

A Antiencephalopathic?

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	1	13800.0
<i>Acacia farnesiana</i> Cassie; Sweet Acacia; Opopanax; Huisache; Popinac	1	32240.0
<i>Albizia lebeck</i> Frywood; Lebbek; Women's-Tongue Tree; East Indian Walnut; Koko; Lebbek Tree; Siris Tree	1	
<i>Allium schoenoprasum</i> Chives	1	29750.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	10416.0
<i>Allium cepa</i> Shallot; Onion	1	9156.0
<i>Allium ampeloprasum</i> Elephant Garlic; Kurrat	1	
<i>Aloe vera</i> Aloe; Bitter Aloes	1	
<i>Alpinia galanga</i> Siamese Ginger; Languas; Greater Galangal	1	
<i>Amaranthus</i> sp. Pigweed	1	28632.0
<i>Anacardium occidentale</i> Cashew	1	14872.0
<i>Ananas comosus</i> Pineapple	1	1926.0
<i>Anethum graveolens</i> Garden Dill; Dill	1	16614.0
<i>Angelica sinensis</i> Dang Gui; Chinese Angelica; Dang Qui; Dong Quai; Dong Gui; Dang Quai	1	
<i>Angelica archangelica</i> Garden Angelica; Angelica; Wild Parsnip	1	
<i>Apium graveolens</i> Celery	1	8580.0
<i>Arachis hypogaea</i> Groundnut; Peanut	1	21360.0
<i>Arctium lappa</i> Burdock; Great Burdock; Gobo	1	3000.0
<i>Artocarpus altilis</i> Breadfruit	1	4350.0
<i>Asimina triloba</i> Pawpaw	1	8332.0
<i>Asparagus officinalis</i> Asparagus	1	28904.0
<i>Avena sativa</i> Oats	1	44000.0
<i>Averrhoa carambola</i> Star Fruit; Carambola	1	
<i>Basella alba</i> Vinespinach	1	15360.0
<i>Bertholletia excelsa</i> Brazilnut-Tree; Creamnut; Paranut; Brazilnut	1	12436.0
<i>Beta vulgaris</i> Beet; Sugar Beet; Beetroot; Garden Beet	1	6940.0
<i>Bixa orellana</i> Lipsticktree; Annato; Achiote; Arnato; Bija; Annoto; Lipstick Pod; Annatto	1	12760.0
<i>Brassica rapa</i> Rapini; Seven-Top Turnip; Turnip	1	8850.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Collards; Cow Cabbage; Spring-Heading Cabbage; Tall Kale; Tree Kale	1	20980.0
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Curly Kale; Kitchen Kale; Scotch Kale; Kale	1	25350.0
<i>Brassica oleracea</i> var. <i>italica</i> Broccoli; Asparagus Broccoli; Winter Broccoli; Purple Cauliflower; Sprouting Broccoli; Heading Broccoli; Cape Broccoli; Calabrese	1	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussels-Sprouts; Brussel-Sprout	1	18850.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. White Cabbage; Cabbage; Red Cabbage	1	16312.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	1	43054.0
<i>Brassica oleracea</i> Kohlrabi	1	17334.0
<i>Brassica nigra</i> Black Mustard	1	26804.0
<i>Brassica napus</i> var. <i>napobrassica</i> Swedish Turnip; Swede; Rutabaga	1	9670.0
<i>Brassica chinensis</i> Chinese White Cabbage; Chinese Cabbage; Pak-Choi; Celery Mustard; Celery Cabbage; Chinese Mustard; Bok-Choy	1	36328.0

Plant	# Chemicals	Total PPM
<i>Cajanus cajan</i> Pigeonpea	1	17560.0
<i>Calathea allouia</i> Lleren; Leren	1	
<i>Capsicum frutescens</i> Cayenne; Tabasco; Chili; Hot Pepper; Red Chili; Spur Pepper	1	10608.0
<i>Capsicum annuum</i> Bell Pepper; Cone Pepper; Paprika; Cherry Pepper; Green Pepper; Sweet Pepper	1	7366.0
<i>Carica papaya</i> Papaya	1	1432.0
<i>Carum carvi</i> Caraway; Comino (Sp.); Carum; Comino de prado (Sp.); Kummel (Ger.)	1	
<i>Castanea sativa</i> European Chestnut	1	3440.0
<i>Castanea mollissima</i> Chinese Chestnut	1	5780.0
<i>Castanea dentata</i> American Chestnut	1	6876.0
<i>Ceratonia siliqua</i> Locust Bean; St.John's-Bread; Carob	1	32900.0
<i>Chenopodium album</i> Lambsquarter	1	32232.0
<i>Cicer arietinum</i> Chickpea; Garbanzo	1	20640.0
<i>Cichorium intybus</i> Witloof; Chicory; Succory	1	24480.0
<i>Cichorium endivia</i> Escarole; Endive	1	23188.0
<i>Citrullus lanatus</i> Watermelon	1	28676.0
<i>Citrus sinensis</i> Orange	1	3776.0
<i>Citrus reticulata</i> Mandarin; Tangerine	1	2740.0
<i>Cnidioscolus chayamansa</i> Chaya	1	19220.0
<i>Cocos nucifera</i> Copra; Cocotero (Sp.); Nariyal; Kokospalme (Ger.); Coconut; Coconut Palm	1	
<i>Colocasia esculenta</i> Taro	1	39940.0
<i>Corchorus olitorius</i> Nalta Jute; Jew's Mallow; Mulukiya	1	36000.0
<i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley	1	
<i>Cryptotaenia japonica</i> Ya Er Qin; Stone Parsley; Japanese Honewort; Mitsuba; Japanese Cryptotaenia	1	
<i>Cucumis sativus</i> Cucumber	1	8606.0
<i>Cucurbita</i> spp Summer Squash	1	13290.0
<i>Cucurbita pepo</i> Pumpkin	1	40785.0
<i>Cucurbita foetidissima</i> Buffalo Gourd	1	
<i>Daucus carota</i> Carrot	1	6720.0
<i>Dioscorea pentaphylla</i> Mountain Yam	1	4850.0
<i>Eryngium creticus</i> Cretan culantro	1	
<i>Fagopyrum esculentum</i> Buckwheat	1	12160.0
<i>Ficus carica</i> Figuiier Commun (Fr.); Feigenbaum (Ger.); Higo (Sp.); Fig; Figueira (Port.); Higuera Comun (Sp.); Fico (Ital.); Echte Feige (Ger.)	1	2202.0
<i>Foeniculum vulgare</i> Fennel	1	15248.0
<i>Fragaria</i> spp Strawberry	1	3322.0
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	1	10361.0
<i>Glycine max</i> Soybean	1	38706.0
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	6290.0
<i>Helianthus annuus</i> Sunflower; Girasol	1	93000.0
<i>Humulus lupulus</i> Hops	1	
<i>Ipomoea batatas</i> Sweet Potato	1	6038.0
<i>Ipomoea aquatica</i> Swamp Cabbage; Water Spinach	1	27620.0
<i>Juglans regia</i> English Walnut	1	

Plant	# Chemicals	Total PPM
<i>Juglans nigra</i> Black Walnut	1	
<i>Juglans cinerea</i> Butternut	1	24394.0
<i>Lablab purpureus</i> Hyacinth Bean; Bonavist Bean; Lablab Bean	1	35944.0
<i>Lactuca sativa</i> Lettuce	1	28000.0
<i>Lagenaria siceraria</i> White-Flowered Gourd; Calabash Gourd	1	14800.0
<i>Larrea tridentata</i> Creosote Bush; Chaparral	1	9400.0
<i>Lens culinaris</i> Lentil	1	49030.0
<i>Lentinus edodes</i> Shiitake	1	
<i>Linum usitatissimum</i> Linseed; Flax	1	
<i>Lupinus albus</i> White Lupine	1	36060.0
<i>Lycopersicon esculentum</i> Tomato	1	6942.0
<i>Macadamia</i> spp Macadamia	1	5020.0
<i>Malus domestica</i> Apple	1	994.0
<i>Mangifera indica</i> Mango	1	4000.0
<i>Manihot esculenta</i> Cassava; Tapioca; Yuca	1	3870.0
<i>Medicago sativa</i> Lucerne; Alfalfa	1	
<i>Mentha x piperita</i> Peppermint	1	
<i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint	1	
<i>Momordica charantia</i> Sorosi; Bitter Melon	1	
<i>Moringa oleifera</i> Horseradish Tree; Benzolive Tree; Moringa; Drumstick Tree; West Indian Ben; Ben Nut; Jacinto (Sp.)	1	
<i>Mucuna pruriens</i> Cowage; Velvetbean	1	31800.0
<i>Murraya</i> sp None	1	2074.0
<i>Musa x paradisiaca</i> Banana; Plantain	1	2319.0
<i>Nasturtium officinale</i> Berro; Watercress	1	21200.0
<i>Nelumbo nucifera</i> Water Lotus	1	17594.0
<i>Nigella sativa</i> Roman Coriander; Fennel-Flower; Black Caraway; Black Cumin; Nutmeg-Flower	1	21920.0
<i>Ocimum basilicum</i> Cuban Basil; Sweet Basil; Basil	1	11760.0
<i>Oenothera biennis</i> Evening-Primrose	1	11740.0
<i>Opuntia ficus-indica</i> Prickly Pear; Nopal; Indian Fig; Nopalito	1	21830.0
<i>Oryza sativa</i> Rice	1	
<i>Pachyrhizus erosus</i> Yambean	1	5710.0
<i>Panax quinquefolius</i> Ginseng; American Ginseng	1	740.0
<i>Panax ginseng</i> Chinese Ginseng; Oriental Ginseng; Ginseng; Korean Ginseng	1	
<i>Papaver somniferum</i> Opium Poppy; Poppysseed Poppy	1	19416.0
<i>Papaver bracteatum</i> Great Scarlet Poppy	1	16600.0
<i>Perideridia gairdneri</i> Squaw Root	1	4826.0
<i>Persea americana</i> Avocado	1	5518.0
<i>Phaseolus vulgaris</i> Kidney Bean; Field Bean; Dwarf Bean; Black Bean; Navy Bean; Popping Bean; Flageolet Bean; String Bean; Snap Bean; Haricot Vert; Green Bean; Haricot; Garden Bean; French Bean; Haricot Bean; Wax Bean; Pop Bean	1	75010.0
<i>Phaseolus lunatus</i> Lima Bean; Butter Bean	1	29570.0
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	1	9300.0

Plant	# Chemicals	Total PPM
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	1190.0
<i>Pinus pinea</i> Italian Stone Pine; Pignolia	1	
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pistacia vera</i> Pistachio	1	20286.0
<i>Pisum sativum</i> Pea	1	50298.0
<i>Portulaca oleracea</i> Purslane; Verdolaga	1	22800.0
<i>Prunus persica</i> Peach	1	3240.0
<i>Prunus dulcis</i> Almond	1	18116.0
<i>Prunus domestica</i> Plum	1	2162.0
<i>Prunus armeniaca</i> Apricot	1	6000.0
<i>Psidium guajava</i> Guava	1	4320.0
<i>Psidium cattleianum</i> Strawberry Guava	1	2170.0
<i>Psophocarpus tetragonolobus</i> Goa Bean; Asparagus Pea; Winged Bean	1	69608.0
<i>Psoralea esculenta</i> Prairie Apple; Indian Bread-Root; Prairie Potato; Breadroot; Prairie Turnip; Indian Turnip	1	2616.0
<i>Pyrus communis</i> Pear	1	1358.0
<i>Raphanus sativus</i> Radish	1	11630.0
<i>Rehmannia glutinosa</i> Chinese Foxglove	1	18000.0
<i>Ribes nigrum</i> Black Currant	1	56.0
<i>Rosmarinus officinalis</i> Rosemary	1	
<i>Sambucus canadensis</i> American Elder; Elderberry; Sweet Elder; American Elderberry	1	2672.0
<i>Secale cereale</i> Rye	1	
<i>Sechium edule</i> Chayote	1	13710.0
<i>Senna obtusifolia</i> Sicklepod	1	11920.0
<i>Sesamum indicum</i> Ajonjoli (Sp.); Sesamo (Sp.); Benneseed; Beni; Sesame	1	27082.0
<i>Sinapis alba</i> White Mustard	1	23152.0
<i>Solanum tuberosum</i> Potato	1	11400.0
<i>Solanum melongena</i> Eggplant; Aubergine	1	11896.0
<i>Spinacia oleracea</i> Spinach	1	34916.0
<i>Stachys officinalis</i> Betony; Bishop's-Wort; Wood Betony; Purple Betony	1	
<i>Theobroma cacao</i> Cacao	1	11200.0
<i>Thymus vulgaris</i> Thyme; Common Thyme; Garden Thyme	1	10108.0
<i>Tilia</i> sp. Lime; Linden; Basswood	1	
<i>Trifolium pratense</i> Purple Clover; Red Clover; Cowgrass; Peavine Clover	1	
<i>Trigonella foenum-graecum</i> Alholva (Sp.); Greek Hay; Fenugreek; Bockshornklee (Ger.); Greek Clover	1	27300.0
<i>Triticum aestivum</i> Wheat	1	58000.0
<i>Urtica dioica</i> European Nettle; Stinging Nettle	1	
<i>Vaccinium corymbosum</i> Blueberry	1	2730.0
<i>Valeriana officinalis</i> Valerian; Common Valerian; Garden-Heliotrope	1	
<i>Valerianella locusta</i> Corn Salad; Lamb's Lettuce	1	27500.0
<i>Vicia faba</i> Broadbean; Habas; Faba Bean	1	26420.0
<i>Vigna unguiculata</i> Asparagus Bean; Yardlong Bean; Pea Bean	1	46292.0
<i>Vigna radiata</i> Green Gram; Mungbean	1	49898.0

Plant	# Chemicals	Total PPM
<i>Vigna angularis</i> Adzuki Bean	1	18276.0
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	25200.0
<i>Vitis vinifera</i> Vid (Sp.); Grape; Vigne Vinifere (Fr.); European Grape; Wine Grape; Grapevine; Parra (Sp.); Weinrebe (Ger.)	1	514.0
<i>Zea mays</i> Corn	1	10732.0
<i>Zingiber officinale</i> Ginger	1	5852.0