

# **A** AntiAddisonian

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abrus precatorius</i> Coral Beadplant; Precatory Bean; Minnie-Minnies; Indian Licorice; Weatherplant; Weathervine; Licorice Vine; Jequerty; Lucky Bean; Crab's Eye; Prayer Beads; Jequirity Bean; Rosary Pea; Red Beadvine; Love Bean	1	225000.0
<i>Acacia senegal</i> Sudan Gum Arabic; Gum Arabic Tree; Kher; Gum Arabic; Senegal Gum	1	
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Allium cepa</i> Onion; Shallot	1	
<i>Aloe vera</i> Aloe; Bitter Aloes	1	
<i>Camellia sinensis</i> Tea	1	
<i>Citrullus lanatus</i> Watermelon	1	11956.0
<i>Coffea arabica</i> Coffee	1	
<i>Cucurbita foetidissima</i> Buffalo Gourd	1	
<i>Daucus carota</i> Carrot	1	
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	
<i>Glycine max</i> Soybean	1	12860.0
<i>Glycyrrhiza uralensis</i> Gan-Cao; Chinese Licorice; Kan-Tsao	3	
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice; Licorice-Root; Smooth Licorice	4	1197400.0
<i>Helianthus annuus</i> Sunflower; Girasol	1	32000.0
<i>Hypericum perforatum</i> St. John's-wort; Goatweed; Hypericum; Common St. Johnswort; Klamath Weed	1	
<i>Linum usitatissimum</i> Flax; Linseed	1	
<i>Opuntia ficus-indica</i> Nopal; Indian Fig; Prickly Pear; Nopalito	1	11480.0
<i>Oryza sativa</i> Rice	1	
<i>Panax quinquefolius</i> American Ginseng; Ginseng	1	400.0
<i>Panax ginseng</i> Oriental Ginseng; Chinese Ginseng; Korean Ginseng; Ginseng	1	
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	1	2280.0
<i>Polypodium vulgare</i> Sweet Fern; Common Polypody	1	12000.0
<i>Senna obtusifolia</i> Sicklepod	1	4880.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Stachys officinalis</i> Betony; Bishop's-Wort; Purple Betony; Wood Betony	1	
<i>Terminalia ivorensis</i> Emire; Blackbark; Idigbo; Black Afara; Shinglewood; Brimstonewood; Satinwood	1	
<i>Tilia</i> sp. Linden; Basswood; Lime	1	
<i>Triticum aestivum</i> Wheat	1	2898.0
<i>Withania somnifera</i> Ashwagandha	1	
<i>Zingiber officinale</i> Ginger	1	