

# A Antiasthenic

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	
<i>Allium ampeloprasum</i> Elephant Garlic; Kurrat	1	
<i>Annona squamosa</i> Sweetsop; Sugar-Apple	1	
<i>Annona muricata</i> Soursop	1	
<i>Chondrus crispus</i> Irish Moss	1	
<i>Citrullus lanatus</i> Watermelon	1	10664.0
<i>Citrullus colocynthis</i> Colocynth	1	
<i>Coccinia grandis</i> Tindora; Kanduri; Little Gourd; Kundree; Ivy Gourd; Pepasan; Tindori	1	
<i>Cucumis sativus</i> Cucumber	1	584.0
<i>Cucumis melo</i> Persian Melon; Muskmelon; Melon; Netted Melon; Cantaloupe; Nutmeg Melon	1	964.0
<i>Galega officinalis</i> Goat's Rue; Galega	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	1	
<i>Momordica charantia</i> Bitter Melon; Sorosi	1	
<i>Sechium edule</i> Chayote	1	
<i>Trifolium pratense</i> Red Clover; Purple Clover; Cowgrass; Peavine Clover	1	
<i>Tulipa gesneriana</i> Tulip	1	