

A Anticollagenic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Costus speciosus</i> Wild Ginger; Cane Reed; Crepe Ginger	1	
<i>Curcuma zedoaria</i> Zedoary; Shoti	1	2000.0
<i>Curcuma xanthorrhiza</i> Javan Turmeric; Temu Lawak	1	20000.0
<i>Curcuma longa</i> Indian Saffron; Turmeric	1	94888.0
<i>Zingiber officinale</i> Ginger	1	