

A Urinary-Antiseptic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achillea millefolium</i> Yarrow; Milfoil	1	
<i>Acinos suaveolens</i>	1	
<i>Apium graveolens</i> Celery	1	
<i>Arbutus unedo</i> Strawberry Tree; Arbutus	1	54000.0
<i>Arctostaphylos uva-ursi</i> Bearberry; Uva Ursi	1	306000.0
<i>Arnica montana</i> Mountain Tobacco; Leopard's-Bane	1	
<i>Artemisia herba-alba</i> Desert Wormwood	1	
<i>Artemisia annua</i> Annual Wormwood (GRIN); Annual Mugwort (GRIN); Sweet Wormwood (GRIN); Qinghao; Sweet Annie	1	
<i>Calamintha nepeta</i> Turkish Calamint	1	
<i>Camellia sinensis</i> Tea	1	
<i>Chimaphila umbellata</i> Pipsissewa; King's Cure	2	154000.0
<i>Chrysanthemum x morifolium</i> Florist's Chrysanthemum; Mum; Ju Hua (Pinyin); Chrysanthemum	1	
<i>Chrysanthemum parthenium</i> Feverfew	1	
<i>Citrus sinensis</i> Orange	1	
<i>Citrus reticulata</i> Mandarin; Tangerine	1	20.1
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	1	2.0
<i>Coridothymus capitatus</i> Spanish Oregano	1	
<i>Cunila origanoides</i> Dittany; Frost Flower; American Dittany; Mountain Dittany; Frost Mint; Stone Mint; Maryland Dittany	1	21252.0
<i>Elsholtzia polystachya</i> Bush Mint	1	
<i>Elsholtzia pilosa</i> Hairy Mint Shrub	1	
<i>Elytrigia repens</i> Couchgrass; Doggrass; Wheatgrass; Twitchgrass; Quackgrass	1	
<i>Eucalyptus bridgesiana</i> Bridges' Eucalyptus	1	
<i>Fragaria</i> spp Strawberry	1	
<i>Gaultheria procumbens</i> Wintergreen; Wintergrun (Ger.); Checkerberry; Creeping Wintergreen; Mountain Tea; Teaberry	1	
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	1	
<i>Glycyrrhiza glabra</i> Licorice; Smooth Licorice; Licorice-Root; Commom Licorice	1	
<i>Houttuynia cordata</i> Yu Xing Cao; Dokudami; Fishwort	1	
<i>Hyptis suaveolens</i> Wild Hops	1	
<i>Hyssopus officinalis</i> Hyssop	1	6.0
<i>Inula helenium</i> Elecampane	1	
<i>Kalmia latifolia</i> Spoonwood; Mountain Laurel; Calico Bush	1	
<i>Ledum palustre</i> Wild Rosemary; Marsh Tea	1	
<i>Lippia graveolens</i> Oregano	1	
<i>Melissa officinalis</i> Melissa; Bee Balm; Balm; Lemonbalm	1	
<i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint	1	
<i>Mentha pulegium</i> European Pennyroyal	1	
<i>Mentha longifolia</i> Biblical Mint	1	30.0
<i>Micromeria myrtifolia</i> Haydarotu; Topukcayi; Dagcayi	1	
<i>Micromeria juliana</i>	1	

Plant	# Chemicals	Total PPM
Micromeria fruticosa Zuta; Tea Hyssop; Zopha	1	
Micromeria congesta Kaya Yarpuzu	1	
Monarda russeliana Russel's Monarda	1	3504.0
Monarda punctata Horsemint	1	55266.0
Monarda media Mean Monarda	1	2584.0
Monarda fistulosa Wild Bergamot	1	41700.0
Monarda didyma Oswego Tea; Beebalm	1	100.0
Monarda citriodora Lemon Mint	1	16674.0
Nepeta racemosa Catmint	1	
Nepeta cataria Catnip	1	
Nigella sativa Roman Coriander; Black Cumin; Black Caraway; Nutmeg-Flower; Fennel-Flower	1	
Ocimum gratissimum Agbo; Shrubby Basil	1	
Ocimum basilicum Sweet Basil; Cuban Basil; Basil	1	2830.0
Origanum vulgare Common Turkish Oregano; Wild Oregano; Pot Marjoram; Oregano; Wild Marjoram; European Oregano	1	10000.0
Origanum syriacum Za'Atar	1	
Origanum sipyleum Guveyoto; Bayircayi	1	
Origanum onites Oregano; Pot Marjoram	1	172.0
Origanum minutiflorum Small-Flowered Oregano	1	
Origanum majorana Sweet Marjoram; Marjoram	1	
Petroselinum crispum Parsley	1	
Peumus boldus Boldo	1	
Piper cubeba Cubeb Pepper; Cubeb	2	50000.0
Pycnanthemum virginianum Virginia Mountain Mint	1	754.0
Pycnanthemum nudum Nude Mountain Mint	1	46696.0
Pyrus communis Pear	1	
Rhododendron ponticum Pontic Alpenrose	1	
Rhododendron ferrugineum Rusty-Leaved Alpenrose	1	
Rosmarinus officinalis Rosemary	1	
Rubus fruticosus Blackberry	1	
Salvia officinalis Sage	1	
Salvia canariensis Canary Island Sage	1	
Satureja thymbra Goat Oregano	1	
Satureja subspicata Yugoslav Savory	1	
Satureja obovata Savory; Iberian Savory	1	
Satureja montana Savory; Winter Savory	1	15502.0
Satureja hortensis Summer Savory	1	
Satureja douglasii Douglas' Savory	1	78.0
Satureja cuneifolia Cuneate Turkish Savory	1	
Satureja cilicica Turkish Savory	1	
Sideritis scardica Balkan Sideritis	1	
Sideritis athoa Kedi Kuyruğu Cayı	1	
Tanacetum parthenium Feverfew	2	

Plant	# Chemicals	Total PPM
<i>Teucrium scorodonia</i> Germander; Wood Germander	1	
<i>Teucrium salviastrum</i>	1	
<i>Teucrium pseudoscorodonia</i>	1	
<i>Teucrium polium</i> Iberian Golden Germander; Golden Germander	1	
<i>Teucrium oxylepis</i>	1	
<i>Teucrium micropodioides</i> Small 'Cyprus' Germander	1	
<i>Teucrium kotschyianum</i> Stavros Kotschy's Germander	1	
<i>Teucrium gnaphalodes</i> Iberian Germander	1	
<i>Teucrium divaricatum</i> Hoary Divaricate Germander	1	
<i>Teucrium cyprium</i> 'Cyprus' Germander	1	
<i>Teucrium asiaticum</i>	1	
<i>Thymus zygis</i> Spanish Thyme	1	
<i>Thymus x citriodorus</i> Lemon Thyme; Funk's thyme	1	
<i>Thymus vulgaris</i> Thyme; Garden Thyme; Common Thyme	1	48200.0
<i>Thymus serpyllum</i> Creeping Thyme	1	114.0
<i>Thymus saturejoides</i> Moroccan Savory Thyme	1	
<i>Thymus riatarum</i> 'Moroccan' Thyme	1	
<i>Thymus orospedanus</i> Orosped Thyme	1	2556.0
<i>Thymus mastichina</i> Spanish Marjoram	1	380.0
<i>Thymus longicaulis</i> Kekik; Tas Kekik	1	
<i>Thymus funkii</i> Funk's Thyme	1	
<i>Thymus capitatus</i> 'Sicilian' Thyme; Spanish Thyme; Spanish Origanum	1	1960.0
<i>Thymus broussonettii</i> Moroccan Thyme	1	
<i>Trachyspermum ammi</i> Ajwan	1	52400.0
<i>Turnera diffusa</i> Damiana	2	14000.0
<i>Umbellularia californica</i> California Bay	1	2640.0
<i>Vaccinium vitis-idaea</i> Lingen; Cowberry; Lingonberry	1	180000.0
<i>Vaccinium myrtillus</i> Dwarf Bilberry; Bilberry; Whortleberry	1	
<i>Vaccinium corymbosum</i> Blueberry	1	
<i>Valeriana officinalis</i> Valerian; Garden-Heliotrope; Common Valerian	1	
<i>Viburnum prunifolium</i> Black Haw	1	
<i>Viburnum opulus</i> Guelder Rose; Crampbark; Snowballbush; European Cranberry Bush	1	
<i>Zea mays</i> Corn	1	