

# A Phospholipase-Inhibitor

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant   | # Chemicals | Total PPM |
|---|-------------|-----------|
| <i>Abelmoschus moschatus</i> Musk Okra; Tropical Jewel Hibiscus; Ambrette; Muskmallow                             | 1           |           |
| <i>Abelmoschus esculentus</i> Okra  | 1           |           |
| <i>Abutilon theophrasti</i> Butterprint; Velvet Leaf; Abutilon-Hemp; Indian-Mallow                                | 1           |           |
| <i>Acacia senegal</i> Kher; Sudan Gum Arabic; Gum Arabic; Gum Arabic Tree; Senegal Gum                            | 1           |           |
| <i>Acacia nilotica</i> Babul  | 1           |           |
| <i>Acacia catechu</i> Black Cutch; Catechu  | 1           |           |
| <i>Achillea millefolium</i> Yarrow; Milfoil   | 1           |           |
| <i>Acinos suaveolens</i>  | 1           |           |
| <i>Actinidia chinensis</i> Kiwi   | 1           |           |
| <i>Aesculus hippocastanum</i> Horse Chestnut  | 1           |           |
| <i>Agathosma betulina</i> Honey Buchu; Buchu; Mountain Buchu  | 1           |           |
| <i>Ageratum conyzoides</i> Mexican ageratum   | 1           |           |
| <i>Agrimonia eupatoria</i> Agrimony; Sticklewort  | 1           |           |
| <i>Ailanthus altissima</i> Tree Of Heaven; Stinktree  | 1           |           |
| <i>Albizia lebbek</i> Siris Tree; Lebbek Tree; Lebbek; Women's-Tongue Tree; Koko; East Indian Walnut; Frywood     | 1           |           |
| <i>Allium schoenoprasum</i> Chives  | 1           | 18.0      |
| <i>Allium sativum</i> var. <i>sativum</i> Garlic  | 1           | 400.0     |
| <i>Allium cepa</i> Onion; Shallot   | 1           | 96200.0   |
| <i>Alpinia officinarum</i> Lesser Galangal; Chinese Ginger  | 1           |           |
| <i>Althaea officinalis</i> White Mallow; Marshmallow  | 1           |           |
| <i>Ammi visnaga</i> Visnaga   | 1           |           |
| <i>Ammi majus</i> Bishop's Weed   | 1           |           |
| <i>Anastatica hierochuntica</i> Jericho Rose  | 1           |           |
| <i>Anemone pulsatilla</i> Pasque Flower   | 1           |           |
| <i>Anethum graveolens</i> Garden Dill; Dill   | 1           |           |
| <i>Anogeissus latifolia</i> Gum Ghatti  | 1           |           |
| <i>Apium graveolens</i> Celery  | 1           |           |
| <i>Arachis hypogaea</i> Groundnut; Peanut   | 1           |           |
| <i>Araucaria bidwillii</i> Monkey puzzle  | 1           |           |
| <i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry  | 1           |           |
| <i>Ardisia japonica</i> Marlberry   | 1           |           |
| <i>Armoracia rusticana</i> Horseradish  | 1           |           |
| <i>Artemisia dracunculus</i> Tarragon   | 1           |           |
| <i>Artemisia annua</i> Annual Wormwood (GRIN); Annual Mugwort (GRIN); Sweet Wormwood (GRIN); Sweet Annie; Qinghao | 1           |           |
| <i>Artocarpus altilis</i> Breadfruit  | 1           |           |
| <i>Asimina triloba</i> Pawpaw   | 1           |           |
| <i>Aspalathus linearis</i> Red Bush Tea; Rooibos; Kaffree Tea   | 1           |           |
| <i>Asparagus officinalis</i> Asparagus  | 1           |           |
| <i>Astragalus membranaceus</i> Huang Qi; Huang-Chi  | 1           |           |

| Plant  | # Chemicals | Total PPM |
|--|-------------|-----------|
| <i>Avena sativa</i> Oats   | 1           | 620.0     |
| <i>Azadirachta indica</i> Neem   | 1           | 2000.0    |
| <i>Barosma betulina</i> Buchu  | 1           |           |
| <i>Basella alba</i> Vinespinach  | 1           |           |
| <i>Berberis vulgaris</i> Barberry  | 1           |           |
| <i>Beta vulgaris</i> Beet; Sugar Beet; Beetroot; Garden Beet   | 1           |           |
| <i>Borago officinalis</i> Beebread; Talewort; Borage; Beeplant   | 1           |           |
| <i>Brassica oleracea</i> var. <i>sabellica</i> I. Kale; Kitchen Kale; Curly Kale; Scotch Kale  | 1           | 100.0     |
| <i>Brassica oleracea</i> var. <i>italica</i> Winter Broccoli; Asparagus Broccoli; Calabrese; Heading Broccoli; Broccoli; Cape Broccoli; Sprouting Broccoli; Purple Cauliflower | 1           |           |
| <i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts  | 1           | 50.0      |
| <i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; White Cabbage; Cabbage   | 1           | 200.0     |
| <i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower   | 1           | 12.0      |
| <i>Brassica oleracea</i> Kohlrabi  | 1           | 40.0      |
| <i>Caesalpinia pulcherrima</i> Bird Of Paradise  | 1           |           |
| <i>Calendula officinalis</i> Pot-Marigold; Calendula   | 1           |           |
| <i>Camellia sinensis</i> Tea   | 1           | 20000.0   |
| <i>Camptotheca acuminata</i> Happy Tree  | 1           |           |
| <i>Capparis spinosa</i> Caper; Caperbush   | 1           |           |
| <i>Capsicum frutescens</i> Chili; Hot Pepper; Red Chili; Spur Pepper; Cayenne; Tabasco   | 1           | 126.0     |
| <i>Carum carvi</i> Carum; Kummel (Ger.); Comino (Sp.); Comino de prado (Sp.); Caraway  | 1           |           |
| <i>Castanea sativa</i> European Chestnut   | 1           |           |
| <i>Catharanthus roseus</i> Madagascar Periwinkle; Rosy Periwinkle  | 1           |           |
| <i>Cedrus deodora</i> Deodar Cedar   | 1           |           |
| <i>Ceiba pentandra</i> Kapok; Silk-Cotton Tree   | 1           |           |
| <i>Centaurea cyanus</i> Cornflower; Bachelor's Button  | 1           |           |
| <i>Centaurea calcitrapa</i> Star-Thistle   | 1           |           |
| <i>Centella asiatica</i> Pennywort; Gotu Kola  | 1           |           |
| <i>Ceratonia siliqua</i> Carob; St.John's-Bread; Locust Bean   | 1           |           |
| <i>Chrysanthemum parthenium</i> Feverfew   | 1           |           |
| <i>Cichorium intybus</i> Succory; Witloof; Chicory   | 1           |           |
| <i>Cichorium endivia</i> Escarole; Endive  | 1           |           |
| <i>Cinnamomum camphora</i> Camphor; Ho Leaf  | 1           |           |
| <i>Citrus sinensis</i> Orange  | 1           |           |
| <i>Citrus paradisi</i> Grapefruit  | 1           |           |
| <i>Citrus limon</i> Lemon  | 1           |           |
| <i>Commiphora wightii</i> Indian Bdellium-Tree; Guggul   | 1           |           |
| <i>Consolida ajacis</i> Larkspur   | 1           |           |
| <i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley   | 1           |           |
| <i>Coriaria thymifolia</i> Ground Toot; Shanshi  | 1           |           |
| <i>Coriaria myrtifolia</i> Mealy Tree  | 1           |           |
| <i>Cornus mas</i> Sorbet; Cornelian Cherry   | 1           |           |

| Plant   | # Chemicals | Total PPM |
|---|-------------|-----------|
| <i>Cornus florida</i> American Dogwood  | 1           | 1         |
| <i>Corylus avellana</i> European Hazel; Hazel; English Filbert; European Filbert; Cobnut  | 1           | 1         |
| <i>Crataegus rhipidophylla</i> Hawthorn   | 1           | 1         |
| <i>Crataegus monogyna</i> Hawthorn; English Hawthorn  | 1           | 1         |
| <i>Crataegus laevigata</i> English Hawthorn; Woodland Hawthorn; Whitethorn; Hawthorn  | 1           | 1         |
| <i>Crataegus cuneata</i> Hawthorn   | 1           | 1         |
| <i>Crocus sativus</i> Saffron   | 1           | 1         |
| <i>Cucurbita pepo</i> Pumpkin   | 1           | 1         |
| <i>Curcuma longa</i> Indian Saffron; Turmeric   | 1           | 1         |
| <i>Cyamopsis tetragonoloba</i> Cluster-Bean; Guar; Siam-Bean  | 1           | 1         |
| <i>Cymbopogon citratus</i> Lemongrass; West Indian Lemongrass   | 1           | 1         |
| <i>Cynara cardunculus</i> Artichoke   | 1           | 1         |
| <i>Cytisus scoparius</i> Scotch Broom   | 1           | 1         |
| <i>Daucus carota</i> Carrot   | 1           | 1         |
| <i>Diospyros virginiana</i> American Persimmon  | 1           | 1         |
| <i>Dodonaea viscosa</i> Hopwood   | 1           | 1         |
| <i>Drimys winteri</i> Winter's Bark   | 1           | 1         |
| <i>Echinacea</i> spp Coneflower; Echinacea  | 1           | 1         |
| <i>Echinacea purpurea</i> Echinacea; Purple-Coneflower; Eastern Purple-Coneflower   | 1           | 1         |
| <i>Echinacea angustifolia</i> Echinacea; Narrow Leaf Echinacea; Narrow Leaf Purple-Coneflower   | 1           | 1         |
| <i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry   | 1           | 1         |
| <i>Equisetum arvense</i> Horsetail; Field Horsetail   | 1           | 1         |
| <i>Eriobotrya japonica</i> Loquat   | 1           | 1         |
| <i>Eucalyptus globulus</i> Blue Gum; Tasmanian Bluegum; Eucalypt  | 1           | 1         |
| <i>Eucommia ulmoides</i> Tu Chung; Du Zhong; Gutta-Percha Tree  | 1           | 1         |
| <i>Eupatorium perfoliatum</i> Boneset   | 1           | 1         |
| <i>Euphorbia lathyris</i> Caper Spurge; Mole Plant  | 1           | 1         |
| <i>Euphorbia hirta</i> Queensland Asthma Herb   | 1           | 1         |
| <i>Euphrasia officinalis</i> Eyebright  | 1           | 1         |
| <i>Fagopyrum esculentum</i> Buckwheat   | 1           | 1         |
| <i>Ficus carica</i> Higuera Comun (Sp.); Figuier Commun (Fr.); Higo (Sp.); Fico (Ital.); Figueira (Port.); Feigenbaum (Ger.); Echte Feige (Ger.); Fig | 1           | 1         |
| <i>Filipendula ulmaria</i> Meadowsweet; Queen Of The Meadow   | 1           | 1         |
| <i>Foeniculum vulgare</i> Fennel  | 1           | 1         |
| <i>Forsythia suspensa</i> Lien-Chiao; Lian-Jiao   | 1           | 1         |
| <i>Fragaria</i> spp Strawberry  | 1           | 1         |
| <i>Galega officinalis</i> Goat's Rue; Galega  | 1           | 1         |
| <i>Geranium thunbergii</i> Oriental Geranium; Gennoshiouko  | 1           | 1         |
| <i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo  | 1           | 1         |
| <i>Glycine max</i> Soybean  | 1           | 1         |
| <i>Glycyrrhiza uralensis</i> Kan-Tsao; Chinese Licorice; Gan-Cao  | 1           | 1         |
| <i>Glycyrrhiza glabra</i> Licorice; Smooth Licorice; Licorice-Root; Commom Licorice   | 1           | 1         |

| Plant  | # Chemicals | Total PPM |
|--|-------------|-----------|
| <i>Gossypium</i> sp Cotton   | 1           |           |
| <i>Guazuma tomentosa</i>   | 1           |           |
| <i>Haematoxylum campechianum</i> Campechy; Logwood   | 1           |           |
| <i>Hamamelis virginiana</i> Witch Hazel  | 1           |           |
| <i>Helianthus annuus</i> Sunflower; Girasol  | 1           | 1220.0    |
| <i>Hibiscus rosa-sinensis</i> Chinese hibiscus; Shoe-flower  | 1           |           |
| <i>Hippophae rhamnoides</i> Sea Buckthorn; Sallow Thorn; Yellow Spine  | 1           |           |
| <i>Holarrhena pubescens</i> Zhi Xie Mu; Conessi; Kurchi; Tellicherry Bark  | 1           |           |
| <i>Houttuynia cordata</i> Dokudami; Yu Xing Cao; Fishwort  | 1           |           |
| <i>Humulus lupulus</i> Hops  | 1           |           |
| <i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea   | 1           |           |
| <i>Hypericum perforatum</i> Common St. Johnswort; Hypericum; Goatweed; Klamath Weed; St. John's-wort   | 1           |           |
| <i>Inula helenium</i> Elecampane   | 1           |           |
| <i>Ipomoea batatas</i> Sweet Potato  | 1           |           |
| <i>Isatis tinctoria</i> Dyer's Woad  | 1           |           |
| <i>Juglans regia</i> English Walnut  | 1           |           |
| <i>Juglans nigra</i> Black Walnut  | 1           |           |
| <i>Juniperus communis</i> Juniper; Common Juniper  | 1           |           |
| <i>Kalanchoe spathulata</i> Beach Bells  | 1           |           |
| <i>Kalanchoe pinnata</i> Air Plant; Siempre Viva   | 1           |           |
| <i>Lactuca sativa</i> Lettuce  | 1           |           |
| <i>Laurus nobilis</i> Sweet Bay; Bay Laurel; Bay; Bayleaf; Laurel; Grecian Laurel  | 2           |           |
| <i>Ledum palustre</i> Marsh Tea; Wild Rosemary   | 1           |           |
| <i>Leonurus cardiaca</i> Motherwort  | 1           |           |
| <i>Ligustrum lucidum</i> Chinese Privet; Ligustri Fructus; Glossy Privet; Privet; White Waxtree  | 1           |           |
| <i>Ligustrum japonicum</i> Ligustri Fructus; Japanese Privet   | 1           |           |
| <i>Linum usitatissimum</i> Linseed; Flax   | 1           |           |
| <i>Lippia dulcis</i> Sweet Herb  | 1           |           |
| <i>Ludwigia perennis</i> Perennial ludwigia  | 1           |           |
| <i>Ludwigia adscendens</i> Ascending ludwigia  | 1           |           |
| <i>Lycium chinense</i> Kaukichai (Malays.); Gou Qi (Chin.); Chinese Wolfberry; Wolfberry; Lyciet de Chine (Fr.); Kuko (Jap.); Chinese Boxthorn; Daun Koki (Indones.); Spina Santa Cinese (Ital.); Chinese Matrimony Vine; Chinesischer Bocksdoorn (Ger.) | 1           |           |
| <i>Lycopersicon esculentum</i> Tomato  | 1           |           |
| <i>Maclura pomifera</i> Hedge Apple; Osage-Orange  | 1           |           |
| <i>Magnolia officinalis</i> Magnolia-Bark; Chinese Magnolia; Hou Pu  | 1           |           |
| <i>Magnolia kobus</i> Hsin-I; Xin-Yi   | 1           |           |
| <i>Magnolia denudata</i> Xin-Yi; Hsin-I  | 1           |           |
| <i>Malus domestica</i> Apple   | 1           | 526.0     |
| <i>Mangifera indica</i> Mango  | 1           |           |
| <i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot  | 1           |           |
| <i>Marrubium vulgare</i> White Horehound; Horehound  | 1           |           |
| <i>Matricaria recutita</i> Wild Camomile; Annual Camomile; German Camomile   | 1           |           |
| <i>Medicago sativa</i> Alfalfa; Lucerne  | 1           |           |

| Plant  | # Chemicals | Total PPM |
|--|-------------|-----------|
| <i>Melia azedarach</i> Chinaberry  | 1           |           |
| <i>Melilotus officinalis</i> Yellow Sweetclover  | 1           |           |
| <i>Menyanthes trifoliata</i> Buckbean; Bogbean; Marsh Clover; Marsh Trefoil; Water Trefoil; Bog Myrtle                     | 1           |           |
| <i>Moringa oleifera</i> Drumstick Tree; West Indian Ben; Benzolive Tree; Ben Nut; Jacinto (Sp.); Moringa; Horseradish Tree | 1           |           |
| <i>Morus alba</i> Sang-Pai-Pi; White Mulberry  | 1           |           |
| <i>Musa x paradisiaca</i> Plantain; Banana   | 1           |           |
| <i>Myristica fragrans</i> Nutmeg; Muskatnussbaum (Ger.); Mace; nogal moscado (Sp.); nuez moscada (Sp.)                     | 1           |           |
| <i>Nelumbo nucifera</i> Water Lotus  | 1           |           |
| <i>Nerium oleander</i> Oleander  | 1           |           |
| <i>Nicotiana tabacum</i> Tobacco   | 1           |           |
| <i>Ocimum basilicum</i> Basil; Sweet Basil; Cuban Basil  | 1           |           |
| <i>Oenothera biennis</i> Evening-Primrose  | 1           | 414000.0  |
| <i>Olea europaea</i> Olive   | 1           |           |
| <i>Ononis spinosa</i> Spiny Restharrow; Hauhechel (Ger.); Restharrow   | 1           |           |
| <i>Origanum vulgare</i> European Oregano; Oregano; Common Turkish Oregano; Pot Marjoram; Wild Oregano; Wild Marjoram       | 1           |           |
| <i>Paeonia suffruticosa</i> Tree Peony; Moutan; Moutan Peony   | 1           |           |
| <i>Paeonia moutan</i> Tree Peony; Moutan   | 1           |           |
| <i>Paeonia lactiflora</i> Chih-Shao; Peony; White Peony; Bai Shao (Chinese); Common Garden Peony                           | 1           |           |
| <i>Panax notoginseng</i> Sanchi Ginseng  | 1           |           |
| <i>Passiflora incarnata</i> Mayapple; Manzana de Mayo; Passionflower   | 1           |           |
| <i>Pastinaca sativa</i> Parsnip  | 1           |           |
| <i>Perilla frutescens</i> Perilla  | 1           |           |
| <i>Persea americana</i> Avocado  | 1           |           |
| <i>Petasites hybridus</i> European Butterbur   | 1           |           |
| <i>Petroselinum crispum</i> Parsley  | 1           |           |
| <i>Phoenix dactylifera</i> Date Palm   | 1           |           |
| <i>Phyllanthus niruri</i> Seed On The Leaf   | 1           |           |
| <i>Phyllanthus emblica</i> Emblic; Myrobalan   | 1           |           |
| <i>Pimpinella anisum</i> Anise; Sweet Cumin  | 1           |           |
| <i>Pinus sylvestris</i> Scotch Pine  | 1           |           |
| <i>Pinus mugo</i> Dwarf Pine; Swiss Mountain Pine  | 1           |           |
| <i>Piper nigrum</i> Pepper; Black Pepper; White Pepper   | 1           |           |
| <i>Pistacia lentiscus</i> Mastic; Mastixbaum (Ger.); Mastictree; Chios Mastictree; Lentisco (Sp.)                          | 1           |           |
| <i>Plumeria acutifolia</i> Frangipani  | 1           |           |
| <i>Podophyllum pleianthum</i> Chinese Mayapple   | 1           |           |
| <i>Podophyllum peltatum</i> Mayapple   | 1           | 100000.0  |
| <i>Podophyllum hexandrum</i> Himalayan Mayapple  | 1           |           |
| <i>Polygonum hydropiperoides</i> Mild Water Pepper   | 1           |           |
| <i>Polygonum hydropiper</i> Common Smartweed   | 1           |           |
| <i>Polygonum aviculare</i> Prostrate Knotweed  | 1           |           |
| <i>Populus tacamahacca</i> Balm Of Gilead  | 1           |           |
| <i>Prosopis juliflora</i> Mesquite   | 1           |           |

| Plant  | # Chemicals | Total PPM |
|--|-------------|-----------|
| <i>Prunella vulgaris</i> Self-Heal; Heal-All   | 1           |           |
| <i>Prunus spinosa</i> Sloe; Blackthorn   | 1           |           |
| <i>Prunus serotina</i> Black Cherry; Wild Cherry   | 1           |           |
| <i>Prunus persica</i> Peach  | 1           |           |
| <i>Prunus laurocerasus</i> Cherry Laurel   | 1           |           |
| <i>Prunus dulcis</i> Almond  | 1           |           |
| <i>Prunus domestica</i> Plum   | 1           |           |
| <i>Prunus cerasus</i> Sour Cherry  | 1           |           |
| <i>Prunus armeniaca</i> Apricot  | 1           |           |
| <i>Psidium guajava</i> Guava   | 1           |           |
| <i>Psidium cattleianum</i> Strawberry Guava  | 1           |           |
| <i>Pteridium aquilinum</i> Bracken Fern; Bracken   | 1           |           |
| <i>Pueraria montana</i> Kudzu; Kudzu   | 1           |           |
| <i>Punica granatum</i> Romanzeiro (Port.); Grenadier (Fr.); Granatapfelstrauch (Ger.); Mangrano (Sp.); Zakuro (Jap.); Granado (Sp.); Pomegranate; Granatapfelbaum (Ger.) | 1           |           |
| <i>Pyrus communis</i> Pear   | 1           | 56.0      |
| <i>Quercus velutina</i> Black Oak  | 1           |           |
| <i>Quercus robur</i> English Oak   | 1           |           |
| <i>Quercus infectoria</i> Aleppo Oak; Gall Oak; Dyer's Oak   | 1           |           |
| <i>Quercus alba</i> White Oak  | 1           |           |
| <i>Rhododendron dauricum</i> Chinese Alpenrose   | 1           |           |
| <i>Rhus toxicodendron</i> Poison Ivy   | 1           |           |
| <i>Rhus coriaria</i> Tanner's Sumac; Sicilian Sumac; Sumac   | 1           |           |
| <i>Ribes nigrum</i> Black Currant  | 1           |           |
| <i>Ricinus communis</i> Castorbean   | 1           |           |
| <i>Rosa</i> spp Rose Hips  | 1           |           |
| <i>Rosa damascena</i> Damask Rose  | 1           |           |
| <i>Rubus idaeus</i> Raspberry; Red Raspberry   | 1           |           |
| <i>Rumex crispus</i> Lengua De Vaca; Yellow Dock; Sour Dock; Curly Dock  | 1           |           |
| <i>Rumex acetosa</i> Garden Sorrel   | 1           |           |
| <i>Ruta graveolens</i> Rue   | 1           |           |
| <i>Salix alba</i> White Willow   | 1           |           |
| <i>Sambucus nigra</i> European Elder; European Alder; European Elderberry; Black Elder; Elder  | 1           |           |
| <i>Sambucus canadensis</i> American Elderberry; American Elder; Elderberry; Sweet Elder  | 1           |           |
| <i>Sanguisorba officinalis</i> Greater Burnet  | 1           |           |
| <i>Sanguisorba minor</i> Small Burnet  | 1           |           |
| <i>Schinus terebinthifolius</i> Brazilian Peppertree   | 1           |           |
| <i>Schinus molle</i> Peruvian Peppertree; Mastic-Tree; California Peppertree   | 1           |           |
| <i>Senna occidentalis</i> Coffee Senna   | 1           |           |
| <i>Silybum marianum</i> Lady's Thistle; Milk Thistle   | 1           |           |
| <i>Solanum tuberosum</i> Potato  | 1           |           |
| <i>Solidago virgaurea</i> European Goldenrod; Woundwort  | 1           |           |

| Plant   | # Chemicals | Total PPM |
|---|-------------|-----------|
| <i>Solidago gigantea</i> Early Goldenrod  | 1           |           |
| <i>Sophora japonica</i> Japanese Pagoda Tree  | 1           |           |
| <i>Sorbus aucubaria</i> Rowan Berry   | 1           |           |
| <i>Spartium junceum</i> Spanish Broom; Genet; Weaver's Broom  | 1           |           |
| <i>Spinacia oleracea</i> Spinach  | 1           | 38.0      |
| <i>Syzygium aromaticum</i> Clovetree; Clove   | 1           |           |
| <i>Tabebuia impetiginosa</i> Pau d'arco; Taheebo  | 1           |           |
| <i>Tagetes patula</i> French Marigold   | 1           |           |
| <i>Tagetes minuta</i> Wild Marigold; Dwarf Marigold; Muster John Henry; Stinking-Roger; Aztec Marigold; Mexican Marigold  | 1           |           |
| <i>Tanacetum vulgare</i> Tansy  | 2           |           |
| <i>Tanacetum parthenium</i> Feverfew  | 1           |           |
| <i>Taraxacum officinale</i> Dandelion   | 1           |           |
| <i>Terminalia ivorensis</i> Emire; Blackbark; Black Afara; Shinglewood; Brimstonewood; Idigbo; Satinwood  | 1           |           |
| <i>Terminalia chebula</i> Chebulic Myrobalan; Black Myrobalan; Ink Nut; Myrobalan   | 1           |           |
| <i>Terminalia catappa</i> Indian Almond; Malabar Almond; Tropical Almond  | 1           |           |
| <i>Teucrium scordium</i> Water Germander  | 1           |           |
| <i>Teucrium montanum</i> Mountain Germander   | 1           |           |
| <i>Teucrium botrys</i> Field Germander  | 1           |           |
| <i>Theobroma cacao</i> Cacao  | 1           |           |
| <i>Thespesia populnea</i> Indian tulip tree   | 1           |           |
| <i>Thevetia peruviana</i> Chirca (Sp.); Peruvian Yellow Oleander; Adelfa Amarilla (Sp.); Cabalonga (Sp.); Yellow Oleander; Oleandre Jaune (Fr.); Thevetie (Ger.); Luckynut; Loandro-Amarelo (Port.) | 1           |           |
| <i>Tilia</i> sp. Basswood; Lime; Linden   | 1           |           |
| <i>Tribulus terrestris</i> Puncture-vine  | 1           |           |
| <i>Tridax procumbens</i> Mexican daisy; Coatbuttons   | 1           |           |
| <i>Trifolium pratense</i> Red Clover; Peavine Clover; Purple Clover; Cowgrass   | 1           |           |
| <i>Trigonella foenum-graecum</i> Fenugreek; Greek Clover; Bockshornklee (Ger.); Greek Hay; Alholva (Sp.)  | 1           |           |
| <i>Triticum aestivum</i> Wheat  | 1           |           |
| <i>Tussilago farfara</i> Coltsfoot  | 1           |           |
| <i>Uncaria catechu</i> Gambir; Pale Catechu   | 1           |           |
| <i>Urginea maritima</i> European Squill   | 1           |           |
| <i>Urtica dioica</i> European Nettle; Stinging Nettle   | 1           |           |
| <i>Vaccinium vitis-idaea</i> Lingen; Cowberry; Lingonberry  | 1           |           |
| <i>Vaccinium myrtillus</i> Dwarf Bilberry; Whortleberry; Bilberry   | 1           |           |
| <i>Vaccinium macrocarpon</i> Cranberry; American Cranberry; Large Cranberry   | 1           | 500.0     |
| <i>Vaccinium corymbosum</i> Blueberry   | 1           |           |
| <i>Valeriana officinalis</i> Garden-Heliotrope; Valerian; Common Valerian   | 1           |           |
| <i>Viburnum opulus</i> European Cranberry Bush; Guelder Rose; Crampbark; Snowballbush   | 1           |           |
| <i>Vigna radiata</i> Mungbean; Green Gram   | 1           |           |
| <i>Viola tricolor</i> Wild Violet; Pansy  | 1           |           |
| <i>Viola odorata</i> Common Violet; Sweet Violet  | 1           |           |
| <i>Vitis vinifera</i> Grape; Grapevine; Weinrebe (Ger.); Parra (Sp.); Vid (Sp.); Wine Grape; Vigne Vinifere (Fr.); European Grape   | 1           |           |

| Plant                                 | # Chemicals | Total PPM |
|---------------------------------------|-------------|-----------|
| <i>Withania somnifera</i> Ashwagandha | 1           |           |
| <i>Zea mays</i> Corn                  | 1           |           |
| <i>Zingiber officinale</i> Ginger     | 1           |           |