

# A MAO-A-Inhibitor

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus moschatus</i> Ambrette; Muskmallow; Tropical Jewel Hibiscus; Musk Okra	1	
<i>Abelmoschus esculentus</i> Okra	1	
<i>Abutilon theophrasti</i> Velvet Leaf; Butterprint; Indian-Mallow; Abutilon-Hemp	1	
<i>Acacia senegal</i> Gum Arabic Tree; Senegal Gum; Kher; Sudan Gum Arabic; Gum Arabic	1	
<i>Acacia nilotica</i> Babul	2	
<i>Acacia catechu</i> Catechu; Black Cutch	2	
<i>Achillea millefolium</i> Milfoil; Yarrow	2	
<i>Acinos suaveolens</i>	1	
<i>Actinidia chinensis</i> Kiwi	1	
<i>Adonis vernalis</i> Spring Adonis	1	
<i>Aegle marmelos</i> Bael de India; Bael fruit	1	
<i>Aesculus hippocastanum</i> Horse Chestnut	2	
<i>Agastache pallidiflora</i>	1	
<i>Agathosma betulina</i> Mountain Buchu; Honey Buchu; Buchu	1	
<i>Ageratum conyzoides</i> Mexican ageratum	1	
<i>Agrimonia eupatoria</i> Sticklewort; Agrimony	2	
<i>Ailanthus altissima</i> Stinktree; Tree Of Heaven	1	
<i>Albizia lebeck</i> East Indian Walnut; Frywood; Women's-Tongue Tree; Lebbek; Lebbek Tree; Siris Tree; Koko	1	
<i>Allium schoenoprasum</i> Chives	1	18.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	400.0
<i>Allium cepa</i> Shallot; Onion	1	96200.0
<i>Alpinia officinarum</i> Lesser Galangal; Chinese Ginger	1	
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	
<i>Ammi visnaga</i> Visnaga	1	
<i>Ammi majus</i> Bishop's Weed	1	
<i>Anastatica hierochuntica</i> Jericho Rose	1	
<i>Anemone pulsatilla</i> Pasque Flower	1	
<i>Anethum graveolens</i> Dill; Garden Dill	2	
<i>Angelica dahurica</i> Bai Zhi	1	
<i>Angelica archangelica</i> Angelica; Wild Parsnip; Garden Angelica	1	
<i>Anogeissus latifolia</i> Gum Ghatti	1	
<i>Apium graveolens</i> Celery	2	0.3
<i>Arachis hypogaea</i> Groundnut; Peanut	1	
<i>Araucaria bidwillii</i> Monkey puzzle	1	
<i>Arctostaphylos uva-ursi</i> Bearberry; Uva Ursi	2	
<i>Ardisia japonica</i> Marlberry	2	
<i>Armoracia rusticana</i> Horseradish	1	
<i>Artemisia dracunculus</i> Tarragon	1	
<i>Artemisia annua</i> Annual Wormwood (GRIN); Sweet Annie; Qinghao; Annual Mugwort (GRIN); Sweet Wormwood (GRIN)	1	

Plant	# Chemicals	Total PPM
<i>Artocarpus altilis</i> Breadfruit	1	
<i>Asimina triloba</i> Pawpaw	1	
<i>Aspalathus linearis</i> Rooibos; Kaffree Tea; Red Bush Tea	1	
<i>Asparagus officinalis</i> Asparagus	1	
<i>Astragalus membranaceus</i> Huang Qi; Huang-Chi	1	
<i>Avena sativa</i> Oats	1	620.0
<i>Azadirachta indica</i> Neem	2	2000.0
<i>Barosma betulina</i> Buchu	1	
<i>Basella alba</i> Vinespinach	1	
<i>Berberis vulgaris</i> Barberry	1	
<i>Beta vulgaris</i> Beet; Beetroot; Sugar Beet; Garden Beet	1	
<i>Borago officinalis</i> Beeplant; Borage; Talewort; Beebread	1	
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Curly Kale; Kitchen Kale; Kale; Scotch Kale	1	100.0
<i>Brassica oleracea</i> var. <i>italica</i> Asparagus Broccoli; Broccoli; Winter Broccoli; Cape Broccoli; Purple Cauliflower; Calabrese; Sprouting Broccoli; Heading Broccoli	2	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	1	50.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Cabbage; Red Cabbage; White Cabbage	1	200.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	2	12.0
<i>Brassica oleracea</i> Kohlrabi	1	40.0
<i>Caesalpinia pulcherrima</i> Bird Of Paradise	1	
<i>Calendula officinalis</i> Pot-Marigold; Calendula	1	
<i>Camellia sinensis</i> Tea	2	20000.0
<i>Camptotheca acuminata</i> Happy Tree	1	
<i>Capparis spinosa</i> Caperbush; Caper	1	
<i>Capsicum frutescens</i> Tabasco; Chili; Red Chili; Spur Pepper; Cayenne; Hot Pepper	1	126.0
<i>Carum carvi</i> Comino (Sp.); Caraway; Comino de prado (Sp.); Kummel (Ger.); Carum	1	
<i>Castanea sativa</i> European Chestnut	1	
<i>Catharanthus roseus</i> Madagascar Periwinkle; Rosy Periwinkle	1	
<i>Cedrus deodora</i> Deodar Cedar	1	
<i>Ceiba pentandra</i> Silk-Cotton Tree; Kapok	1	
<i>Centaurea cyanus</i> Cornflower; Bachelor's Button	1	
<i>Centaurea calcitrapa</i> Star-Thistle	1	
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	
<i>Ceratonia siliqua</i> St.John's-Bread; Carob; Locust Bean	1	
<i>Cichorium intybus</i> Succory; Witloof; Chicory	2	
<i>Cichorium endivia</i> Endive; Escarole	1	
<i>Cinnamomum camphora</i> Camphor; Ho Leaf	1	
<i>Citrullus colocynthis</i> Colocynth	1	
<i>Citrus sinensis</i> Orange	1	
<i>Citrus paradisi</i> Grapefruit	1	
<i>Citrus limon</i> Lemon	1	
<i>Commiphora wightii</i> Indian Bdellium-Tree; Guggul	2	

Plant	# Chemicals	Total PPM
<i>Consolida ajacis</i> Larkspur	1	
<i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley	2	
<i>Coriaria thymifolia</i> Shanshi; Ground Toot	1	
<i>Coriaria myrtifolia</i> Mealy Tree	1	
<i>Cornus mas</i> Cornelian Cherry; Sorbet	1	
<i>Cornus florida</i> American Dogwood	1	
<i>Corylus avellana</i> Hazel; English Filbert; European Hazel; Cobnut; European Filbert	2	
<i>Crataegus rhipidophylla</i> Hawthorn	2	
<i>Crataegus monogyna</i> Hawthorn; English Hawthorn	1	
<i>Crataegus laevigata</i> Hawthorn; English Hawthorn; Woodland Hawthorn; Whitethorn	2	
<i>Crataegus cuneata</i> Hawthorn	1	
<i>Crocus sativus</i> Saffron	1	
<i>Cucurbita pepo</i> Pumpkin	1	
<i>Curcuma longa</i> Indian Saffron; Turmeric	1	
<i>Cyamopsis tetragonoloba</i> Guar; Cluster-Bean; Siam-Bean	1	
<i>Cymbopogon citratus</i> West Indian Lemongrass; Lemongrass	1	
<i>Cynara cardunculus</i> Artichoke	1	
<i>Cytisus scoparius</i> Scotch Broom	1	
<i>Daucus carota</i> Carrot	3	2.2
<i>Dictamnus albus</i> Gas Plant; Akgiritotu; Burning Bush; Gazelotu; Dittany	1	
<i>Diospyros virginiana</i> American Persimmon	1	
<i>Dodonaea viscosa</i> Hopwood	1	
<i>Drimys winteri</i> Winter's Bark	1	
<i>Echinacea</i> spp Echinacea; Coneflower	1	
<i>Echinacea purpurea</i> Echinacea; Eastern Purple-Coneflower; Purple-Coneflower	1	
<i>Echinacea angustifolia</i> Narrow Leaf Echinacea; Echinacea; Narrow Leaf Purple-Coneflower	1	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	1	
<i>Equisetum arvense</i> Horsetail; Field Horsetail	2	
<i>Eriobotrya japonica</i> Loquat	1	
<i>Erythroxylum coca</i> Coca	1	
<i>Eschscholzia californica</i> California Poppy	1	
<i>Eucalyptus globulus</i> Tasmanian Bluegum; Eucalypt; Blue Gum	2	
<i>Eucommia ulmoides</i> Gutta-Percha Tree; Du Zhong; Tu Chung	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Euphorbia lathyris</i> Mole Plant; Caper Spurge	1	
<i>Euphorbia hirta</i> Queensland Asthma Herb	1	
<i>Euphrasia officinalis</i> Eyebright	1	
<i>Fagopyrum esculentum</i> Buckwheat	2	
<i>Fallopia japonica</i> Giant Knotweed; Japanese Knotweed; Hu-Zhang; Mexican Bamboo	1	
<i>Ficus carica</i> Echte Feige (Ger.); Higuera Comun (Sp.); Feigenbaum (Ger.); Figueira (Port.); Figueir Commun (Fr.); Fig; Higo (Sp.); Fico (Ital.)	2	12100.0
<i>Filipendula ulmaria</i> Queen Of The Meadow; Meadowsweet	1	

Plant	# Chemicals	Total PPM
<i>Foeniculum vulgare</i> Fennel	2	2.0
<i>Forsythia suspensa</i> Lien-Chiao; Lian-Jiao	1	
<i>Fragaria</i> spp Strawberry	2	
<i>Galega officinalis</i> Galega; Goat's Rue	2	
<i>Geranium thunbergii</i> Gennoshiouko; Oriental Geranium	1	
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	2	
<i>Glehnia littoralis</i> Bei Sha Shen	1	
<i>Glycine max</i> Soybean	2	
<i>Glycyrrhiza uralensis</i> Gan-Cao; Chinese Licorice; Kan-Tsao	1	
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice; Licorice-Root; Smooth Licorice	1	
<i>Gossypium</i> sp Cotton	1	
<i>Guazuma tomentosa</i>	1	
<i>Haematoxylum campechianum</i> Logwood; Campechy	1	
<i>Hamamelis virginiana</i> Witch Hazel	2	
<i>Helianthus annuus</i> Girasol; Sunflower	1	1220.0
<i>Hibiscus rosa-sinensis</i> Shoe-flower; Chinese hibiscus	1	
<i>Hippophae rhamnoides</i> Sallow Thorn; Sea Buckthorn; Yellow Spine	1	
<i>Holarrhena pubescens</i> Kurchi; Tellicherry Bark; Zhi Xie Mu; Conessi	1	
<i>Houttuynia cordata</i> Fishwort; Dokudami; Yu Xing Cao	2	
<i>Humulus lupulus</i> Hops	2	
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	
<i>Hypericum perforatum</i> Common St. Johnswort; Hypericum; St. John's-wort; Klamath Weed; Goatweed	2	
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	1	
<i>Isatis tinctoria</i> Dyer's Woad	1	
<i>Juglans regia</i> English Walnut	2	
<i>Juglans nigra</i> Black Walnut	1	
<i>Juniperus communis</i> Juniper; Common Juniper	1	
<i>Kalanchoe spathulata</i> Beach Bells	1	
<i>Kalanchoe pinnata</i> Siempre Viva; Air Plant	1	
<i>Lactuca sativa</i> Lettuce	1	
<i>Laurus nobilis</i> Grecian Laurel; Bay Laurel; Sweet Bay; Bay; Laurel; Bayleaf	2	
<i>Ledum palustre</i> Marsh Tea; Wild Rosemary	1	
<i>Leonurus cardiaca</i> Motherwort	2	
<i>Levisticum officinale</i> Lovage	1	6.0
<i>Ligustrum lucidum</i> Privet; Glossy Privet; Ligustri Fructus; White Waxtree; Chinese Privet	1	
<i>Ligustrum japonicum</i> Japanese Privet; Ligustri Fructus	1	
<i>Limonia acidissima</i> Elephant Apple; Manzana De Elefante; Wood-Apple	1	
<i>Lippia dulcis</i> Sweet Herb	1	
<i>Liquidambar styraciflua</i> American Styrax; Sweetgum	1	
<i>Ludwigia perennis</i> Perennial ludwigia	1	
<i>Ludwigia adscendens</i> Ascending ludwigia	1	

Plant	# Chemicals	Total PPM
<i>Lycium chinense</i> Chinese Matrimony Vine; Spina Santa Cinese (Ital.); Lyciet de Chine (Fr.); Kuko (Jap.); Wolfberry; Kaukichai (Malays.); Gou Qi (Chin.); Chinesischer Bocksdorn (Ger.); Chinese Boxthorn; Chinese Wolfberry; Daun Koki (Indones.)	1	
<i>Lycopersicon esculentum</i> Tomato	2	
<i>Maclura pomifera</i> Osage-Orange; Hedge Apple	1	
<i>Magnolia officinalis</i> Hou Pu; Magnolia-Bark; Chinese Magnolia	1	
<i>Magnolia kobus</i> Hsin-I; Xin-Yi	1	
<i>Magnolia denudata</i> Hsin-I; Xin-Yi	1	
<i>Malus domestica</i> Apple	2	526.0
<i>Mangifera indica</i> Mango	1	
<i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot	1	
<i>Marrubium vulgare</i> White Horehound; Horehound	1	
<i>Matricaria recutita</i> German Camomile; Wild Camomile; Annual Camomile	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	1	
<i>Melia azedarach</i> Chinaberry	2	
<i>Melilotus officinalis</i> Yellow Sweetclover	1	
<i>Mentha longifolia</i> Biblical Mint	1	
<i>Menyanthes trifoliata</i> Water Trefoil; Bog Myrtle; Marsh Clover; Bogbean; Buckbean; Marsh Trefoil	1	
<i>Moringa oleifera</i> Jacinto (Sp.); Drumstick Tree; Horseradish Tree; Moringa; West Indian Ben; Benzolive Tree; Ben Nut	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	2	
<i>Musa x paradisiaca</i> Banana; Plantain	1	
<i>Myristica fragrans</i> Nutmeg; Mace; nuez moscada (Sp.); Muskatnussbaum (Ger.); nogal moscado (Sp.)	1	
<i>Nelumbo nucifera</i> Water Lotus	1	
<i>Nerium oleander</i> Oleander	2	
<i>Nicotiana tabacum</i> Tobacco	2	
<i>Ocimum basilicum</i> Cuban Basil; Sweet Basil; Basil	1	
<i>Oenothera biennis</i> Evening-Primrose	1	414000.0
<i>Olea europaea</i> Olive	1	
<i>Ononis spinosa</i> Restharrow; Hauhechel (Ger.); Spiny Restharrow	2	
<i>Opuntia ficus-indica</i> Indian Fig; Prickly Pear; Nopal; Nopalito	1	
<i>Origanum vulgare</i> Common Turkish Oregano; European Oregano; Wild Oregano; Pot Marjoram; Oregano; Wild Marjoram	1	
<i>Paeonia suffruticosa</i> Tree Peony; Moutan; Moutan Peony	1	
<i>Paeonia moutan</i> Tree Peony; Moutan	1	
<i>Paeonia lactiflora</i> White Peony; Chih-Shao; Common Garden Peony; Bai Shao (Chinese); Peony	1	
<i>Panax notoginseng</i> Sanchi Ginseng	1	
<i>Passiflora incarnata</i> Mayapple; Manzana de Mayo; Passionflower	2	240.0
<i>Pastinaca sativa</i> Parsnip	2	21.0
<i>Perilla frutescens</i> Perilla	1	
<i>Persea americana</i> Avocado	1	
<i>Petasites hybridus</i> European Butterbur	1	
<i>Petroselinum crispum</i> Parsley	2	55.5
<i>Phoenix dactylifera</i> Date Palm	1	
<i>Phyllanthus niruri</i> Seed On The Leaf	2	

Plant	# Chemicals	Total PPM
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	
<i>Pimenta dioica</i> Clover-Pepper; Allspice; Jamaica-Pepper; Pimento; Pimenta	1	
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	
<i>Pinus sylvestris</i> Scotch Pine	1	
<i>Pinus mugo</i> Dwarf Pine; Swiss Mountain Pine	1	
<i>Piper nigrum</i> Black Pepper; Pepper; White Pepper	2	
<i>Pistacia lentiscus</i> Mastictree; Chios Mastictree; Mastic; Mastixbaum (Ger.); Lentisco (Sp.)	1	
<i>Pisum sativum</i> Pea	1	
<i>Plumeria acutifolia</i> Frangipani	2	
<i>Podophyllum pleianthum</i> Chinese Mayapple	1	
<i>Podophyllum peltatum</i> Mayapple	1	100000.0
<i>Podophyllum hexandrum</i> Himalayan Mayapple	1	
<i>Polygonum hydropiperoides</i> Mild Water Pepper	1	
<i>Polygonum hydropiper</i> Common Smartweed	2	
<i>Polygonum aviculare</i> Prostrate Knotweed	2	
<i>Populus tacamahacca</i> Balm Of Gilead	1	
<i>Prosopis juliflora</i> Mesquite	1	
<i>Prunella vulgaris</i> Self-Heal; Heal-All	1	
<i>Prunus spinosa</i> Blackthorn; Sloe	2	
<i>Prunus serotina</i> Wild Cherry; Black Cherry	1	
<i>Prunus persica</i> Peach	2	
<i>Prunus laurocerasus</i> Cherry Laurel	1	
<i>Prunus dulcis</i> Almond	2	
<i>Prunus domestica</i> Plum	1	
<i>Prunus cerasus</i> Sour Cherry	2	
<i>Prunus armeniaca</i> Apricot	2	
<i>Psidium guajava</i> Guava	2	
<i>Psidium cattleianum</i> Strawberry Guava	1	
<i>Psoralea corylifolia</i> Malaya Tea; Black Dot; Babchi	1	
<i>Pteridium aquilinum</i> Bracken; Bracken Fern	1	
<i>Pueraria montana</i> Kudzu; Kudsu	1	
<i>Punica granatum</i> Granatapfelstrauch (Ger.); Romanzeiro (Port.); Granado (Sp.); Granatapfelbaum (Ger.); Grenadier (Fr.); Zakuro (Jap.); Pomegranate; Mangrano (Sp.)	1	
<i>Pyrus communis</i> Pear	1	56.0
<i>Quercus velutina</i> Black Oak	2	
<i>Quercus robur</i> English Oak	1	
<i>Quercus infectoria</i> Aleppo Oak; Dyer's Oak; Gall Oak	1	
<i>Quercus alba</i> White Oak	2	
<i>Rheum palmatum</i> Chinese Rhubarb	1	
<i>Rhododendron dauricum</i> Chinese Alpenrose	1	
<i>Rhus toxicodendron</i> Poison Ivy	1	
<i>Rhus coriaria</i> Sumac; Tanner's Sumac; Sicilian Sumac	2	

Plant	# Chemicals	Total PPM
<i>Ribes nigrum</i> Black Currant	2	
<i>Ricinus communis</i> Castorbean	2	
<i>Rosa</i> spp Rose Hips	1	
<i>Rosa multiflora</i> Multiflora Rose	1	
<i>Rosa gallica</i> French Rose	1	
<i>Rosa damascena</i> Damask Rose	2	
<i>Rosa centifolia</i> Cabbage Rose	1	
<i>Rosa canina</i> Dog Rose; Dogbrier; Rose	1	
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	
<i>Rumex crispus</i> Sour Dock; Lengua De Vaca; Yellow Dock; Curly Dock	2	
<i>Rumex acetosa</i> Garden Sorrel	1	
<i>Ruta graveolens</i> Rue	2	
<i>Salix alba</i> White Willow	1	
<i>Sambucus nigra</i> European Elder; European Alder; Black Elder; European Elderberry; Elder	1	
<i>Sambucus canadensis</i> American Elder; Sweet Elder; American Elderberry; Elderberry	1	
<i>Sanguisorba officinalis</i> Greater Burnet	1	
<i>Sanguisorba minor</i> Small Burnet	1	
<i>Schinus terebinthifolius</i> Brazilian Peppertree	1	
<i>Schinus molle</i> Peruvian Peppertree; California Peppertree; Mastic-Tree	1	
<i>Senna occidentalis</i> Coffee Senna	1	
<i>Silybum marianum</i> Lady's Thistle; Milk Thistle	1	
<i>Solanum tuberosum</i> Potato	1	
<i>Solidago virgaurea</i> Woundwort; European Goldenrod	2	
<i>Solidago gigantea</i> Early Goldenrod	2	
<i>Sophora japonica</i> Japanese Pagoda Tree	1	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Spartium junceum</i> Weaver's Broom; Genet; Spanish Broom	1	
<i>Spinacia oleracea</i> Spinach	2	38.0
<i>Stevia rebaudiana</i> Ca-A-E; Stevia; Sweet Leaf of Paraguay	1	
<i>Syzygium aromaticum</i> Clovetree; Clove	1	
<i>Tabebuia impetiginosa</i> Pau d'arco; Taheebo	1	
<i>Tagetes patula</i> French Marigold	1	
<i>Tagetes minuta</i> Dwarf Marigold; Stinking-Roger; Aztec Marigold; Wild Marigold; Muster John Henry; Mexican Marigold	1	
<i>Tanacetum vulgare</i> Tansy	1	
<i>Taraxacum officinale</i> Dandelion	1	
<i>Terminalia ivorensis</i> Black Afara; Shinglewood; Blackbark; Emire; Idigbo; Brimstonewood; Satinwood	1	
<i>Terminalia chebula</i> Myrobalan; Ink Nut; Chebulic Myrobalan; Black Myrobalan	1	
<i>Terminalia catappa</i> Malabar Almond; Indian Almond; Tropical Almond	1	
<i>Teucrium scordium</i> Water Germander	1	
<i>Teucrium montanum</i> Mountain Germander	1	
<i>Teucrium botrys</i> Field Germander	1	
<i>Theobroma cacao</i> Cacao	2	

Plant	# Chemicals	Total PPM
<i>Thespesia populnea</i> Indian tulip tree	1	
<i>Thevetia peruviana</i> Loandro-Amarelo (Port.); Oleandre Jaune (Fr.); Yellow Oleander; Adelfa Amarilla (Sp.); Peruvian Yellow Oleander; Cabalonga (Sp.); Chirca (Sp.); Luckynut; Thevetie (Ger.)	1	
<i>Thuja occidentalis</i> Arbor-Vitae; Northern White-Cedar	1	
<i>Tilia</i> sp. Lime; Linden; Basswood	2	
<i>Tragopogon porrifolius</i> Salsify	1	
<i>Tribulus terrestris</i> Puncture-vine	1	
<i>Tridax procumbens</i> Mexican daisy; Coatbuttons	1	
<i>Trifolium pratense</i> Red Clover; Purple Clover; Cowgrass; Peavine Clover	2	
<i>Trigonella foenum-graecum</i> Fenugreek; Greek Clover; Bockshornklee (Ger.); Greek Hay; Alholva (Sp.)	2	
<i>Triticum aestivum</i> Wheat	1	
<i>Tussilago farfara</i> Coltsfoot	1	
<i>Uncaria catechu</i> Pale Catechu; Gambir	1	
<i>Urginea maritima</i> European Squill	2	
<i>Urtica dioica</i> Stinging Nettle; European Nettle	1	
<i>Vaccinium vitis-idaea</i> Lingonberry; Cowberry; Lingen	1	
<i>Vaccinium myrtillus</i> Bilberry; Dwarf Bilberry; Whortleberry	2	
<i>Vaccinium macrocarpon</i> Large Cranberry; Cranberry; American Cranberry	2	500.0
<i>Vaccinium corymbosum</i> Blueberry	2	
<i>Valeriana officinalis</i> Garden-Heliotrope; Common Valerian; Valerian	1	
<i>Viburnum opulus</i> Crampbark; European Cranberry Bush; Guelder Rose; Snowballbush	1	
<i>Vigna radiata</i> Green Gram; Mungbean	1	
<i>Viola tricolor</i> Wild Violet; Pansy	1	
<i>Viola odorata</i> Common Violet; Sweet Violet	1	
<i>Vitis vinifera</i> Grape; European Grape; Parra (Sp.); Grapevine; Vigne Vinifere (Fr.); Weinrebe (Ger.); Vid (Sp.); Wine Grape	2	
<i>Withania somnifera</i> Ashwagandha	1	
<i>Zanthoxylum americanum</i> Northern Prickly Ash	1	
<i>Zea mays</i> Corn	1	
<i>Zingiber officinale</i> Ginger	1	