

# A Antidyspeptic

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	1	40.0
<i>Acacia nilotica</i> Babul	1	
<i>Acacia farnesiana</i> Sweet Acacia; Huisache; Popinac; Opopanax; Cassie	1	22.0
<i>Achillea millefolium</i> Milfoil; Yarrow	1	
<i>Actaea racemosa</i> Black Cohosh; Black Snakeroot	1	
<i>Actinidia chinensis</i> Kiwi	1	2.0
<i>Aegle marmelos</i> Bael de India; Bael fruit	1	
<i>Agathosma betulina</i> Honey Buchu; Buchu; Mountain Buchu	1	38.0
<i>Agrimonia eupatoria</i> Agrimony; Sticklewort	1	4.8
<i>Aleurites moluccana</i> Candlenut Tree; Lumbangtree; Varnishtree; Candlenut; Candleberry; Indian Walnut	1	1.2
<i>Allium schoenoprasum</i> Chives	1	24.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	63.8
<i>Allium cepa</i> Onion; Shallot	1	24.8
<i>Allium ampeloprasum</i> Elephant Garlic; Kurrat	1	49.6
<i>Alocasia macrorrhiza</i> Giant Taro	1	7.8
<i>Aloe vera</i> Aloe; Bitter Aloes	1	1.6
<i>Alpinia galanga</i> Greater Galangal; Siamese Ginger; Languas	1	8.0
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	2.0
<i>Amaranthus spinosus</i> Spiny pigweed	1	
<i>Amaranthus</i> sp. Pigweed	1	14.0
<i>Amorphophallus konjac</i> Devil's Tongue; Elephant Yam; Snake Palm; Konjac; Leopard Palm; Umbrella Arum	1	
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	1	5.6
<i>Anacardium occidentale</i> Cashew	1	22.2
<i>Ananas comosus</i> Pineapple	2	14.0
<i>Anethum graveolens</i> Dill; Garden Dill	1	20.0
<i>Angelica sinensis</i> Dang Gui; Dang Quai; Dong Quai; Chinese Angelica; Dang Qui; Dong Gui	1	
<i>Annona squamosa</i> Sugar-Apple; Sweetsop	1	10.0
<i>Annona reticulata</i> Custard Apple	1	10.0
<i>Annona muricata</i> Soursop	1	9.6
<i>Annona glabra</i> Pondapple	1	
<i>Annona diversifolia</i> Llama	1	
<i>Annona cherimola</i> Cherimoya	1	8.0
<i>Apium graveolens</i> Celery	1	20.0
<i>Arachis hypogaea</i> Groundnut; Peanut	1	56.0
<i>Aralia cordata</i> Udo	1	26.0
<i>Arctium lappa</i> Burdock; Great Burdock; Gobo	1	22.0
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	1	2.0
<i>Areca catechu</i> Betel Nut; Pin-Lang	1	3.8
<i>Armoracia rusticana</i> Horseradish	1	6.0

Plant	# Chemicals	Total PPM
<i>Arracacia xanthorrhiza</i> Arracacha; Peruvian Carrot	1	4.8
<i>Artemisia vulgaris</i> Mugwort	1	24.0
<i>Artemisia dracuncululus</i> Tarragon	1	6.0
<i>Artocarpus heterophyllus</i> Jackfruit	1	6.0
<i>Artocarpus altilis</i> Breadfruit	1	8.0
<i>Asparagus officinalis</i> Asparagus	1	52.0
<i>Avena sativa</i> Oats	1	32.2
<i>Averrhoa carambola</i> Carambola; Star Fruit	1	
<i>Averrhoa bilimbi</i> Bilimbi; Limon chino	1	
<i>Bactris gasipaes</i> Pejibaye; Peach palm	1	
<i>Barosma betulina</i> Buchu	1	38.0
<i>Basella alba</i> Vinespinach	1	14.0
<i>Benincasa hispida</i> Waxgourd	1	20.0
<i>Berberis vulgaris</i> Barberry	1	20.0
<i>Bertholletia excelsa</i> Brazilnut; Brazilnut-Tree; Creamnut; Paranut	1	20.0
<i>Beta vulgaris</i> Beet; Sugar Beet; Beetroot; Garden Beet	1	32.8
<i>Bixa orellana</i> Annato; Annoto; Lipsticktree; Lipstick Pod; Achiote; Bija; Annatto; Arnato	1	
<i>Blighia sapida</i> Akee; Seso Vegetal	1	22.0
<i>Boehmeria nivea</i> Ramie	1	18.6
<i>Borago officinalis</i> Beebread; Borage; Beeplant; Talewort	1	18.0
<i>Brassica rapa</i> Celery Mustard; Chinese Cabbage; Chinese White Cabbage; Celery Cabbage; Chinese Mustard; Pak-Choi; Bok-Choy	1	10.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Tree Kale; Cow Cabbage; Tall Kale; Spring-Heading Cabbage; Collards	1	9.5
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Curly Kale; Kitchen Kale; Kale; Scotch Kale	1	14.0
<i>Brassica oleracea</i> var. <i>italica</i> Winter Broccoli; Purple Cauliflower; Calabrese; Broccoli; Heading Broccoli; Sprouting Broccoli; Cape Broccoli; Asparagus Broccoli	1	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussels-Sprouts; Brussel-Sprout	1	22.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Cabbage; White Cabbage; Red Cabbage	1	20.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	1	40.0
<i>Brassica oleracea</i> Kohlrabi	1	11.0
<i>Brassica nigra</i> Black Mustard	1	15.32
<i>Brassica napus</i> var. <i>napobrassica</i> Swedish Turnip; Rutabaga; Swede	1	18.0
<i>Brassica chinensis</i> Pak-Choi; Chinese White Cabbage; Chinese Cabbage; Chinese Mustard; Celery Mustard; Bok-Choy; Celery Cabbage	1	18.0
<i>Bromelia pinguin</i> Wild Pineapple	1	7.6
<i>Brosimum alicastrum</i> Tamamuri; Breadnut	1	
<i>Byrsonima crassifolia</i> Nance	1	
<i>Cajanus cajan</i> Pigeonpea	1	50.8
<i>Calathea macrosepala</i> Chufle	1	
<i>Camellia sinensis</i> Tea	1	8.0
<i>Canavalia ensiformis</i> Jack Bean	1	37.2
<i>Canna indica</i> Queensland Arrowroot; Achira	1	2.0
<i>Cannabis sativa</i> Hemp; Marijuana; Indian Hemp; Marihuana	1	7.4

Plant	# Chemicals	Total PPM
<i>Capparis spinosa</i> Caper; Caperbush	1	1.44
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	42.4
<i>Capsicum frutescens</i> Hot Pepper; Cayenne; Tabasco; Spur Pepper; Chili; Red Chili	1	16.0
<i>Capsicum annuum</i> Bell Pepper; Green Pepper; Cherry Pepper; Cone Pepper; Sweet Pepper; Paprika	1	30.0
<i>Carica pentagona</i> Babaco; Mountain papaya	1	
<i>Carica papaya</i> Papaya	2	188013.2
<i>Carthamus tinctorius</i> Safflower	1	12.4
<i>Carum carvi</i> Kummel (Ger.); Comino de Prado (Sp.); Caraway; Comino (Sp.); Carum	1	8.0
<i>Carya illinoensis</i> Pecan	1	17.8
<i>Casimiroa edulis</i> White sapote; Matasano	1	
<i>Catha edulis</i> Khat	1	1.0
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	18.6
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	28.0
<i>Chamaemelum nobile</i> Roman Camomile; Garden Camomile; Perennial Camomile	1	1.6
<i>Chenopodium ambrosioides</i> Wormseed; Epazote	1	8.0
<i>Chenopodium album</i> Lambsquarter	1	24.0
<i>Chondrus crispus</i> Irish Moss	1	4.6
<i>Chrysanthemum parthenium</i> Feverfew	1	8.2
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	1	36.4
<i>Chrysophyllum cainito</i> Caimito; Star Apple	1	
<i>Cicer arietinum</i> Garbanzo; Chickpea	1	12.0
<i>Cichorium intybus</i> Chicory; Witloof; Succory	1	32.0
<i>Cichorium endivia</i> Escarole; Endive	1	28.0
<i>Cimicifuga racemosa</i> Black Snakeroot; Black Cohosh	1	116.0
<i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon	1	2.0
<i>Cinnamomum aromaticum</i> Canela de la China (Sp.); China Junk Cassia; Cassia; Chinese Cinnamon; Zimtcassie (Ger.); Cannelier de Chine (Fr.); Canelero chino (Sp.); Saigon Cinnamon; Kashia-Keihi (Jap.); Cassia Lignea; Chinazimt (Ger.); Chinesischer Zimtbaum (Ger.); Chinese Cassia; Cannelier Casse (Fr.); Canelle de Cochinchine (Fr.); Cassia Bark	1	2.0
<i>Citrullus lanatus</i> Watermelon	1	18.0
<i>Citrus sinensis</i> Orange	1	14.0
<i>Citrus reticulata</i> Tangerine; Mandarin	1	16.0
<i>Citrus paradisi</i> Grapefruit	1	12.0
<i>Citrus limon</i> Lemon	1	12.0
<i>Citrus aurantium</i> Bitter Orange; Petitgrain	1	12.0
<i>Citrus aurantiifolia</i> Lime	1	6.0
<i>Cnicus benedictus</i> Blessed Thistle	1	5.4
<i>Cnidioscolus chayamansa</i> Chaya	1	30.0
<i>Cocos nucifera</i> Copra; Cocotero (Sp.); Coconut; Nariyal; Coconut Palm; Kokospalme (Ger.)	1	2.0
<i>Coffea arabica</i> Coffee	1	4.0
<i>Coix lacryma-jobi</i> Job'S-Tears; Yi-Yi-Ren; Adlay; Adlay Millet	1	6.4
<i>Cola acuminata</i> Abata Cola	1	2.0
<i>Colocasia esculenta</i> Taro	1	44.0
<i>Corchorus olitorius</i> Mulukiya; Jew's Mallow; Nalta Jute	1	21.6

Plant	# Chemicals	Total PPM
<i>Coriandrum sativum</i> Coriander; Chinese Parsley; Cilantro	1	38.0
<i>Corylus avellana</i> Cobnut; Hazel; English Filbert; European Filbert; European Hazel	1	12.0
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus laevigata</i> Whitethorn; Hawthorn; English Hawthorn; Woodland Hawthorn	1	
<i>Crescentia alata</i> Jicaro	1	15.2
<i>Crocus sativus</i> Saffron	1	8.0
<i>Cucumis sativus</i> Cucumber	1	15.2
<i>Cucumis melo</i> Melon; Persian Melon; Cantaloupe; Nutmeg Melon; Netted Melon; Muskmelon	1	8.8
<i>Cucurbita</i> spp Summer Squash	1	20.0
<i>Cucurbita pepo</i> Pumpkin	1	36.400000000000006
<i>Cuminum cyminum</i> Cumin	1	14.0
<i>Curcuma longa</i> Indian Saffron; Turmeric	1	16.0
<i>Cyclanthera pedata</i> Achocha	1	16.0
<i>Cydonia oblonga</i> Quince	1	3.8
<i>Cynara cardunculus</i> Artichoke	2	1312.0
<i>Cyphomandra betacea</i> Tamarillo; Tree Tomato	1	14.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	2.4
<i>Daucus carota</i> Carrot	1	12.0
<i>Dioscorea</i> sp. Wild Yam	1	7.0
<i>Dioscorea pentaphylla</i> Mountain Yam	1	14.0
<i>Dioscorea alata</i> Winged Yam; Greater Yam	1	2.8
<i>Durio zibethinus</i> Durian	1	
<i>Echinacea</i> spp Coneflower; Echinacea	2	5.2
<i>Echinacea angustifolia</i> Echinacea; Narrow Leaf Echinacea; Narrow Leaf Purple-Coneflower	1	
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus commutata</i> Silver Berry	1	
<i>Elaeis guineensis</i> African Oil Palm	1	
<i>Eleocharis dulcis</i> Water chestnut	1	
<i>Elettaria cardamomum</i> Cardamom	1	4.0
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	94.0
<i>Equisetum arvense</i> Horsetail; Field Horsetail	1	
<i>Eriobotrya japonica</i> Loquat	1	3.6
<i>Eryngium floridanum</i> Florida Eryngium	1	12.0
<i>Erythrina fusca</i> Gallito; Coral Bean	1	18.0
<i>Erythrina berteroana</i> Pito	1	24.0
<i>Erythroxylum coca</i> Coca	1	16.0
<i>Eugenia uniflora</i> Pitanga; Surinam Cherry	1	
<i>Eugenia floribunda</i> Camu-camu negro; Camu-camu arbol; Black rumberry	1	
<i>Eugenia brasiliensis</i> Brazil Cherry; Grumichama	1	
<i>Euphrasia officinalis</i> Eyebright	1	8.6
<i>Fagopyrum esculentum</i> Buckwheat	1	18.0

Plant	# Chemicals	Total PPM
<i>Ficus carica</i> Higo (Sp.); Fico (Ital.); Higuera Comun (Sp.); Feigenbaum (Ger.); Figuier Commun (Fr.); Figueira (Port.); Echte Feige (Ger.); Fig	1	6.6
<i>Foeniculum vulgare</i> Fennel	2	32.0
<i>Fragaria</i> spp Strawberry	1	8.0
<i>Frangula purshiana</i> Cascara Buckthorn; Cascara Sagrada	1	
<i>Fucus vesiculosus</i> Kelp; Bladderwrack	1	
<i>Garcinia mangostana</i> Mangostin; Mangosteen	1	
<i>Genipa americana</i> Jagua; Genipap	1	2.4
<i>Gentiana lutea</i> Gentian; Yellow Gentian	1	52.8
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	10.0
<i>Gliricidia sepium</i> Mata Raton	1	34.0
<i>Glycine max</i> Soybean	1	82.0
<i>Glycyrrhiza glabra</i> Licorice; Licorice-Root; Smooth Licorice; Commom Licorice	1	4.2
<i>Gossypium</i> sp Cotton	1	6.4
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	20.0
<i>Helianthus annuus</i> Sunflower; Girasol	1	48.0
<i>Hibiscus sabdariffa</i> Red Sorrel; Jamaica Sorrel; Indian Sorrel; Rosella (Ger.); Roselle; Acedera de Guinea (Sp.); Rosa de Jamaica (Sp.); Sereni (Sp.); Sorrel; Kharkadi; Malventee (Ger.)	1	30.0
<i>Hibiscus rosa-sinensis</i> Shoe-flower; Chinese hibiscus	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	1	46.0
<i>Humulus lupulus</i> Hops	1	6.8
<i>Hydrastis canadensis</i> Goldenseal	1	5.2
<i>Hylocereus undatus</i> Belle-of-the-Night; Night-Blooming Cereus; Nopalito De Noche; Queen-of-the-Night; Strawberry Pear	1	
<i>Hylocereus guatemalensis</i> Guatemala Cereus; Nopalito De Guatemala	1	
<i>Inga feuillei</i> Ice Cream Bean; Pacay	1	
<i>Inga edulis</i> Guaba; Icecream Bean	1	
<i>Ipomoea batatas</i> Sweet Potato	1	29.8
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	1	18.0
<i>Juglans regia</i> English Walnut	1	10.0
<i>Juglans nigra</i> Black Walnut	1	8.0
<i>Juniperus communis</i> Common Juniper; Juniper	1	2.4
<i>Justicia pectoralis</i> Bolek Hena; Curia; Angel Of Death	1	5.4
<i>Lablab purpureus</i> Bonavist Bean; Lablab Bean; Hyacinth Bean	1	24.0
<i>Lactuca sativa</i> Lettuce	1	16.6
<i>Lagenaria siceraria</i> White-Flowered Gourd; Calabash Gourd	1	13.0
<i>Larrea tridentata</i> Chaparral; Creosote Bush	1	10.2
<i>Lens culinaris</i> Lentil	1	28.0
<i>Lepidium sativum</i> Garden Cress	1	15.0
<i>Lepidium meyenii</i> Maca; Peruvian Ginseng	1	
<i>Licania platypus</i> Sansapote	1	
<i>Linum usitatissimum</i> Linseed; Flax	1	3.6
<i>Lobelia inflata</i> Lobelia; Indian Tobacco	1	6.4
<i>Luffa aegyptiaca</i> Vegetable Sponge; Smooth Loofah; Luffa	1	30.0

Plant	# Chemicals	Total PPM
<i>Lupinus mutabilis</i> Tarhui; Andean Lupine; Chocho	1	16.6
<i>Lupinus albus</i> White Lupine	1	14.0
<i>Lycium chinense</i> Chinese Boxthorn; Kuko (Jap.); Chinese Wolfberry; Lyciet de Chine (Fr.); Chinesischer Bocksdorn (Ger.); Kaukichai (Malays.); Chinese Matrimony Vine; Spina Santa Cinese (Ital.); Wolfberry; Gou Qi (Chin.); Daun Koki (Indones.)	1	15.4
<i>Lycopersicon esculentum</i> Tomato	1	20.0
<i>Macadamia</i> spp Macadamia	1	8.0
<i>Malpighia glabra</i> Acerola	1	4.6
<i>Malus domestica</i> Apple	1	4.0
<i>Malva sylvestris</i> High Mallow	1	40.0
<i>Malva parviflora</i> Cheeseweed	1	2.0
<i>Mammea americana</i> Mamey	1	
<i>Mangifera indica</i> Mango	1	10.4
<i>Manihot esculenta</i> Tapioca; Yuca; Cassava	1	34.2
<i>Manilkara zapota</i> Sapodilla	1	
<i>Maranta arundinacea</i> Bermuda Arrowroot; Arrowroot	1	8.0
<i>Matricaria recutita</i> German Camomile; Wild Camomile; Annual Camomile	1	
<i>Mauritia flexuosa</i> Buruti; Morichi palm; Aguaje	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	1	15.0
<i>Mentha x piperita</i> Peppermint	1	24.2
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	1	6.0
<i>Mimosa pudica</i> Sensitive Plant	1	34.0
<i>Mimulus glabratus</i> Huaca-Mullo	1	16.0
<i>Momordica charantia</i> Sorosi; Bitter Melon	1	40.0
<i>Morinda citrifolia</i> Indian Mulberry; Noni	1	14.0
<i>Moringa oleifera</i> Drumstick Tree; Moringa; Benzolive Tree; Jacinto (Sp.); Ben Nut; Horseradish Tree; West Indian Ben	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	4.0
<i>Mucuna pruriens</i> Velvetbean; Cowage	1	11.4
<i>Muntingia calabura</i> Cereso; Jamaica cherry; Yumansa	1	
<i>Murraya</i> sp None	1	3.2
<i>Murraya koenigii</i> Curry Leaf; Indian Curry Tree; Curry Leaf Tree	1	
<i>Musa x paradisiaca</i> Banana; Plantain	1	8.6
<i>Myrciaria dubia</i> Camu-camu Negro (Peru); Guapuro Blanco (Bol.); Camu-camu (Eng.,Peru,Scn.,Sp.); Camo Camo (Peru); Rumberry (Eng.); Araza de Agua (Sp.)	1	
<i>Myrciaria cauliflora</i> Jaboticaba	1	
<i>Myrica cerifera</i> Candle-Berry; Bayberry; Southern Bayberry; Wax Myrtle	1	
<i>Myristica fragrans</i> Mace; nogal moscado (Sp.); Nutmeg; Muskatnussbaum (Ger.); nuez moscada (Sp.)	1	14.0
<i>Nasturtium officinale</i> Berro; Watercress	1	36.0
<i>Nelumbo nucifera</i> Water Lotus	1	43.0
<i>Ocimum basilicum</i> Sweet Basil; Basil; Cuban Basil	1	7.0
<i>Opuntia ficus-indica</i> Prickly Pear; Indian Fig; Nopalito; Nopal	1	2.8000000000000003
<i>Origanum vulgare</i> Common Turkish Oregano; Wild Marjoram; Oregano; European Oregano; Wild Oregano; Pot Marjoram	1	8.0
<i>Origanum majorana</i> Sweet Marjoram; Marjoram	1	6.0
<i>Oryza sativa</i> Rice	1	7.8

Plant	# Chemicals	Total PPM
<i>Oxalis tuberosa</i> Quiba; Papa Roja; Oca	1	6.2
<i>Pachira macrocarpa</i> Large-Fruited Provision Tree	1	0.6
<i>Pachyrhizus erosus</i> Yambean	1	7.4
<i>Panax ginseng</i> Korean Ginseng; Oriental Ginseng; Ginseng; Chinese Ginseng	1	3.4
<i>Papaver somniferum</i> Poppyseed Poppy; Opium Poppy	1	19.8
<i>Passiflora quadrangularis</i> Granadilla	1	
<i>Passiflora ligularis</i> Granadilla; Sweet Granadilla	1	
<i>Passiflora foetida</i> Granadilla Cimarrona; Stinking Granadilla	1	
<i>Passiflora edulis</i> Passionfruit; Maracuya	1	
<i>Pastinaca sativa</i> Parsnip	1	22.8
<i>Peperomia pereskiaifolia</i> Perejil	1	
<i>Peperomia pelucida</i> Yerba de la plata; Pepper elder	1	
<i>Pereskia aculeata</i> Barbados Gooseberry; Grosela Americana	1	
<i>Perilla frutescens</i> Perilla	1	24.0
<i>Persea schiedeana</i> Palta De Monte; Wild Pear; Wild Avocado	1	
<i>Persea americana</i> Avocado	1	8.4
<i>Petasites japonicus</i> Butterbur	1	7.2
<i>Petroselinum crispum</i> Parsley	1	14.0
<i>Phaseolus vulgaris</i> French Bean; Haricot Vert; Haricot Bean; String Bean; Green Bean; Field Bean; Kidney Bean; Garden Bean; Snap Bean; Dwarf Bean; Black Bean; Popping Bean; Pop Bean; Wax Bean; Haricot; Flageolet Bean; Navy Bean	1	144.8
<i>Phaseolus lunatus</i> Butter Bean; Lima Bean	1	24.200000000000003
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	17.8
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	1	3.4
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	3.8
<i>Phyllanthus acidus</i> Otaheite Gooseberry; Indian Gooseberry	1	12.0
<i>Physalis peruviana</i> Cape Gooseberry; Ground Cherry	1	9.4
<i>Physalis ixocarpa</i> Tomatillo	1	12.0
<i>Phytolacca americana</i> Pokeweed	1	20.0
<i>Picrasma excelsa</i> Bitterwood; Jamaican Quassia	1	
<i>Pimenta dioica</i> Pimento; Jamaica-Pepper; Pimenta; Allspice; Clover-Pepper	1	2.2
<i>Pinus pinea</i> Pignolia; Italian Stone Pine	1	
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pinus cembroides</i> Mexican Pinyon	1	
<i>Piper nigrum</i> Black Pepper; Pepper; White Pepper	1	3.2439999999999998
<i>Piper betel</i> Betel Pepper	1	9.6
<i>Piper auritum</i> Cordoncillo; Hoja Santa; Hierba Santa	1	13.4
<i>Pisum sativum</i> Pea	1	57.8
<i>Plantago psyllium</i> Psyllium	1	
<i>Platonia insignis</i> Bakuri; Pacouri	1	
<i>Platycodon grandiflorum</i> Balloon Flower; Chieh-Keng; Jie-Geng	1	2.6
<i>Plectranthus amboinicus</i> Indian Borage; French Thyme; Country Borage; Spanish Thyme; Mexican Mint; Cuban Oregano; Soup Mint; Amboini Coleus	1	

Plant	# Chemicals	Total PPM
<i>Polygonum multiflorum</i> Chinese Cornbind; Fo Ti; Fleeceflower; He Shou Wu; Chinese Knotweed	1	0.2
<i>Polymnia edulis</i> Andean Jicama	1	2.2
<i>Portulaca oleracea</i> Purslane; Verdolaga	1	20.0
<i>Pourouma cecropiaefolia</i> Uvilla; Tree Grape	1	
<i>Pouteria viridis</i> Green Sapote; Sapote Verde	1	
<i>Pouteria campechiana</i> Canistel	1	
<i>Pouteria caimito</i> Abiu; Caimito	1	
<i>Prunus salicifolia</i> Capulin; Wild Cherry	1	
<i>Prunus persica</i> Peach	1	4.0
<i>Prunus dulcis</i> Almond	1	5.2
<i>Prunus domestica</i> Plum	1	5.8
<i>Prunus cerasus</i> Sour Cherry	1	10.0
<i>Prunus armeniaca</i> Apricot	1	8.0
<i>Psidium guajava</i> Guava	1	8.0
<i>Psidium cattleianum</i> Strawberry Guava	1	3.8
<i>Psophocarpus tetragonolobus</i> Goa Bean; Winged Bean; Asparagus Pea	1	22.4
<i>Punica granatum</i> Granatapfelbaum (Ger.); Granatapfelstrauch (Ger.); Mangrano (Sp.); Granado (Sp.); Zakuro (Jap.); Pomegranate; Grenadier (Fr.); Romanzeiro (Port.)	1	8.0
<i>Pyrus communis</i> Pear	1	2.4
<i>Quararibea cordata</i> Chupa-Chupa; Sapote	1	
<i>Quercus alba</i> White Oak	1	
<i>Raphanus sativus</i> Radish	1	49.2
<i>Rheum rhabarbarum</i> Rhubarb	1	19.6
<i>Rhizophora mangle</i> Red Mangrove	1	
<i>Rhodymenia palmata</i> Dulse	1	3.2
<i>Ribes uva-crispa</i> Gooseberry	1	6.0
<i>Ribes rubrum</i> Red Currant; White Currant	1	4.0
<i>Ribes nigrum</i> Black Currant	1	6.0
<i>Rollinia mucosa</i> Lancewood; Biriba	1	
<i>Rosa canina</i> Rose; Dog Rose; Dogbrier	1	7.6
<i>Rosmarinus officinalis</i> Rosemary	1	12.0
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	6.8
<i>Rumex crispus</i> Sour Dock; Lengua De Vaca; Curly Dock; Yellow Dock	1	32.4
<i>Rumex acetosa</i> Garden Sorrel	1	18.0
<i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom	1	16.6
<i>Salix alba</i> White Willow	1	
<i>Salvia officinalis</i> Sage	1	16.0
<i>Sambucus nigra</i> European Elderberry; European Elder; Black Elder; European Alder; Elder	1	2.0
<i>Sambucus canadensis</i> Elderberry; Sweet Elder; American Elder; American Elderberry	1	6.0
<i>Satureja hortensis</i> Summer Savory	1	8.0
<i>Schisandra chinensis</i> Wu Wei Zi; Wu Wei Zu; Chinese Magnolia Vine; Schizandra; Five-Flavor-Fruit; Magnolia Vine	1	
<i>Sclerocarya caffra</i> Marula	1	8.0



Plant	# Chemicals	Total PPM
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Scullcap	1	5.6
<i>Secale cereale</i> Rye	1	
<i>Sechium edule</i> Chayote	1	8.0
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	1	
<i>Sesamum indicum</i> Sesamo (Sp.); Benneseed; Beni; Ajonjoli (Sp.); Sesame	1	20.0
<i>Sicana odorifera</i> Cassabanana	1	
<i>Sida rhombifolia</i> Teaplant; Broomweed	1	22.0
<i>Sinapis alba</i> White Mustard	1	12.0
<i>Solanum tuberosum</i> Potato	1	10.0
<i>Solanum torvum</i> Wild Eggplant; Susumba	1	16.0
<i>Solanum sessiliflorum</i> Cocona	1	
<i>Solanum quitoensis</i> Naranjillo	1	
<i>Solanum nigrum</i> Black Nightshade	1	24.0
<i>Solanum melongena</i> Eggplant; Aubergine	1	20.0
<i>Sonchus oleraceus</i> Cerraja; Sow Thistle	1	38.0
<i>Sphenostylis stenocarpa</i> Yam Pea; African Yam Bean	1	15.2
<i>Spinacia oleracea</i> Spinach	1	20.4
<i>Spirulina pratensis</i> Spirulina	1	102.0
<i>Spondias purpurea</i> Purple Plum; Purple Jobo	1	7.4
<i>Spondias pinnata</i> Yellow Mombin; Yellow Plum	1	4.2
<i>Spondias mombin</i> Yellow Mombin; Yellow Plum	1	9.0
<i>Spondias dulcis</i> Ambarella	1	8.0
<i>Stellaria media</i> Chickweed; Common Chickweed	1	4.2
<i>Stevia rebaudiana</i> Ca-A-E; Sweet Leaf of Paraguay; Stevia	1	
<i>Symphytum officinale</i> Comfrey	1	2.4
<i>Syzygium malaccense</i> Mammey Pomorrosa; Ohia; Malay Apple	1	
<i>Syzygium jambos</i> Rose Apple; Pomarrosa	1	
<i>Syzygium cumini</i> Jambolan; Aceituna Dulce; Java Plum	1	
<i>Syzygium aromaticum</i> Clove; Clovetree	1	2.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	
<i>Tamarindus indica</i> Tamarind; Kilytree; Indian Tamarind	1	34.0
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	1	30.0
<i>Terminalia catappa</i> Indian Almond; Malabar Almond; Tropical Almond	1	14.0
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	13.4
<i>Theobroma speciosum</i> Macambo	1	
<i>Theobroma cacao</i> Cacao	1	6.0
<i>Theobroma bicolor</i> Pataste; Nicaraguan Cacao	1	
<i>Thymus vulgaris</i> Common Thyme; Garden Thyme; Thyme	1	12.0
<i>Trachyspermum ammi</i> Ajwan	1	4.6
<i>Tragopogon porrifolius</i> Salsify	1	6.0
<i>Trichosanthes anguina</i> Snakegourd	1	14.8

Plant	# Chemicals	Total PPM
<i>Trifolium pratense</i> Peavine Clover; Red Clover; Cowgrass; Purple Clover	1	8.4
<i>Trigonella foenum-graecum</i> Greek Hay; Greek Clover; Bockshornklee (Ger.); Fenugreek; Alholva (Sp.)	1	28.0
<i>Triticum aestivum</i> Wheat	1	32.0
<i>Tropaeolum tuberosum</i> Anu; Mashua	1	18.6
<i>Tropaeolum majus</i> Nasturtium	1	13.0
<i>Turnera diffusa</i> Damiana	1	3.6
<i>Ullucus tuberosus</i> Ulluco; Melloco	1	8.6
<i>Ulmus rubra</i> Slippery Elm; Red Elm	1	10.0
<i>Urtica dioica</i> Stinging Nettle; European Nettle	1	10.8
<i>Vaccinium myrtillus</i> Whortleberry; Bilberry; Dwarf Bilberry	1	16.0
<i>Vaccinium macrocarpon</i> American Cranberry; Cranberry; Large Cranberry	1	5.0
<i>Vaccinium corymbosum</i> Blueberry	1	6.2
<i>Valeriana officinalis</i> Valerian; Garden-Heliotrope; Common Valerian	1	3.2
<i>Verbascum thapsus</i> Flannelplant; Flannelleaf; Mullein; Velvetplant; Great Mullein	1	
<i>Vicia faba</i> Habas; Broadbean; Faba Bean	1	28.8
<i>Vigna unguiculata</i> Pea Bean; Yardlong Bean; Asparagus Bean	1	110.0
<i>Vigna subterranea</i> Bambarra Groundnut; Groundbean	1	10.4
<i>Vigna radiata</i> Green Gram; Mungbean	1	36.0
<i>Vigna mungo</i> Black Gram	1	13.0
<i>Vigna angularis</i> Adzuki Bean	1	13.2
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	12.4
<i>Vitellaria paradoxa</i> Shea; Sheatree; Shea Nut; Shea-Butter-Tree; Butterseed	1	
<i>Vitis vinifera</i> Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.); European Grape; Parra (Sp.); Vid (Sp.); Grapevine; Wine Grape	1	31.8
<i>Xanthosoma sagittifolium</i> Tannia; Yautia; Malanga	1	7.6
<i>Yucca baccata</i> Blue Yucca; Banana Yucca; Spanish Bayonet; Yucca	1	4.8
<i>Zea mays</i> Corn	1	20.2
<i>Zingiber officinale</i> Ginger	1	6.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	1	0.8
<i>Zizyphus jujuba</i> Jujube; Da-Zao; Ta-Tsao	1	2.6