

A Anticystitic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus moschatus</i> Muskmallow; Tropical Jewel Hibiscus; Musk Okra; Ambrette	1	
<i>Abelmoschus esculentus</i> Okra	1	
<i>Abies spectabilis</i>	1	
<i>Abutilon theophrasti</i> Velvet Leaf; Butterprint; Indian-Mallow; Abutilon-Hemp	1	
<i>Acacia senegal</i> Gum Arabic; Sudan Gum Arabic; Kher; Senegal Gum; Gum Arabic Tree	1	
<i>Acacia nilotica</i> Babul	1	
<i>Acacia catechu</i> Catechu; Black Cutch	2	
<i>Achillea millefolium</i> Milfoil; Yarrow	1	
<i>Acinos suaveolens</i>	1	
<i>Actinidia chinensis</i> Kiwi	1	
<i>Aesculus hippocastanum</i> Horse Chestnut	1	
<i>Agathosma betulina</i> Mountain Buchu; Honey Buchu; Buchu	1	
<i>Ageratum conyzoides</i> Mexican ageratum	1	
<i>Agrimonia eupatoria</i> Sticklewort; Agrimony	1	
<i>Ailanthus altissima</i> Stinktree; Tree Of Heaven	1	
<i>Albizia lebeck</i> East Indian Walnut; Lebbek; Women's-Tongue Tree; Lebbek Tree; Frywood; Siris Tree; Koko	1	
<i>Allium schoenoprasum</i> Chives	1	18.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	400.0
<i>Allium cepa</i> Shallot; Onion	1	96200.0
<i>Aloe vera</i> Bitter Aloes; Aloe	1	
<i>Alpinia officinarum</i> Lesser Galangal; Chinese Ginger	1	
<i>Althaea officinalis</i> Marshmallow; White Mallow	2	
<i>Ammi visnaga</i> Visnaga	1	
<i>Ammi majus</i> Bishop's Weed	1	
<i>Anacardium occidentale</i> Cashew	1	
<i>Anastatica hierochuntica</i> Jericho Rose	1	
<i>Anemone pulsatilla</i> Pasque Flower	1	
<i>Anethum graveolens</i> Dill; Garden Dill	1	
<i>Anogeissus latifolia</i> Gum Ghatti	1	
<i>Apium graveolens</i> Celery	2	
<i>Arachis hypogaea</i> Groundnut; Peanut	1	
<i>Araucaria bidwillii</i> Monkey puzzle	1	
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	1	
<i>Ardisia japonica</i> Marlberry	1	
<i>Armoracia rusticana</i> Horseradish	1	
<i>Artemisia dracunculus</i> Tarragon	1	
<i>Artemisia annua</i> Annual Mugwort (GRIN); Sweet Annie; Sweet Wormwood (GRIN); Qinghao; Annual Wormwood (GRIN)	1	
<i>Artocarpus altilis</i> Breadfruit	1	
<i>Asimina triloba</i> Pawpaw	1	

Plant	# Chemicals	Total PPM
<i>Aspalathus linearis</i> Kaffree Tea; Rooibos; Red Bush Tea	1	
<i>Asparagus officinalis</i> Asparagus	1	
<i>Astragalus membranaceus</i> Huang Qi; Huang-Chi	1	
<i>Avena sativa</i> Oats	2	620.0
<i>Azadirachta indica</i> Neem	1	2000.0
<i>Barosma betulina</i> Buchu	1	
<i>Basella alba</i> Vinespinach	1	
<i>Berberis vulgaris</i> Barberry	1	
<i>Beta vulgaris</i> Sugar Beet; Garden Beet; Beet; Beetroot	2	
<i>Borago officinalis</i> Beebread; Beeplant; Borage; Talewort	1	
<i>Brassica oleracea</i> var. <i>sabellica</i> l. Scotch Kale; Curly Kale; Kitchen Kale; Kale	1	100.0
<i>Brassica oleracea</i> var. <i>italica</i> Cape Broccoli; Asparagus Broccoli; Winter Broccoli; Broccoli; Heading Broccoli; Calabrese; Sprouting Broccoli; Purple Cauliflower	1	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussels-Sprouts; Brussel-Sprout	1	50.0
<i>Brassica oleracea</i> var. <i>capitata</i> l. Cabbage; Red Cabbage; White Cabbage	1	200.0
<i>Brassica oleracea</i> var. <i>botrytis</i> l. Cauliflower	1	12.0
<i>Brassica oleracea</i> Kohlrabi	1	40.0
<i>Caesalpinia pulcherrima</i> Bird Of Paradise	1	
<i>Calendula officinalis</i> Calendula; Pot-Marigold	1	
<i>Camellia sinensis</i> Tea	1	20000.0
<i>Camptotheca acuminata</i> Happy Tree	1	
<i>Capparis spinosa</i> Caperbush; Caper	1	
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	
<i>Capsicum frutescens</i> Cayenne; Hot Pepper; Tabasco; Chili; Spur Pepper; Red Chili	1	126.0
<i>Carum carvi</i> Comino de prado (Sp.); Comino (Sp.); Caraway; Kummel (Ger.); Carum	2	
<i>Castanea sativa</i> European Chestnut	1	
<i>Catalpa ovata</i> Hsin-Pa-Pi; Kisasage	1	
<i>Catharanthus roseus</i> Rosy Periwinkle; Madagascar Periwinkle	1	
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	
<i>Cedrus deodora</i> Deodar Cedar	1	
<i>Ceiba pentandra</i> Kapok; Silk-Cotton Tree	1	
<i>Centaurea cyanus</i> Bachelor's Button; Cornflower	1	
<i>Centaurea calcitrapa</i> Star-Thistle	1	
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	
<i>Ceratonia siliqua</i> Carob; Locust Bean; St.John's-Bread	1	
<i>Cichorium intybus</i> Succory; Chicory; Witloof	2	
<i>Cichorium endivia</i> Endive; Escarole	1	
<i>Cinnamomum camphora</i> Ho Leaf; Camphor	1	
<i>Citrus sinensis</i> Orange	2	
<i>Citrus paradisi</i> Grapefruit	2	
<i>Citrus limon</i> Lemon	1	
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	2	

Plant	# Chemicals	Total PPM
<i>Coffea arabica</i> Coffee	1	
<i>Commiphora wightii</i> Indian Bdellium-Tree; Guggul	1	
<i>Consolida ajacis</i> Larkspur	1	
<i>Coriandrum sativum</i> Coriander; Cilantro; Chinese Parsley	1	
<i>Coriaria thymifolia</i> Shanshi; Ground Toot	1	
<i>Coriaria myrtifolia</i> Mealy Tree	1	
<i>Cornus mas</i> Cornelian Cherry; Sorbet	1	
<i>Cornus florida</i> American Dogwood	1	
<i>Corylus avellana</i> European Hazel; Cobnut; European Filbert; English Filbert; Hazel	1	
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus monogyna</i> Hawthorn; English Hawthorn	1	
<i>Crataegus laevigata</i> English Hawthorn; Woodland Hawthorn; Hawthorn; Whitethorn	1	
<i>Crataegus cuneata</i> Hawthorn	1	
<i>Crocus sativus</i> Saffron	1	
<i>Cucurbita pepo</i> Pumpkin	1	
<i>Curcuma longa</i> Turmeric; Indian Saffron	1	
<i>Cyamopsis tetragonoloba</i> Siam-Bean; Guar; Cluster-Bean	1	
<i>Cycas revoluta</i> Sago Cycas	1	4400.0
<i>Cymbopogon citratus</i> West Indian Lemongrass; Lemongrass	1	
<i>Cynara cardunculus</i> Artichoke	1	
<i>Cytisus scoparius</i> Scotch Broom	1	
<i>Datura stramonium</i> Jimsonweed	1	
<i>Daucus carota</i> Carrot	2	
<i>Dianthus barbatus</i> Sweet William	1	
<i>Diospyros virginiana</i> American Persimmon	1	
<i>Dodonaea viscosa</i> Hopwood	1	
<i>Drimys winteri</i> Winter's Bark	1	
<i>Echinacea</i> spp Echinacea; Coneflower	1	
<i>Echinacea purpurea</i> Eastern Purple-Coneflower; Purple-Coneflower; Echinacea	1	
<i>Echinacea angustifolia</i> Echinacea; Narrow Leaf Echinacea; Narrow Leaf Purple-Coneflower	1	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	1	
<i>Equisetum arvense</i> Field Horsetail; Horsetail	1	
<i>Eriobotrya japonica</i> Loquat	1	
<i>Eucalyptus globulus</i> Eucalypt; Tasmanian Bluegum; Blue Gum	1	
<i>Eucommia ulmoides</i> Gutta-Percha Tree; Du Zhong; Tu Chung	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Euphorbia lathyris</i> Caper Spurge; Mole Plant	1	
<i>Euphorbia hirta</i> Queensland Asthma Herb	1	
<i>Euphrasia officinalis</i> Eyebright	1	
<i>Fagopyrum esculentum</i> Buckwheat	1	
<i>Ficus carica</i> Feigenbaum (Ger.); Higuera Comun (Sp.); Higo (Sp.); Fico (Ital.); Echte Feige (Ger.); Figueira (Port.); Fig; Figuier Commun (Fr.)	1	

Plant	# Chemicals	Total PPM
<i>Filipendula ulmaria</i> Meadowsweet; Queen Of The Meadow	1	
<i>Foeniculum vulgare</i> Fennel	1	
<i>Forsythia suspensa</i> Lien-Chiao; Lian-Jiao	1	
<i>Fragaria</i> spp Strawberry	1	
<i>Galega officinalis</i> Goat's Rue; Galega	1	
<i>Geranium thunbergii</i> Oriental Geranium; Gennoshiouko	1	
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	2	
<i>Gleditsia triacanthos</i> Honey Locust	1	
<i>Glycine max</i> Soybean	1	
<i>Glycyrrhiza uralensis</i> Kan-Tsao; Chinese Licorice; Gan-Cao	1	
<i>Glycyrrhiza glabra</i> Licorice-Root; Licorice; Smooth Licorice; Commom Licorice	1	
<i>Gossypium</i> sp Cotton	1	
<i>Guazuma tomentosa</i>	1	
<i>Haematoxylum campechianum</i> Logwood; Campechy	1	
<i>Hamamelis virginiana</i> Witch Hazel	1	
<i>Helianthus annuus</i> Girasol; Sunflower	1	1220.0
<i>Hibiscus sabdariffa</i> Jamaica Sorrel; Roselle; Kharkadi; Indian Sorrel; Red Sorrel; Sorrel; Sereni (Sp.); Acedera de Guinea (Sp.); <i>Rosa de Jamaica</i> (Sp.); Malventee (Ger.); Rosella (Ger.)	1	
<i>Hibiscus rosa-sinensis</i> Shoe-flower; Chinese hibiscus	1	
<i>Hippophae rhamnoides</i> Sea Buckthorn; Yellow Spine; Sallow Thorn	1	
<i>Holarrhena pubescens</i> Tellicherry Bark; Zhi Xie Mu; Kurchi; Conessi	1	
<i>Houttuynia cordata</i> Fishwort; Dokudami; Yu Xing Cao	1	
<i>Humulus lupulus</i> Hops	2	
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	
<i>Hypericum perforatum</i> Goatweed; Hypericum; Common St. Johnswort; Klamath Weed; St. John's-wort	1	
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	1	
<i>Isatis tinctoria</i> Dyer's Woad	1	
<i>Juglans regia</i> English Walnut	1	
<i>Juglans nigra</i> Black Walnut	1	
<i>Juniperus communis</i> Common Juniper; Juniper	1	
<i>Kalanchoe spathulata</i> Beach Bells	1	
<i>Kalanchoe pinnata</i> Air Plant; Siempre Viva	1	
<i>Lactuca sativa</i> Lettuce	1	
<i>Laurus nobilis</i> Grecian Laurel; Sweet Bay; Bay; Bayleaf; Bay Laurel; Laurel	1	
<i>Ledum palustre</i> Wild Rosemary; Marsh Tea	1	
<i>Leonurus cardiaca</i> Motherwort	1	
<i>Ligustrum lucidum</i> White Waxtree; Chinese Privet; Glossy Privet; Ligustri Fructus; Privet	1	
<i>Ligustrum japonicum</i> Japanese Privet; Ligustri Fructus	1	
<i>Lippia dulcis</i> Sweet Herb	1	
<i>Ludwigia perennis</i> Perennial ludwigia	1	
<i>Ludwigia adscendens</i> Ascending ludwigia	1	

Plant	# Chemicals	Total PPM
<i>Lycium chinense</i> Daun Koki (Indones.); Lyciet de Chine (Fr.); Chinese Boxthorn; Kaukichai (Malays.); Chinesischer Bocksdorn (Ger.); Kuko (Jap.); Wolfberry; Chinese Wolfberry; Spina Santa Cinese (Ital.); Chinese Matrimony Vine; Gou Qi (Chin.)	1	
<i>Lycopersicon esculentum</i> Tomato	1	
<i>Maclura pomifera</i> Hedge Apple; Osage-Orange	1	
<i>Magnolia officinalis</i> Hou Pu; Chinese Magnolia; Magnolia-Bark	1	
<i>Magnolia kobus</i> Hsin-I; Xin-Yi	1	
<i>Magnolia denudata</i> Hsin-I; Xin-Yi	1	
<i>Mahonia japonica</i> Hiiragi-Nanten; Japanese Ashberry	1	
<i>Malus domestica</i> Apple	2	526.0
<i>Mangifera indica</i> Mango	1	
<i>Maranta arundinacea</i> Bermuda Arrowroot; Arrowroot	1	
<i>Marrubium vulgare</i> Horehound; White Horehound	1	
<i>Matricaria recutita</i> Wild Camomile; German Camomile; Annual Camomile	1	
<i>Medicago sativa</i> Alfalfa; Lucerne	1	
<i>Melia azedarach</i> Chinaberry	1	
<i>Melilotus officinalis</i> Yellow Sweetclover	1	
<i>Menyanthes trifoliata</i> Buckbean; Marsh Clover; Marsh Trefoil; Bogbean; Water Trefoil; Bog Myrtle	1	
<i>Moringa oleifera</i> Ben Nut; Horseradish Tree; Moringa; Benzolive Tree; Drumstick Tree; Jacinto (Sp.); West Indian Ben	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	
<i>Musa x paradisiaca</i> Plantain; Banana	1	
<i>Myristica fragrans</i> Mace; nuez moscada (Sp.); Muskatnussbaum (Ger.); nogal moscado (Sp.); Nutmeg	1	
<i>Nelumbo nucifera</i> Water Lotus	1	
<i>Nerium oleander</i> Oleander	1	
<i>Nicotiana tabacum</i> Tobacco	2	
<i>Ocimum basilicum</i> Sweet Basil; Cuban Basil; Basil	1	
<i>Oenanthe aquatica</i> Water Hemlock; Water Fennel	1	
<i>Oenothera biennis</i> Evening-Primrose	1	414000.0
<i>Olea europaea</i> Olive	1	
<i>Ononis spinosa</i> Spiny Restharrow; Restharrow; Hauhechel (Ger.)	1	
<i>Origanum vulgare</i> Oregano; Common Turkish Oregano; Pot Marjoram; Wild Marjoram; Wild Oregano; European Oregano	1	
<i>Paeonia suffruticosa</i> Moutan; Tree Peony; Moutan Peony	1	
<i>Paeonia moutan</i> Tree Peony; Moutan	1	
<i>Paeonia lactiflora</i> Peony; Common Garden Peony; Chih-Shao; White Peony; Bai Shao (Chinese)	1	
<i>Panax quinquefolius</i> Ginseng; American Ginseng	1	
<i>Panax notoginseng</i> Sanchi Ginseng	1	
<i>Panax ginseng</i> Oriental Ginseng; Chinese Ginseng; Korean Ginseng; Ginseng	1	
<i>Passiflora incarnata</i> Manzana de Mayo; Passionflower; Mayapple	1	
<i>Pastinaca sativa</i> Parsnip	1	
<i>Perilla frutescens</i> Perilla	1	
<i>Persea americana</i> Avocado	1	
<i>Petasites hybridus</i> European Butterbur	1	
<i>Petroselinum crispum</i> Parsley	1	
<i>Phoenix dactylifera</i> Date Palm	1	

Plant	# Chemicals	Total PPM
<i>Phyllanthus niruri</i> Seed On The Leaf	1	
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	
<i>Phytelephas macrocarpa</i> IVORY NUT PALM	1	
<i>Pimpinella anisum</i> Sweet Cumin; Anise	1	
<i>Pinus sylvestris</i> Scotch Pine	1	
<i>Pinus mugo</i> Dwarf Pine; Swiss Mountain Pine	1	
<i>Piper nigrum</i> Pepper; White Pepper; Black Pepper	1	
<i>Pistacia lentiscus</i> Lentisco (Sp.); Mastictree; Mastixbaum (Ger.); Mastic; Chios Mastictree	1	
<i>Plumeria acutifolia</i> Frangipani	1	
<i>Podophyllum pleianthum</i> Chinese Mayapple	1	
<i>Podophyllum peltatum</i> Mayapple	1	100000.0
<i>Podophyllum hexandrum</i> Himalayan Mayapple	1	
<i>Polygala senega</i> Seneca Snakeroot; Senega	1	
<i>Polygonum hydropiperoides</i> Mild Water Pepper	1	
<i>Polygonum hydropiper</i> Common Smartweed	1	
<i>Polygonum aviculare</i> Prostrate Knotweed	1	
<i>Populus tacamahacca</i> Balm Of Gilead	1	
<i>Prosopis juliflora</i> Mesquite	1	
<i>Prunella vulgaris</i> Self-Heal; Heal-All	1	
<i>Prunus spinosa</i> Blackthorn; Sloe	1	
<i>Prunus serotina</i> Wild Cherry; Black Cherry	1	
<i>Prunus persica</i> Peach	1	
<i>Prunus laurocerasus</i> Cherry Laurel	1	
<i>Prunus dulcis</i> Almond	1	
<i>Prunus domestica</i> Plum	1	
<i>Prunus cerasus</i> Sour Cherry	1	
<i>Prunus armeniaca</i> Apricot	1	
<i>Psidium guajava</i> Guava	1	
<i>Psidium cattleianum</i> Strawberry Guava	1	
<i>Pteridium aquilinum</i> Bracken; Bracken Fern	2	
<i>Pueraria montana</i> Kudzu; Kudzu	1	
<i>Punica granatum</i> Grenadier (Fr.); Pomegranate; Mangrano (Sp.); Granatapfelstrauch (Ger.); Granado (Sp.); Zakuro (Jap.); Granatapfelbaum (Ger.); Romanzeiro (Port.)	1	
<i>Pyrus communis</i> Pear	2	56.0
<i>Quercus velutina</i> Black Oak	1	
<i>Quercus robur</i> English Oak	1	
<i>Quercus infectoria</i> Dyer's Oak; Gall Oak; Aleppo Oak	1	
<i>Quercus alba</i> White Oak	1	
<i>Rhododendron dauricum</i> Chinese Alpenrose	1	
<i>Rhus toxicodendron</i> Poison Ivy	1	
<i>Rhus coriaria</i> Tanner's Sumac; Sicilian Sumac; Sumac	1	
<i>Ribes nigrum</i> Black Currant	2	

Plant	# Chemicals	Total PPM
<i>Ricinus communis</i> Castorbean	2	
<i>Rosa</i> spp Rose Hips	1	
<i>Rosa damascena</i> Damask Rose	1	
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	
<i>Rumex crispus</i> Yellow Dock; Sour Dock; Curly Dock; Lengua De Vaca	1	
<i>Rumex acetosa</i> Garden Sorrel	1	
<i>Ruta graveolens</i> Rue	1	
<i>Salix alba</i> White Willow	1	
<i>Sambucus nigra</i> European Alder; European Elderberry; European Elder; Black Elder; Elder	1	
<i>Sambucus canadensis</i> American Elderberry; Sweet Elder; Elderberry; American Elder	1	
<i>Sanguisorba officinalis</i> Greater Burnet	1	
<i>Sanguisorba minor</i> Small Burnet	1	
<i>Schinus terebinthifolius</i> Brazilian Peppertree	1	
<i>Schinus molle</i> California Peppertree; Mastic-Tree; Peruvian Peppertree	1	
<i>Senna occidentalis</i> Coffee Senna	1	
<i>Senna obtusifolia</i> Sicklepod	1	88560.0
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	1	
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Solanum tuberosum</i> Potato	2	
<i>Solidago virgaurea</i> Woundwort; European Goldenrod	1	
<i>Solidago gigantea</i> Early Goldenrod	1	
<i>Sophora japonica</i> Japanese Pagoda Tree	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Spartium junceum</i> Spanish Broom; Genet; Weaver's Broom	1	
<i>Spinacia oleracea</i> Spinach	1	38.0
<i>Strychnos nux-vomica</i> Nux-Vomica; Strychnine	1	
<i>Syzygium aromaticum</i> Clovetree; Clove	1	
<i>Tabebuia impetiginosa</i> Taheebo; Pau d'arco	1	
<i>Tagetes patula</i> French Marigold	1	
<i>Tagetes minuta</i> Stinking-Roger; Wild Marigold; Muster John Henry; Dwarf Marigold; Mexican Marigold; Aztec Marigold	1	
<i>Tanacetum vulgare</i> Tansy	1	
<i>Taraxacum officinale</i> Dandelion	1	
<i>Terminalia ivorensis</i> Emire; Satinwood; Blackbark; Shinglewood; Brimstonewood; Idigbo; Black Afara	1	
<i>Terminalia chebula</i> Myrobalan; Chebulic Myrobalan; Ink Nut; Black Myrobalan	1	
<i>Terminalia catappa</i> Indian Almond; Malabar Almond; Tropical Almond	1	
<i>Terminalia bellirica</i> Beleric Myrobalan; Bahera; Myrobalan Belleric; Myrobalan; Belleric	1	
<i>Teucrium scordium</i> Water Germander	1	
<i>Teucrium montanum</i> Mountain Germander	1	
<i>Teucrium botrys</i> Field Germander	1	
<i>Theobroma cacao</i> Cacao	2	
<i>Thespesia populnea</i> Indian tulip tree	1	

Plant	# Chemicals	Total PPM
<i>Thevetia peruviana</i> Peruvian Yellow Oleander; Oleandre Jaune (Fr.); Adelfa Amarilla (Sp.); Chirca (Sp.); Luckynut; Thevetie (Ger.); Loandro-Amarelo (Port.); Yellow Oleander; Cabalonga (Sp.)	1	
<i>Tilia</i> sp. Basswood; Linden; Lime	1	
<i>Tribulus terrestris</i> Puncture-vine	1	
<i>Tridax procumbens</i> Coatbuttons; Mexican daisy	1	
<i>Trifolium pratense</i> Red Clover; Cowgrass; Peavine Clover; Purple Clover	1	
<i>Trigonella foenum-graecum</i> Greek Hay; Alholva (Sp.); Fenugreek; Greek Clover; Bockshornklee (Ger.)	2	
<i>Triticum aestivum</i> Wheat	2	
<i>Tussilago farfara</i> Coltsfoot	1	
<i>Uncaria catechu</i> Pale Catechu; Gambir	1	
<i>Urginea maritima</i> European Squill	1	
<i>Urginea indica</i> Indian Squill; Sea-Onion	1	
<i>Urtica dioica</i> Stinging Nettle; European Nettle	2	
<i>Vaccinium vitis-idaea</i> Lingonberry; Lingen; Cowberry	1	
<i>Vaccinium myrtillus</i> Dwarf Bilberry; Bilberry; Whortleberry	1	
<i>Vaccinium macrocarpon</i> American Cranberry; Cranberry; Large Cranberry	1	500.0
<i>Vaccinium corymbosum</i> Blueberry	1	
<i>Valeriana officinalis</i> Valerian; Garden-Heliotrope; Common Valerian	1	
<i>Viburnum opulus</i> Crampbark; European Cranberry Bush; Guelder Rose; Snowballbush	1	
<i>Vigna radiata</i> Green Gram; Mungbean	2	
<i>Viola tricolor</i> Wild Violet; Pansy	1	
<i>Viola odorata</i> Sweet Violet; Common Violet	1	
<i>Vitis vinifera</i> Grape; Wine Grape; Vigne Vinifere (Fr.); European Grape; Parra (Sp.); Vid (Sp.); Grapevine; Weinrebe (Ger.)	1	
<i>Withania somnifera</i> Ashwagandha	1	
<i>Zea mays</i> Corn	2	14.0
<i>Zingiber officinale</i> Ginger	1	