

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	2	820.0
<i>Acacia farnesiana</i> Cassie; Huisache; Sweet Acacia; Popinac; Opopanax	1	914.0
<i>Achillea millefolium</i> Milfoil; Yarrow	1	
<i>Actaea racemosa</i> Black Snakeroot; Black Cohosh	1	
<i>Actinidia chinensis</i> Kiwi	2	60.0
<i>Aegle marmelos</i> Bael de India; Bael fruit	1	
<i>Agathosma betulina</i> Buchu; Mountain Buchu; Honey Buchu	1	84.0
<i>Albizia lebeck</i> Frywood; Koko; Women's-Tongue Tree; Lebbek; East Indian Walnut; Siris Tree; Lebbek Tree	1	
<i>Allium schoenoprasum</i> Chives	1	176.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	2	234.0
<i>Allium cepa</i> Shallot; Onion	2	390.0
<i>Allium ampeloprasum</i> Kurrat; Elephant Garlic	2	220.0
<i>Alocasia macrorrhiza</i> Giant Taro	1	32.0
<i>Aloe vera</i> Aloe; Bitter Aloes	1	128.0
<i>Aloe</i> spp. Aloe	1	
<i>Alpinia galanga</i> Greater Galangal; Languas; Siamese Ginger	1	142.0
<i>Althaea officinalis</i> Marshmallow; White Mallow	1	62.0
<i>Amaranthus spinosus</i> Spiny pigweed	1	
<i>Amaranthus</i> sp. Pigweed	1	236.0
<i>Amorphophallus konjac</i> Devil's Tongue; Konjac; Snake Palm; Leopard Palm; Umbrella Arum; Elephant Yam	1	
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	1	158.0
<i>Anacardium occidentale</i> Cashew	2	136.0
<i>Ananas comosus</i> Pineapple	2	80.0
<i>Anethum graveolens</i> Garden Dill; Dill	2	414.0
<i>Angelica sinensis</i> Dang Gui; Chinese Angelica; Dong Quai; Dang Qui; Dang Quai; Dong Gui	2	
<i>Annona squamosa</i> Sugar-Apple; Sweetsop	1	72.0
<i>Annona reticulata</i> Custard Apple	1	76.0
<i>Annona muricata</i> Soursop	1	154.0
<i>Annona glabra</i> Pondapple	1	
<i>Annona diversifolia</i> Llama	1	
<i>Annona cherimola</i> Cherimoya	1	100.0
<i>Apium graveolens</i> Celery	2	376.0
<i>Arachis hypogaea</i> Groundnut; Peanut	2	922.0
<i>Aralia cordata</i> Udo	1	340.0
<i>Arctium lappa</i> Great Burdock; Gobo; Burdock	1	28.0
<i>Arctostaphylos uva-ursi</i> Bearberry; Uva Ursi	1	24.0
<i>Areca catechu</i> Pin-Lang; Betel Nut	1	13.6
<i>Armoracia rusticana</i> Horseradish	1	110.0
<i>Arracacia xanthorrhiza</i> Arracacha; Peruvian Carrot	1	250.0

Plant	# Chemicals	Total PPM
<i>Artemisia vulgaris</i> Mugwort	1	470.0
<i>Artemisia dracunculus</i> Tarragon	1	180.0
<i>Artocarpus heterophyllus</i> Jackfruit	1	30.0
<i>Artocarpus altilis</i> Breadfruit	1	60.0
<i>Aspalathus linearis</i> Rooibos; Kaffree Tea; Red Bush Tea	1	
<i>Asparagus officinalis</i> Asparagus	2	1244.0
<i>Astragalus membranaceus</i> Huang-Chi; Huang Qi	1	
<i>Avena sativa</i> Oats	2	282.2
<i>Averrhoa carambola</i> Star Fruit; Carambola	1	
<i>Averrhoa bilimbi</i> Limon chino; Bilimbi	1	
<i>Bactris gasipaes</i> Peach palm; Pejibaye	1	
<i>Barosma betulina</i> Buchu	1	
<i>Basella alba</i> Vinespinach	1	140.0
<i>Benincasa hispida</i> Waxgourd	1	204.0
<i>Berberis vulgaris</i> Barberry	2	162.0
<i>Bertholletia excelsa</i> Brazilnut-Tree; Creamnut; Brazilnut; Paranut	2	34.0
<i>Beta vulgaris</i> Beetroot; Sugar Beet; Garden Beet; Beet	2	1085.2
<i>Bixa orellana</i> Bija; Annoto; Arnato; Achiote; Annato; Lipsticktree; Annatto; Lipstick Pod	1	38.0
<i>Blighia sapida</i> Seso Vegetal; Akee	1	344.0
<i>Boehmeria nivea</i> Ramie	1	242.0
<i>Borago officinalis</i> Beebread; Borage; Talewort; Beeplant	1	258.0
<i>Brassica rapa</i> Sarson	2	476.0
<i>Brassica pekinensis</i> Chinese Cabbage	1	112.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Cow Cabbage; Spring-Heading Cabbage; Tall Kale; Collards; Tree Kale	1	122.0
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Kitchen Kale; Scotch Kale; Kale; Curly Kale	2	1732.0
<i>Brassica oleracea</i> var. <i>italica</i> Sprouting Broccoli; Purple Cauliflower; Broccoli; Winter Broccoli; Calabrese; Asparagus Broccoli; Cape Broccoli; Heading Broccoli	2	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	2	254.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; Cabbage; White Cabbage	2	257.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	2	1056.0
<i>Brassica oleracea</i> Kohlrabi	1	88.0
<i>Brassica nigra</i> Black Mustard	1	95.74
<i>Brassica napus</i> var. <i>napobrassica</i> Swede; Rutabaga; Swedish Turnip	1	136.0
<i>Brassica chinensis</i> Chinese Mustard; Pak-Choi; Chinese White Cabbage; Bok-Choy; Celery Mustard; Chinese Cabbage; Celery Cabbage	2	326.0
<i>Bromelia pinguin</i> Wild Pineapple	1	114.0
<i>Brosimum alicastrum</i> Breadnut; Tamamuri	1	
<i>Bupleurum chinense</i> Chai-Hu	1	
<i>Byrsonima crassifolia</i> Nance	1	
<i>Cajanus cajan</i> Pigeonpea	1	304.0
<i>Calathea macrosepala</i> Chufle	1	
<i>Calendula officinalis</i> Pot-Marigold; Calendula	1	
<i>Camellia sinensis</i> Tea	1	152.0

Plant	# Chemicals	Total PPM
<i>Canavalia ensiformis</i> Jack Bean	1	256.0
<i>Canna indica</i> Queensland Arrowroot; Achira	1	26.0
<i>Cannabis sativa</i> Marihuana; Indian Hemp; Hemp; Marijuana	1	48.0
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	68.0
<i>Capsicum frutescens</i> Cayenne; Hot Pepper; Red Chili; Tabasco; Spur Pepper; Chili	2	364.0
<i>Capsicum annuum</i> Cherry Pepper; Green Pepper; Cone Pepper; Sweet Pepper; Paprika; Bell Pepper	3	868.0
<i>Carica pentagona</i> Mountain papaya; Babaco	1	
<i>Carica papaya</i> Papaya	2	249.0
<i>Carthamus tinctorius</i> Safflower	2	908.6
<i>Carum carvi</i> Kummel (Ger.); Carum; Comino (Sp.); Comino de prado (Sp.); Caraway	1	112.0
<i>Carya illinoensis</i> Pecan	1	18.6
<i>Casimiroa edulis</i> White sapote; Matasano	1	
<i>Catha edulis</i> Khat	1	296.0
<i>Catharanthus roseus</i> Madagascar Periwinkle; Rosy Periwinkle	1	
<i>Catharanthus lanceus</i> Lanceleaf Periwinkle	1	
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	25.0
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	224.0
<i>Ceratonia siliqua</i> St.John's-Bread; Carob; Locust Bean	1	
<i>Chamaemelum nobile</i> Perennial Camomile; Garden Camomile; Roman Camomile	1	
<i>Chenopodium ambrosioides</i> Wormseed; Epazote	1	80.0
<i>Chenopodium album</i> Lambsquarter	1	222.0
<i>Chondrus crispus</i> Irish Moss	1	166.0
<i>Chrysanthemum parthenium</i> Feverfew	1	
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	1	414.0
<i>Chrysophyllum cainito</i> Caimito; Star Apple	1	
<i>Cicer arietinum</i> Chickpea; Garbanzo	1	36.0
<i>Cichorium intybus</i> Chicory; Witloof; Succory	1	244.0
<i>Cichorium endivia</i> Escarole; Endive	1	128.0
<i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot	1	63.0
<i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon	1	16.0
<i>Citrullus lanatus</i> Watermelon	1	54.0
<i>Citrus sinensis</i> Orange	2	120.0
<i>Citrus reticulata</i> Tangerine; Mandarin	2	132.0
<i>Citrus paradisi</i> Grapefruit	2	146.0
<i>Citrus limon</i> Lemon	1	38.0
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	1	48.0
<i>Citrus aurantiifolia</i> Lime	1	58.0
<i>Cnicus benedictus</i> Blessed Thistle	1	6.2
<i>Cnidioscolus chayamansa</i> Chaya	1	170.0
<i>Cocos nucifera</i> Cocotero (Sp.); Copra; Coconut; Kokospalme (Ger.); Coconut Palm; Nariyal	2	56.0
<i>Coffea arabica</i> Coffee	2	140.0
<i>Coix lacryma-jobi</i> Adlay Millet; Yi-Yi-Ren; Adlay; Job'S-Tears	1	96.0

Plant	# Chemicals	Total PPM
<i>Colocasia esculenta</i> Taro	1	290.0
<i>Corchorus olitorius</i> Mulukiya; Nalta Jute; Jew's Mallow	1	204.0
<i>Coriandrum sativum</i> Cilantro; Chinese Parsley; Coriander	1	318.0
<i>Corylus avellana</i> Hazel; European Hazel; English Filbert; European Filbert; Cobnut	2	108.0
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus laevigata</i> Hawthorn; Woodland Hawthorn; English Hawthorn; Whitethorn	1	
<i>Crescentia alata</i> Jicaro	1	18.0
<i>Cucumis sativus</i> Cucumber	2	228.0
<i>Cucumis melo</i> Melon; Cantaloupe; Persian Melon; Nutmeg Melon; Muskmelon; Netted Melon	2	164.0
<i>Cucurbita</i> spp Summer Squash	1	170.0
<i>Cucurbita pepo</i> Pumpkin	2	643.0
<i>Cuminum cyminum</i> Cumin	1	98.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	2	124.0
<i>Cyclanthera pedata</i> Achocha	1	150.0
<i>Cydonia oblonga</i> Quince	1	44.0
<i>Cynara cardunculus</i> Artichoke	1	164.0
<i>Cyphomandra betacea</i> Tamarillo; Tree Tomato	1	170.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	44.0
<i>Daucus carota</i> Carrot	2	1648.0
<i>Dioscorea villosa</i> Wild Yam	1	
<i>Dioscorea</i> sp. Wild Yam	1	
<i>Dioscorea pentaphylla</i> Mountain Yam	1	58.0
<i>Dioscorea alata</i> Greater Yam; Winged Yam	1	34.0
<i>Diospyros digyna</i> Sapote Negro; Black Sapote	1	
<i>Durio zibethinus</i> Durian	1	
<i>Echinacea</i> spp Coneflower; Echinacea	1	85.0
<i>Echinacea purpurea</i> Eastern Purple-Coneflower; Echinacea; Purple-Coneflower	1	
<i>Elaeagnus umbellatus</i> Russian Olive	2	
<i>Elaeagnus commutata</i> Silver Berry	1	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	1	
<i>Elaeis guineensis</i> African Oil Palm	2	
<i>Eleocharis dulcis</i> Water chestnut	1	
<i>Elettaria cardamomum</i> Cardamom	2	24.0
<i>Eleutherococcus senticosus</i> Spiny Ginseng; Wu jia; Siberian Ginseng; Eleuthero Ginseng; Ci wu jia (Pinyin)	2	
<i>Ephedra sinica</i> Ma Huang; Chinese Ephedra	1	180.0
<i>Equisetum arvense</i> Horsetail; Field Horsetail	1	931.0
<i>Eriobotrya japonica</i> Loquat	1	50.0
<i>Eriodictyon californicum</i> Yerba Santa; Mountain Balm; Tarweed; California Yerba Santa; Bear's Weed; Consumptive's Weed; Holy Herb; Hierba Santa; Gum Bush	1	
<i>Eryngium floridanum</i> Florida Eryngium	1	140.0
<i>Erythrina fusca</i> Gallito; Coral Bean	1	130.0
<i>Erythrina berteroana</i> Pito	1	150.0
<i>Erythroxylum coca</i> Coca	1	122.0

Plant	# Chemicals	Total PPM
<i>Eucalyptus globulus</i> Blue Gum; Eucalypt; Tasmanian Bluegum	1	
<i>Eugenia uniflora</i> Surinam Cherry; Pitanga	1	
<i>Eugenia floribunda</i> Camu-camu negro; Black rumberry; Camu-camu arbol	1	
<i>Eugenia brasiliensis</i> Grumichama; Brazil Cherry	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Euphrasia officinalis</i> Eyebright	1	674.0
<i>Fagopyrum esculentum</i> Buckwheat	2	172.0
<i>Ficus carica</i> Fig; Fico (Ital.); Higuera Comun (Sp.); Higo (Sp.); Figuier Commun (Fr.); Feigenbaum (Ger.); Echte Feige (Ger.); Figueira (Port.)	2	64.0
<i>Foeniculum vulgare</i> Fennel	2	262.0
<i>Fragaria</i> spp Strawberry	2	162.0
<i>Frangula purshiana</i> Cascara Sagrada; Cascara Buckthorn	1	58.0
<i>Frangula alnus</i> Buckthorn	1	400.0
<i>Fucus vesiculosus</i> Bladderwrack; Kelp	1	94.0
<i>Garcinia mangostana</i> Mangostin; Mangosteen	1	
<i>Genipa americana</i> Jagua; Genipap	1	30.0
<i>Gentiana lutea</i> Gentian; Yellow Gentian	1	122.0
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	268.0
<i>Gliricidia sepium</i> Mata Raton	1	216.0
<i>Glycine max</i> Soybean	2	1060.0
<i>Glycyrrhiza glabra</i> Licorice; Licorice-Root; Commom Licorice; Smooth Licorice	1	140.0
<i>Gossypium</i> sp Cotton	1	32.0
<i>Gymnema sylvestre</i> Gymnema; Miracle Fruit	1	
<i>Harpagophytum procumbens</i> Devil's Claw; Grapple Plant	1	
<i>Hedera helix</i> Ivy	1	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	128.0
<i>Helianthus annuus</i> Sunflower; Girasol	3	69340.0
<i>Hibiscus sabdariffa</i> Roselle; Sorrel; Rosa de Jamaica (Sp.); Acedera de Guinea (Sp.); Indian Sorrel; Malventee (Ger.); Rosella (Ger.); Kharkadi; Jamaica Sorrel; Sereni (Sp.); Red Sorrel	3	347.0
<i>Hibiscus rosa-sinensis</i> Chinese hibiscus; Shoe-flower	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	2	252.0
<i>Humulus lupulus</i> Hops	2	870.0
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	
<i>Hydrastis canadensis</i> Goldenseal	1	124.0
<i>Hylocereus undatus</i> Strawberry Pear; Nopalito De Noche; Queen-of-the-Night; Night-Blooming Cereus; Belle-of-the-Night	1	
<i>Hylocereus guatemalensis</i> Guatemala Cereus; Nopalito De Guatemala	1	
<i>Inga edulis</i> Icecream Bean; Guaba	1	
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	2	430.0
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	2	2600.0
<i>Juglans regia</i> English Walnut	2	62.0
<i>Juglans nigra</i> Black Walnut	1	14.0
<i>Juniperus communis</i> Common Juniper; Juniper	1	24.0

Plant	# Chemicals	Total PPM
<i>Justicia pectoralis</i> Angel Of Death; Curia; Bolek Hena	1	330.0
<i>Lablab purpureus</i> Lablab Bean; Bonavist Bean; Hyacinth Bean	1	175.74
<i>Lactuca virosa</i> Bitter Lettuce	1	
<i>Lactuca scariola</i> Prickly Lettuce	1	
<i>Lactuca sativa</i> Lettuce	2	412.0
<i>Lagenaria siceraria</i> White-Flowered Gourd; Calabash Gourd	1	144.0
<i>Larrea tridentata</i> Creosote Bush; Chaparral	1	
<i>Lens culinaris</i> Lentil	2	180.0
<i>Lepidium sativum</i> Garden Cress	2	3982.0
<i>Lepidium meyenii</i> Maca; Peruvian Ginseng	1	
<i>Licania platypus</i> Sansapote	1	
<i>Linum usitatissimum</i> Flax; Linseed	3	133.9
<i>Lobelia inflata</i> Lobelia; Indian Tobacco	1	66.0
<i>Luffa aegyptiaca</i> Smooth Loofah; Vegetable Sponge; Luffa	1	160.0
<i>Lupinus mutabilis</i> Chocho; Andean Lupine; Tarhui	1	114.0
<i>Lupinus albus</i> White Lupine	1	48.0
<i>Lycium chinense</i> Chinese Matrimony Vine; Chinese Wolfberry; Kaukichai (Malays.); Chinesischer Bocksdorn (Ger.); Kuko (Jap.); Daun Koki (Indones.); Lyciet de Chine (Fr.); Spina Santa Cinese (Ital.); Gou Qi (Chin.); Chinese Boxthorn; Wolfberry	2	154.0
<i>Lycopersicon esculentum</i> Tomato	2	484.0
<i>Macadamia spp</i> Macadamia	1	44.0
<i>Malpighia glabra</i> Acerola	1	94.0
<i>Malus domestica</i> Apple	2	88.0
<i>Malva sylvestris</i> High Mallow	1	120.0
<i>Malva parviflora</i> Cheeseweed	1	18.0
<i>Mammea americana</i> Mamey	1	
<i>Mangifera indica</i> Mango	1	326.0
<i>Manihot esculenta</i> Tapioca; Yuca; Cassava	1	238.0
<i>Manilkara zapota</i> Sapodilla	1	
<i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot	1	32.0
<i>Matricaria recutita</i> Wild Camomile; Annual Camomile; German Camomile	1	
<i>Mauritia flexuosa</i> Morichi palm; Buruti; Aguaje	1	
<i>Medicago sativa</i> Alfalfa; Lucerne	2	708.0
<i>Melicoccus bijugatas</i> Genip; Mamoncillo; Honey berry; Pitomba	1	
<i>Mentha x piperita</i> Peppermint	2	228.0
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	1	89.0
<i>Mimulus glabratus</i> Huaca-Mullo	1	184.0
<i>Mitragyna speciosa</i> Kratom	1	
<i>Momordica charantia</i> Bitter Melon; Sorosi	1	306.0
<i>Morinda citrifolia</i> Noni; Indian Mulberry	1	642.0
<i>Moringa oleifera</i> Drumstick Tree; Moringa; West Indian Ben; Jacinto (Sp.); Horseradish Tree; Ben Nut; Benzolive Tree	3	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	108.0
<i>Mucuna pruriens</i> Cowage; Velvetbean	1	68.0

Plant	# Chemicals	Total PPM
<i>Muntingia calabura</i> Yumansa; Cereso; Jamaica cherry	1	
<i>Murraya</i> sp None	1	40.0
<i>Murraya koenigii</i> Curry Leaf Tree; Curry Leaf; Indian Curry Tree	1	
<i>Musa</i> x <i>paradisica</i> Banana; Plantain	3	250.0
<i>Myrciaria dubia</i> Camu-camu (Eng.,Peru,Scn.,Sp.); Camu-camu Negro (Peru); Rumberry (Eng.); Camo Camo (Peru); Guapuro Blanco (Bol.); Araza de Agua (Sp.)	1	
<i>Myrciaria cauliflora</i> Jaboticaba	1	
<i>Myrica cerifera</i> Southern Bayberry; Wax Myrtle; Bayberry; Candle-Berry	1	56.0
<i>Nasturtium officinale</i> Watercress; Berro	1	226.0
<i>Nelumbo nucifera</i> Water Lotus	1	416.0
<i>Nepeta cataria</i> Catnip	1	
<i>Nicotiana tabacum</i> Tobacco	1	
<i>Ocimum basilicum</i> Basil; Sweet Basil; Cuban Basil	1	138.0
<i>Oenothera biennis</i> Evening-Primrose	1	124.0
<i>Olea europaea</i> Olive	1	238.0
<i>Opuntia ficus-indica</i> Nopal; Prickly Pear; Indian Fig; Nopalito	2	68.2
<i>Origanum vulgare</i> Common Turkish Oregano; Oregano; European Oregano; Wild Oregano; Pot Marjoram; Wild Marjoram	2	134.0
<i>Origanum majorana</i> Marjoram; Sweet Marjoram	1	88.0
<i>Oryza sativa</i> Rice	2	130.0
<i>Oxalis tuberosa</i> Oca; Quiba; Papa Roja	1	50.0
<i>Pachira macrocarpa</i> Large-Fruited Provision Tree	1	80.0
<i>Pachyrhizus erosus</i> Yambean	1	56.0
<i>Panax quinquefolius</i> Ginseng; American Ginseng	1	120.0
<i>Panax ginseng</i> Oriental Ginseng; Korean Ginseng; Ginseng; Chinese Ginseng	1	160.0
<i>Panicum maximum</i> Guinea grass	1	
<i>Papaver somniferum</i> Poppyseed Poppy; Opium Poppy	1	22.0
<i>Parthenium integrifolium</i> Wild Quinine; Prairie-Dock; Feverfew; American Feverfew; Missouri Snakeroot	1	
<i>Passiflora quadrangularis</i> Granadilla	1	1536.0
<i>Passiflora mollissima</i> Granadilla De Guineo; Banana Passionfruit	1	
<i>Passiflora ligularis</i> Granadilla; Sweet Granadilla	1	
<i>Passiflora incarnata</i> Passionflower; Manzana de Mayo; Mayapple	1	
<i>Passiflora foetida</i> Granadilla Cimarrona; Stinking Granadilla	1	
<i>Passiflora edulis</i> Maracuya; Passionfruit	1	
<i>Pastinaca sativa</i> Parsnip	1	68.0
<i>Peperomia pereskiiifolia</i> Perejil	1	
<i>Peperomia pelucida</i> Pepper elder; Yerba de la plata	1	
<i>Pereskia aculeata</i> Barbados Gooseberry; Grosela Americana	1	
<i>Perilla frutescens</i> Perilla	1	198.0
<i>Persea schiedeana</i> Palta De Monte; Wild Avocado; Wild Pear	1	
<i>Persea americana</i> Avocado	2	300.0
<i>Petasites japonicus</i> Butterbur	1	72.0
<i>Petroselinum crispum</i> Parsley	2	678.0

Plant	# Chemicals	Total PPM
<i>Phaseolus vulgaris</i> Green Bean; Popping Bean; Haricot Vert; Kidney Bean; Navy Bean; Pop Bean; Black Bean; Flageolet Bean; Wax Bean; Haricot; Garden Bean; Haricot Bean; Field Bean; French Bean; Snap Bean; String Bean; Dwarf Bean	2	2516.0
<i>Phaseolus lunatus</i> Lima Bean; Butter Bean	1	211.0
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	98.0
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	1	270.0
<i>Phyllanthus emblica</i> Myrobalan; Emblic	1	24.0
<i>Phyllanthus acidus</i> Otaheite Gooseberry; Indian Gooseberry	1	116.0
<i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry	1	162.0
<i>Physalis ixocarpa</i> Tomatillo	1	506.0
<i>Phytolacca americana</i> Pokeweed	1	286.0
<i>Pimenta dioica</i> Jamaica-Pepper; Pimenta; Clover-Pepper; Pimento; Allspice	1	3.6
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	
<i>Pinus pinea</i> Pignolia; Italian Stone Pine	1	
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pinus cembroides</i> Mexican Pinyon	1	
<i>Piper nigrum</i> Black Pepper; White Pepper; Pepper	2	29.041
<i>Piper betel</i> Betel Pepper	1	96.0
<i>Piper auritum</i> Hoja Santa; Cordoncillo; Hierba Santa	1	200.0
<i>Pistacia vera</i> Pistachio	2	138.0
<i>Pisum sativum</i> Pea	2	372.0
<i>Plantago psyllium</i> Psyllium	1	
<i>Plantago major</i> Common Plantain	1	
<i>Platonia insignis</i> Bakuri; Pacouri	1	
<i>Platycodon grandiflorum</i> Balloon Flower; Chieh-Keng; Jie-Geng	1	206.0
<i>Plectranthus amboinicus</i> French Thyme; Indian Borage; Spanish Thyme; Country Borage; Soup Mint; Mexican Mint; Amboini Coleus; Cuban Oregano	1	
<i>Polymnia edulis</i> Andean Jicama	1	164.0
<i>Populus nigra</i> Black Poplar	1	
<i>Portulaca oleracea</i> Verdolaga; Purslane	2	4776.0
<i>Pourouma cecropiaefolia</i> Tree Grape; Uvilla	1	
<i>Pouteria viridis</i> Sapote Verde; Green Sapote	1	
<i>Pouteria campechiana</i> Canistel	1	
<i>Pouteria caimito</i> Caimito; Abiu	1	
<i>Prunus salicifolia</i> Capulin; Wild Cherry	1	
<i>Prunus persica</i> Peach	2	336.0
<i>Prunus dulcis</i> Almond	2	676.0
<i>Prunus domestica</i> Plum	2	192.0
<i>Prunus cerasus</i> Sour Cherry	2	82.8
<i>Prunus armeniaca</i> Apricot	1	156.0
<i>Psidium guajava</i> Guava	1	172.0
<i>Psidium cattleianum</i> Strawberry Guava	1	76.0
<i>Psophocarpus tetragonolobus</i> Winged Bean; Goa Bean; Asparagus Pea	1	138.0

Plant	# Chemicals	Total PPM
<i>Psoralea corylifolia</i> Babchi; Malaya Tea; Black Dot	1	
<i>Punica granatum</i> Pomegranate; Grenadier (Fr.); Granatapfelbaum (Ger.); Granatapfelstrauch (Ger.); Mangrano (Sp.); Zakuro (Jap.); Granado (Sp.); Romanzeiro (Port.)	1	100.0
<i>Pyrus communis</i> Pear	2	74.0
<i>Quararibea cordata</i> Chupa-Chupa; Sapote	1	
<i>Quercus alba</i> White Oak	1	
<i>Raphanus sativus</i> Radish	1	950.0
<i>Rauvolfia vomitoria</i> African Snakeroot	1	
<i>Rauvolfia tetraphylla</i> Four-Leaf Devilpepper; Pinque-Pinque	1	
<i>Rauvolfia serpentina</i> Indian Snakeroot; Serpentine Wood	1	
<i>Rheum rhabarbarum</i> Rhubarb	2	2752.0
<i>Rhizophora mangle</i> Red Mangrove	1	
<i>Rhodymenia palmata</i> Dulse	1	
<i>Ribes uva-crispa</i> Gooseberry	2	162.0
<i>Ribes rubrum</i> White Currant; Red Currant	2	130.0
<i>Ribes nigrum</i> Black Currant	2	274.0
<i>Ricinus communis</i> Castorbean	2	44.0
<i>Rollinia mucosa</i> Lancewood; Biriba	1	
<i>Rosa canina</i> Rose; Dog Rose; Dogbrier	2	544.0
<i>Rosmarinus officinalis</i> Rosemary	2	22.0
<i>Rubus idaeus</i> Red Raspberry; Raspberry	3	876.0
<i>Rumex crispus</i> Curly Dock; Yellow Dock; Lengua De Vaca; Sour Dock	1	216.0
<i>Rumex acetosa</i> Garden Sorrel	1	100.0
<i>Ruscus aculeatus</i> Butcher's Broom; Box-Holly	1	162.4
<i>Salix alba</i> White Willow	1	198.0
<i>Salvia officinalis</i> Sage	1	124.0
<i>Sambucus nigra</i> European Alder; European Elderberry; Black Elder; Elder; European Elder	1	14.0
<i>Sambucus canadensis</i> Elderberry; Sweet Elder; American Elderberry; American Elder	1	50.0
<i>Satureja hortensis</i> Summer Savory	1	90.0
<i>Schisandra chinensis</i> Schizandra; Wu Wei Zi; Five-Flavor-Fruit; Wu Wei Zu; Chinese Magnolia Vine; Magnolia Vine	1	
<i>Sclerocarya caffra</i> Marula	1	62.0
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Scullcap	1	70.0
<i>Secale cereale</i> Rye	1	
<i>Sechium edule</i> Chayote	1	360.0
<i>Senna alexandrina</i> Alexandran senna; Indian Senna; True Senna	1	
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	1	
<i>Sesamum indicum</i> Sesamo (Sp.); Beni; Sesame; Ajonjoli (Sp.); Benneseed	2	162.0
<i>Sicana odorifera</i> Cassabanana	1	
<i>Sida rhombifolia</i> Teaplant; Broomweed	1	210.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Sinapis alba</i> White Mustard	1	168.0
<i>Smilax spp</i> Sarsaparilla	1	

Plant	# Chemicals	Total PPM
<i>Smilax officinalis</i> Sarsaparilla	1	
<i>Solanum tuberosum</i> Potato	2	153.6
<i>Solanum torvum</i> Wild Eggplant; Susumba	1	356.0
<i>Solanum sessiliflorum</i> Cocona	1	
<i>Solanum quitoensis</i> Naranjillo	1	
<i>Solanum melongena</i> Aubergine; Eggplant	1	196.0
<i>Sonchus oleraceus</i> Sow Thistle; Cerraja	1	236.0
<i>Sophora pachycarpa</i> Siberian Pachycarpa	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Spinacia oleracea</i> Spinach	2	1017.6
<i>Spirulina</i> spp. Spirulina	1	
<i>Spirulina pratensis</i> Spirulina	1	320.0
<i>Spondias purpurea</i> Purple Plum; Purple Jobo	1	84.0
<i>Spondias pinnata</i> Yellow Plum; Yellow Mombin	1	62.0
<i>Spondias mombin</i> Yellow Plum; Yellow Mombin	1	234.0
<i>Spondias dulcis</i> Ambarella	1	210.0
<i>Stachys officinalis</i> Betony; Purple Betony; Wood Betony; Bishop's-Wort	1	
<i>Stellaria media</i> Chickweed; Common Chickweed	1	94.0
<i>Stevia rebaudiana</i> Sweet Leaf of Paraguay; Stevia; Ca-A-E	1	
<i>Symphytum officinale</i> Comfrey	1	134.0
<i>Syzygium malaccense</i> Ohia; Malay Apple; Mammey Pomorrosa	1	
<i>Syzygium jambos</i> Pomarrosa; Rose Apple	1	
<i>Syzygium cumini</i> Java Plum; Aceituna Dulce; Jambolan	1	
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	11.4
<i>Tamarindus indica</i> Kilytree; Tamarind; Indian Tamarind	1	318.0
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	2	66.1
<i>Terminalia catappa</i> Malabar Almond; Tropical Almond; Indian Almond	1	14.0
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	170.0
<i>Theobroma speciosum</i> Macambo	1	
<i>Theobroma cacao</i> Cacao	1	68.0
<i>Theobroma bicolor</i> Nicaraguan Cacao; Pataste	1	
<i>Thymus vulgaris</i> Garden Thyme; Common Thyme; Thyme	1	108.0
<i>Tilia</i> sp. Basswood; Lime; Linden	1	
<i>Tragopogon porrifolius</i> Salsify	1	44.0
<i>Trichosanthes anguina</i> Snakegourd	1	112.0
<i>Trifolium pratense</i> Peavine Clover; Red Clover; Purple Clover; Cowgrass	2	1050.0
<i>Trigonella foenum-graecum</i> Greek Clover; Fenugreek; Alholva (Sp.); Bockshornklee (Ger.); Greek Hay	1	36.0
<i>Triticum aestivum</i> Wheat	3	11056.0
<i>Tropaeolum tuberosum</i> Anu; Mashua	1	100.0
<i>Tropaeolum majus</i> Nasturtium	1	150.0
<i>Turnera diffusa</i> Damiana	1	204.0

Plant	# Chemicals	Total PPM
<i>Ullucus tuberosus</i> Melloco; Ulluco	1	78.0
<i>Ulmus rubra</i> Slippery Elm; Red Elm	1	400.0
<i>Urtica dioica</i> Stinging Nettle; European Nettle	2	292.0
<i>Vaccinium myrtillus</i> Whortleberry; Dwarf Bilberry; Bilberry	1	130.0
<i>Vaccinium macrocarpon</i> Cranberry; Large Cranberry; American Cranberry	2	250.3
<i>Vaccinium corymbosum</i> Blueberry	2	280.0
<i>Valeriana officinalis</i> Common Valerian; Valerian; Garden-Heliotrope	2	104.0
<i>Verbascum thapsus</i> Flannelplant; Mullein; Velvetplant; Great Mullein; Flannelleaf	1	190.0
<i>Vicia faba</i> Broadbean; Habas; Faba Bean	1	110.0
<i>Vigna unguiculata</i> Asparagus Bean; Pea Bean; Yardlong Bean	1	386.0
<i>Vigna subterranea</i> Bambarra Groundnut; Groundbean	1	40.0
<i>Vigna radiata</i> Mungbean; Green Gram	1	224.0
<i>Vigna mungo</i> Black Gram	1	52.0
<i>Vigna angularis</i> Adzuki Bean	1	72.0
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	62.0
<i>Viola tricolor</i> Pansy; Wild Violet	1	604.0
<i>Vitis vinifera</i> Parra (Sp.); Grape; Vid (Sp.); European Grape; Wine Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.); Grapevine	2	92.8
<i>Xanthosoma sagittifolium</i> Tannia; Yautia; Malanga	1	40.0
<i>Yucca baccata</i> Spanish Bayonet; Blue Yucca; Banana Yucca; Yucca	1	
<i>Zea mays</i> Corn	2	738.0
<i>Zingiber officinale</i> Ginger	1	270.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	1	82.0
<i>Zizyphus jujuba</i> Da-Zao; Jujube; Ta-Tsao	1	106.0