

A Alpha-Glucosidase-Inhibitor

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Acacia nilotica Babul	1	
Acacia decurrens Green Wattle	1	
Achillea millefolium Milfoil; Yarrow	1	
Agrimonia eupatoria Agrimony; Sticklewort	1	
Allium cepa Onion; Shallot	1	35080.0
Althaea officinalis Marshmallow; White Mallow	1	
Anemarrhena asphodeloides Zhi-Mu; Chih-Mu	1	
Apium graveolens Celery	1	
Arachis hypogaea Groundnut; Peanut	1	8.0
Arctostaphylos uva-ursi Uva Ursi; Bearberry	1	
Artemisia dracuncululus Tarragon	1	20.0
Artemisia absinthium Wormwood	1	
Aspalathus linearis Kaffree Tea; Rooibos; Red Bush Tea	1	
Brassica oleracea var. capitata I. Cabbage; Red Cabbage; White Cabbage	1	
Brassica nigra Black Mustard	1	
Capsella bursa-pastoris Shepherd's Purse	1	
Catalpa bignonioides Indian bean	1	
Catharanthus roseus Madagascar Periwinkle; Rosy Periwinkle	1	
Centaurea cyanus Bachelor's Button; Cornflower	1	
Centaurium erythraea Centaury	1	
Cinchona pubescens Red Cinchona; Red Peruvian-Bark; Quinine; Redbark	1	
Coriandrum sativum Coriander; Chinese Parsley; Cilantro	1	1878.0
Corylus americana American Hazel; American Filbert	1	
Curcuma longa Turmeric; Indian Saffron	1	
Cyamopsis tetragonoloba Cluster-Bean; Guar; Siam-Bean	1	
Dryopteris filix-mas Male Fern	1	
Eleutherococcus senticosus Wu jia; Spiny Ginseng; Eleuthero Ginseng; Siberian Ginseng; Ci wu jia (Pinyin)	1	
Equisetum arvense Horsetail; Field Horsetail	1	
Eucalyptus grandis Rose Gum; Flooded Gum; Gum	1	
Eucalyptus globulus Tasmanian Bluegum; Blue Gum; Eucalypt	1	
Eucommia ulmoides Du Zhong; Gutta-Percha Tree; Tu Chung	1	
Fagopyrum esculentum Buckwheat	1	
Fallopia japonica Mexican Bamboo; Hu-Zhang; Japanese Knotweed; Giant Knotweed	1	
Foeniculum vulgare Fennel	1	
Fragaria spp Strawberry	1	
Gentiana lutea Yellow Gentian; Gentian	1	
Geranium thunbergii Gennoshiouko; Oriental Geranium	1	
Ginkgo biloba Ginkgo; Maidenhair Tree	1	
Glycine max Soybean	1	1.0

Plant	# Chemicals	Total PPM
<i>Hibiscus sabdariffa</i> Rosa de Jamaica (Sp.); Rosella (Ger.); Jamaica Sorrel; Roselle; Sorrel; Malventee (Ger.); Kharkadi; Indian Sorrel; Red Sorrel; Sereni (Sp.); Acedera de Guinea (Sp.)	1	
<i>Juglans nigra</i> Black Walnut	1	
<i>Juniperus communis</i> Juniper; Common Juniper	1	
<i>Krameria triandra</i> Rhatany	1	
<i>Malus domestica</i> Apple	1	
<i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot	1	
<i>Melilotus officinalis</i> Yellow Sweetclover	1	
<i>Melissa officinalis</i> Balm; Melissa; Bee Balm; Lemonbalm	1	
<i>Menyanthes trifoliata</i> Buckbean; Bogbean; Bog Myrtle; Water Trefoil; Marsh Trefoil; Marsh Clover	1	
<i>Oenothera biennis</i> Evening-Primrose	1	
<i>Olea europaea</i> Olive	1	
<i>Ononis spinosa</i> Restharrow; Hauhechel (Ger.); Spiny Restharrow	1	
<i>Origanum vulgare</i> Common Turkish Oregano; Wild Marjoram; Oregano; European Oregano; Wild Oregano; Pot Marjoram	1	264.0
<i>Perilla frutescens</i> Perilla	1	
<i>Petasites hybridus</i> European Butterbur	1	
<i>Petroselinum crispum</i> Parsley	1	
<i>Picrorhiza kurrooa</i> Picrorhiza	1	
<i>Pinus sylvestris</i> Scotch Pine	1	
<i>Polygonum hydropiperoides</i> Mild Water Pepper	1	
<i>Pteridium aquilinum</i> Bracken Fern; Bracken	1	
<i>Pterocarpus marsupium</i> Malabar Kino; Indian Kino; bijasal	1	
<i>Pueraria pseudohirsuta</i> Chinese Kudzu	1	
<i>Pueraria montana</i> Kudzu; Kudzu	1	
<i>Punica granatum</i> Granado (Sp.); Zakuro (Jap.); Granatapfelbaum (Ger.); Pomegranate; Granatapfelstrauch (Ger.); Grenadier (Fr.); Mangrano (Sp.); Romanzeiro (Port.)	1	
<i>Rheum rhabarbarum</i> Rhubarb	1	
<i>Rhynchosia minima</i> Burn Mouth Vine	1	
<i>Ribes nigrum</i> Black Currant	1	
<i>Rosa canina</i> Dogbrier; Rose; Dog Rose	1	
<i>Rubus spectabilis</i> Salmonberry	1	
<i>Rubus parviflorus</i> Salmonberry; Thimbleberry	1	
<i>Rubus idaeus</i> Raspberry; Red Raspberry	1	
<i>Schinus molle</i> California Peppertree; Peruvian Peppertree; Mastic-Tree	1	
<i>Schisandra chinensis</i> Five-Flavor-Fruit; Chinese Magnolia Vine; Schizandra; Wu Wei Zu; Wu Wei Zi; Magnolia Vine	1	
<i>Sesamum indicum</i> Ajonjoli (Sp.); Benneseed; Sesame; Beni; Sesamo (Sp.)	1	
<i>Solanum tuberosum</i> Potato	1	
<i>Solidago gigantea</i> Early Goldenrod	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Spinacia oleracea</i> Spinach	1	
<i>Taraxacum officinale</i> Dandelion	1	
<i>Taxus baccata</i> Common Yew	1	
<i>Theobroma cacao</i> Cacao	1	

Plant	# Chemicals	Total PPM
<i>Triticum aestivum</i> Wheat	1	12.0
<i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry	1	
<i>Vanilla planifolia</i> Vanilla; Bourbon Vanilla	1	
<i>Vinca minor</i> Periwinkle; Running-Myrtle	1	
<i>Vitis vinifera</i> Vid (Sp.); Grape; Parra (Sp.); Wine Grape; Grapevine; European Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.)	1	
<i>Zea mays</i> Corn	1	