

A GABA-nergic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Acacia farnesiana Huisache; Sweet Acacia; Popinac; Cassie; Opopanax		1
Achillea millefolium Milfoil; Yarrow		1
Acinos suaveolens		1
Acorus calamus Flagroot; Calamus; Myrtle Flag; Sweetflag; Sweet Calamus; Sweetroot		1
Agastache rugosa		1
Allium sativum var. sativum Garlic		1
Allium cepa Onion; Shallot		1
Aloysia citrodora Lemon Verbena		1
Alpinia officinarum Chinese Ginger; Lesser Galangal		1
Alpinia galanga Siamese Ginger; Languas; Greater Galangal		1
Ananas comosus Pineapple		1
Anethum graveolens Garden Dill; Dill		1
Angelica archangelica Angelica; Garden Angelica; Wild Parsnip		1
Apium graveolens Celery		1
Artemisia vulgaris Mugwort		1
Artemisia annua Qinghao; Sweet Annie; Sweet Wormwood (GRIN); Annual Mugwort (GRIN); Annual Wormwood (GRIN)		1
Avena sativa Oats		1
Ballota nigra Black Horehound		1
Callicarpa americana French Mulberry; Beauty Berry; American Beauty Berry		1
Camellia sinensis Tea		1
Capsicum annum Cherry Pepper; Bell Pepper; Cone Pepper; Green Pepper; Sweet Pepper; Paprika		1
Carica papaya Papaya		1
Carum carvi Comino (Sp.); Kummel (Ger.); Caraway; Comino de prado (Sp.); Carum		1
Centella asiatica Pennywort; Gotu Kola		1
Chrysanthemum x morifolium Chrysanthemum; Ju Hua (Pinyin); Mum; Florist's Chrysanthemum		1
Cinnamomum verum Ceylon Cinnamon; Cinnamon		1
Cinnamomum aromaticum China Junk Cassia; Canelle de Cochinchine (Fr.); Cassia Lignea; Zimtcassie (Ger.); Cannelier Casse (Fr.); Kashia-Keihi (Jap.); Cassia Bark; Chinazimt (Ger.); Cannelier de Chine (Fr.); Chinese Cassia; Chinesischer Zimtbaum (Ger.); Saigon Cinnamon; Canela de la China (Sp.); Chinese Cinnamon; Canelero chino (Sp.); Cassia		1
Citrus sinensis Orange		1
Citrus reticulata Tangerine; Mandarin		1
Citrus limon Lemon		1
Citrus aurantium Bitter Orange; Petitgrain		1
Citrus aurantiifolia Lime		1
Coriandrum sativum Chinese Parsley; Coriander; Cilantro		1
Crocus sativus Saffron		1
Cuminum cyminum Cumin		1
Curcuma longa Turmeric; Indian Saffron		1
Cymbopogon citratus West Indian Lemongrass; Lemongrass		1
Elettaria cardamomum Cardamom		1

Plant	# Chemicals	Total PPM
<i>Eucalyptus tereticornis</i>	1	1
<i>Eucalyptus sideroxylon</i>	1	1
<i>Eucalyptus siderophloia</i>	1	1
<i>Eucalyptus saligna</i>	1	1
<i>Eucalyptus punctata</i>	1	1
<i>Eucalyptus populnea</i>	1	1
<i>Eucalyptus polyanthemos</i>	1	1
<i>Eucalyptus paniculata</i>	1	1
<i>Eucalyptus oviformis</i>	1	1
<i>Eucalyptus occidentalis</i>	1	1
<i>Eucalyptus moluccana</i>	1	1
<i>Eucalyptus melliodora</i>	1	1
<i>Eucalyptus maideni</i>	1	1
<i>Eucalyptus maculata</i> Gum	1	1
<i>Eucalyptus globulus</i> Eucalypt; Blue Gum; Tasmanian Bluegum	1	1
<i>Eucalyptus diversicolor</i>	1	1
<i>Eucalyptus dealbata</i>	1	1
<i>Eucalyptus cladocalyx</i>	1	1
<i>Eucalyptus citriodora</i> Lemon-Scented Gum; Spotted Gum; Citron-Scented Gum; Lemon Eucalyptus	1	1
<i>Eucalyptus camaldulensis</i>	1	1
<i>Eucalyptus brassiana</i> Brasses' Eucalyptus	1	1
<i>Eucalyptus botryoides</i>	1	1
<i>Eucalyptus bosistoana</i>	1	1
<i>Eucalyptus blakelyi</i>	1	1
<i>Eucalyptus astringens</i>	1	1
<i>Eucalyptus albens</i>	1	1
<i>Ficus carica</i> Higuera Comun (Sp.); Higo (Sp.); Figueira (Port.); Echte Feige (Ger.); Fig; Feigenbaum (Ger.); Fico (Ital.); Figuier Commun (Fr.)	1	1
<i>Foeniculum vulgare</i> Fennel	1	1
<i>Fragaria</i> spp Strawberry	1	1
<i>Gardenia jasminoides</i> Shan-Zhi-Zi; Cape Jasmine; Zhi Zi; Gardenia; Shan-Chih-Tzu; Jasmin	1	1
<i>Glycyrrhiza glabra</i> Licorice; Commom Licorice; Licorice-Root; Smooth Licorice	1	1
<i>Helianthus annuus</i> Girasol; Sunflower	1	1
<i>Hesperis matronalis</i> Damask-Violet; Dame's-Violet; Dame's Rocket; Sweet Rocket	1	1
<i>Hibiscus sabdariffa</i> Malventee (Ger.); Acedera de Guinea (Sp.); Sereni (Sp.); Indian Sorrel; Rosella (Ger.); Kharkadi; Roselle; Rosa de Jamaica (Sp.); Sorrel; Jamaica Sorrel; Red Sorrel	1	1
<i>Hordeum vulgare</i> Barleygrass; Barley	1	1
<i>Humulus lupulus</i> Hops	1	1
<i>Hypericum perforatum</i> Goatweed; Klamath Weed; Common St. Johnswort; Hypericum; St. John's-wort	1	1
<i>Hyssopus officinalis</i> Hyssop	1	1
<i>Illicium verum</i> Chinesischer Sternanis (Ger.); anis estrellado (Sp.); Chinese Star Anise; Sternanis (Ger.); Star Anise; anis de China (Sp.)	1	1
<i>Juglans regia</i> English Walnut	1	1

Plant	# Chemicals	Total PPM
<i>Juniperus communis</i> Juniper; Common Juniper	1	1
<i>Lantana camara</i> Wild Sage; Lantana	1	1
<i>Laurus nobilis</i> Grecian Laurel; Bayleaf; Bay Laurel; Laurel; Bay; Sweet Bay	1	1
<i>Lavandula angustifolia</i> English Lavender	1	1
<i>Levisticum officinale</i> Lovage	1	1
<i>Malus domestica</i> Apple	1	1
<i>Melaleuca alternifolia</i> Teatree	1	1
<i>Melissa officinalis</i> Melissa; Lemonbalm; Bee Balm; Balm	1	1
<i>Mentha x piperita</i> Peppermint	1	1
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	1	1
<i>Mentha pulegium</i> European Pennyroyal	1	1
<i>Mentha longifolia</i> Biblical Mint	1	1
<i>Mentha arvensis</i> var. <i>piperascens</i> Field Mint; Cornmint; Japanese Mint	1	1
<i>Mentha aquatica</i> Water Mint	1	1
<i>Murraya koenigii</i> Indian Curry Tree; Curry Leaf Tree; Curry Leaf	1	1
<i>Myrica cerifera</i> Candle-Berry; Wax Myrtle; Bayberry; Southern Bayberry	1	1
<i>Myristica fragrans</i> Mace; Nutmeg; nogal moscado (Sp.); Muskatnussbaum (Ger.); nuez moscada (Sp.)	1	1
<i>Myrtus communis</i> Arrayan (Sp.); Myrtle; Mirto (Sp.); Myrte (Ger.)	1	1
<i>Ocimum basilicum</i> Sweet Basil; Basil; Cuban Basil	1	1
<i>Origanum vulgare</i> Common Turkish Oregano; Wild Oregano; Wild Marjoram; Oregano; Pot Marjoram; European Oregano	1	1
<i>Origanum sipyleum</i> Bayircayi; Guveyoto	1	1
<i>Origanum majorana</i> Sweet Marjoram; Marjoram	1	1
<i>Pelargonium roseum</i> Scented Geranium	1	1
<i>Perilla frutescens</i> Perilla	1	1
<i>Petasites japonicus</i> Butterbur	1	1
<i>Petroselinum crispum</i> Parsley	1	1
<i>Peumus boldus</i> Boldo	1	1
<i>Pimenta racemosa</i> Bayrum Tree; West Indian Bay	1	1
<i>Pimenta dioica</i> Allspice; Clover-Pepper; Jamaica-Pepper; Pimento; Pimenta	1	1
<i>Pimpinella anisum</i> Sweet Cumin; Anise	1	1
<i>Piper nigrum</i> Black Pepper; White Pepper; Pepper	1	1
<i>Piper cubeba</i> Cubeb Pepper; Cubeb	1	1
<i>Piper auritum</i> Hoja Santa; Hierba Santa; Cordoncillo	1	1
<i>Pistacia lentiscus</i> Mastic; Mastictree; Mastixbaum (Ger.); Lentisco (Sp.); Chios Mastictree	1	1
<i>Prunella vulgaris</i> Self-Heal; Heal-All	1	1
<i>Prunus armeniaca</i> Apricot	1	1
<i>Psoralea corylifolia</i> Malaya Tea; Black Dot; Babchi	1	1
<i>Punica granatum</i> Mangrano (Sp.); Granatapfelbaum (Ger.); Grenadier (Fr.); Granado (Sp.); Pomegranate; Zakuro (Jap.); Granatapfelstrauch (Ger.); Romanzeiro (Port.)	1	1
<i>Ravensara aromatica</i> Ravensara	1	1
<i>Ribes nigrum</i> Black Currant	1	1
<i>Rosmarinus officinalis</i> Rosemary	1	1

Plant	# Chemicals	Total PPM
<i>Salvia officinalis</i> Sage	1	1
<i>Sassafras albidum</i> Sassafras	1	1
<i>Satureja montana</i> Winter Savory; Savory	1	1
<i>Satureja hortensis</i> Summer Savory	1	1
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Scullcap	1	1
<i>Scutellaria baicalensis</i> Chinese Skullcap; Baikal Skullcap; Huang Qin	1	1
<i>Skimmia arborescens</i> Skimmia	1	1
<i>Stevia rebaudiana</i> Ca-A-E; Stevia; Sweet Leaf of Paraguay	1	1
<i>Syzygium aromaticum</i> Clovetree; Clove	1	1
<i>Tagetes lucida</i> Sweet-Scent Mexican Marigold; Anise Marigold; Sweet-Mace; Sweet-Scent Marigold	1	1
<i>Tanacetum parthenium</i> Feverfew	1	1
<i>Theobroma cacao</i> Cacao	1	1
<i>Thymus vulgaris</i> Garden Thyme; Common Thyme; Thyme	1	1
<i>Thymus funkii</i> Funk's Thyme	1	1
<i>Trifolium pratense</i> Peavine Clover; Cowgrass; Red Clover; Purple Clover	1	1
<i>Vaccinium myrtillus</i> Whortleberry; Bilberry; Dwarf Bilberry	1	1
<i>Vetiveria zizanioides</i> Cus-Cus; Cuscus Grass; Vetiver	1	1
<i>Vitex agnus-castus</i> Chaste-Tree	1	1
<i>Vitis vinifera</i> Grape; Wine Grape; Vid (Sp.); Vigne Vinifere (Fr.); Parra (Sp.); Grapevine; European Grape; Weinrebe (Ger.)	1	1
<i>Zea mays</i> Corn	2	2
<i>Zingiber officinale</i> Ginger	2	2