i>Syzygium cumini</i> Aceituna Dulce; Jambolan; Java Plum	1	
<i>Syzygium aromaticum</i> Clove; Clovetree	1	2.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	
<i>Tamarindus indica</i> Tamarind; Indian Tamarind; Kilytree	1	34.0
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	1	30.0
<i>Terminalia catappa</i> Malabar Almond; Tropical Almond; Indian Almond	1	14.0
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	13.4
<i>Theobroma speciosum</i> Macambo	1	
<i>Theobroma cacao</i> Cacao	1	6.0
<i>Theobroma bicolor</i> Nicaraguan Cacao; Pataste	1	
<i>Thymus vulgaris</i> Common Thyme; Garden Thyme; Thyme	1	12.0
<i>Trachyspermum ammi</i> Ajwan	1	4.6
<i>Tragopogon porrifolius</i> Salsify	1	6.0
<i>Trichosanthes anguina</i> Snakegourd	1	14.8
<i>Trifolium pratense</i> Peavine Clover; Purple Clover; Red Clover; Cowgrass	1	8.4

Plant	# Chemicals	Total PPM
<i>Trigonella foenum-graecum</i> Greek Clover; Bockshornklee (Ger.); Fenugreek; Greek Hay; Alholva (Sp.)	1	28.0
<i>Triticum aestivum</i> Wheat	1	32.0
<i>Tropaeolum tuberosum</i> Anu; Mashua	1	18.6
<i>Tropaeolum majus</i> Nasturtium	1	13.0
<i>Turnera diffusa</i> Damiana	1	3.6
<i>Ullucus tuberosus</i> Ulluco; Melloco	1	8.6
<i>Ulmus rubra</i> Slippery Elm; Red Elm	1	10.0
<i>Urtica dioica</i> European Nettle; Stinging Nettle	1	10.8
<i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry	1	16.0
<i>Vaccinium macrocarpon</i> Cranberry; Large Cranberry; American Cranberry	1	5.0
<i>Vaccinium corymbosum</i> Blueberry	1	6.2
<i>Valeriana officinalis</i> Valerian; Garden-Heliotrope; Common Valerian	1	3.2
<i>Verbascum thapsus</i> Flannelleaf; Mullein; Flannelplant; Velvetplant; Great Mullein	1	
<i>Vicia faba</i> Broadbean; Faba Bean; Habas	1	28.8
<i>Vigna unguiculata</i> Asparagus Bean; Yardlong Bean; Pea Bean	1	110.0
<i>Vigna subterranea</i> Groundbean; Bambarra Groundnut	1	10.4
<i>Vigna radiata</i> Mungbean; Green Gram	1	36.0
<i>Vigna mungo</i> Black Gram	1	13.0
<i>Vigna angularis</i> Adzuki Bean	1	13.2
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	12.4
<i>Vitellaria paradoxa</i> Butterseed; Shea Nut; Sheatree; Shea; Shea-Butter-Tree	1	
<i>Vitis vinifera</i> Parra (Sp.); European Grape; Vid (Sp.); Grapevine; Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.); Wine Grape	1	31.8
<i>Xanthosoma sagittifolium</i> Malanga; Tannia; Yautia	1	7.6
<i>Yucca baccata</i> Banana Yucca; Yucca; Spanish Bayonet; Blue Yucca	1	4.8
<i>Zea mays</i> Corn	1	20.2
<i>Zingiber officinale</i> Ginger	1	6.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	1	0.8
<i>Zizyphus jujuba</i> Da-Zao; Ta-Tsao; Jujube	1	2.6