

A Proteinogenic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achyranthes bidentata</i> Chaff Flower	2	
<i>Achyranthes aspera</i> Chaff Flower	1	
<i>Ajuga reptans</i> Common Bugle; Bugleherb; Blue Bugle; Bugleweed; Bugle	1	
<i>Ajuga remota</i> Bugle	1	
<i>Ajuga iva</i> Ivy Bugle	1	
<i>Ajuga chamaepitys</i> Bugle	1	
<i>Morus alba</i> Sang-Pai-Pi; White Mulberry	2	20.0
<i>Panax quinquefolius</i> Ginseng; American Ginseng	1	
<i>Panax notoginseng</i> Sanchi Ginseng	1	
<i>Panax ginseng</i> Ginseng; Oriental Ginseng; Chinese Ginseng; Korean Ginseng	1	121000.0
<i>Paris quadrifolia</i> Herb Paris	1	
<i>Polypodium aureum</i> Calaguala	1	
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	67000.0
<i>Taxus baccata</i> Common Yew	1	