

A Progestational

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achillea millefolium</i> Milfoil; Yarrow	1	1
<i>Acinos suaveolens</i>	1	1
<i>Agrimonia eupatoria</i> Sticklewort; Agrimony	1	1
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	1
<i>Aloysia citrodora</i> Lemon Verbena	1	1
<i>Anethum graveolens</i> Garden Dill; Dill	1	1
<i>Anisochilus carnosus</i> Panjiri-ka Pat	1	1
<i>Apium graveolens</i> Celery	1	1
<i>Araucaria bidwillii</i> Monkey puzzle	1	1
<i>Artemisia dracunculus</i> Tarragon	1	1
<i>Artemisia annua</i> Sweet Wormwood (GRIN); Qinghao; Sweet Annie; Annual Wormwood (GRIN); Annual Mugwort (GRIN)	1	1
<i>Ballota nigra</i> Black Horehound	1	1
<i>Camellia sinensis</i> Tea	1	1
<i>Centaurea cyanus</i> Cornflower; Bachelor's Button	1	1
<i>Centaurea calcitrapa</i> Star-Thistle	1	1
<i>Chamaemelum nobile</i> Perennial Camomile; Garden Camomile; Roman Camomile	1	1
<i>Cichorium intybus</i> Succory; Chicory; Witloof	1	1
<i>Colchicum autumnale</i> Autumn Crocus; Meadow Saffron	1	1
<i>Conyza canadensis</i> Hogweed; Horseweed; Butterweed	1	1
<i>Coriandrum sativum</i> Chinese Parsley; Coriander; Cilantro	1	1
<i>Crataegus rhipidophylla</i> Hawthorn	1	1
<i>Crataegus monogyna</i> Hawthorn; English Hawthorn	1	1
<i>Crataegus laevigata</i> Hawthorn; Woodland Hawthorn; Whitethorn; English Hawthorn	1	1
<i>Cynara cardunculus</i> Artichoke	1	1
<i>Daphne genkwa</i> Yuan Hua	1	1
<i>Daucus carota</i> Carrot	1	1
<i>Digitalis purpurea</i> Purple Foxglove	1	1
<i>Echinacea</i> spp Coneflower; Echinacea	1	1
<i>Echinacea angustifolia</i> Narrow Leaf Purple-Coneflower; Narrow Leaf Echinacea; Echinacea	1	1
<i>Ephedra sinica</i> Ma Huang; Chinese Ephedra	1	1
<i>Equisetum arvense</i> Field Horsetail; Horsetail	1	1
<i>Eucalyptus globulus</i> Tasmanian Bluegum; Blue Gum; Eucalypt	1	1
<i>Euphrasia officinalis</i> Eyebright	1	1
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	1
<i>Glechoma hederacea</i> Alehoof	1	1
<i>Glycyrrhiza glabra</i> Licorice-Root; Licorice; Smooth Licorice; Commom Licorice	1	1
<i>Hydnocarpus wightiana</i> Hindi Chaulmoogra	1	1
<i>Jatropha gossypifolia</i> Spanish Physic Nut	1	1
<i>Juniperus communis</i> Common Juniper; Juniper	1	1

Plant	# Chemicals	Total PPM
<i>Linum usitatissimum</i> Linseed; Flax	1	1
<i>Lycopodium clavatum</i> Clubmoss; Antler Herb	1	1
<i>Maclura pomifera</i> Hedge Apple; Osage-Orange	1	1
<i>Malus domestica</i> Apple	1	1
<i>Marrubium vulgare</i> White Horehound; Horehound	1	1
<i>Matricaria recutita</i> Annual Camomile; German Camomile; Wild Camomile	1	1
<i>Medicago sativa</i> Lucerne; Alfalfa	1	1
<i>Mentha x rotundifolia</i> Applemint	1	1
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	1	1
<i>Mentha aquatica</i> Water Mint	1	1
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	1	1
<i>Ocimum basilicum</i> Cuban Basil; Basil; Sweet Basil	1	1
<i>Olea europaea</i> Olive	1	1
<i>Ononis spinosa</i> Restharrow; Spiny Restharrow; Hauhechel (Ger.)	1	1
<i>Origanum vulgare</i> European Oregano; Wild Marjoram; Wild Oregano; Pot Marjoram; Oregano; Common Turkish Oregano	1	1
<i>Passiflora incarnata</i> Passionflower; Mayapple; Manzana de Mayo	1	1
<i>Perilla frutescens</i> Perilla	1	1
<i>Petroselinum crispum</i> Parsley	1	1
<i>Phaseolus vulgaris</i> Green Bean; String Bean; Popping Bean; Wax Bean; Garden Bean; Flageolet Bean; Pop Bean; Black Bean; Snap Bean; Haricot Bean; Kidney Bean; Dwarf Bean; Navy Bean; Haricot Vert; Field Bean; French Bean; Haricot	1	1
<i>Phoenix dactylifera</i> Date Palm	1	1
<i>Pimpinella anisum</i> Sweet Cumin; Anise	1	1
<i>Plantago major</i> Common Plantain	1	1
<i>Pogostemon cablin</i> Patchouli	1	1
<i>Prosopis juliflora</i> Mesquite	1	1
<i>Prunus cerasus</i> Sour Cherry	1	1
<i>Pueraria montana</i> Kudzu; Kudzu	1	1
<i>Punica granatum</i> Granado (Sp.); Romanzeiro (Port.); Pomegranate; Zakuro (Jap.); Mangrano (Sp.); Granatapfelstrauch (Ger.); Grenadier (Fr.); Granatapfelbaum (Ger.)	1	1
<i>Rosmarinus officinalis</i> Rosemary	1	1
<i>Salix alba</i> White Willow	1	1
<i>Salvia officinalis</i> Sage	1	1
<i>Satureja montana</i> Winter Savory; Savory	1	1
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Skullcap	1	1
<i>Scutellaria galericulata</i> Marsh Skullcap	1	1
<i>Scutellaria baicalensis</i> Baikal Skullcap; Huang Qin; Chinese Skullcap	1	1
<i>Serenoa repens</i> Scrub-Palmetto; Saw Palmetto	1	1
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	1
<i>Stachys officinalis</i> Wood Betony; Bishop's-Wort; Betony; Purple Betony	1	1
<i>Stellaria media</i> Chickweed; Common Chickweed	1	1
<i>Tanacetum vulgare</i> Tansy	1	1
<i>Teucrium polium</i> Golden Germander	1	1
<i>Thymus vulgaris</i> Garden Thyme; Common Thyme; Thyme	1	1

Plant	# Chemicals	Total PPM
<i>Thymus serpyllum</i> Creeping Thyme		1
<i>Trigonella foenum-graecum</i> Alholva (Sp.); Bockshornklee (Ger.); Greek Clover; Greek Hay; Fenugreek		1
<i>Triticum aestivum</i> Wheat		1