

A Antiglycosation

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Actinidia chinensis</i> Kiwi	1	
<i>Anacardium occidentale</i> Cashew	1	
<i>Asparagus officinalis</i> Asparagus	1	512.0
<i>Bertholletia excelsa</i> Brazilnut; Paranut; Creamnut; Brazilnut-Tree	1	
<i>Capsicum frutescens</i> Chili; Spur Pepper; Tabasco; Red Chili; Cayenne; Hot Pepper	1	48.0
<i>Capsicum annuum</i> Green Pepper; Sweet Pepper; Paprika; Cherry Pepper; Bell Pepper; Cone Pepper	1	48.0
<i>Ceratonia siliqua</i> Carob; St.John's-Bread; Locust Bean	1	
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	1	
<i>Fagopyrum esculentum</i> Buckwheat	1	84.0
<i>Ficus carica</i> Fig; Fico (Ital.); Figuier Commun (Fr.); Feigenbaum (Ger.); Higo (Sp.); Figueira (Port.); Echte Feige (Ger.); Higuera Comun (Sp.)	1	
<i>Foeniculum vulgare</i> Fennel	1	
<i>Frangula alnus</i> Buckthorn	1	400.0
<i>Helianthus annuus</i> Sunflower; Girasol	1	68000.0
<i>Hibiscus sabdariffa</i> Rosa de Jamaica (Sp.); Jamaica Sorrel; Kharkadi; Sorrel; Red Sorrel; Acedera de Guinea (Sp.); Sereni (Sp.); Roselle; Indian Sorrel; Rosella (Ger.); Malventee (Ger.)	1	
<i>Ipomoea batatas</i> Sweet Potato	1	242.0
<i>Ipomoea aquatica</i> Swamp Cabbage; Water Spinach	1	2360.0
<i>Lactuca virosa</i> Bitter Lettuce	1	
<i>Lens culinaris</i> Lentil	1	40.0
<i>Linum usitatissimum</i> Flax; Linseed	1	94.0
<i>Moringa oleifera</i> Drumstick Tree; West Indian Ben; Jacinto (Sp.); Moringa; Ben Nut; Benzolive Tree; Horseradish Tree	1	
<i>Musa x paradisiaca</i> Banana; Plantain	1	22.0
<i>Nicotiana tabacum</i> Tobacco	1	
<i>Opuntia ficus-indica</i> Nopalito; Nopal; Indian Fig; Prickly Pear	1	5.0
<i>Panicum maximum</i> Guinea grass	1	
<i>Pisum sativum</i> Pea	1	44.0
<i>Portulaca oleracea</i> Purslane; Verdolaga	1	4618.0
<i>Ribes uva-crispa</i> Gooseberry	1	112.0
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	
<i>Sophora pachycarpa</i> Siberian Pachycarpa	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Tilia</i> sp. Basswood; Lime; Linden	1	
<i>Triticum aestivum</i> Wheat	1	3794.0
<i>Viola tricolor</i> Wild Violet; Pansy	1	604.0