

A Antierythemic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant | # Chemicals | Total PPM |
|--|-------------|-----------|
| Acacia farnesiana Popinac; Huisache; Opopanax; Cassie; Sweet Acacia | 1 | |
| Acacia decurrens Green Wattle | 1 | |
| Acacia catechu Black Cutch; Catechu | 1 | |
| Achillea millefolium Milfoil; Yarrow | 1 | |
| Adiantum capillus-veneris Maidenhair Fern | 1 | |
| Aesculus hippocastanum Horse Chestnut | 5 | 60000.0 |
| Agathosma betulina Mountain Buchu; Buchu; Honey Buchu | 1 | |
| Agrimonia eupatoria Sticklewort; Agrimony | 1 | |
| Alisma plantago-aquatica Water Plantain; Mud Plantain; Tse-Hsieh; Ze-Xie | 1 | |
| Allium sativum var. sativum Garlic | 1 | |
| Allium cepa Onion; Shallot | 1 | |
| Althaea officinalis Marshmallow; White Mallow | 1 | |
| Amaranthus spinosus Spiny pigweed | 1 | |
| Amaranthus sp. Pigweed | 1 | |
| Ammi visnaga Visnaga | 1 | |
| Anastatica hierochuntica Jericho Rose | 1 | |
| Anethum graveolens Garden Dill; Dill | 1 | |
| Apium graveolens Celery | 1 | 340.0 |
| Arachis hypogaea Groundnut; Peanut | 1 | |
| Araucaria bidwillii Monkey puzzle | 1 | |
| Artemisia vulgaris Mugwort | 2 | |
| Artemisia dracunculus Tarragon | 1 | 1120.0 |
| Artemisia absinthium Wormwood | 1 | |
| Artemisia abrotanum Southernwood | 1 | |
| Aspalathus linearis Rooibos; Kaffree Tea; Red Bush Tea | 1 | |
| Asparagus officinalis Asparagus | 1 | |
| Azadirachta indica Neem | 1 | |
| Berberis vulgaris Barberry | 1 | |
| Brassica oleracea var. italica Sprouting Broccoli; Broccoli; Heading Broccoli; Purple Cauliflower; Cape Broccoli; Asparagus Broccoli; Winter Broccoli; Calabrese | 1 | |
| Brassica oleracea var. gemmifera Brussels-Sprouts; Brussel-Sprout | 1 | 40.0 |
| Brassica oleracea var. botrytis I. Cauliflower | 1 | |
| Caesalpinia pulcherrima Bird Of Paradise | 1 | |
| Calendula officinalis Pot-Marigold; Calendula | 1 | |
| Camellia sinensis Tea | 2 | 2780.0 |
| Capparis spinosa Caper; Caperbush | 1 | |
| Capsella bursa-pastoris Shepherd's Purse | 1 | |
| Capsicum frutescens Hot Pepper; Tabasco; Red Chili; Cayenne; Chili; Spur Pepper | 1 | |
| Capsicum annuum Bell Pepper; Paprika; Green Pepper; Cone Pepper; Cherry Pepper; Sweet Pepper | 1 | |

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|---|-------------|-----------|
| <i>Centaurea calcitrapa</i> Star-Thistle | 1 | |
| <i>Chamaemelum nobile</i> Perennial Camomile; Roman Camomile; Garden Camomile | 1 | |
| <i>Cichorium intybus</i> Chicory; Witloof; Succory | 3 | |
| <i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon | 1 | |
| <i>Cinnamomum aromaticum</i> Cassia Bark; Saigon Cinnamon; Kashia-Keihi (Jap.); Chinesischer Zimtbaum (Ger.); China Junk Cassia; Canelero chino (Sp.); Chinazimt (Ger.); Chinese Cassia; Cassia Lignea; Cannelier de Chine (Fr.); Chinese Cinnamon; Cassia; Canela de la China (Sp.); Zimt cassie (Ger.); Canelle de Cochinchine (Fr.); Cannelier Casse (Fr.) | 3 | |
| <i>Citrullus lanatus</i> Watermelon | 1 | |
| <i>Citrus sinensis</i> Orange | 1 | 30200.0 |
| <i>Citrus limon</i> Lemon | 1 | 4.0 |
| <i>Cnicus benedictus</i> Blessed Thistle | 1 | |
| <i>Colchicum autumnale</i> Autumn Crocus; Meadow Saffron | 1 | 24600.0 |
| <i>Convallaria majalis</i> Lily-Of-The-Valley | 1 | |
| <i>Coriandrum sativum</i> Coriander; Cilantro; Chinese Parsley | 1 | |
| <i>Cornus mas</i> Cornelian Cherry; Sorbet | 1 | |
| <i>Crataegus rhipidophylla</i> Hawthorn | 4 | |
| <i>Crataegus pentagyna</i> Hawthorn | 1 | |
| <i>Crataegus monogyna</i> English Hawthorn; Hawthorn | 3 | |
| <i>Crataegus laevigata</i> English Hawthorn; Hawthorn; Woodland Hawthorn; Whitethorn | 4 | |
| <i>Cucumis melo</i> Nutmeg Melon; Melon; Muskmelon; Netted Melon; Persian Melon; Cantaloupe | 1 | |
| <i>Cymbopogon citratus</i> West Indian Lemongrass; Lemongrass | 1 | |
| <i>Cynara cardunculus</i> Artichoke | 1 | |
| <i>Datura stramonium</i> Jimsonweed | 1 | |
| <i>Dictamnus albus</i> Burning Bush; Gas Plant; Dittany; Gazelotu; Akgiritotu | 1 | |
| <i>Dodonaea viscosa</i> Hopwood | 1 | |
| <i>Echinacea</i> spp Coneflower; Echinacea | 1 | |
| <i>Echinacea purpurea</i> Eastern Purple-Coneflower; Echinacea; Purple-Coneflower | 1 | |
| <i>Eriobotrya japonica</i> Loquat | 1 | |
| <i>Erythroxylum novogranatense</i> Coca | 1 | 10000.0 |
| <i>Erythroxylum coca</i> Coca | 2 | 10000.0 |
| <i>Eschscholzia californica</i> California Poppy | 1 | 55000.0 |
| <i>Eucalyptus macrorrhuncha</i> | 1 | |
| <i>Eucalyptus globulus</i> Blue Gum; Tasmanian Bluegum; Eucalypt | 1 | |
| <i>Eucalyptus citriodora</i> Spotted Gum; Lemon-Scented Gum; Citron-Scented Gum; Lemon Eucalyptus | 1 | |
| <i>Eupatorium perfoliatum</i> Boneset | 1 | |
| <i>Euphorbia pulcherrima</i> Poinsettia | 1 | |
| <i>Euphrasia officinalis</i> Eyebright | 1 | |
| <i>Fagopyrum esculentum</i> Buckwheat | 1 | 468900.0 |
| <i>Fallopia japonica</i> Giant Knotweed; Hu-Zhang; Mexican Bamboo; Japanese Knotweed | 1 | |
| <i>Ficus carica</i> Fico (Ital.); Figueira (Port.); Fig; Echte Feige (Ger.); Higo (Sp.); Figuier Commun (Fr.); Higuera Comun (Sp.); Feigenbaum (Ger.) | 1 | 15300.0 |
| <i>Filipendula ulmaria</i> Queen Of The Meadow; Meadowsweet | 1 | |
| <i>Foeniculum vulgare</i> Fennel | 1 | |

| Plant | # Chemicals | Total PPM |
|--|-------------|-----------|
| <i>Forsythia suspensa</i> Lian-jiao; Lien-Chiao | 1 | 2000.0 |
| <i>Fraxinus rhynchophylla</i> Chinese Ash | 1 | |
| <i>Fraxinus ornus</i> Ash | 1 | |
| <i>Galega officinalis</i> Goat's Rue; Galega | 1 | |
| <i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree | 2 | |
| <i>Glechoma hederacea</i> Alehoof | 1 | |
| <i>Gloriosa superba</i> Glory Lily | 1 | |
| <i>Glycine max</i> Soybean | 1 | |
| <i>Glycyrrhiza uralensis</i> Kan-Tsao; Chinese Licorice; Gan-Cao | 2 | |
| <i>Glycyrrhiza glabra</i> Licorice-Root; Smooth Licorice; Licorice; Commom Licorice | 2 | 50232.0 |
| <i>Gossypium</i> sp Cotton | 1 | |
| <i>Hedera helix</i> Ivy | 1 | |
| <i>Hemidesmus indicus</i> Indian Sarsaparilla | 1 | |
| <i>Hordeum vulgare</i> Barley; Barleygrass | 2 | |
| <i>Houttuynia cordata</i> Fishwort; Yu Xing Cao; Dokudami | 1 | |
| <i>Humulus lupulus</i> Hops | 2 | 4000.0 |
| <i>Hydrangea paniculata</i> Peegee | 1 | 82000.0 |
| <i>Hydrangea arborescens</i> Hydrangea; Smooth Hydrangea | 1 | |
| <i>Hyoscyamus niger</i> Henbane | 1 | |
| <i>Hypericum perforatum</i> Common St. Johnswort; Goatweed; St. John's-wort; Hypericum; Klamath Weed | 3 | |
| <i>Ilex paraguariensis</i> Paraguay Tea; South American Holly; Mate | 1 | |
| <i>Illicium verum</i> Chinese Star Anise; anis estrellado (Sp.); Chinesischer Sternanis (Ger.); Sternanis (Ger.); Star Anise; anis de China (Sp.) | 1 | |
| <i>Juniperus communis</i> Common Juniper; Juniper | 1 | |
| <i>Krameria triandra</i> Rhatany | 1 | |
| <i>Laurus nobilis</i> Bayleaf; Bay Laurel; Sweet Bay; Grecian Laurel; Bay; Laurel | 1 | |
| <i>Lens culinaris</i> Lentil | 1 | |
| <i>Leonurus cardiaca</i> Motherwort | 1 | |
| <i>Ligustrum lucidum</i> Glossy Privet; Privet; Chinese Privet; Ligustri Fructus; White Waxtree | 1 | |
| <i>Lycium chinense</i> Lyciet de Chine (Fr.); Kuko (Jap.); Kaukichai (Malays.); Chinese Boxthorn; Chinese Matrimony Vine; Chinese Wolfberry; Chinesischer Bocksdom (Ger.); Wolfberry; Gou Qi (Chin.); Daun Koki (Indones.); Spina Santa Cinese (Ital.) | 1 | |
| <i>Lycopersicon esculentum</i> Tomato | 1 | 48000.0 |
| <i>Maclura pomifera</i> Osage-Orange; Hedge Apple | 1 | |
| <i>Magnolia kobus</i> Hsin-I; Xin-Yi | 1 | 1000.0 |
| <i>Magnolia denudata</i> Hsin-I; Xin-Yi | 1 | |
| <i>Malus domestica</i> Apple | 3 | |
| <i>Matricaria recutita</i> Wild Camomile; German Camomile; Annual Camomile | 1 | |
| <i>Melia azedarach</i> Chinaberry | 1 | |
| <i>Mentha x piperita</i> Peppermint | 1 | |
| <i>Menyanthes trifoliata</i> Buckbean; Marsh Trefoil; Water Trefoil; Bog Myrtle; Bogbean; Marsh Clover | 1 | |
| <i>Mercurialis annua</i> Annual Mercury | 1 | |
| <i>Morinda citrifolia</i> Noni; Indian Mulberry | 1 | |
| <i>Morus alba</i> Sang-Pai-Pi; White Mulberry | 1 | 120000.0 |

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|---|-------------|-----------|
| <i>Musa x paradisiaca</i> Banana; Plantain | 1 | |
| <i>Nasturtium officinale</i> Watercress; Berro | 1 | |
| <i>Nelumbo nucifera</i> Water Lotus | 1 | |
| <i>Nerium oleander</i> Oleander | 1 | |
| <i>Nicotiana tabacum</i> Tobacco | 1 | 20000.0 |
| <i>Nicotiana glauca</i> Tree Tobacco | 1 | 42000.0 |
| <i>Nigella sativa</i> Black Cumin; Nutmeg-Flower; Fennel-Flower; Black Caraway; Roman Coriander | 1 | |
| <i>Ocimum basilicum</i> Cuban Basil; Basil; Sweet Basil | 3 | |
| <i>Olea europaea</i> Olive | 3 | |
| <i>Opuntia ficus-indica</i> Prickly Pear; Nopal; Indian Fig; Nopalito | 1 | |
| <i>Origanum vulgare</i> Wild Marjoram; Wild Oregano; Common Turkish Oregano; Oregano; Pot Marjoram; European Oregano | 1 | |
| <i>Origanum majorana</i> Marjoram; Sweet Marjoram | 1 | |
| <i>Passiflora incarnata</i> Mayapple; Manzana de Mayo; Passionflower | 1 | |
| <i>Pastinaca sativa</i> Parsnip | 1 | |
| <i>Petroselinum crispum</i> Parsley | 1 | 60000.0 |
| <i>Phaseolus vulgaris</i> Black Bean; Snap Bean; Dwarf Bean; Popping Bean; Navy Bean; Green Bean; Garden Bean; String Bean; Haricot Bean; Flageolet Bean; Wax Bean; Haricot Vert; Field Bean; Haricot; Pop Bean; French Bean; Kidney Bean | 2 | |
| <i>Phaseolus aborigineus</i> | 1 | |
| <i>Phoenix dactylifera</i> Date Palm | 1 | |
| <i>Phyllanthus niruri</i> Seed On The Leaf | 1 | |
| <i>Phyllanthus emblica</i> Myrobalan; Emblic | 1 | |
| <i>Phyllanthus amarus</i> | 1 | |
| <i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry | 1 | |
| <i>Pimpinella anisum</i> Sweet Cumin; Anise | 1 | |
| <i>Piper nigrum</i> Pepper; Black Pepper; White Pepper | 1 | |
| <i>Plumeria acutifolia</i> Frangipani | 1 | |
| <i>Polygonum hydropiper</i> Common Smartweed | 1 | 60000.0 |
| <i>Polygonum aviculare</i> Prostrate Knotweed | 1 | |
| <i>Prunella vulgaris</i> Self-Heal; Heal-All | 1 | |
| <i>Prunus spinosa</i> Sloe; Blackthorn | 1 | |
| <i>Prunus cerasus</i> Sour Cherry | 1 | |
| <i>Prunus armeniaca</i> Apricot | 1 | 35400.0 |
| <i>Pteridium aquilinum</i> Bracken Fern; Bracken | 1 | |
| <i>Pueraria montana</i> Kudzu; Kudzu | 1 | |
| <i>Punica granatum</i> Granatapfelstrauch (Ger.); Pomegranate; Grenadier (Fr.); Mangrano (Sp.); Granatapfelbaum (Ger.); Granado (Sp.); Zakuro (Jap.); Romanzeiro (Port.) | 1 | |
| <i>Rheum rhabarbarum</i> Rhubarb | 1 | 12000.0 |
| <i>Rheum officinale</i> Chinese Rhubarb | 1 | |
| <i>Ribes nigrum</i> Black Currant | 1 | |
| <i>Ricinus communis</i> Castorbean | 1 | 4000.0 |
| <i>Rosa multiflora</i> Multiflora Rose | 1 | |
| <i>Rubus idaeus</i> Raspberry; Red Raspberry | 1 | |
| <i>Rumex crispus</i> Sour Dock; Curly Dock; Yellow Dock; Lengua De Vaca | 1 | |

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|---|-------------|-----------|
| Rumex acetosella Sheep Sorrel | 1 | 10600.0 |
| Rumex acetosa Garden Sorrel | 1 | 25600.0 |
| Ruscus aculeatus Box-Holly; Butcher's Broom | 1 | 800.0 |
| Ruta graveolens Rue | 1 | 40000.0 |
| Salix alba White Willow | 1 | |
| Sambucus nigra Black Elder; European Elder; European Alder; European Elderberry; Elder | 1 | 18400.0 |
| Sambucus canadensis American Elderberry; Elderberry; American Elder; Sweet Elder | 1 | 73000.0 |
| Scopolia carniolica Scopolia | 1 | |
| Selenicereus grandiflorus Queen-of-the-Night; Night-Blooming Cereus | 1 | |
| Serenoa repens Scrub-Palmetto; Saw Palmetto | 1 | |
| Silybum marianum Lady's Thistle; Milk Thistle | 1 | 67000.0 |
| Smilax china China Root | 1 | |
| Solanum tuberosum Potato | 1 | |
| Solidago virgaurea Woundwort; European Goldenrod | 1 | |
| Solidago gigantea Early Goldenrod | 1 | |
| Sophora japonica Japanese Pagoda Tree | 1 | 868000.0 |
| Sorbus aucubaria Rowan Berry | 1 | |
| Spinacia oleracea Spinach | 1 | 340.0 |
| Stellaria media Chickweed; Common Chickweed | 1 | |
| Stevia rebaudiana Ca-A-E; Sweet Leaf of Paraguay; Stevia | 1 | |
| Syringa vulgaris Lilac | 1 | |
| Tephrosia purpurea Purple Tephrosia; Wild Indigo | 1 | |
| Terminalia ivorensis Shinglewood; Idigbo; Black Afara; Brimstonewood; Satinwood; Blackbark; Emire | 1 | |
| Terminalia chebula Chebulic Myrobalan; Ink Nut; Myrobalan; Black Myrobalan | 1 | |
| Teucrium scorodonia Germander; Wood Germander | 1 | |
| Teucrium scordium Water Germander | 1 | |
| Theobroma cacao Cacao | 2 | |
| Tribulus terrestris Puncture-vine | 1 | |
| Trigonella foenum-graecum Greek Hay; Bockshornklee (Ger.); Greek Clover; Alholva (Sp.); Fenugreek | 1 | |
| Tussilago farfara Coltsfoot | 1 | 7200.0 |
| Uncaria tomentosa Garabato Amarillo; Cat's Claw; Una de Gato | 1 | |
| Uncaria guianensis Garabato Colorado; Cat's Claw; Tambor Huasca; Ungunagi; Una de Gato | 1 | |
| Urtica dioica Stinging Nettle; European Nettle | 1 | |
| Vaccinium myrtillus Whortleberry; Dwarf Bilberry; Bilberry | 2 | |
| Vaccinium corymbosum Blueberry | 1 | |
| Vigna radiata Green Gram; Mungbean | 1 | |
| Viola tricolor Pansy; Wild Violet | 1 | 460000.0 |
| Viola odorata Common Violet; Sweet Violet | 1 | 40000.0 |
| Vitis vinifera Parra (Sp.); Weinrebe (Ger.); Grapevine; Grape; Vigne Vinifere (Fr.); Vid (Sp.); Wine Grape; European Grape | 3 | |
| Withania somnifera Ashwagandha | 1 | |
| Xylopia aethiopica Guinea Pepper; Maniguete (Sp.); Mohrenpfeffer (Ger.); Pimienta de Guinea (Sp.); Ethiopian Pepper; Spice Tree; Negro Pepper | 1 | |
| Zizyphus jujuba Jujube; Da-Zao; Ta-Tsao | 1 | 30000.0 |

