

A Cerebroprotective

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Actinidia chinensis</i> Kiwi	1	
<i>Anacardium occidentale</i> Cashew	1	
<i>Angelica sinensis</i> Dong Quai; Chinese Angelica; Dong Gui; Dang Quai; Dang Gui; Dang Qui	1	
<i>Asparagus officinalis</i> Asparagus	1	512.0
<i>Bertholletia excelsa</i> Creamnut; Paranut; Brazilnut-Tree; Brazilnut	1	
<i>Capparis spinosa</i> Caperbush; Caper	1	
<i>Capsicum frutescens</i> Tabasco; Spur Pepper; Chili; Red Chili; Cayenne; Hot Pepper	1	48.0
<i>Capsicum annuum</i> Green Pepper; Bell Pepper; Cone Pepper; Cherry Pepper; Sweet Pepper; Paprika	1	48.0
<i>Ceratonia siliqua</i> St.John's-Bread; Carob; Locust Bean	1	
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus angustifolia</i> Silver Berry; Russian Olive	1	
<i>Eleutherococcus senticosus</i> Ci wu jia (Pinyin); Eleuthero Ginseng; Siberian Ginseng; Spiny Ginseng; Wu jia	1	
<i>Fagopyrum esculentum</i> Buckwheat	1	84.0
<i>Ficus carica</i> Higo (Sp.); Fig; Fiquier Commun (Fr.); Feigenbaum (Ger.); Figueira (Port.); Higuera Comun (Sp.); Echte Feige (Ger.); Fico (Ital.)	1	
<i>Foeniculum vulgare</i> Fennel	1	
<i>Frangula alnus</i> Buckthorn	1	400.0
<i>Glycine max</i> Soybean	1	
<i>Helianthus annuus</i> Girasol; Sunflower	1	68000.0
<i>Hibiscus sabdariffa</i> Sorrel; Rosa de Jamaica (Sp.); Jamaica Sorrel; Kharkadi; Indian Sorrel; Malventee (Ger.); Red Sorrel; Roselle; <i>Acedera de Guinea</i> (Sp.); <i>Rosella</i> (Ger.); <i>Sereni</i> (Sp.)	1	
<i>Ipomoea batatas</i> Sweet Potato	1	242.0
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	1	2360.0
<i>Lactuca virosa</i> Bitter Lettuce	1	
<i>Lens culinaris</i> Lentil	1	40.0
<i>Linum usitatissimum</i> Flax; Linseed	1	94.0
<i>Medicago sativa</i> Lucerne; Alfalfa	1	
<i>Moringa oleifera</i> Ben Nut; West Indian Ben; Horseradish Tree; Benzolive Tree; Moringa; Jacinto (Sp.); Drumstick Tree	1	
<i>Musa x paradisiaca</i> Banana; Plantain	1	22.0
<i>Nicotiana tabacum</i> Tobacco	1	
<i>Opuntia ficus-indica</i> Nopalito; Indian Fig; Prickly Pear; Nopal	1	5.0
<i>Panicum maximum</i> Guinea grass	1	
<i>Pisum sativum</i> Pea	1	44.0
<i>Portulaca oleracea</i> Purslane; Verdolaga	1	4618.0
<i>Ribes uva-crispa</i> Gooseberry	1	112.0
<i>Rubus idaeus</i> Raspberry; Red Raspberry	1	
<i>Sophora pachycarpa</i> Siberian Pachycarpa	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Tilia sp.</i> Lime; Linden; Basswood	1	
<i>Triticum aestivum</i> Wheat	1	3794.0

Plant	# Chemicals	Total PPM
Viola tricolor Pansy; Wild Violet	1	604.0