

A Antifibromyalgic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus manihot</i> Manioc Hibiscus	1	9724.0
<i>Abelmoschus esculentus</i> Okra	1	12000.0
<i>Acacia senegal</i> Gum Arabic Tree; Gum Arabic; Sudan Gum Arabic; Kher; Senegal Gum	1	
<i>Acacia nilotica</i> Babul	2	
<i>Acacia catechu</i> Catechu; Black Cutch	1	
<i>Acanthopanax gracilistylis</i> Wu Chia Pi	1	5680.0
<i>Achillea millefolium</i> Yarrow; Milfoil	1	3840.0
<i>Achyranthes bidentata</i> Chaff Flower	1	11460.0
<i>Aconitum napellus</i> Garden Monkshood; Queen's Fettle; European Aconite; Bear's-Foot; Blue Rocket; Friar's Cap; Garden Wolfsbane; Helmet Flower; Turk's Cap; Soldier's Cap; Monkshood; Aconite	1	
<i>Aconitum carmichaelii</i> Aconite; Fu-Tsu	1	980.0
<i>Acorus calamus</i> Myrtle Flag; Sweetroot; Sweet Calamus; Flagroot; Sweetflag; Calamus	1	2200.0
<i>Actaea racemosa</i> Black Cohosh; Black Snakeroot	1	
<i>Actaea dahurica</i> Xing an sheng ma; Sheng ma	1	
<i>Actinidia chinensis</i> Kiwi	1	3540.0
<i>Aframomum melegueta</i> Melegueta Pepper; Malagettapfeffer (Ger.); Guinea Grains; Malagueta (Sp.); Alligator Pepper; Grains-of-Paradise	1	
<i>Agathosma betulina</i> Buchu; Honey Buchu; Mountain Buchu	1	4420.0
<i>Akebia quinata</i> Chocolate Vine	1	1680.0
<i>Albizia julibrissin</i> Mimosa	1	2180.0
<i>Alisma plantago-aquatica</i> Mud Plantain; Water Plantain; Tse-Hsieh; Ze-Xie	1	3480.0
<i>Allium schoenoprasum</i> Chives	2	13750.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	2420.0
<i>Allium cepa</i> Shallot; Onion	2	2460.0
<i>Alocasia macrorrhiza</i> Giant Taro	2	3500.0
<i>Aloe vera</i> Bitter Aloes; Aloe	1	1860.0
<i>Aloe</i> spp. Aloe	1	
<i>Althaea officinalis</i> Marshmallow; White Mallow	1	10360.0
<i>Amaranthus</i> sp. Pigweed	1	13232.0
<i>Amomum xanthioides</i> Malabar Cardamom; Bastard Cardamom; Chin Kousha; Tavoy Cardamom	1	7080.0
<i>Amorphophallus konjac</i> Devil's Tongue; Elephant Yam; Snake Palm; Umbrella Arum; Konjac; Leopard Palm	1	
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	1	6240.0
<i>Amphicarpaea bracteata</i> Hog Peanut	1	
<i>Anacardium occidentale</i> Cashew	1	4536.0
<i>Ananas comosus</i> Pineapple	2	11550.0
<i>Anemarrhena asphodeloides</i> Chih-Mu; Zhi-Mu	1	2400.0
<i>Anethum graveolens</i> Dill; Garden Dill	1	18726.0
<i>Angelica sinensis</i> Dang Gui; Dang Qui; Dong Gui; Chinese Angelica; Dong Quai; Dang Quai	1	5300.0
<i>Angelica laxiflora</i> Tu Huo	1	3900.0
<i>Angelica dahurica</i> Bai Zhi	1	7.34

Plant	# Chemicals	Total PPM
<i>Angelica archangelica</i> Angelica; Wild Parsnip; Garden Angelica	1	
<i>Annona squamosa</i> Sugar-Apple; Sweetsop	2	1570.0
<i>Annona reticulata</i> Custard Apple	1	1260.0
<i>Annona muricata</i> Soursop	2	4800.0
<i>Annona cherimola</i> Cherimoya	1	4090.0
<i>Anthriscus cerefolium</i> Chervil	1	2800.0
<i>Apium graveolens</i> Celery	2	18376.0
<i>Arachis hypogaea</i> Peanut; Groundnut	1	21620.0
<i>Arctium lappa</i> Burdock; Gobo; Great Burdock	1	10740.0
<i>Arctostaphylos uva-ursi</i> Bearberry; Uva Ursi	2	2420.0
<i>Areca catechu</i> Betel Nut; Pin-Lang	1	1000.0
<i>Arisaema consanguineum</i> Chinese Jack-In-The-Pulpit	1	200.0
<i>Aristolochia debilis</i> Chinese Birthwort	1	3760.0
<i>Armoracia rusticana</i> Horseradish	1	10710.0
<i>Arnica montana</i> Leopard's-Bane; Mountain Tobacco	1	
<i>Artemisia vulgaris</i> Mugwort	1	5400.0
<i>Artemisia herba-alba</i> Desert Wormwood	1	4120.0
<i>Artemisia dracuncululus</i> Tarragon	1	6940.0
<i>Artemisia capillaris</i> Capillary Wormwood	1	2000.0
<i>Artocarpus heterophyllus</i> Jackfruit	1	2760.0
<i>Artocarpus altilis</i> Breadfruit	1	1950.0
<i>Asiasarum sieboldii</i> Siebold's Wild Ginger	1	5200.0
<i>Asiasarum heterotropoides</i> Asian Wild Ginger	1	5200.0
<i>Asimina triloba</i> Pawpaw	1	10256.0
<i>Aspalathus linearis</i> Kaffree Tea; Red Bush Tea; Rooibos	1	
<i>Asparagus officinalis</i> Asparagus	1	14000.0
<i>Asparagus lucidus</i> Lucid Asparagus	1	860.0
<i>Astragalus membranaceus</i> Huang Qi; Huang-Chi	1	6860.0
<i>Atractylodes ovata</i> Bai-Zhu; Pai-Chu	1	1920.0
<i>Atractylodes lancea</i> Cang Zhu	1	1580.0
<i>Avena sativa</i> Oats	2	32600.0
<i>Averrhoa carambola</i> Carambola; Star Fruit	2	
<i>Azadirachta indica</i> Neem	1	22200.0
<i>Barosma betulina</i> Buchu	1	4420.0
<i>Belamcanda chinensis</i> Leopardenblume (Ger.); Mariposa (Sp.); Maravilla (Sp.); Iris Tigre (Fr.); Leopard Lily; Shenan; Blackberry Lily	1	1940.0
<i>Benincasa hispida</i> Waxgourd	1	9740.0
<i>Berberis vulgaris</i> Barberry	2	2860.0
<i>Bertholletia excelsa</i> Creamnut; Brazilnut; Brazilnut-Tree; Paranut	1	6740.0
<i>Beta vulgaris</i> Sugar Beet; Garden Beet; Beetroot; Beet	1	8400.0
<i>Blechnum orientale</i> Shield Fern; Kuan Chung	1	5160.0
<i>Bletilla striata</i> Hyacinth Orchid; Shiran (Jap.); Hyacinth Bletilla; Bletilla; Dai Chi (Chin.); Chinese Ground Orchid; Hardy Orchid	1	3780.0
<i>Borago officinalis</i> Beeplant; Borage; Talewort; Beebread	2	14872.0

Plant	# Chemicals	Total PPM
<i>Brassica rapa</i> Celery Cabbage; Celery Mustard; Pak-Choi; Chinese Cabbage; Bok-Choy; Chinese White Cabbage; Chinese Mustard	1	4000.0
<i>Brassica pekinensis</i> Chinese Cabbage	1	6300.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Cow Cabbage; Tall Kale; Spring-Heading Cabbage; Tree Kale; Collards	1	5572.0
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Curly Kale; Kale; Kitchen Kale; Scotch Kale	2	4380.0
<i>Brassica oleracea</i> var. <i>italica</i> Calabrese; Broccoli; Asparagus Broccoli; Sprouting Broccoli; Heading Broccoli; Purple Cauliflower; Cape Broccoli; Winter Broccoli	2	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	2	3284.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; Cabbage; White Cabbage	2	4456.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	2	10644.0
<i>Brassica oleracea</i> Kohlrabi	2	4220.0
<i>Brassica nigra</i> Black Mustard	1	4942.0
<i>Brassica napus</i> var. <i>napobrassica</i> Rutabaga; Swede; Swedish Turnip	1	5220.0
<i>Brassica juncea</i> Mustard Greens	1	7674.0
<i>Brassica chinensis</i> Pak-Choi; Chinese White Cabbage; Chinese Mustard; Bok-Choy; Celery Cabbage; Celery Mustard; Chinese Cabbage	1	11688.0
<i>Broussonetia papyrifera</i> Paper Mulberry	1	8060.0
<i>Bupleurum chinense</i> Chai-Hu	1	8390.0
<i>Calendula officinalis</i> Calendula; Pot-Marigold	1	12800.0
<i>Camellia sinensis</i> Tea	2	4400.0
<i>Canavalia ensiformis</i> Jack Bean	1	4380.0
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	
<i>Capsicum frutescens</i> Chili; Spur Pepper; Red Chili; Cayenne; Hot Pepper; Tabasco	1	4406.0
<i>Capsicum annuum</i> Cherry Pepper; Sweet Pepper; Paprika; Cone Pepper; Green Pepper; Bell Pepper	1	4680.0
<i>Carica papaya</i> Papaya	2	10673.0
<i>Carthamus tinctorius</i> Safflower	1	4120.0
<i>Carum carvi</i> Kummel (Ger.); Comino de prado (Sp.); Comino (Sp.); Caraway; Carum	1	5726.0
<i>Carya ovata</i> Shagbark Hickory	1	45000.0
<i>Carya illinoensis</i> Pecan	1	1960.0
<i>Carya glabra</i> Pignut Hickory	1	48400.0
<i>Cassia tora</i> Sickle Senna	1	6360.0
<i>Castanea sativa</i> European Chestnut	1	1408.0
<i>Castanea mollissima</i> Chinese Chestnut	1	3062.0
<i>Castanea dentata</i> American Chestnut	1	2812.0
<i>Catalpa ovata</i> Kisasage; Hsin-Pa-Pi	1	3920.0
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	2600.0
<i>Celosia cristata</i> Cockscomb	1	12160.0
<i>Centella asiatica</i> Pennywort; Gotu Kola	1	6400.0
<i>Cephaelis ipecacuanha</i> Raicilla; Ipecac	1	
<i>Chaenomeles lagenaria</i> Mu-Kua; Chinese Quince	2	1980.0
<i>Chamaemelum nobile</i> Garden Camomile; Perennial Camomile; Roman Camomile	1	5840.0
<i>Chamissoa altissima</i> Guanique	1	
<i>Chelidonium majus</i> Celandine	1	
<i>Chenopodium ambrosioides</i> Wormseed; Epazote	1	

Plant	# Chemicals	Total PPM
<i>Chenopodium album</i> Lambsquarter	1	5840.0
<i>Chondrus crispus</i> Irish Moss	1	39200.0
<i>Chrysanthemum parthenium</i> Feverfew	1	4800.0
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	1	4570.0
<i>Cicer arietinum</i> Garbanzo; Chickpea	1	2696.0
<i>Cichorium intybus</i> Chicory; Succory; Witloof	2	7504.0
<i>Cichorium endivia</i> Escarole; Endive	1	4800.0
<i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot	1	3480.0
<i>Cimicifuga dahurica</i> Sheng Ma	1	2900.0
<i>Cinnamomum aromaticum</i> China Junk Cassia; Chinazimt (Ger.); Cannelier de Chine (Fr.); Canelero chino (Sp.); Cannelier Casse (Fr.); Cassia; Cassia Bark; Zimtcassie (Ger.); Canelle de Cochinchine (Fr.); Saigon Cinnamon; Kashia-Keihi (Jap.); Canela de la China (Sp.); Chinese Cinnamon; Chinese Cassia; Chinesischer Zimtbaum (Ger.); Cassia Lignea	1	3360.0
<i>Cistanche salsa</i> Broomrape; Jou Tsung Jung; Cistanchis Herba	1	1620.0
<i>Citrullus lanatus</i> Watermelon	1	3000.0
<i>Citrus sinensis</i> Orange	2	6150.0
<i>Citrus reticulata</i> Mandarin; Tangerine	2	7032.0
<i>Citrus paradisi</i> Grapefruit	2	5860.0
<i>Citrus mitis</i> Calamansi; Calamondin	1	
<i>Citrus medica</i> Citron	1	1900.0
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	2	3460.0
<i>Citrus aurantiifolia</i> Lime	1	4000.0
<i>Cnicus benedictus</i> Blessed Thistle	1	3540.0
<i>Cnidium officinale</i> Jih-Chiung	1	1700.0
<i>Cocos nucifera</i> Cocotero (Sp.); Nariyal; Coconut Palm; Kokospalme (Ger.); Coconut; Copra	2	1540.0
<i>Coix lacryma-jobi</i> Adlay; Yi-Yi-Ren; Adlay Millet; Job'S-Tears	1	2980.0
<i>Colocasia esculenta</i> Taro	1	8980.0
<i>Commiphora wightii</i> Indian Bdellium-Tree; Guggul	1	
<i>Convallaria majalis</i> Lily-Of-The-Valley	1	
<i>Coptis</i> spp Generic Goldthread	1	4840.0
<i>Coptis japonica</i> Huang-Lia; Japanese Goldthread; Huang-Lien; Huang-Lian	1	4840.0
<i>Coptis chinensis</i> Chinese Goldthread; Huang-Lian; Huang-Lien	1	4840.0
<i>Corchorus olitorius</i> Nalta Jute; Jew's Mallow; Mulukiya	1	10400.0
<i>Coriandrum sativum</i> Chinese Parsley; Coriander; Cilantro	1	23008.0
<i>Cornus officinalis</i> Chinese Dogwood	2	1660.0
<i>Corylus avellana</i> English Filbert; European Filbert; Hazel; European Hazel; Cobnut	1	6312.0
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus laevigata</i> Whitethorn; Woodland Hawthorn; Hawthorn; English Hawthorn	1	1880.0
<i>Crataegus cuneata</i> Hawthorn	1	1520.0
<i>Cryptostegia grandifolia</i> Rubber Vine	1	
<i>Cucumis sativus</i> Cucumber	1	14000.0
<i>Cucumis melo</i> Muskmelon; Nutmeg Melon; Cantaloupe; Persian Melon; Netted Melon; Melon	1	6600.0
<i>Cucurbita</i> spp Summer Squash	1	7280.0
<i>Cucurbita pepo</i> Pumpkin	1	27006.0

Plant	# Chemicals	Total PPM
<i>Cucurbita maxima</i> Pumpkin	1	5504.0
<i>Curcuma longa</i> Indian Saffron; Turmeric	1	
<i>Cydonia oblonga</i> Quince	1	
<i>Cymbopogon citratus</i> Lemongrass; West Indian Lemongrass	1	6620.0
<i>Cynanchum atratum</i> Bai-Wei; Pai-Wei	1	4420.0
<i>Cynara cardunculus</i> Artichoke	1	8550.0
<i>Cyperus rotundus</i> Nutsedge	1	3000.0
<i>Cypripedium pubescens</i> Ladyslipper	1	2180.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	2430.0
<i>Daphne mezereum</i> Spurge Laurel; Spurge Olive	1	
<i>Datura stramonium</i> Jimsonweed	1	4240.0
<i>Daucus carota</i> Carrot	2	3960.0
<i>Dendrobium nobile</i> Noble Dendrobium	1	1040.0
<i>Dioscorea villosa</i> Wild Yam	1	
<i>Dioscorea</i> sp. Wild Yam	1	3260.0
<i>Dioscorea pentaphylla</i> Mountain Yam	1	1584.0
<i>Dioscorea bulbifera</i> Air Potato; Potato Yam	1	740.0
<i>Dioscorea alata</i> Winged Yam; Greater Yam	1	1654.0
<i>Diospyros virginiana</i> American Persimmon	1	20800.0
<i>Drynaria fortunei</i> Fortune's Fern	1	8280.0
<i>Echinacea</i> spp Coneflower; Echinacea	1	3720.0
<i>Echinacea purpurea</i> Eastern Purple-Coneflower; Echinacea; Purple-Coneflower	1	
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Eleutherococcus senticosus</i> Wu jia; Siberian Ginseng; Spiny Ginseng; Ci wu jia (Pinyin); Eleuthero Ginseng	1	
<i>Elytrigia repens</i> Wheatgrass; Doggrass; Twitchgrass; Couchgrass; Quackgrass	2	15140.0
<i>Ephedra</i> spp Ma-Huang	1	9560.0
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	4220.0
<i>Equisetum hyemale</i> Scouring Rush; Horsetail	1	2020.0
<i>Equisetum arvense</i> Horsetail; Field Horsetail	2	8740.0
<i>Eriobotrya japonica</i> Loquat	2	4960.0
<i>Eriocaulon</i> sp Oriental Pipewort	1	1340.0
<i>Eriodictyon californicum</i> California Yerba Santa; Yerba Santa; Consumptive's Weed; Gum Bush; Mountain Balm; Tarweed; Holy Herb; Bear's Weed; Hierba Santa	1	
<i>Erythroxylum novogranatense</i> Coca	1	27200.0
<i>Erythroxylum coca</i> Coca	1	11400.0
<i>Eucommia ulmoides</i> Tu Chung; Gutta-Percha Tree; Du Zhong	1	4160.0
<i>Euodia rutaecarpa</i> Wou Chou Yu	1	9900.0
<i>Euonymus atropurpureus</i> Wahoo; Burning Bush	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Eupatorium odoratum</i> Jack na bush	1	
<i>Euphorbia tirucalli</i> Aveloz	1	
<i>Euphrasia officinalis</i> Eyebright	1	8320.0
<i>Fagopyrum esculentum</i> Buckwheat	1	30200.0

Plant	# Chemicals	Total PPM
<i>Feijoa sellowiana</i> Guava Brasileira; Brazillian Guava	1	
<i>Ficus carica</i> Fig; Figuier Commun (Fr.); Fico (Ital.); Feigenbaum (Ger.); Echte Feige (Ger.); Higo (Sp.); Higuera Comun (Sp.); Figueira (Port.)	2	108944.0
<i>Firmiana simplex</i> Chinese Parasol	1	8960.0
<i>Foeniculum vulgare</i> Fennel	2	10024.0
<i>Forsythia suspensa</i> Lian-Jiao; Lien-Chiao	1	2320.0
<i>Fragaria spp</i> Strawberry	2	19090.0
<i>Frangula purshiana</i> Cascara Sagrada; Cascara Buckthorn	2	3180.0
<i>Fraxinus rhynchophylla</i> Chinese Ash	1	4140.0
<i>Fritillaria thunbergii</i> Fritillary; Bei-Mu	1	740.0
<i>Fucus vesiculosus</i> Kelp; Bladderwrack	1	17340.0
<i>Galium odoratum</i> Waldmeister; Woodruff	1	
<i>Gardenia jasminoides</i> Shan-Chih-Tzu; Shan-Zhi-Zi; Gardenia; Cape Jasmine; Jasmin; Zhi Zi	1	4340.0
<i>Gastrodia elata</i> Tian Ma	1	1180.0
<i>Genipa americana</i> Jagua; Genipap	2	21400.0
<i>Gentiana scabra</i> Japanese Gentian	1	2300.0
<i>Gentiana lutea</i> Gentian; Yellow Gentian	1	5480.0
<i>Geranium thunbergii</i> Oriental Geranium; Gennoshiouko	1	3320.0
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	2	1207.0
<i>Glehnia littoralis</i> Bei Sha Shen	1	3300.0
<i>Glycine max</i> Soybean	2	8320.0
<i>Glycyrrhiza uralensis</i> Chinese Licorice; Kan-Tsao; Gan-Cao	1	10140.0
<i>Glycyrrhiza glabra</i> Smooth Licorice; Licorice-Root; Licorice; Commom Licorice	2	19300.0
<i>Gymnema sylvestre</i> Miracle Fruit; Gymnema	1	
<i>Harpagophytum procumbens</i> Devil's Claw; Grapple Plant	1	10880.0
<i>Hedera helix</i> Ivy	1	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	3600.0
<i>Helianthus annuus</i> Sunflower; Girasol	2	10352.0
<i>Hibiscus sabdariffa</i> Jamaica Sorrel; Red Sorrel; Kharkadi; Indian Sorrel; Sereni (Sp.); Malventee (Ger.); Acedera de Guinea (Sp.); Sorrel; Roselle; Rosa de Jamaica (Sp.); Rosella (Ger.)	2	161307.0
<i>Hippophae rhamnoides</i> Yellow Spine; Sea Buckthorn; Sallow Thorn	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	1	12440.0
<i>Houttuynia cordata</i> Fishwort; Dokudami; Yu Xing Cao	1	6860.0
<i>Humulus lupulus</i> Hops	1	4760.0
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	3240.0
<i>Hydrastis canadensis</i> Goldenseal	1	5880.0
<i>Hyoscyamus niger</i> Henbane	1	10500.0
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	1	2660.0
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	1	7620.0
<i>Isatis tinctoria</i> Dyer's Woad	1	8820.0
<i>Juglans regia</i> English Walnut	2	3255.0

Plant	# Chemicals	Total PPM
<i>Juglans nigra</i> Black Walnut	1	4829.0
<i>Juglans cinerea</i> Butternut	1	5352.0
<i>Juncus effusus</i> Rush	1	1840.0
<i>Juniperus virginiana</i> Red Cedar	1	17600.0
<i>Juniperus communis</i> Common Juniper; Juniper	1	960.0
<i>Jussiaea repens</i> Jussiaeae Herba; Pond Dragon	1	7180.0
<i>Kalanchoe pinnata</i> Air Plant; Siempre Viva	1	
<i>Kalanchoe daegrिमontiana</i> Devil's-Backbone	1	
<i>Lablab purpureus</i> Bonavist Bean; Lablab Bean; Hyacinth Bean	1	11010.0
<i>Lactuca virosa</i> Bitter Lettuce	1	
<i>Lactuca scariola</i> Prickly Lettuce	1	
<i>Lactuca sativa</i> Lettuce	2	18600.0
<i>Lagenaria siceraria</i> White-Flowered Gourd; Calabash Gourd	1	4930.0
<i>Lantana camara</i> Wild Sage; Lantana	1	2920.0
<i>Larrea tridentata</i> Chaparral; Creosote Bush	1	3440.0
<i>Ledum palustre</i> Wild Rosemary; Marsh Tea	1	
<i>Lens culinaris</i> Lentil	1	5206.0
<i>Leonurus cardiaca</i> Motherwort	1	
<i>Lepidium meyenii</i> Peruvian Ginseng; Maca	1	
<i>Ligustrum lucidum</i> Chinese Privet; White Waxtree; Ligustri Fructus; Privet; Glossy Privet	1	2040.0
<i>Ligustrum japonicum</i> Japanese Privet; Ligustri Fructus	1	2040.0
<i>Linum usitatissimum</i> Linseed; Flax	2	20204.0
<i>Liquidambar styraciflua</i> Sweetgum; American Styrax	1	28280.0
<i>Lobelia inflata</i> Indian Tobacco; Lobelia	1	3240.0
<i>Lonicera japonica</i> Japanese Honeysuckle	1	5980.0
<i>Lophatherum gracile</i> Dan Zhu Ye	1	4980.0
<i>Luffa aegyptiaca</i> Luffa; Smooth Loofah; Vegetable Sponge	1	5600.0
<i>Lupinus albus</i> White Lupine	2	4400.0
<i>Lycium chinense</i> Kuko (Jap.); Lyciet de Chine (Fr.); Chinese Wolfberry; Spina Santa Cinese (Ital.); Chinese Matrimony Vine; Chinese Boxthorn; Kaukichai (Malays.); Chinesischer Bocksdorn (Ger.); Wolfberry; Daun Koki (Indones.); Gou Qi (Chin.)	1	7340.0
<i>Lycopersicon esculentum</i> Tomato	2	20600.0
<i>Lycopodium clavatum</i> Antler Herb; Clubmoss	1	4680.0
<i>Lygodium japonicum</i> Climbing Fern	1	4540.0
<i>Macadamia spp</i> Macadamia	1	2380.0
<i>Magnolia officinalis</i> Chinese Magnolia; Magnolia-Bark; Hou Pu	1	1380.0
<i>Magnolia kobus</i> Xin-Yi; Hsin-I	1	4240.0
<i>Magnolia fargesii</i> Hsin-I; Xin-Yi	1	4240.0
<i>Magnolia denudata</i> Xin-Yi; Hsin-I	1	4240.0
<i>Malpighia glabra</i> Acerola	1	4190.0
<i>Malus domestica</i> Apple	1	956.0
<i>Mangifera indica</i> Mango	2	74950.0
<i>Manihot esculenta</i> Cassava; Yuca; Tapioca	1	4200.0
<i>Matricaria recutita</i> Annual Camomile; German Camomile; Wild Camomile	1	

Plant	# Chemicals	Total PPM
<i>Medicago sativa</i> Lucerne; Alfalfa	2	6700.0
<i>Mentha x piperita</i> Peppermint	1	13220.0
<i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint	1	
<i>Mentha pulegium</i> European Pennyroyal	1	11000.0
<i>Mentha arvensis</i> var. <i>piperascens</i> Japanese Mint; Cornmint; Field Mint	1	5660.0
<i>Momordica charantia</i> Sorosi; Bitter Melon	1	7600.0
<i>Morinda</i> sp Morinda	1	2400.0
<i>Moringa oleifera</i> Drumstick Tree; Jacinto (Sp.); Ben Nut; Benzolive Tree; Horseradish Tree; West Indian Ben; Moringa	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	2	4900.0
<i>Murraya</i> sp None	1	2236.0
<i>Musa x paradisiaca</i> Banana; Plantain	2	10043.0
<i>Myrciaria dubia</i> Camo Camo (Peru); Camu-camu Negro (Peru); Guapuro Blanco (Bol.); Araza de Agua (Sp.); Camu-camu (Eng.,Peru,Scn.,Sp.); Rumberry (Eng.)	1	
<i>Myrica cerifera</i> Bayberry; Southern Bayberry; Wax Myrtle; Candle-Berry	1	980.0
<i>Myristica fragrans</i> nuez moscada (Sp.); Muskatnussbaum (Ger.); nogal moscado (Sp.); Nutmeg; Mace	1	7320.0
<i>Myrtus communis</i> Mirto (Sp.); Arrayan (Sp.); Myrtle; Myrte (Ger.)	1	
<i>Nardostachys chinensis</i> Chinese Spikenard	1	5180.0
<i>Nasturtium officinale</i> Watercress; Berro	1	8400.0
<i>Nelumbo nucifera</i> Water Lotus	1	7730.0
<i>Nepeta cataria</i> Catnip	1	4140.0
<i>Nicotiana tabacum</i> Tobacco	1	
<i>Notopterygium incisum</i> Qiang Huo	1	5960.0
<i>Nyssa sylvatica</i> Black Tupelo; Black Gum	1	27000.0
<i>Ocimum basilicum</i> Basil; Cuban Basil; Sweet Basil	1	8680.0
<i>Oenothera biennis</i> Evening-Primrose	1	18400.0
<i>Ophiopogon japonicus</i> Mai-Men-Tung; Mai-Men-Dong	1	820.0
<i>Opuntia ficus-indica</i> Indian Fig; Nopalito; Prickly Pear; Nopal	2	7820.0
<i>Origanum vulgare</i> Pot Marjoram; Wild Oregano; European Oregano; Wild Marjoram; Oregano; Common Turkish Oregano	1	6032.0
<i>Origanum majorana</i> Marjoram; Sweet Marjoram	1	7800.0
<i>Oryza sativa</i> Rice	1	4400.0
<i>Pachyrhizus erosus</i> Yambean	1	2950.0
<i>Paeonia suffruticosa</i> Moutan Peony; Tree Peony; Moutan	1	2360.0
<i>Paeonia moutan</i> Moutan; Tree Peony	1	2360.0
<i>Paeonia lactiflora</i> Chih-Shao; Common Garden Peony; White Peony; Peony; Bai Shao (Chinese)	1	1980.0
<i>Panax quinquefolius</i> American Ginseng; Ginseng	2	4400.0
<i>Panax japonicus</i> Japanese Ginseng	1	4800.0
<i>Panax ginseng</i> Oriental Ginseng; Korean Ginseng; Chinese Ginseng; Ginseng	2	2431.0
<i>Panicum maximum</i> Guinea grass	1	
<i>Papaver somniferum</i> Opium Poppy; Poppyseed Poppy	2	31200.0
<i>Parthenium integrifolium</i> Missouri Snakeroot; Feverfew; Wild Quinine; Prairie-Dock; American Feverfew	1	
<i>Passiflora incarnata</i> Manzana de Mayo; Mayapple; Passionflower	1	
<i>Passiflora edulis</i> Maracuya; Passionfruit	1	

Plant	# Chemicals	Total PPM
<i>Pastinaca sativa</i> Parsnip	1	4200.0
<i>Perideridia gairdneri</i> Squaw Root	1	1000.0
<i>Perilla frutescens</i> Perilla	1	7660.0
<i>Persea americana</i> Avocado	1	3480.0
<i>Petasites japonicus</i> Butterbur	1	5090.0
<i>Petroselinum crispum</i> Parsley	2	8737.0
<i>Phaseolus vulgaris</i> Garden Bean; Pop Bean; Navy Bean; Dwarf Bean; Kidney Bean; Haricot; String Bean; Snap Bean; Haricot Vert; Black Bean; Field Bean; Popping Bean; Haricot Bean; Wax Bean; Flageolet Bean; French Bean; Green Bean	1	47376.0
<i>Phaseolus lunatus</i> Butter Bean; Lima Bean	1	14000.0
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	3560.0
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phellodendron amurense</i> Po Mu; Huang Bai; Amur Cork Tree; Huang Po	1	1300.0
<i>Phoenix dactylifera</i> Date Palm	1	1580.0
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	1168.0
<i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry	2	3620.0
<i>Physalis ixocarpa</i> Tomatillo	2	7300.0
<i>Phytelephas aequatorialis</i> EQUATORIAL IVORY PALM	1	
<i>Pimenta dioica</i> Allspice; Pimento; Clover-Pepper; Jamaica-Pepper; Pimenta	2	2960.0
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	3756.0
<i>Pinellia ternata</i> Pan-Hsia; Ban-Xia	1	1420.0
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pinus echinata</i> Shortleaf Pine	1	4200.0
<i>Piper nigrum</i> White Pepper; Pepper; Black Pepper	1	4638.0
<i>Piscidia piscipula</i> Jamaica Dogwood	1	
<i>Pistacia vera</i> Pistachio	1	3288.0
<i>Pisum sativum</i> Pea	2	15982.0
<i>Plantago psyllium</i> Psyllium	1	1020.0
<i>Plantago major</i> Common Plantain	1	
<i>Plantago asiatica</i> Asian Plantain	1	10640.0
<i>Platycodon grandiflorum</i> Jie-Geng; Balloon Flower; Chieh-Keng	1	3020.0
<i>Polygala tenuifolia</i> Chinese Senega	1	1920.0
<i>Polygonum multiflorum</i> Chinese Knotweed; Fleecflower; Fo Ti; Chinese Cornbind; He Shou Wu	1	6460.0
<i>Polygonum hydropiperoides</i> Mild Water Pepper	1	
<i>Polygonum hydropiper</i> Common Smartweed	1	
<i>Polypodium vulgare</i> Common Polypody; Sweet Fern	1	
<i>Populus nigra</i> Black Poplar	1	
<i>Portulaca oleracea</i> Purslane; Verdolaga	2	47600.0
<i>Prunella vulgaris</i> Heal-All; Self-Heal	1	9120.0
<i>Prunus serotina</i> Black Cherry; Wild Cherry	1	30000.0
<i>Prunus persica</i> Peach	1	17760.0
<i>Prunus dulcis</i> Almond	1	6252.0
<i>Prunus domestica</i> Plum	2	36800.0
<i>Prunus cerasus</i> Sour Cherry	2	1296.0

Plant	# Chemicals	Total PPM
<i>Prunus armeniaca</i> Apricot	2	48730.0
<i>Psidium guajava</i> Guava	1	1470.0
<i>Psidium cattleianum</i> Strawberry Guava	1	1760.0
<i>Psophocarpus tetragonolobus</i> Goa Bean; Winged Bean; Asparagus Pea	1	5938.0
<i>Psoralea esculenta</i> Prairie Potato; Indian Turnip; Prairie Apple; Breadroot; Indian Bread-Root; Prairie Turnip	1	2800.0
<i>Pueraria pseudohirsuta</i> Chinese Kudzu	1	7380.0
<i>Pueraria montana</i> Kudsu; Kudzu	1	1700.0
<i>Pulsatilla chinensis</i> Chinese Anemone	1	6380.0
<i>Punica granatum</i> Granatapfelbaum (Ger.); Pomegranate; Granado (Sp.); Zakuro (Jap.); Granatapfelstrauch (Ger.); Grenadier (Fr.); Romanzeiro (Port.); Mangrano (Sp.)	2	240.0
<i>Pyrus communis</i> Pear	2	2220.0
<i>Quassia amara</i> Bitterwood; Quassia	1	
<i>Quercus velutina</i> Black Oak	1	13640.0
<i>Quercus stellata</i> Post Oak	1	11760.0
<i>Quercus rubra</i> Northern Red Oak	1	18160.0
<i>Quercus phellos</i> Willow Oak	1	5880.0
<i>Quercus alba</i> White Oak	1	10960.0
<i>Quisqualis indica</i> Rangoon Creeper	2	2080.0
<i>Raphanus sativus</i> Radish	1	15060.0
<i>Rehmannia glutinosa</i> Chinese Foxglove	1	2380.0
<i>Rheum rhabarbarum</i> Rhubarb	2	3950.0
<i>Rheum palmatum</i> Chinese Rhubarb	1	5120.0
<i>Rhizophora mangle</i> Red Mangrove	1	17600.0
<i>Rhodymenia palmata</i> Dulse	1	11860.0
<i>Rhus glabra</i> Smooth Sumac	1	9380.0
<i>Rhus copallina</i> Dwarf Sumac; Winged Sumac	1	27740.0
<i>Ribes uva-crispa</i> Gooseberry	2	16476.0
<i>Ribes rubrum</i> White Currant; Red Currant	2	7070.0
<i>Ribes nigrum</i> Black Currant	1	3440.0
<i>Rosa</i> spp Rose Hips	1	
<i>Rosa laevigata</i> Cherokee Rose	2	5660.0
<i>Rosa gallica</i> French Rose	1	
<i>Rosa centifolia</i> Cabbage Rose	1	
<i>Rosa canina</i> Dog Rose; Dogbrier; Rose	2	127880.0
<i>Rosmarinus officinalis</i> Rosemary	1	4966.0
<i>Rubia cordifolia</i> Madder	1	3740.0
<i>Rubus idaeus</i> Red Raspberry; Raspberry	2	6380.0
<i>Rubus fruticosus</i> Blackberry	1	
<i>Rubus chingii</i> Chinese Raspberry	2	5480.0
<i>Rubus chamaemorus</i> Cloudberry	1	3750.0
<i>Rumex crispus</i> Curly Dock; Lengua De Vaca; Yellow Dock; Sour Dock	1	6400.0
<i>Rumex acetosa</i> Garden Sorrel	1	9200.0

Plant	# Chemicals	Total PPM
<i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom	1	4680.0
<i>Ruta graveolens</i> Rue	1	
<i>Salix alba</i> White Willow	1	11200.0
<i>Salvia officinalis</i> Sage	2	5660.0
<i>Salvia miltiorrhiza</i> Red Sage; Dan-Shen; Tan-Shen	1	6460.0
<i>Sambucus nigra</i> Black Elder; European Elderberry; European Alder; European Elder; Elder	2	38000.0
<i>Sanguinaria canadensis</i> Bloodroot	1	
<i>Santalum acuminatum</i> Quandong; Quandong Nut; Sweet Quandong	1	
<i>Sarcostemma acidum</i> Soma	1	
<i>Sassafras albidum</i> Sassafras	1	23120.0
<i>Schisandra chinensis</i> Wu Wei Zi; Chinese Magnolia Vine; Magnolia Vine; Schizandra; Five-Flavor-Fruit; Wu Wei Zu	2	5520.0
<i>Schizonepeta tenuifolia</i> Ching-Chieh; Jing-Jie	1	6780.0
<i>Sclerocarya caffra</i> Marula	1	
<i>Scrophularia buergeriana</i> Hsuan-Shen; Yuan-Shen	1	4120.0
<i>Scutellaria lateriflora</i> Skullcap; Mad-Dog Skullcap	1	2260.0
<i>Scutellaria baicalensis</i> Baikal Skullcap; Huang Qin; Chinese Skullcap	1	14440.0
<i>Secale cereale</i> Rye	1	
<i>Sechium edule</i> Chayote	1	11570.0
<i>Senna occidentalis</i> Coffee Senna	1	5760.0
<i>Senna obtusifolia</i> Sicklepod	1	6440.0
<i>Senna alexandrina</i> Alexandran senna; Indian Senna; True Senna	1	
<i>Serenoa repens</i> Scrub-Palmetto; Saw Palmetto	1	
<i>Sesamum indicum</i> Ajonjoli (Sp.); Sesame; Sesamo (Sp.); Beni; Benneseed	1	8164.0
<i>Siegesbeckia orientalis</i> Hsi Chien; Saint Paul'Swort	1	5320.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	8060.0
<i>Simmondsia chinensis</i> Jojoba	1	2820.0
<i>Sinapis alba</i> White Mustard	1	6564.0
<i>Sinomenium acutum</i> Ching-Feng-Teng	1	720.0
<i>Smilax</i> spp Sarsaparilla	1	3340.0
<i>Smilax officinalis</i> Sarsaparilla	1	
<i>Solanum tuberosum</i> Potato	2	10740.0
<i>Solanum melongena</i> Aubergine; Eggplant	1	3126.0
<i>Sophora subprostrata</i> Shan Dou Gen	1	3760.0
<i>Sophora pachycarpa</i> Siberian Pachycarpa	1	
<i>Sophora angustifolia</i> Narrowleaf Sophora	1	7440.0
<i>Sorbus aucubaria</i> Rowan Berry	2	80380.0
<i>Spinacia oleracea</i> Spinach	2	22000.0
<i>Spirulina</i> spp. Spirulina	1	
<i>Spirulina pratensis</i> Spirulina	1	5100.0
<i>Spondias tuberosa</i> Umbu; Imbu	1	180.0
<i>Spondias dulcis</i> Ambarella	1	2880.0
<i>Stachys officinalis</i> Wood Betony; Bishop's-Wort; Purple Betony; Betony	1	

Plant	# Chemicals	Total PPM
<i>Stellaria media</i> Common Chickweed; Chickweed	1	10580.0
<i>Stevia rebaudiana</i> Stevia; Ca-A-E; Sweet Leaf of Paraguay	2	6980.0
<i>Symphoricarpos orbiculatus</i> Buckbush	1	17600.0
<i>Symphytum officinale</i> Comfrey	1	3400.0
<i>Syzygium jambos</i> Rose Apple; Pomarrosa	1	
<i>Syzygium cumini</i> Java Plum; Jambolan; Aceituna Dulce	1	
<i>Syzygium aromaticum</i> Clovetree; Clove	1	6040.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	1620.0
<i>Tamarindus indica</i> Kilytree; Indian Tamarind; Tamarind	2	54102.0
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	1	8140.0
<i>Taraxacum mongolicum</i> Mongoloid Dandelion	1	8100.0
<i>Tephrosia purpurea</i> Wild Indigo; Purple Tephrosia	1	20600.0
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	13000.0
<i>Tetrapanax papyrifera</i> Tung-Tsao; Tong-Cao; Rice Paper Tree	1	4240.0
<i>Thymus vulgaris</i> Garden Thyme; Common Thyme; Thyme	1	14704.0
<i>Tragopogon porrifolius</i> Salsify	1	2000.0
<i>Trichosanthes anguina</i> Snakegourd	1	19630.0
<i>Trifolium pratense</i> Peavine Clover; Purple Clover; Red Clover; Cowgrass	1	23180.0
<i>Trigonella foenum-graecum</i> Bockshornklee (Ger.); Alholva (Sp.); Greek Hay; Greek Clover; Fenugreek	1	3990.0
<i>Triticum aestivum</i> Wheat	1	21000.0
<i>Turnera diffusa</i> Damiana	1	4080.0
<i>Tussilago farfara</i> Coltsfoot	2	2160.0
<i>Ulmus rubra</i> Slippery Elm; Red Elm	1	1160.0
<i>Urtica dioica</i> European Nettle; Stinging Nettle	2	17200.0
<i>Vaccinium vitis-idaea</i> Cowberry; Lingonberry; Lingen	2	1200.0
<i>Vaccinium myrtillus</i> Bilberry; Dwarf Bilberry; Whortleberry	2	4600.0
<i>Vaccinium macrocarpon</i> American Cranberry; Cranberry; Large Cranberry	2	2690.0
<i>Vaccinium corymbosum</i> Blueberry	1	664.0
<i>Valeriana officinalis</i> Valerian; Garden-Heliotrope; Common Valerian	2	6360.0
<i>Valeriana jatamansi</i> Indian Valerian	1	
<i>Valerianella radicata</i>	1	
<i>Valerianella locusta</i> Lamb's Lettuce; Corn Salad	1	
<i>Vanilla planifolia</i> Vanilla; Bourbon Vanilla	1	
<i>Verbascum thapsus</i> Flannelleaf; Flannelplant; Great Mullein; Mullein; Velvetplant	1	6460.0
<i>Viburnum prunifolium</i> Black Haw	1	
<i>Viburnum opulus</i> European Cranberry Bush; Crampbark; Guelder Rose; Snowballbush	2	6220.0
<i>Vicia faba</i> Faba Bean; Broadbean; Habas	2	8520.0
<i>Vigna unguiculata</i> Yardlong Bean; Asparagus Bean; Pea Bean	1	24638.0
<i>Vigna radiata</i> Green Gram; Mungbean	1	9526.0
<i>Vigna mungo</i> Black Gram	1	4152.0
<i>Vigna angularis</i> Adzuki Bean	1	2934.0

Plant	# Chemicals	Total PPM
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	9924.0
<i>Viola odorata</i> Common Violet; Sweet Violet	1	
<i>Viscum album</i> European Mistletoe	1	6220.0
<i>Vitis vinifera</i> Grape; Wine Grape; Vid (Sp.); European Grape; Parra (Sp.); Grapevine; Vigne Vinifere (Fr.); Weinrebe (Ger.)	2	17340.0
<i>Xanthosoma sagittifolium</i> Malanga; Tannia; Yautia	1	10540.0
<i>Yucca baccata</i> Blue Yucca; Yucca; Spanish Bayonet; Banana Yucca	1	1020.0
<i>Zea mays</i> Corn	2	6780.0
<i>Zingiber officinale</i> Ginger	1	5380.0
<i>Zizyphus jujuba</i> Da-Zao; Ta-Tsao; Jujube	1	1240.0