

A Antiglossitic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	2	34.0
<i>Acacia nilotica</i> Babul	1	
<i>Acacia farnesiana</i> Huisache; Sweet Acacia; Opopanax; Cassie; Popinac	1	18.0
<i>Achillea millefolium</i> Milfoil; Yarrow	3	11.6
<i>Actaea racemosa</i> Black Snakeroot; Black Cohosh	1	
<i>Actinidia chinensis</i> Kiwi	2	6.0
<i>Aegle marmelos</i> Bael de India; Bael fruit	1	
<i>Agathosma betulina</i> Honey Buchu; Mountain Buchu; Buchu	1	2.2
<i>Alisma plantago-aquatica</i> Mud Plantain; Ze-Xie; Tse-Hsieh; Water Plantain	1	
<i>Allium schoenoprasum</i> Chives	1	44.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	42.4
<i>Allium cepa</i> Onion; Shallot	1	30.0
<i>Allium ampeloprasum</i> Elephant Garlic; Kurrat	2	41.2
<i>Alocasia macrorrhiza</i> Giant Taro	1	8.0
<i>Aloe vera</i> Bitter Aloes; Aloe	3	200.2
<i>Aloe</i> spp. Aloe	1	
<i>Alpinia galanga</i> Greater Galangal; Siamese Ginger; Languas	1	2.0
<i>Althaea officinalis</i> Marshmallow; White Mallow	1	1.0
<i>Amaranthus spinosus</i> Spiny pigweed	1	
<i>Amaranthus</i> sp. Pigweed	2	72.0
<i>Amorphophallus konjac</i> Konjac; Devil's Tongue; Snake Palm; Leopard Palm; Elephant Yam; Umbrella Arum	1	
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	1	6.4
<i>Anacardium occidentale</i> Cashew	2	41.99999999999999
<i>Ananas comosus</i> Pineapple	1	6.0
<i>Anethum graveolens</i> Garden Dill; Dill	1	12.0
<i>Angelica sinensis</i> Dong Gui; Chinese Angelica; Dong Quai; Dang Quai; Dang Gui; Dang Qui	3	6.8
<i>Annona squamosa</i> Sweetsop; Sugar-Apple	1	10.0
<i>Annona reticulata</i> Custard Apple	1	11.0
<i>Annona muricata</i> Soursop	2	12.0
<i>Annona glabra</i> Pondapple	1	
<i>Annona diversifolia</i> Llama	1	
<i>Annona cherimola</i> Cherimoya	1	11.0
<i>Apium graveolens</i> Celery	1	68.0
<i>Arachis hypogaea</i> Peanut; Groundnut	2	66.2
<i>Aralia cordata</i> Udo	1	8.0
<i>Arctium lappa</i> Burdock; Great Burdock; Gobo	1	6.8
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	1	
<i>Areca catechu</i> Betel Nut; Pin-Lang	1	15.8
<i>Armoracia rusticana</i> Horseradish	1	24.0

Plant	# Chemicals	Total PPM
<i>Arracacia xanthorrhiza</i> Arracacha; Peruvian Carrot	1	1.4
<i>Artemisia vulgaris</i> Mugwort	1	26.0
<i>Artemisia dracunculus</i> Tarragon	1	28.0
<i>Artocarpus heterophyllus</i> Jackfruit	1	8.0
<i>Artocarpus altilis</i> Breadfruit	1	2.0
<i>Asparagus officinalis</i> Asparagus	2	108.0
<i>Astragalus membranaceus</i> Huang-Chi; Huang Qi	2	
<i>Avena sativa</i> Oats	4	63.81999999999999
<i>Averrhoa carambola</i> Carambola; Star Fruit	1	
<i>Averrhoa bilimbi</i> Bilimbi; Limon chino	1	
<i>Bactris gasipaes</i> Pejibaye; Peach palm	1	
<i>Barosma betulina</i> Buchu	1	2.2
<i>Benincasa hispida</i> Waxgourd	1	56.0
<i>Berberis vulgaris</i> Barberry	1	18.8
<i>Bertholletia excelsa</i> Brazilnut-Tree; Creamnut; Paranut; Brazilnut	2	2.0
<i>Beta vulgaris</i> Beetroot; Sugar Beet; Beet; Garden Beet	2	75.8
<i>Bixa orellana</i> Annatto; Achiote; Annato; Arnato; Lipsticktree; Bija; Annoto; Lipstick Pod	1	6.0
<i>Blighia sapida</i> Seso Vegetal; Akee	1	21.0
<i>Boehmeria nivea</i> Ramie	1	76.0
<i>Borago officinalis</i> Talewort; Beeplant; Borage; Beebread	1	42.0
<i>Brassica rapa</i> Celery Mustard; Chinese Mustard; Celery Cabbage; Pak-Choi; Chinese Cabbage; Bok-Choy; Chinese White Cabbage	2	12.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Cow Cabbage; Tall Kale; Spring-Heading Cabbage; Collards; Tree Kale	2	25.8
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Curly Kale; Kale; Scotch Kale; Kitchen Kale	2	20.0
<i>Brassica oleracea</i> var. <i>italica</i> Calabrese; Heading Broccoli; Cape Broccoli; Broccoli; Purple Cauliflower; Asparagus Broccoli; Winter Broccoli; Sprouting Broccoli	2	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussels-Sprouts; Brussel-Sprout	2	28.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Cabbage; White Cabbage; Red Cabbage	3	26.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	2	80.8
<i>Brassica oleracea</i> Kohlrabi	1	4.4
<i>Brassica nigra</i> Black Mustard	1	19.44
<i>Brassica napus</i> var. <i>napobrassica</i> Swedish Turnip; Rutabaga; Swede	2	12.0
<i>Brassica chinensis</i> Chinese White Cabbage; Pak-Choi; Celery Mustard; Bok-Choy; Chinese Cabbage; Chinese Mustard; Celery Cabbage	1	30.0
<i>Bromelia pinguin</i> Wild Pineapple	1	18.0
<i>Brosimum alicastrum</i> Breadnut; Tamamuri	1	
<i>Bupleurum chinense</i> Chai-Hu	1	
<i>Byrsonima crassifolia</i> Nance	1	
<i>Cajanus cajan</i> Pigeonpea	1	29.8
<i>Calathea macrosepala</i> Chufle	1	
<i>Camellia sinensis</i> Tea	1	24.0
<i>Canavalia ensiformis</i> Jack Bean	1	12.8
<i>Canna indica</i> Achira; Queensland Arrowroot	1	0.6

Plant	# Chemicals	Total PPM
<i>Cannabis sativa</i> Marijuana; Indian Hemp; Marihuana; Hemp	1	4.0
<i>Capparis spinosa</i> Caper; Caperbush	1	4.32
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	28.8
<i>Capsicum frutescens</i> Hot Pepper; Red Chili; Spur Pepper; Cayenne; Chili; Tabasco	2	20.0
<i>Capsicum annuum</i> Green Pepper; Bell Pepper; Sweet Pepper; Paprika; Cone Pepper; Cherry Pepper	2	44.0
<i>Carica papaya</i> Papaya	1	48.0
<i>Carthamus tinctorius</i> Safflower	1	4.0
<i>Carum carvi</i> Kummel (Ger.); Comino (Sp.); Caraway; Comino de Prado (Sp.); Carum	1	8.0
<i>Carya illinoensis</i> Pecan	1	2.6
<i>Casimiroa edulis</i> Matasano; White sapote	1	
<i>Catha edulis</i> Khat	1	1.0
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	15.9
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	26.0
<i>Chamaemelum nobile</i> Garden Camomile; Roman Camomile; Perennial Camomile	1	8.6
<i>Chenopodium ambrosioides</i> Epazote; Wormseed	1	38.0
<i>Chenopodium album</i> Lambsquarter	1	156.0
<i>Chondrus crispus</i> Irish Moss	1	2.2
<i>Chrysanthemum parthenium</i> Feverfew	1	5.0
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	2	138.0
<i>Chrysophyllum cainito</i> Star Apple; Caimito	1	
<i>Cicer arietinum</i> Chickpea; Garbanzo	2	18.0
<i>Cichorium intybus</i> Witloof; Chicory; Succory	1	62.0
<i>Cichorium endivia</i> Endive; Escarole	2	76.0
<i>Cimicifuga racemosa</i> Black Snakeroot; Black Cohosh	1	1.35
<i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon	1	2.0
<i>Cinnamomum aromaticum</i> Cassia Lignea; Zimtcassie (Ger.); Chinese Cinnamon; Cannelier de Chine (Fr.); Kashia-Keihi (Jap.); Cassia; Canelle de Cochinchine (Fr.); Chinese Cassia; China Junk Cassia; Canelero chino (Sp.); Chinesischer Zimtbaum (Ger.); Saigon Cinnamon; Chinazimt (Ger.); Cassia Bark; Canela de la China (Sp.); Cannelier Casse (Fr.)	1	4.0
<i>Citrullus lanatus</i> Watermelon	3	18.518
<i>Citrus sinensis</i> Orange	2	10.0
<i>Citrus reticulata</i> Mandarin; Tangerine	2	12.0
<i>Citrus paradisi</i> Grapefruit	1	10.0
<i>Citrus limon</i> Lemon	1	6.0
<i>Citrus aurantium</i> Bitter Orange; Petitgrain	1	6.0
<i>Citrus aurantiifolia</i> Lime	1	4.0
<i>Cnicus benedictus</i> Blessed Thistle	1	4.2
<i>Cnidioscolus chayamansa</i> Chaya	1	50.0
<i>Cocos nucifera</i> Coconut Palm; Cocotero (Sp.); Copra; Kokospalme (Ger.); Coconut; Nariyal	1	1.4
<i>Coffea arabica</i> Coffee	1	6.0
<i>Coix lacryma-jobi</i> Adlay Millet; Adlay; Yi-Yi-Ren; Job'S-Tears	1	4.2
<i>Cola acuminata</i> Abata Cola	1	2.0
<i>Colocasia esculenta</i> Taro	1	73.2
<i>Corchorus olitorius</i> Nalta Jute; Jew's Mallow; Mulukiya	2	152.0

Plant	# Chemicals	Total PPM
<i>Coriandrum sativum</i> Coriander; Cilantro; Chinese Parsley	1	50.0
<i>Corylus avellana</i> European Filbert; European Hazel; Hazel; English Filbert; Cobnut	2	10.510000000000002
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus laevigata</i> Hawthorn; English Hawthorn; Whitethorn; Woodland Hawthorn	1	
<i>Crescentia alata</i> Jicaro	1	2.4
<i>Crocus sativus</i> Saffron	1	276.0
<i>Cucumis sativus</i> Cucumber	2	18.2
<i>Cucumis melo</i> Nutmeg Melon; Melon; Netted Melon; Muskmelon; Persian Melon; Cantaloupe	2	8.6
<i>Cucurbita</i> spp Summer Squash	2	21.2
<i>Cucurbita pepo</i> Pumpkin	1	66.0
<i>Cuminum cyminum</i> Cumin	1	8.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	1	24.0
<i>Cyclanthera pedata</i> Achocha	1	10.0
<i>Cydonia oblonga</i> Quince	1	3.8
<i>Cynara cardunculus</i> Artichoke	2	23.4
<i>Cyphomandra betacea</i> Tree Tomato; Tamarillo	1	6.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	2.0
<i>Daucus carota</i> Carrot	2	12.4
<i>Dioscorea villosa</i> Wild Yam	1	
<i>Dioscorea</i> sp. Wild Yam	1	1.3
<i>Dioscorea pentaphylla</i> Mountain Yam	1	2.0
<i>Dioscorea alata</i> Greater Yam; Winged Yam	1	2.2
<i>Diospyros digyna</i> Sapote Negro; Black Sapote	1	
<i>Durio zibethinus</i> Durian	1	
<i>Echinacea</i> spp Echinacea; Coneflower	1	15.0
<i>Echinacea purpurea</i> Purple-Coneflower; Eastern Purple-Coneflower; Echinacea	1	
<i>Elaeagnus umbellatus</i> Russian Olive	2	
<i>Elaeagnus commutata</i> Silver Berry	1	
<i>Elaeis guineensis</i> African Oil Palm	1	
<i>Eleocharis dulcis</i> Water chestnut	1	
<i>Elettaria cardamomum</i> Cardamom	1	4.0
<i>Eleutherococcus senticosus</i> Ci wu jia (Pinyin); Eleuthero Ginseng; Wu jia; Siberian Ginseng; Spiny Ginseng	1	
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	22.0
<i>Equisetum arvense</i> Horsetail; Field Horsetail	1	3.8
<i>Eriobotrya japonica</i> Loquat	1	8.4
<i>Eriodictyon californicum</i> Tarweed; Consumptive's Weed; Yerba Santa; Hierba Santa; Mountain Balm; Holy Herb; Bear's Weed; Gum Bush; California Yerba Santa	1	
<i>Eryngium floridanum</i> Florida Eryngium	1	30.0
<i>Erythrina fusca</i> Gallito; Coral Bean	1	10.4
<i>Erythrina berteroana</i> Pito	1	24.0
<i>Erythroxylum coca</i> Coca	1	40.0
<i>Eugenia uniflora</i> Surinam Cherry; Pitanga	1	

Plant	# Chemicals	Total PPM
<i>Eugenia floribunda</i> Camu-camu arbol; Camu-camu negro; Black rumberry	1	
<i>Eugenia brasiliensis</i> Grumichama; Brazil Cherry	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Euphrasia officinalis</i> Eyebright	1	36.0
<i>Fagopyrum esculentum</i> Buckwheat	1	3.6
<i>Ficus carica</i> Fico (Ital.); Echte Feige (Ger.); Feigenbaum (Ger.); Fig; Figueira (Port.); Higo (Sp.); Figuier Commun (Fr.); <i>Higuera</i> Comun (Sp.)	1	11.4
<i>Foeniculum vulgare</i> Fennel	1	36.0
<i>Fragaria</i> spp Strawberry	2	16.4
<i>Frangula purshiana</i> Cascara Buckthorn; Cascara Sagrada	1	
<i>Fucus vesiculosus</i> Kelp; Bladderwrack	1	
<i>Garcinia mangostana</i> Mangostin; Mangosteen	1	
<i>Genipa americana</i> Genipap; Jagua	1	2.4
<i>Gentiana lutea</i> Gentian; Yellow Gentian	1	4.2
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	6.0
<i>Gliricidia sepium</i> Mata Raton	1	22.0
<i>Glycine max</i> Soybean	3	86.8
<i>Glycyrrhiza glabra</i> Smooth Licorice; Licorice; Licorice-Root; Commom Licorice	1	3.2
<i>Gossypium</i> sp Cotton	3	14.0
<i>Gymnema sylvestre</i> Gymnema; Miracle Fruit	1	
<i>Harpagophytum procumbens</i> Grapple Plant; Devil's Claw	1	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	6.0
<i>Helianthus annuus</i> Sunflower; Girasol	1	6.0
<i>Hibiscus sabdariffa</i> Malventee (Ger.); Rosa de Jamaica (Sp.); Roselle; Acedera de Guinea (Sp.); Jamaica Sorrel; Indian Sorrel; Red Sorrel; Rosella (Ger.); Sereni (Sp.); Kharkadi; Sorrel	1	66.5
<i>Hibiscus rosa-sinensis</i> Shoe-flower; Chinese hibiscus	1	
<i>Hordeum vulgare</i> Barleygrass; Barley	4	98.96
<i>Humulus lupulus</i> Hops	1	20.0
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	
<i>Hydrastis canadensis</i> Goldenseal	1	4.0
<i>Hylocereus undatus</i> Queen-of-the-Night; Nopalito De Noche; Strawberry Pear; Belle-of-the-Night; Night-Blooming Cereus	1	
<i>Hylocereus guatemalensis</i> Guatemala Cereus; Nopalito De Guatemala	1	
<i>Ilex paraguariensis</i> Paraguay Tea; South American Holly; Mate	2	
<i>Inga feuillei</i> Pacay; Ice Cream Bean	1	
<i>Inga edulis</i> Guaba; Icecream Bean	1	
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	2	53.2
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	1	32.0
<i>Juglans regia</i> English Walnut	3	14.0
<i>Juglans nigra</i> Black Walnut	1	4.0
<i>Juniperus communis</i> Juniper; Common Juniper	1	1.2
<i>Justicia pectoralis</i> Bolek Hena; Angel Of Death; Curia	1	4026.0
<i>Lablab purpureus</i> Bonavist Bean; Hyacinth Bean; Lablab Bean	1	15.16

Plant	# Chemicals	Total PPM
<i>Lactuca sativa</i> Lettuce	1	
<i>Lagenaria siceraria</i> Calabash Gourd; White-Flowered Gourd	2	12.4
<i>Larrea tridentata</i> Creosote Bush; Chaparral	1	3.4
<i>Lens culinaris</i> Lentil	4	1104.8999999999999
<i>Lepidium sativum</i> Garden Cress	1	50.0
<i>Lepidium meyenii</i> Peruvian Ginseng; Maca	2	
<i>Licania platypus</i> Sansapote	1	
<i>Limonia acidissima</i> Manzana De Elefante; Elephant Apple; Wood-Apple	1	
<i>Linum usitatissimum</i> Flax; Linseed	1	3.4
<i>Lobelia inflata</i> Lobelia; Indian Tobacco	1	
<i>Luffa aegyptiaca</i> Vegetable Sponge; Smooth Loofah; Luffa	1	36.0
<i>Lupinus mutabilis</i> Chocho; Andean Lupine; Tarhui	1	20.200000000000003
<i>Lupinus albus</i> White Lupine	1	6.0
<i>Lycium chinense</i> Spina Santa Chinese (Ital.); Kuko (Jap.); Chinesischer Bocksborn (Ger.); Lyciet de Chine (Fr.); Chinese Matrimony Vine; Wolfberry; Chinese Wolfberry; Daun Koki (Indones.); Chinese Boxthorn; Gou Qi (Chin.); Kaukichai (Malays.)	1	60.0
<i>Lycopersicon esculentum</i> Tomato	2	20.0
<i>Macadamia</i> spp Macadamia	1	2.0
<i>Malpighia glabra</i> Acerola	1	14.0
<i>Malus domestica</i> Apple	2	2.6999999999999997
<i>Malva sylvestris</i> High Mallow	1	70.0
<i>Malva parviflora</i> Cheeseweed	1	4.0
<i>Mammea americana</i> Mamey	1	
<i>Mangifera indica</i> Mango	1	12.0
<i>Manihot esculenta</i> Tapioca; Cassava; Yuca	1	36.4
<i>Manilkara zapota</i> Sapodilla	1	
<i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot	1	1.4
<i>Medicago sativa</i> Lucerne; Alfalfa	4	30.3
<i>Melicoccus bijugatas</i> Mamoncillo; Honey berry; Genip; Pitomba	1	
<i>Mentha x piperita</i> Peppermint	1	77.8
<i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint	1	17.0
<i>Menyanthes trifoliata</i> Water Trefoil; Marsh Clover; Marsh Trefoil; Bogbean; Buckbean; Bog Myrtle	2	
<i>Mimosa pudica</i> Sensitive Plant	1	14.0
<i>Mimulus glabratus</i> Huaca-Mullo	1	40.0
<i>Momordica charantia</i> Bitter Melon; Sorosi	1	80.0
<i>Morinda citrifolia</i> Noni; Indian Mulberry	1	8.0
<i>Moringa oleifera</i> Moringa; Benzolive Tree; Horseradish Tree; West Indian Ben; Ben Nut; Jacinto (Sp.); Drumstick Tree	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	2	28.0
<i>Mucuna pruriens</i> Cowage; Velvetbean	1	5.4
<i>Muntingia calabura</i> Jamaica cherry; Yumansa; Cereso	1	
<i>Murraya</i> sp None	2	5.199999999999999
<i>Murraya koenigii</i> Curry Leaf Tree; Indian Curry Tree; Curry Leaf	1	
<i>Musa x paradisiaca</i> Plantain; Banana	2	11.5

Plant	# Chemicals	Total PPM
<i>Myrciaria dubia</i> Araza de Agua (Sp.); Guapuro Blanco (Bol.); Camu-camu (Eng.,Peru,Scn.,Sp.); Camo Camo (Peru); Rumberry (Eng.); Camu-camu Negro (Peru)	1	
<i>Myrciaria cauliflora</i> Jaboticaba	1	
<i>Myrica cerifera</i> Candle-Berry; Wax Myrtle; Bayberry; Southern Bayberry	1	
<i>Myristica fragrans</i> Muskatnussbaum (Ger.); Mace; nogal moscado (Sp.); nuez moscada (Sp.); Nutmeg	1	12.0
<i>Nasturtium officinale</i> Berro; Watercress	2	50.0
<i>Nelumbo nucifera</i> Water Lotus	1	12.600000000000001
<i>Nepeta cataria</i> Catnip	1	
<i>Ocimum basilicum</i> Basil; Cuban Basil; Sweet Basil	1	8.0
<i>Opuntia ficus-indica</i> Indian Fig; Nopal; Prickly Pear; Nopalito	1	5.6000000000000005
<i>Origanum majorana</i> Marjoram; Sweet Marjoram	1	6.0
<i>Oryza sativa</i> Rice	2	21.4
<i>Oxalis tuberosa</i> Papa Roja; Oca; Quiba	1	8.6
<i>Pachira macrocarpa</i> Large-Fruited Provision Tree	1	1.2
<i>Pachyrhizus erosus</i> Yambean	1	5.6
<i>Panax quinquefolius</i> Ginseng; American Ginseng	3	138.0
<i>Panax ginseng</i> Chinese Ginseng; Oriental Ginseng; Ginseng; Korean Ginseng	2	3.6
<i>Papaver somniferum</i> Opium Poppy; Poppseed Poppy	1	3.86
<i>Parthenium integrifolium</i> Feverfew; Wild Quinine; Prairie-Dock; American Feverfew; Missouri Snakeroot	1	
<i>Passiflora quadrangularis</i> Granadilla	1	22.0
<i>Passiflora mollissima</i> Banana Passionfruit; Granadilla De Guineo	1	
<i>Passiflora ligularis</i> Sweet Granadilla; Granadilla	1	
<i>Passiflora incarnata</i> Passionflower; Manzana de Mayo; Mayapple	1	
<i>Passiflora edulis</i> Maracuya; Passionfruit	1	
<i>Pastinaca sativa</i> Parsnip	2	15.2
<i>Peperomia pereskiaifolia</i> Perejil	1	
<i>Peperomia pelucida</i> Pepper elder; Yerba de la plata	1	
<i>Pereskia aculeata</i> Barbados Gooseberry; Grosela Americana	1	
<i>Perilla frutescens</i> Perilla	1	62.0
<i>Persea schiedeana</i> Wild Pear; Palta De Monte; Wild Avocado	1	
<i>Persea americana</i> Avocado	4	67.0
<i>Petasites japonicus</i> Butterbur	1	7.2
<i>Petroselinum crispum</i> Parsley	3	61.5
<i>Phaseolus vulgaris</i> Kidney Bean; Haricot Bean; Green Bean; Field Bean; Garden Bean; Haricot; Pop Bean; Haricot Vert; Snap Bean; Flageolet Bean; French Bean; Navy Bean; Wax Bean; Black Bean; String Bean; Dwarf Bean; Popping Bean	2	111.8
<i>Phaseolus lunatus</i> Butter Bean; Lima Bean	1	18.0
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	8.2
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	2	2.94
<i>Phyllanthus emblica</i> Myrobalan; Emblic	1	5.0
<i>Phyllanthus acidus</i> Indian Gooseberry; Otaheite Gooseberry	1	4.0
<i>Physalis peruviana</i> Cape Gooseberry; Ground Cherry	1	2.8
<i>Physalis ixocarpa</i> Tomatillo	1	4.8

Plant	# Chemicals	Total PPM
<i>Phytolacca americana</i> Pokeweed	1	78.0
<i>Pimenta dioica</i> Allspice; Pimento; Jamaica-Pepper; Pimenta; Clover-Pepper	1	1.4
<i>Pinus pinea</i> Pignolia; Italian Stone Pine	1	
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pinus cembroides</i> Mexican Pinyon	1	
<i>Piper nigrum</i> Pepper; White Pepper; Black Pepper	1	5.627
<i>Piper betel</i> Betel Pepper	1	4.0
<i>Piper auritum</i> Hoja Santa; Hierba Santa; Cordoncillo	1	27.0
<i>Pistacia vera</i> Pistachio	1	1.2
<i>Pisum sativum</i> Pea	3	38.2
<i>Plantago psyllium</i> Psyllium	1	
<i>Plantago major</i> Common Plantain	1	
<i>Platonia insignis</i> Pacouri; Bakuri	1	
<i>Platycodon grandiflorum</i> Chieh-Keng; Balloon Flower; Jie-Geng	1	9.4
<i>Plectranthus amboinicus</i> Amboini Coleus; Spanish Thyme; Cuban Oregano; Mexican Mint; Country Borage; Indian Borage; Soup Mint; French Thyme	1	
<i>Polygonum multiflorum</i> Chinese Combind; Fleeceflower; Fo Ti; He Shou Wu; Chinese Knotweed	1	1.8
<i>Polymnia edulis</i> Andean Jicama	1	2.2
<i>Portulaca oleracea</i> Purslane; Verdolaga	2	46.0
<i>Pourouma cecropiaefolia</i> Tree Grape; Uvilla	1	
<i>Pouteria viridis</i> Green Sapote; Sapote Verde	1	
<i>Pouteria campechiana</i> Canistel	1	
<i>Pouteria caimito</i> Abiu; Caimito	1	
<i>Prunus salicifolia</i> Wild Cherry; Capulin	1	
<i>Prunus persica</i> Peach	2	8.606
<i>Prunus dulcis</i> Almond	3	21.4
<i>Prunus domestica</i> Plum	2	13.334
<i>Prunus cerasus</i> Sour Cherry	2	22.0
<i>Prunus armeniaca</i> Apricot	2	20.8
<i>Psidium guajava</i> Guava	1	8.0
<i>Psidium cattleianum</i> Strawberry Guava	1	3.8
<i>Psophocarpus tetragonolobus</i> Winged Bean; Goa Bean; Asparagus Pea	2	16.4
<i>Pueraria montana</i> Kudsu; Kudzu	1	16.0
<i>Punica granatum</i> Pomegranate; Granatapfelbaum (Ger.); Zakuro (Jap.); Romanzeiro (Port.); Mangrano (Sp.); Grenadier (Fr.); Granatapfelstrauch (Ger.); Granado (Sp.)	1	8.0
<i>Pyrus communis</i> Pear	2	5.8
<i>Quararibea cordata</i> Chupa-Chupa; Sapote	1	
<i>Quercus alba</i> White Oak	1	
<i>Raphanus sativus</i> Radish	2	88.79999999999998
<i>Rheum rhabarbarum</i> Rhubarb	2	34.2
<i>Rhizophora mangle</i> Red Mangrove	2	13.6
<i>Rhodymenia palmata</i> Dulse	1	2.2
<i>Ribes uva-crispa</i> Gooseberry	1	4.0

Plant	# Chemicals	Total PPM
<i>Ribes rubrum</i> White Currant; Red Currant	1	6.0
<i>Ribes nigrum</i> Black Currant	1	6.0
<i>Ricinus communis</i> Castorbean	1	2.0
<i>Rollinia mucosa</i> Biriba; Lancewood	1	
<i>Rosa</i> spp Rose Hips	1	
<i>Rosa canina</i> Dogbrier; Dog Rose; Rose	1	14.4
<i>Rosmarinus officinalis</i> Rosemary	1	
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	
<i>Rumex crispus</i> Curly Dock; Lengua De Vaca; Sour Dock; Yellow Dock	1	43.2
<i>Rumex acetosa</i> Garden Sorrel	1	44.0
<i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom	1	15.4
<i>Salix alba</i> White Willow	1	3.4
<i>Salvia officinalis</i> Sage	1	7.6
<i>Sambucus nigra</i> European Alder; European Elder; European Elderberry; Black Elder; Elder	1	1.4
<i>Sambucus canadensis</i> Elderberry; American Elder; Sweet Elder; American Elderberry	1	6.0
<i>Schisandra chinensis</i> Wu Wei Zi; Magnolia Vine; Schizandra; Five-Flavor-Fruit; Chinese Magnolia Vine; Wu Wei Zu	1	1.0
<i>Sclerocarya caffra</i> Marula	1	14.4
<i>Scutellaria lateriflora</i> Scullcap; Mad-Dog Skullcap	1	4.4
<i>Secale cereale</i> Rye	1	
<i>Sechium edule</i> Chayote	1	33.4
<i>Senna alexandrina</i> True Senna; Indian Senna; Alexandran senna	1	
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	1	
<i>Sesamum indicum</i> Beni; Ajonjoli (Sp.); Benneseed; Sesame; Sesamo (Sp.)	4	66.03
<i>Sicana odorifera</i> Cassabanana	1	
<i>Sida rhombifolia</i> Teaplant; Broomweed	1	48.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Sinapis alba</i> White Mustard	1	8.0
<i>Smilax</i> spp Sarsaparilla	1	
<i>Smilax officinalis</i> Sarsaparilla	1	
<i>Solanum tuberosum</i> Potato	3	3.948
<i>Solanum torvum</i> Wild Eggplant; Susumba	1	12.0
<i>Solanum quitoensis</i> Naranjillo	1	
<i>Solanum nigrum</i> Black Nightshade	1	46.0
<i>Solanum melongena</i> Aubergine; Eggplant	2	22.8
<i>Sonchus oleraceus</i> Sow Thistle; Cerraja	1	32.0
<i>Spinacia oleracea</i> Spinach	3	101.06
<i>Spirulina</i> spp. Spirulina	1	
<i>Spirulina pratensis</i> Spirulina	1	92.0
<i>Spondias purpurea</i> Purple Plum; Purple Jobo	1	4.2
<i>Spondias pinnata</i> Yellow Mombin; Yellow Plum	1	4.2
<i>Spondias mombin</i> Yellow Mombin; Yellow Plum	1	7.0
<i>Spondias dulcis</i> Ambarella	1	3.0

Plant	# Chemicals	Total PPM
<i>Stachys officinalis</i> Wood Betony; Bishop's-Wort; Betony; Purple Betony	1	
<i>Stellaria media</i> Chickweed; Common Chickweed	1	2.7
<i>Sterculia urens</i> Karaya	1	62.0
<i>Stevia rebaudiana</i> Sweet Leaf of Paraguay; Ca-A-E; Stevia	1	
<i>Symphytum officinale</i> Comfrey	1	14.4
<i>Syzygium malaccense</i> Ohia; Mammey Pomorrosa; Malay Apple	1	
<i>Syzygium jambos</i> Rose Apple; Pomarrosa	1	
<i>Syzygium cumini</i> Aceituna Dulce; Java Plum; Jambolan	2	
<i>Syzygium aromaticum</i> Clove; Clovetree	1	4.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	
<i>Tamarindus indica</i> Indian Tamarind; Kilytree; Tamarind	2	32.0
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	1	40.2
<i>Terminalia catappa</i> Malabar Almond; Tropical Almond; Indian Almond	1	6.0
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	40.0
<i>Theobroma speciosum</i> Macambo	1	
<i>Theobroma cacao</i> Cacao	2	10.0
<i>Theobroma bicolor</i> Pataste; Nicaraguan Cacao	1	
<i>Thymus vulgaris</i> Common Thyme; Garden Thyme; Thyme	1	106.0
<i>Trachyspermum ammi</i> Ajwan	1	6.0
<i>Tragopogon porrifolius</i> Salsify	1	20.0
<i>Trichosanthes anguina</i> Snakegourd	1	22.0
<i>Trifolium pratense</i> Peavine Clover; Red Clover; Purple Clover; Cowgrass	1	6.6
<i>Trigonella foenum-graecum</i> Alholva (Sp.); Greek Clover; Greek Hay; Fenugreek; Bockshornklee (Ger.)	4	9.2
<i>Triticum aestivum</i> Wheat	3	123.8
<i>Tropaeolum tuberosum</i> Mashua; Anu	1	17.0
<i>Tropaeolum majus</i> Nasturtium	1	51.0
<i>Turnera diffusa</i> Damiana	1	
<i>Ullucus tuberosus</i> Ulluco; Melloco	1	4.4
<i>Ulmus rubra</i> Slippery Elm; Red Elm	1	8.2
<i>Urtica dioica</i> European Nettle; Stinging Nettle	2	19.3
<i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry	1	5.6
<i>Vaccinium macrocarpon</i> Large Cranberry; American Cranberry; Cranberry	2	3.9999999999999996
<i>Vaccinium corymbosum</i> Blueberry	2	7.8
<i>Valeriana officinalis</i> Garden-Heliotrope; Common Valerian; Valerian	1	2.4
<i>Verbascum thapsus</i> Flannelplant; Velvetplant; Mullein; Great Mullein; Flannelleaf	1	2.2
<i>Vicia faba</i> Habas; Faba Bean; Broadbean	1	12.0
<i>Vigna unguiculata</i> Asparagus Bean; Yardlong Bean; Pea Bean	3	89.4
<i>Vigna subterranea</i> Groundbean; Bambarra Groundnut	1	3.2
<i>Vigna radiata</i> Mungbean; Green Gram	4	64.41
<i>Vigna mungo</i> Black Gram	2	7.0
<i>Vigna angularis</i> Adzuki Bean	1	6.0

Plant	# Chemicals	Total PPM
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	2.0
<i>Vitis vinifera</i> Weinrebe (Ger.); Parra (Sp.); Grape; Grapevine; European Grape; Vigne Vinifere (Fr.); Wine Grape; Vid (Sp.)	2	20.660000000000004
<i>Xanthosoma sagittifolium</i> Tannia; Yautia; Malanga	1	1.8
<i>Yucca baccata</i> Yucca; Spanish Bayonet; Blue Yucca; Banana Yucca	1	14.0
<i>Zea mays</i> Corn	4	27.8
<i>Zingiber officinale</i> Ginger	1	10.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	1	2.8
<i>Zizyphus jujuba</i> Ta-Tsao; Jujube; Da-Zao	1	4.8