

A Cytochrome-P450-Inhibitor

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Acacia farnesiana Popinac; Huisache; Cassie; Sweet Acacia; Opopanax	2	
Achillea millefolium Milfoil; Yarrow	1	
Acorus calamus Flagroot; Sweet Calamus; Sweetflag; Myrtle Flag; Calamus; Sweetroot	1	384.0
Agastache rugosa	1	
Ageratum conyzoides Mexican ageratum	1	
Aloysia citrodora Lemon Verbena	1	
Alpinia officinarum Lesser Galangal; Chinese Ginger	1	800.0
Alpinia galanga Greater Galangal; Languas; Siamese Ginger	1	24000.0
Ammi majus Bishop's Weed	2	16000.0
Anacardium occidentale Cashew	1	
Anethum graveolens Dill; Garden Dill	1	
Angelica dahurica Bai Zhi	2	
Angelica archangelica Wild Parsnip; Angelica; Garden Angelica	2	5050.0
Apium graveolens Celery	3	
Artemisia dracunculus Tarragon	2	141.0
Boronia megastigma Scented Boronia	1	
Calamintha nepeta Turkish Calamint	1	
Camellia sinensis Tea	2	
Cananga odorata Ylang-Ylang; Cananga	1	
Capsicum frutescens Chili; Tabasco; Red Chili; Spur Pepper; Cayenne; Hot Pepper	1	35800.0
Capsicum annuum Cherry Pepper; Bell Pepper; Green Pepper; Cone Pepper; Paprika; Sweet Pepper	2	8000.0
Centaurea calcitrapa Star-Thistle	1	
Chenopodium album Lambsquarter	1	
Cinnamomum verum Cinnamon; Ceylon Cinnamon	1	20320.0
Cinnamomum camphora Ho Leaf; Camphor	1	
Cinnamomum aromaticum Chinazimt (Ger.); China Junk Cassia; Chinese Cassia; Canelero chino (Sp.); Canela de la China (Sp.); Kashia-Keihi (Jap.); Cassia; Canelle de Cochinchine (Fr.); Cannelier Casse (Fr.); Cassia Lignea; Cassia Bark; Cannelier de Chine (Fr.); Zimtcassie (Ger.); Chinese Cinnamon; Saigon Cinnamon; Chinesischer Zimtbaum (Ger.)	1	
Cistus ladaniferus Gum Cistus; Ambreine; Labdanum; Rockrose	1	2100.0
Citrus sinensis Orange	1	91600.0
Citrus paradisi Grapefruit	2	
Citrus meyerii Meyer lemon	1	
Citrus limon Lemon	2	
Citrus aurantium Petitgrain; Bitter Orange	1	
Citrus aurantiifolia Lime	3	
Coffea arabica Coffee	1	
Commiphora myrrha Myrrh; African Myrrh; Herabol Myrrh; Mirra (Sp. It.); Somali Myrrh; Myrrhe (Fr., Ger.)	1	
Coriandrum sativum Chinese Parsley; Coriander; Cilantro	1	
Costus speciosus Crepe Ginger; Wild Ginger; Cane Reed	1	
Croton lechleri Sangre de Grado; Sangre de Dragon; Dragons Blood; Sangre de Drago	1	

Plant	# Chemicals	Total PPM
<i>Croton eluteria</i> Cascarilla	1	
<i>Cuminum cyminum</i> Cumin	1	
<i>Curcuma zedoaria</i> Zedoary; Shoti	1	2000.0
<i>Curcuma xanthorrhiza</i> Temu Lawak; Javan Turmeric	1	20000.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	2	94888.0
<i>Cymbopogon winterianus</i> Java Citronella; Mahapengiri	1	466.0
<i>Cynara cardunculus</i> Artichoke	1	
<i>Daucus carota</i> Carrot	1	14000.0
<i>Dianthus caryophyllus</i> Nelke (Ger.); Oeillet (Fr.); Clove Pink; Clavel (Sp.); Carnation	1	
<i>Drimys winteri</i> Winter's Bark	1	
<i>Elsholtzia blanda</i> Bantaluki; Bantulsi	1	
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	
<i>Equisetum arvense</i> Horsetail; Field Horsetail	1	
<i>Eucalyptus globulus</i> Tasmanian Bluegum; Eucalypt; Blue Gum	1	
<i>Eucalyptus citriodora</i> Lemon-Scented Gum; Lemon Eucalyptus; Citron-Scented Gum; Spotted Gum	1	
<i>Eucalyptus brassiana</i> Brasses' Eucalyptus	1	
<i>Ficus carica</i> Echte Feige (Ger.); Fico (Ital.); Higo (Sp.); Fig; Higuera Comun (Sp.); Figueira (Port.); Feigenbaum (Ger.); Figuier Commun (Fr.)	1	
<i>Foeniculum vulgare</i> Fennel	2	6.0
<i>Fragaria</i> spp Strawberry	1	
<i>Glehnia littoralis</i> Bei Sha Shen	1	
<i>Glycine max</i> Soybean	1	
<i>Glycyrrhiza uralensis</i> Gan-Cao; Chinese Licorice; Kan-Tsao	1	
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice-Root; Smooth Licorice; Licorice	2	2.0
<i>Helianthus annuus</i> Girasol; Sunflower	1	
<i>Helichrysum angustifolium</i> Everlasting; Immortelle	1	
<i>Hibiscus sabdariffa</i> Roselle; Acedera de Guinea (Sp.); Sereni (Sp.); Malventee (Ger.); Sorrel; Rosa de Jamaica (Sp.); Kharkadi; Red Sorrel; Rosella (Ger.); Indian Sorrel; Jamaica Sorrel	1	
<i>Hyacinthus orientalis</i> Hyacinth	1	9.2
<i>Hyssopus officinalis</i> Hyssop	1	2134.0
<i>Iris x germanica</i> Orris	1	
<i>Jasminum officinale</i> Jasmine; Poet's Jessamine	1	20.0
<i>Juglans regia</i> English Walnut	1	
<i>Lantana camara</i> Wild Sage; Lantana	1	
<i>Laurus nobilis</i> Sweet Bay; Bayleaf; Bay; Bay Laurel; Laurel; Grecian Laurel	1	2670.0
<i>Lavandula x intermedia</i> Dutch Lavender; Lavandin	1	
<i>Lavandula latifolia</i> Spike Lavender; Aspic; Broad-Leaved Lavender	1	18.0
<i>Levisticum officinale</i> Lovage	2	26.0
<i>Ligustrum japonicum</i> Japanese Privet; Ligustri Fructus	1	
<i>Lippia graveolens</i> Oregano	1	310.0
<i>Lonicera japonica</i> Japanese Honeysuckle	1	
<i>Lycopersicon esculentum</i> Tomato	2	
<i>Maclura pomifera</i> Osage-Orange; Hedge Apple	1	

Plant	# Chemicals	Total PPM
Magnolia kobus Xin-Yi; Hsin-I	1	
Melaleuca viridiflora Broad-Leaf Tea-Tree; Niaouli	1	
Melaleuca bracteata Bracteate Tea-Tree	1	
Melia azedarach Chinaberry	1	
Melissa officinalis Balm; Lemonbalm; Bee Balm; Melissa	1	
Mentha spicata Spearmint; Hortela da Folha Miuda	1	
Mentha pulegium European Pennyroyal	1	640.0
Mentha longifolia Biblical Mint	1	
Micromeria myrtifolia Topukcayi; Haydarotu; Dagcayi	1	
Micromeria fruticosa Zuta; Tea Hyssop; Zopha	1	
Micromeria congesta Kaya Yarpuzu	1	
Monarda didyma Beebalm; Oswego Tea	1	
Morinda citrifolia Indian Mulberry; Noni	1	
Morus alba White Mulberry; Sang-Pai-Pi	1	
Murraya koenigii Curry Leaf Tree; Curry Leaf; Indian Curry Tree	1	
Myristica fragrans nogal moscado (Sp.); nuez moscada (Sp.); Mace; Muskatnussbaum (Ger.); Nutmeg	1	640.0
Myroxylon balsamum Peru Balsam; Tolu Balsam	1	
Myrtus communis Arrayan (Sp.); Mirto (Sp.); Myrte (Ger.); Myrtle	1	
Narcissus tazetta Daffodil	1	
Nicotiana tabacum Tobacco	1	
Ocimum tenuiflorum Anise-Scented Basil	1	
Ocimum suave Kenyan Tree Basil	1	
Ocimum sp Basil	1	
Ocimum sanctum Holy Basil; Tulsi	1	
Ocimum kilimandscharicum Kenyan Perennial Basil; African Blue Basil	1	
Ocimum gratissimum Agbo; Shrubby Basil	1	
Ocimum canum Hoary Basil	1	
Ocimum basilicum Sweet Basil; Cuban Basil; Basil	1	17150.0
Oenanthe javanica Javan Water Dropwort	1	
Origanum vulgare Pot Marjoram; Oregano; Common Turkish Oregano; Wild Oregano; European Oregano; Wild Marjoram	2	
Origanum onites Pot Marjoram; Oregano	1	
Origanum minutiflorum Small-Flowered Oregano	1	
Origanum majorana Marjoram; Sweet Marjoram	1	3152.0
Pastinaca sativa Parsnip	2	3400.0
Petroselinum crispum Parsley	3	25.060000000000002
Peucedanum ostruthium Masterwort	2	
Peumus boldus Boldo	1	
Pimenta racemosa Bayrum Tree; West Indian Bay	1	40940.0
Pimenta dioica Jamaica-Pepper; Clover-Pepper; Pimento; Allspice; Pimenta	1	92348.0
Pimpinella anisum Anise; Sweet Cumin	2	
Piper nigrum Black Pepper; White Pepper; Pepper	1	
Piper betel Betel Pepper	1	35700.0

Plant	# Chemicals	Total PPM
<i>Piper auritum</i> Hierba Santa; Hoja Santa; Cordoncillo	1	
<i>Pogostemon cablin</i> Patchouli	1	
<i>Polianthes tuberosa</i> Tuberose	1	
<i>Prunus persica</i> Peach	1	
<i>Prunus dulcis</i> Almond	1	
<i>Prunus cerasus</i> Sour Cherry	2	
<i>Pterocarpus marsupium</i> Indian Kino; bijasal; Malabar Kino	1	
<i>Ptychopetalum olacoides</i> Muira Puama	1	
<i>Pycnanthemum setosum</i> Setose Mountain Mint	1	186.0
<i>Ravensara aromatica</i> Ravensara	1	
<i>Rosa gallica</i> French Rose	1	8.0
<i>Rosmarinus officinalis</i> Rosemary	1	
<i>Salix</i> sp.	1	
<i>Santalum album</i> White Sandalwood	1	
<i>Sassafras albidum</i> Sassafras	1	
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Skimmia japonica</i> Japanese Skimmia	1	
<i>Stevia rebaudiana</i> Sweet Leaf of Paraguay; Ca-A-E; Stevia	1	
<i>Syzygium aromaticum</i> Clovetree; Clove	1	461400.0
<i>Thymus vulgaris</i> Common Thyme; Thyme; Garden Thyme	2	
<i>Thymus funkii</i> Funk's Thyme	1	
<i>Thymus cilicicus</i> 'Anatolian' Thyme	1	
<i>Thymus capitatus</i> 'Sicilian' Thyme; Spanish Origanum; Spanish Thyme	1	
<i>Tilia</i> sp. Linden; Basswood; Lime	1	
<i>Trifolium pratense</i> Red Clover; Peavine Clover; Purple Clover; Cowgrass	1	
<i>Umbellularia californica</i> California Bay	1	80.0
<i>Vaccinium myrtillus</i> Bilberry; Dwarf Bilberry; Whortleberry	1	
<i>Vaccinium macrocarpon</i> American Cranberry; Cranberry; Large Cranberry	1	
<i>Vaccinium corymbosum</i> Blueberry	1	0.04
<i>Vanilla planifolia</i> Bourbon Vanilla; Vanilla	1	
<i>Vigna radiata</i> Green Gram; Mungbean	1	
<i>Viola odorata</i> Sweet Violet; Common Violet	1	714.0
<i>Zanthoxylum americanum</i> Northern Prickly Ash	2	
<i>Zea mays</i> Corn	1	
<i>Zingiber officinale</i> Ginger	2	