

A Antisteatotic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abrus precatorius</i> Rosary Pea; Weatherplant; Prayer Beads; Precatory Bean; Crab's Eye; Weathervine; Coral Beadplant; Red Beadvine; Jequirity Bean; Licorice Vine; Love Bean; Jequirity; Lucky Bean; Minnie-Minnies; Indian Licorice	1	
<i>Achillea millefolium</i> Yarrow; Milfoil	1	
<i>Acorus calamus</i> Calamus; Sweetflag; Sweet Calamus; Flagroot; Myrtle Flag; Sweetroot	1	
<i>Adonis vernalis</i> Spring Adonis	1	
<i>Aesculus hippocastanum</i> Horse Chestnut	1	
<i>Alisma plantago-aquatica</i> Ze-Xie; Mud Plantain; Water Plantain; Tse-Hsieh	1	
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Allium cepa</i> Shallot; Onion	1	1660.0
<i>Aloe vera</i> Bitter Aloes; Aloe	1	
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	
<i>Amorphophallus konjac</i> Snake Palm; Elephant Yam; Umbrella Arum; Devil's Tongue; Konjac; Leopard Palm	1	
<i>Anastatica hierochuntica</i> Jericho Rose	1	
<i>Angelica sinensis</i> Dang Quai; Dang Qui; Dong Quai; Dang Gui; Dong Gui; Chinese Angelica	1	4940.0
<i>Apium graveolens</i> Celery	1	
<i>Arachis hypogaea</i> Peanut; Groundnut	1	
<i>Areca catechu</i> Pin-Lang; Betel Nut	1	
<i>Arnica montana</i> Mountain Tobacco; Leopard's-Bane	1	
<i>Artemisia vulgaris</i> Mugwort	1	
<i>Artemisia cina</i> Levant Wormseed	1	
<i>Artemisia abrotanum</i> Southernwood	1	
<i>Asparagus officinalis</i> Asparagus	1	
<i>Astragalus membranaceus</i> Huang-Chi; Huang Qi	1	
<i>Atropa bella-donna</i> Belladonna	1	
<i>Avena sativa</i> Oats	1	3485.5
<i>Ballota nigra</i> Black Horehound	1	
<i>Borago officinalis</i> Beebread; Beeplant; Borage; Talewort	1	
<i>Brassica oleracea</i> var. <i>capitata</i> l. Cabbage; Red Cabbage; White Cabbage	1	
<i>Canavalia ensiformis</i> Jack Bean	1	
<i>Capparis spinosa</i> Caper; Caperbush	1	940.0
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	20000.0
<i>Capsicum annuum</i> Green Pepper; Sweet Pepper; Bell Pepper; Cone Pepper; Cherry Pepper; Paprika	1	1314.0
<i>Carica papaya</i> Papaya	1	
<i>Catharanthus roseus</i> Rosy Periwinkle; Madagascar Periwinkle	1	
<i>Centaurea calcitrapa</i> Star-Thistle	1	
<i>Cephaelis ipecacuanha</i> Raicilla; Ipecac	1	
<i>Chamaemelum nobile</i> Perennial Camomile; Garden Camomile; Roman Camomile	1	
<i>Chelidonium majus</i> Celandine	1	
<i>Chrysanthemum x morifolium</i> Chrysanthemum; Ju Hua (Pinyin); Florist's Chrysanthemum; Mum	1	

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<i>Chrysanthemum cinerariifolium</i> Pyrethrum	1	
<i>Cichorium intybus</i> Chicory; Witloof; Succory	1	
<i>Citrus sinensis</i> Orange	1	320.0
<i>Coffea arabica</i> Coffee	1	600.0
<i>Convallaria majalis</i> Lily-Of-The-Valley	1	
<i>Coriandrum sativum</i> Chinese Parsley; Coriander; Cilantro	1	
<i>Crataegus</i> sp.	1	
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus monogyna</i> English Hawthorn; Hawthorn	1	
<i>Crataegus laevigata</i> English Hawthorn; Woodland Hawthorn; Whitethorn; Hawthorn	1	
<i>Cuminum cyminum</i> Cumin	1	
<i>Daucus carota</i> Carrot	1	218.0
<i>Dictamnus albus</i> Dittany; Akgiritotu; Gazelotu; Gas Plant; Burning Bush	1	
<i>Digitalis purpurea</i> Purple Foxglove	1	
<i>Digitalis lanata</i> Grecian Foxglove	1	2000.0
<i>Elettaria cardamomum</i> Cardamom	1	
<i>Euphorbia hirta</i> Queensland Asthma Herb	1	
<i>Euphrasia officinalis</i> Eyebright	1	
<i>Foeniculum vulgare</i> Fennel	1	
<i>Ganoderma lucidum</i> Reishi; Ling Zhi	1	
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	1	
<i>Glechoma hederacea</i> Alehoof	1	
<i>Gloriosa superba</i> Glory Lily	1	
<i>Glycine max</i> Soybean	1	2492.49
<i>Glycyrrhiza glabra</i> Licorice-Root; Licorice; Common Licorice; Smooth Licorice	1	
<i>Gossypium</i> sp Cotton	1	
<i>Gymnema sylvestre</i> Gymnema; Miracle Fruit	1	
<i>Hamamelis virginiana</i> Witch Hazel	1	4000.0
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	
<i>Helianthus annuus</i> Sunflower; Girasol	1	2400.0
<i>Hordeum vulgare</i> Barley; Barleygrass	1	3234.0
<i>Humulus lupulus</i> Hops	1	
<i>Hyoscyamus niger</i> Henbane	1	
<i>Hypericum perforatum</i> Hypericum; Klamath Weed; Common St. Johnswort; Goatweed; St. John's-wort	1	
<i>Hyssopus officinalis</i> Hyssop	1	
<i>Ilex paraguariensis</i> Mate; Paraguay Tea; South American Holly	1	
<i>Lactuca sativa</i> Lettuce	1	
<i>Lagenaria siceraria</i> Calabash Gourd; White-Flowered Gourd	1	32040.0
<i>Lens culinaris</i> Lentil	1	4460.0
<i>Leonurus cardiaca</i> Motherwort	1	
<i>Linum usitatissimum</i> Linseed; Flax	1	2360.0
<i>Lippia javanica</i> Umsuzwane (Zulu); Lemon Bush	1	

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<i>Luffa aegyptiaca</i> Vegetable Sponge; Smooth Loofah; Luffa	1	4180.0
<i>Lycium chinense</i> Chinese Wolfberry; Spina Santa Chinese (Ital.); Wolfberry; Chinese Boxthorn; Gou Qi (Chin.); Chinese Matrimony Vine; Lyciet de Chine (Fr.); Kuko (Jap.); Chinesischer Bocksborn (Ger.); Daun Koki (Indones.); Kaukichai (Malays.)	1	
<i>Lycium chilense</i> Chilean Wolfberry	1	
<i>Lycium barbarum</i> Ning Xia Gou Qi (Chin.); Matrimony Vine; Barbary Matrimony Vine; Duke of Argyll's Eta Tree; Common Matrimony Vine	1	
<i>Lycopersicon esculentum</i> Tomato	1	168.0
<i>Malva neglecta</i> Common Mallow; Cheeses	1	
<i>Marrubium vulgare</i> White Horehound; Horehound	1	22000.0
<i>Matricaria recutita</i> German Camomile; Wild Camomile; Annual Camomile	1	
<i>Medicago sativa</i> Alfalfa; Lucerne	1	
<i>Mentha x piperita</i> Peppermint	1	
<i>Menyanthes trifoliata</i> Buckbean; Bog Myrtle; Bogbean; Marsh Clover; Marsh Trefoil; Water Trefoil	1	
<i>Moringa oleifera</i> Moringa; Benzolive Tree; Ben Nut; Drumstick Tree; West Indian Ben; Jacinto (Sp.); Horseradish Tree	1	
<i>Morus alba</i> Sang-Pai-Pi; White Mulberry	1	
<i>Mucuna pruriens</i> Velvetbean; Cowage	1	
<i>Nerium oleander</i> Oleander	1	
<i>Olea europaea</i> Olive	1	
<i>Oryza sativa</i> Rice	1	1760.0
<i>Pachyrhizus erosus</i> Yambean	1	
<i>Panax quinquefolius</i> Ginseng; American Ginseng	1	4000.0
<i>Panax ginseng</i> Chinese Ginseng; Oriental Ginseng; Ginseng; Korean Ginseng	1	4000.0
<i>Papaver somniferum</i> Poppypeed Poppy; Opium Poppy	1	
<i>Paullinia cupana</i> Guarana	1	
<i>Petasites hybridus</i> European Butterbur	1	
<i>Peumus boldus</i> Boldo	1	
<i>Phaseolus vulgaris</i> String Bean; Pop Bean; Kidney Bean; Black Bean; Navy Bean; Wax Bean; French Bean; Snap Bean; Popping Bean; Dwarf Bean; Haricot Bean; Flageolet Bean; Haricot Vert; Field Bean; Green Bean; Haricot; Garden Bean	1	
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	
<i>Pinellia ternata</i> Ban-Xia; Pan-Hsia	1	
<i>Pinus sylvestris</i> Scotch Pine	1	6800.0
<i>Piper nigrum</i> White Pepper; Black Pepper; Pepper	1	
<i>Pistacia lentiscus</i> Mastic; Mastictree; Chios Mastictree; Mastixbaum (Ger.); Lentisco (Sp.)	1	
<i>Pisum sativum</i> Pea	1	10084.0
<i>Plantago major</i> Common Plantain	1	
<i>Plantago asiatica</i> Asian Plantain	1	
<i>Prunus serotina</i> Black Cherry; Wild Cherry	1	
<i>Pueraria montana</i> Kudzu; Kudsu	1	
<i>Rhizophora mangle</i> Red Mangrove	1	
<i>Sambucus nigra</i> European Alder; Elder; European Elder; Black Elder; European Elderberry	1	
<i>Satureja montana</i> Winter Savory; Savory	1	
<i>Sesamum indicum</i> Ajonjoli (Sp.); Sesame; Sesamo (Sp.); Benneseed; Beni	1	2640.0
<i>Sinapis alba</i> White Mustard	1	

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<i>Solanum tuberosum</i> Potato	1	2000.0
<i>Solanum melongena</i> Aubergine; Eggplant	1	1040.0
<i>Stachys officinalis</i> Wood Betony; Bishop's-Wort; Betony; Purple Betony	1	
<i>Strophanthus hispidus</i> Hispid Ouabain	1	
<i>Strophanthus gratus</i> Ouabain	1	
<i>Strychnos nux-vomica</i> Nux-Vomica; Strychnine	1	
<i>Symphytum officinale</i> Comfrey	1	
<i>Syzygium cumini</i> Java Plum; Aceituna Dulce; Jambolan	1	
<i>Taraxacum officinale</i> Dandelion	1	
<i>Taraxacum mongolicum</i> Mongoloid Dandelion	1	
<i>Teucrium scordium</i> Water Germander	1	
<i>Teucrium montanum</i> Mountain Germander	1	
<i>Teucrium chamaedrys</i> Wall Germander	1	
<i>Teucrium botrys</i> Field Germander	1	
<i>Trifolium pratense</i> Purple Clover; Cowgrass; Red Clover; Peavine Clover	1	
<i>Trigonella foenum-graecum</i> Bockshornklee (Ger.); Greek Clover; Fenugreek; Greek Hay; Alholva (Sp.)	1	28000.0
<i>Triticum aestivum</i> Wheat	1	3938.0
<i>Tussilago farfara</i> Coltsfoot	1	
<i>Urtica dioica</i> European Nettle; Stinging Nettle	1	
<i>Valeriana officinalis</i> Valerian; Garden-Heliotrope; Common Valerian	1	
<i>Vicia faba</i> Faba Bean; Habas; Broadbean	1	680.0
<i>Vigna unguiculata</i> Black-eyed Pea; Crowder Pea; Cowpea; Southern Pea	1	4040.0
<i>Vigna radiata</i> Mungbean; Green Gram	1	3712.0
<i>Vigna mungo</i> Black Gram	1	4120.0
<i>Withania somnifera</i> Ashwagandha	1	
<i>Zea mays</i> Corn	1	1102.0