

A 5-HETE-Inhibitor

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Actinidia chinensis</i> Kiwi	1	
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Anacardium occidentale</i> Cashew	1	
<i>Angelica sinensis</i> Dang Gui; Dong Quai; Dang Quai; Dong Gui; Dang Qui; Chinese Angelica	1	
<i>Asparagus officinalis</i> Asparagus	1	512.0
<i>Bertholletia excelsa</i> Brazilnut-Tree; Creamnut; Paranut; Brazilnut	1	
<i>Boswellia serrata</i> Kundur Luban; Indian Olibanum-Tree; Salai Guggal; Indian Frankincense; Salaki; Salai	1	
<i>Capparis spinosa</i> Caper; Caperbush	1	
<i>Capsicum frutescens</i> Spur Pepper; Red Chili; Cayenne; Chili; Hot Pepper; Tabasco	1	48.0
<i>Capsicum annuum</i> Sweet Pepper; Paprika; Green Pepper; Cherry Pepper; Bell Pepper; Cone Pepper	1	48.0
<i>Ceratonia siliqua</i> Locust Bean; St.John's-Bread; Carob	1	
<i>Costus speciosus</i> Cane Reed; Wild Ginger; Crepe Ginger	1	
<i>Curcuma zedoaria</i> Zedoary; Shoti	1	2000.0
<i>Curcuma xanthorrhiza</i> Temu Lawak; Javan Turmeric	1	20000.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	1	94888.0
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	1	
<i>Eleutherococcus senticosus</i> Ci wu jia (Pinyin); Spiny Ginseng; Wu jia; Eleuthero Ginseng; Siberian Ginseng	1	
<i>Eucalyptus wandoo</i>	1	
<i>Fagopyrum esculentum</i> Buckwheat	1	84.0
<i>Fallopia japonica</i> Giant Knotweed; Japanese Knotweed; Mexican Bamboo; Hu-Zhang	1	
<i>Ficus carica</i> Fig; Higo (Sp.); Echte Feige (Ger.); Figueira (Port.); Feigenbaum (Ger.); Fico (Ital.); Higuera Comun (Sp.); Figuier Commun (Fr.)	1	
<i>Foeniculum vulgare</i> Fennel	1	
<i>Frangula alnus</i> Buckthorn	1	400.0
<i>Glycine max</i> Soybean	1	
<i>Helianthus annuus</i> Sunflower; Girasol	1	68000.0
<i>Hibiscus sabdariffa</i> Roselle; Sorrel; Rosa de Jamaica (Sp.); Jamaica Sorrel; Indian Sorrel; Red Sorrel; Acedera de Guinea (Sp.); Kharkadi; Rosella (Ger.); Sereni (Sp.); Malventee (Ger.)	1	
<i>Ipomoea batatas</i> Sweet Potato	1	242.0
<i>Ipomoea aquatica</i> Swamp Cabbage; Water Spinach	1	2360.0
<i>Lactuca virosa</i> Bitter Lettuce	1	
<i>Lens culinaris</i> Lentil	1	40.0
<i>Linum usitatissimum</i> Flax; Linseed	1	94.0
<i>Maclura pomifera</i> Osage-Orange; Hedge Apple	1	
<i>Medicago sativa</i> Alfalfa; Lucerne	1	
<i>Moringa oleifera</i> Horseradish Tree; Jacinto (Sp.); Moringa; West Indian Ben; Drumstick Tree; Benzolive Tree; Ben Nut	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	
<i>Musa x paradisiaca</i> Banana; Plantain	1	22.0
<i>Nicotiana tabacum</i> Tobacco	1	

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<i>Opuntia ficus-indica</i> Indian Fig; Nopalito; Prickly Pear; Nopal	1	5.0
<i>Panicum maximum</i> Guinea grass	1	
<i>Pisum sativum</i> Pea	1	44.0
<i>Polygonum multiflorum</i> Chinese Knotweed; Fleeceflower; Chinese Cornbind; He Shou Wu; Fo Ti	1	
<i>Portulaca oleracea</i> Verdolaga; Purslane	2	4638.0
<i>Ribes uva-crispa</i> Gooseberry	1	112.0
<i>Rubus idaeus</i> Raspberry; Red Raspberry	1	
<i>Sophora pachycarpa</i> Siberian Pachycarpa	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Tilia</i> sp. Basswood; Lime; Linden	1	
<i>Triticum aestivum</i> Wheat	1	3794.0
<i>Vaccinium macrocarpon</i> Large Cranberry; American Cranberry; Cranberry	1	
<i>Vaccinium corymbosum</i> Blueberry	1	
<i>Viola tricolor</i> Wild Violet; Pansy	1	604.0
<i>Vitis vinifera</i> Vid (Sp.); Vigne Vinifere (Fr.); Weinrebe (Ger.); European Grape; Wine Grape; Grapevine; Parra (Sp.); Grape	1	180800.0
<i>Zingiber officinale</i> Ginger	1	