

A Antilipogenic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Adonis vernalis Spring Adonis	1	
Ammi visnaga Visnaga	1	
Ammi majus Bishop's Weed	1	
Andira inermis Cabbage Bark	1	
Angelica dahurica Bai Zhi	1	
Angelica archangelica Angelica; Garden Angelica; Wild Parsnip	2	
Apium graveolens Celery	1	0.82
Argemone mexicana Prickly Poppy	1	820.0
Berberis vulgaris Barberry	1	
Casimiroa edulis Matasano; White sapote	1	
Caulophyllum thalictroides Blue Cohosh	1	
Chelidonium majus Celandine	1	
Citrus spp Citrus	1	
Citrus limon Lemon	1	
Citrus aurantiifolia Lime	1	
Coptis spp Generic Goldthread	2	180000.0
Coptis japonica Huang-Lien; Japanese Goldthread; Huang-Lia; Huang-Lian	1	140000.0
Coptis chinensis Huang-Lian; Chinese Goldthread; Huang-Lien	1	180000.0
Corydalis spp Fumewort	1	
Daucus carota Carrot	1	
Eschscholzia californica California Poppy	1	
Ferula assa-foetida Asafetida (Sp.); test; Asafetida; Assa-foetida; Asafoetida; Devil's Dung; Stinkasant (Ger.)	1	
Ferula alliacea Garlic Ferula	2	
Foeniculum vulgare Fennel	1	2.0
Heracleum laciniatum Lacinate Cow-parsnip	1	
Hydrastis canadensis Goldenseal	2	180000.0
Limonia acidissima Manzana De Elefante; Elephant Apple; Wood-Apple	1	
Macleaya cordata Plume Poppy	1	
Mahonia siamensis	1	
Mahonia repens Oregon Barberry; Creeping Barberry; Oregon Grape-Holly; Oregon Grape	1	
Mahonia philipinensis	1	
Mahonia nervosa Water Holly; Oregon Barberry; Oregon Grape; Oregon Grape-Holly	1	
Mahonia japonica Hiiragi-Nanten; Japanese Ashberry	1	
Mahonia gracilipes	1	
Mahonia fortunei	1	
Mahonia fargesii	1	
Mahonia aquifolium Blue Barberry; Mountain Grape; Holly Barberry; Holly Mahonia; Oregon Grape	1	
Menispermum canadense Moonseed	1	
Murraya koenigii Curry Leaf; Curry Leaf Tree; Indian Curry Tree	1	

Plant	# Chemicals	Total PPM
<i>Nandina domestica</i> Sacred Bamboo; Heavenly Bamboo; Southern Heaven Bamboo; Nanten (Jap.)	1	
<i>Papaver somniferum</i> Opium Poppy; Poppyseed Poppy	1	
<i>Pastinaca sativa</i> Parsnip	1	
<i>Petroselinum crispum</i> Parsley	1	158.0
<i>Phellodendron amurense</i> Huang Po; Po Mu; Huang Bai; Amur Cork Tree	1	20000.0
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	
<i>Podophyllum peltatum</i> Mayapple	1	
<i>Podophyllum hexandrum</i> Himalayan Mayapple	1	
<i>Ruta graveolens</i> Rue	2	
<i>Sanguinaria canadensis</i> Bloodroot	1	
<i>Skimmia arborescens</i> Skimmia	1	
<i>Xanthorhiza simplicissima</i> Yellowroot	2	
<i>Zanthoxylum clava-herculis</i> Hercules'-Club; Pepperbark; Southern Prickly Ash; West Indian Yellowwood	1	
<i>Zanthoxylum americanum</i> Northern Prickly Ash	1	
<i>Zanthoxylum alatum</i> Wartara Oil Tree; Indian Prickly Ash	1	