

A Phagocytotic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Abutilon theophrasti Velvet Leaf; Indian-Mallow; Abutilon-Hemp; Butterprint	1	
Acacia nilotica Babul	3	
Acacia farnesiana Popinac; Sweet Acacia; Huisache; Cassie; Opopanax	2	1292.0
Acacia decurrens Green Wattle	3	
Achillea millefolium Yarrow; Milfoil	3	
Achyranthes bidentata Chaff Flower	1	
Achyranthes aspera Chaff Flower	1	
Actaea racemosa Black Cohosh; Black Snakeroot	1	
Actaea dahurica Sheng ma; Xing an sheng ma	1	
Actaea cimicifuga Bugbane; Foetid Bugbane; Sheng ma	1	
Actinidia chinensis Kiwi	1	12.0
Aegle marmelos Bael fruit; Bael de India	1	
Aesculus hippocastanum Horse Chestnut	1	
Agastache rugosa	1	
Ageratum conyzoides Mexican ageratum	1	
Aglaonema commutatum Aglaonema aroid	1	
Agrimonia eupatoria Sticklewort; Agrimony	2	
Ajuga iva Ivy Bugle	1	
Akebia quinata Chocolate Vine	1	
Albizia lebeck Siris Tree; East Indian Walnut; Lebbek; Women's-Tongue Tree; Koko; Lebbek Tree; Frywood	1	
Aleurites moluccana Candlenut Tree; Varnishtree; Candleberry; Candlenut; Indian Walnut; Lumbangtree	1	
Alliaria petiolata Garlic Mustard	1	
Allium schoenoprasum Chives	2	950.0
Allium sativum var. sativum Garlic	5	105818.34
Allium cepa Shallot; Onion	6	35556.0
Allium ampeloprasum Kurrat; Elephant Garlic	3	765.6
Alocasia macrorrhiza Giant Taro	1	
Aloe vera Bitter Aloes; Aloe	2	6.0
Aloe spp. Aloe	1	
Alpinia galanga Siamese Ginger; Languas; Greater Galangal	1	216.0
Althaea officinalis White Mallow; Marshmallow	5	
Amaranthus spinosus Spiny pigweed	1	
Amaranthus sp. Pigweed	1	1016.0
Ammi visnaga Visnaga	1	
Amorphophallus konjac Konjac; Leopard Palm; Snake Palm; Devil's Tongue; Umbrella Arum; Elephant Yam	1	
Amorphophallus campanulatus Elephant-Foot Yam	1	13.6
Anacardium occidentale Cashew	1	147.2
Ananas comosus Pineapple	2	1526.0
Anemarrhena asphodeloides Zhi-Mu; Chih-Mu	1	

Plant	# Chemicals	Total PPM
Anethum graveolens Dill; Garden Dill	1	
Angelica sinensis Dang Quai; Dong Quai; Chinese Angelica; Dang Qui; Dang Gui; Dong Gui	2	13.299999999999999
Annona squamosa Sugar-Apple; Sweetsop	1	0.4
Annona reticulata Custard Apple	1	0.4
Annona muricata Soursop	1	1.2
Annona glabra Pondapple	1	
Annona diversifolia Llama	1	
Annona cherimola Cherimoya	1	0.4
Apium graveolens Celery	4	288.0
Apocynum cannabinum Spreading Dogbane; Bitterroot	1	
Arachis hypogaea Groundnut; Peanut	3	818.68
Arctium lappa Great Burdock; Burdock; Gobo	1	49.5
Arctostaphylos uva-ursi Uva Ursi; Bearberry	5	344.0
Areca catechu Betel Nut; Pin-Lang	1	
Aristolochia debilis Chinese Birthwort	1	
Armoracia rusticana Horseradish	2	
Arracacia xanthorrhiza Arracacha; Peruvian Carrot	1	7.6
Artemisia vulgaris Mugwort	2	336.0
Artemisia dracunculus Tarragon	4	244.0
Artemisia capillaris Capillary Wormwood	1	
Artemisia annua Qinghao; Sweet Annie; Annual Mugwort (GRIN); Annual Wormwood (GRIN); Sweet Wormwood (GRIN)	2	
Artemisia absinthium Wormwood	2	1000.0
Artocarpus heterophyllus Jackfruit	1	16.0
Artocarpus altilis Breadfruit	1	
Asarum canadense Wild Ginger	1	
Asimina triloba Pawpaw	1	5.0
Aspalathus linearis Rooibos; Kaffree Tea; Red Bush Tea	3	
Asparagus officinalis Asparagus	1	240.0
Astragalus membranaceus Huang-Chi; Huang Qi	3	
Astragalus gummifer Gum Tragacanth; Tragacanth	1	
Avena sativa Oats	2	147.0
Averrhoa carambola Star Fruit; Carambola	1	
Averrhoa bilimbi Limon chino; Bilimbi	1	
Bactris gasipaes Peach palm; Pejibaye	1	
Ballota nigra Black Horehound	1	
Basella alba Vinespinach	2	1390.0
Benincasa hispida Waxgourd	1	5.0
Berberis vulgaris Barberry	1	
Bertholletia excelsa Paranut; Brazilnut-Tree; Brazilnut; Creamnut	1	
Beta vulgaris Beet; Sugar Beet; Garden Beet; Beetroot	2	876.0
Bixa orellana Annatto; Lipsticktree; Lipstick Pod; Arnato; Annato; Bija; Annoto; Achiotte	1	119.0
Blighia sapida Seso Vegetal; Akee	1	36.0

Plant	# Chemicals	Total PPM
<i>Boehmeria nivea</i> Ramie	1	806.0
<i>Borago officinalis</i> Beebread; Beeplant; Borage; Talewort	1	720.0
<i>Brassica rapa</i> Seven-Top Turnip; Turnip; Rapini	1	
<i>Brassica pekinensis</i> Chinese Cabbage	1	12.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Spring-Heading Cabbage; Collards; Tall Kale; Tree Kale; Cow Cabbage	2	656.0
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Kitchen Kale; Curly Kale; Kale; Scotch Kale	2	690.0
<i>Brassica oleracea</i> var. <i>italica</i> Calabrese; Winter Broccoli; Sprouting Broccoli; Cape Broccoli; Broccoli; Purple Cauliflower; Asparagus Broccoli; Heading Broccoli	3	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussels-Sprouts; Brussel-Sprout	2	102.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; White Cabbage; Cabbage	5	64.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	3	960.0
<i>Brassica oleracea</i> Kohlrabi	1	5.34
<i>Brassica nigra</i> Black Mustard	4	950.0
<i>Brassica napus</i> var. <i>napobrassica</i> Rutabaga; Swede; Swedish Turnip	1	
<i>Brassica juncea</i> Mustard Greens	1	
<i>Brassica chinensis</i> Pak-Choi; Chinese White Cabbage; Chinese Cabbage; Celery Cabbage; Bok-Choy; Chinese Mustard; Celery Mustard	1	770.0
<i>Bromelia pinguin</i> Wild Pineapple	1	3.4
<i>Brosimum alicastrum</i> Breadnut; Tamamuri	1	
<i>Bupleurum chinense</i> Chai-Hu	1	
<i>Byrsonima crassifolia</i> Nance	1	
<i>Cajanus cajan</i> Pigeonpea	1	17.2
<i>Calathea macrosepala</i> Chufle	1	
<i>Calendula officinalis</i> Calendula; Pot-Marigold	2	
<i>Camellia sinensis</i> Tea	2	26068.0
<i>Canavalia ensiformis</i> Jack Bean	1	4.8000000000000001
<i>Canna indica</i> Queensland Arrowroot; Achira	1	0.6
<i>Cannabis sativa</i> Marijuana; Hemp; Marihuana; Indian Hemp	1	0.12
<i>Capparis spinosa</i> Caperbush; Caper	2	
<i>Capsella bursa-pastoris</i> Shepherd's Purse	3	44.0
<i>Capsicum frutescens</i> Spur Pepper; Cayenne; Hot Pepper; Red Chili; Chili; Tabasco	2	76.0
<i>Capsicum annum</i> Paprika; Cone Pepper; Cherry Pepper; Sweet Pepper; Green Pepper; Bell Pepper	1	557.0
<i>Carica pentagona</i> Mountain papaya; Babaco	1	
<i>Carica papaya</i> Papaya	1	1028.0
<i>Carthamus tinctorius</i> Safflower	1	
<i>Carum carvi</i> Caraway; Kummel (Ger.); Comino (Sp.); Comino de prado (Sp.); Carum	1	4.0
<i>Carya illinoensis</i> Pecan	1	1.66
<i>Casimiroa edulis</i> White sapote; Matasano	1	
<i>Catalpa ovata</i> Hsin-Pa-Pi; Kisasage	1	
<i>Catalpa bignonioides</i> Indian bean	1	
<i>Catha edulis</i> Khat	1	36.0
<i>Catharanthus roseus</i> Madagascar Periwinkle; Rosy Periwinkle	2	
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	48.0

Plant	# Chemicals	Total PPM
<i>Celosia cristata</i> Cockscomb	1	
<i>Centaurea cyanus</i> Bachelor's Button; Cornflower	2	
<i>Centaurium erythraea</i> Centaury	3	
<i>Centella asiatica</i> Gotu Kola; Pennywort	1	984.0
<i>Ceratonia siliqua</i> St.John's-Bread; Carob; Locust Bean	2	
<i>Chamaemelum nobile</i> Garden Camomile; Perennial Camomile; Roman Camomile	2	4.4
<i>Chenopodium quinoa</i>	1	
<i>Chenopodium ambrosioides</i> Wormseed; Epazote	2	330.0
<i>Chenopodium album</i> Lambsquarter	3	632.0
<i>Chimaphila umbellata</i> King's Cure; Pipsissewa	1	
<i>Chondrus crispus</i> Irish Moss	1	110.0
<i>Chrysanthemum parthenium</i> Feverfew	1	28.0
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	1	3336.0
<i>Chrysobalanus icaco</i> Cocoa plum; Icaco	1	
<i>Chrysophyllum cainito</i> Caimito; Star Apple	1	
<i>Cicer arietinum</i> Chickpea; Garbanzo	1	1.0
<i>Cichorium intybus</i> Succory; Witloof; Chicory	5	456.0
<i>Cichorium endivia</i> Endive; Escarole	1	482.0
<i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot	1	26.4
<i>Cimicifuga dahurica</i> Sheng Ma	1	
<i>Cinchona pubescens</i> Redbark; Red Peruvian-Bark; Quinine; Red Cinchona	1	
<i>Cinnamomum verum</i> Ceylon Cinnamon; Cinnamon	2	4.0
<i>Cinnamomum sieboldii</i> Japanese Cinnamon	1	
<i>Cinnamomum aromaticum</i> Saigon Cinnamon; Canela de la China (Sp.); Chinese Cassia; Cassia Bark; Cassia; Chinazimt (Ger.); Cassia Lignea; Kashia-Keihi (Jap.); Cannelier Casse (Fr.); China Junk Cassia; Cannelier de Chine (Fr.); Chinesischer Zimtbaum (Ger.); Canelle de Cochinchine (Fr.); Zimtcassie (Ger.); Chinese Cinnamon; Canelero chino (Sp.)	3	4.0
<i>Citrullus lanatus</i> Watermelon	1	96.0
<i>Citrullus colocynthis</i> Colocynth	2	
<i>Citrus sinensis</i> Orange	2	105.0
<i>Citrus reticulata</i> Mandarin; Tangerine	2	88.0
<i>Citrus paradisi</i> Grapefruit	2	79.0
<i>Citrus limon</i> Lemon	2	84.0
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	2	54.0
<i>Citrus aurantiifolia</i> Lime	1	4.0
<i>Cnicus benedictus</i> Blessed Thistle	4	146.3
<i>Cnidioscolus chayamansa</i> Chaya	1	850.0
<i>Coccinia grandis</i> Pepasan; Tindora; Kundree; Little Gourd; Ivy Gourd; Tindori; Kanduri	1	
<i>Cocos nucifera</i> Cocotero (Sp.); Copra; Coconut; Nariyal; Coconut Palm; Kokospalme (Ger.)	1	
<i>Coffea arabica</i> Coffee	1	50.0
<i>Coix lacryma-jobi</i> Job'S-Tears; Adlay; Yi-Yi-Ren; Adlay Millet	2	
<i>Cola acuminata</i> Abata Cola	1	2.0
<i>Colocasia esculenta</i> Taro	1	597.6
<i>Commiphora wightii</i> Indian Bdellium-Tree; Guggul	1	

Plant	# Chemicals	Total PPM
<i>Convallaria majalis</i> Lily-Of-The-Valley	1	
<i>Coptis</i> spp Generic Goldthread	1	
<i>Coptis japonica</i> Huang-Lian; Huang-Lia; Japanese Goldthread; Huang-Lien	1	
<i>Coptis chinensis</i> Chinese Goldthread; Huang-Lien; Huang-Lian	1	
<i>Corchorus olitorius</i> Nalta Jute; Jew's Mallow; Mulukiya	1	990.0
<i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley	3	2334.0
<i>Cornus officinalis</i> Chinese Dogwood	1	
<i>Corylus avellana</i> Hazel; English Filbert; European Hazel; Cobnut; European Filbert	1	0.8
<i>Corylus americana</i> American Hazel; American Filbert	1	
<i>Crataegus rhipidophylla</i> Hawthorn	2	
<i>Crataegus monogyna</i> English Hawthorn; Hawthorn	2	
<i>Crataegus laevigata</i> Woodland Hawthorn; Whitethorn; English Hawthorn; Hawthorn	3	10.4
<i>Crescentia alata</i> Jicaro	1	0.4
<i>Crocus sativus</i> Saffron	2	
<i>Croton lechleri</i> Sangre de Dragon; Dragons Blood; Sangre de Grado; Sangre de Drago	1	
<i>Cucumis sativus</i> Cucumber	2	16.0
<i>Cucumis melo</i> Persian Melon; Netted Melon; Cantaloupe; Melon; Muskmelon; Nutmeg Melon	2	402.0
<i>Cucurbita</i> spp Summer Squash	1	3.8
<i>Cucurbita pepo</i> Pumpkin	2	713.0
<i>Cuminum cyminum</i> Cumin	1	16.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	4	13294.0
<i>Cyamopsis tetragonoloba</i> Guar; Cluster-Bean; Siam-Bean	2	
<i>Cycas revoluta</i> Sago Cycas	1	
<i>Cyclanthera pedata</i> Achocha	1	164.0
<i>Cydonia oblonga</i> Quince	2	32.0
<i>Cynara cardunculus</i> Artichoke	2	40.0
<i>Cyperus rotundus</i> Nutsedge	1	
<i>Cyphomandra betacea</i> Tree Tomato; Tamarillo	1	64.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	0.4
<i>Daemonorops draco</i> Dragon's Blood	1	
<i>Datura stramonium</i> Jimsonweed	1	
<i>Daucus carota</i> Carrot	3	1346.0
<i>Digitalis purpurea</i> Purple Foxglove	1	
<i>Dionaea muscipula</i> Venus' Fly Trap	1	
<i>Dioscorea villosa</i> Wild Yam	1	
<i>Dioscorea</i> sp. Wild Yam	1	38.0
<i>Dioscorea pentaphylla</i> Mountain Yam	1	
<i>Dioscorea alata</i> Greater Yam; Winged Yam	2	0.4
<i>Diospyros digyna</i> Black Sapote; Sapote Negro	1	
<i>Dipteryx odorata</i> Tonka Bean; Dutch Tonka Bean	2	70000.0
<i>Dryopteris filix-mas</i> Male Fern	1	
<i>Durio zibethinus</i> Durian	1	

Plant	# Chemicals	Total PPM
<i>Echinacea</i> spp Coneflower; Echinacea	5	105604.4
<i>Echinacea purpurea</i> Purple-Coneflower; Eastern Purple-Coneflower; Echinacea	4	
<i>Echinacea pallida</i> Echinacea; Pale-Flower Echinacea; Pale Purple-Coneflower	2	
<i>Echinacea angustifolia</i> Narrow Leaf Purple-Coneflower; Echinacea; Narrow Leaf Echinacea	2	
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus pungens</i> Thorny Silver Berry	1	
<i>Elaeagnus commutata</i> Silver Berry	1	
<i>Elaeagnus angustifolia</i> Russian Olive; Silver Berry	2	
<i>Elaeis guineensis</i> African Oil Palm	1	
<i>Eleocharis dulcis</i> Water chestnut	1	
<i>Eleutherococcus senticosus</i> Wu jia; Siberian Ginseng; Ci wu jia (Pinyin); Eleuthero Ginseng; Spiny Ginseng	4	
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	74.3
<i>Equisetum hyemale</i> Scouring Rush; Horsetail	1	
<i>Equisetum arvense</i> Horsetail; Field Horsetail	3	99.0
<i>Eriobotrya japonica</i> Loquat	2	136.0
<i>Eriodictyon californicum</i> Hierba Santa; Gum Bush; Holy Herb; Bear's Weed; California Yerba Santa; Mountain Balm; Tarweed; Yerba Santa; Consumptive's Weed	1	
<i>Erythrina fusca</i> Coral Bean; Gallito	1	250.0
<i>Erythrina berteroana</i> Pito	1	28.0
<i>Erythroxylum coca</i> Coca	1	14.0
<i>Eucalyptus grandis</i> Gum; Flooded Gum; Rose Gum	1	
<i>Eucalyptus globulus</i> Eucalypt; Blue Gum; Tasmanian Bluegum	4	
<i>Eucalyptus citriodora</i> Spotted Gum; Lemon-Scented Gum; Citron-Scented Gum; Lemon Eucalyptus	1	
<i>Eucommia ulmoides</i> Du Zhong; Gutta-Percha Tree; Tu Chung	1	
<i>Eugenia uniflora</i> Surinam Cherry; Pitanga	1	
<i>Eugenia floribunda</i> Camu-camu negro; Black rumberry; Camu-camu arbol	1	
<i>Eugenia brasiliensis</i> Brazil Cherry; Grumichama	1	
<i>Eupatorium triplinerve</i> Triplinerved eupatorium	1	
<i>Eupatorium perfoliatum</i> Boneset	2	
<i>Euphorbia lathyris</i> Caper Spurge; Mole Plant	1	
<i>Euphorbia hirta</i> Queensland Asthma Herb	1	
<i>Euphrasia officinalis</i> Eyebright	2	146.2
<i>Fagopyrum esculentum</i> Buckwheat	2	
<i>Fallopia japonica</i> Japanese Knotweed; Giant Knotweed; Mexican Bamboo; Hu-Zhang	2	
<i>Ferula assa-foetida</i> Asafetida; Stinkasant (Ger.); Asafoetida; Assa-foetida; Asafetida (Sp.); test; Devil's Dung	1	
<i>Ferula alliacea</i> Garlic Ferula	1	
<i>Ficus carica</i> Fico (Ital.); Higuera Comun (Sp.); Higo (Sp.); Figuier Commun (Fr.); Echte Feige (Ger.); Feigenbaum (Ger.); Figueira (Port.); Fig	3	32.0
<i>Filipendula ulmaria</i> Queen Of The Meadow; Meadowsweet	1	
<i>Foeniculum vulgare</i> Fennel	3	484.0
<i>Forsythia suspensa</i> Lien-Chiao; Lian-jiao	1	
<i>Fragaria</i> spp Strawberry	2	14.0
<i>Frangula purshiana</i> Cascara Sagrada; Cascara Buckthorn	1	91.0

Plant	# Chemicals	Total PPM
<i>Frangula alnus</i> Buckthorn	1	
<i>Fucus vesiculosus</i> Bladderwrack; Kelp	1	79.6
<i>Galium odoratum</i> Waldmeister; Woodruff	1	26000.0
<i>Garcinia mangostana</i> Mangostin; Mangosteen	1	
<i>Gaultheria procumbens</i> Mountain Tea; Wintergrun (Ger.); Wintergreen; Creeping Wintergreen; Checkerberry; Teaberry	1	
<i>Gentiana lutea</i> Gentian; Yellow Gentian	2	
<i>Geranium thunbergii</i> Oriental Geranium; Gennoshiouko	2	
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	3	8.0
<i>Glechoma hederacea</i> Alehoof	2	720.0
<i>Gleditsia triacanthos</i> Honey Locust	1	
<i>Gliricidia sepium</i> Mata Raton	1	10.0
<i>Glycine max</i> Soybean	5	74.0
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice-Root; Licorice; Smooth Licorice	2	10.0
<i>Gymnema sylvestre</i> Gymnema; Miracle Fruit	1	
<i>Hamelia patens</i> Scarlet Bush	2	
<i>Harpagophytum procumbens</i> Devil's Claw; Grapple Plant	2	
<i>Hedera helix</i> Ivy	1	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	12.0
<i>Helianthus annuus</i> Sunflower; Girasol	3	6.6
<i>Hibiscus sabdariffa</i> Acedera de Guinea (Sp.); Rosa de Jamaica (Sp.); Sereni (Sp.); Kharkadi; Rosella (Ger.); Roselle; Indian Sorrel; Red Sorrel; Sorrel; Jamaica Sorrel; Malventee (Ger.)	2	1140.0
<i>Hibiscus rosa-sinensis</i> Chinese hibiscus; Shoe-flower	1	
<i>Hierochloa odorata</i> Vanilla Grass; Vanilla-Scented Grass; Seneca Grass; Sweet Grass; Manna Grass; Holy Grass	2	
<i>Hippophae rhamnoides</i> Sallow Thorn; Yellow Spine; Sea Buckthorn	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	5	1946.0
<i>Humulus lupulus</i> Hops	4	4.8
<i>Huperzia</i> spp Cutleaf Clubmoss	1	
<i>Hura crepitans</i> Sandbox Tree	1	
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	
<i>Hydrastis canadensis</i> Goldenseal	1	5.9
<i>Hylocereus undatus</i> Belle-of-the-Night; Night-Blooming Cereus; Nopalito De Noche; Queen-of-the-Night; Strawberry Pear	1	
<i>Hylocereus guatemalensis</i> Guatemala Cereus; Nopalito De Guatemala	1	
<i>Hyoscyamus niger</i> Henbane	1	
<i>Hypericum perforatum</i> Klamath Weed; Goatweed; Common St. Johnswort; Hypericum; St. John's-wort	3	
<i>Hyssopus officinalis</i> Hyssop	2	
<i>Inga feuillei</i> Pacay; Ice Cream Bean	1	
<i>Inga edulis</i> Guaba; Icecream Bean	1	
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	1	1642.0
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	1	1000.0
<i>Iris x germanica</i> Orris	1	
<i>Isatis tinctoria</i> Dyer's Woad	1	
<i>Juglans regia</i> English Walnut	3	2.0

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<i>Juglans nigra</i> Black Walnut	4	5.2
<i>Juniperus communis</i> Juniper; Common Juniper	4	24.2
<i>Justicia pectoralis</i> Angel Of Death; Bolek Hena; Curia	2	356.0
<i>Kalanchoe pinnata</i> Air Plant; Siempre Viva	1	
<i>Krameria triandra</i> Rhatany	1	
<i>Lablab purpureus</i> Lablab Bean; Bonavist Bean; Hyacinth Bean	1	10.88
<i>Lactuca sativa</i> Lettuce	2	380.0
<i>Lagenaria siceraria</i> Calabash Gourd; White-Flowered Gourd	1	
<i>Larrea tridentata</i> Chaparral; Creosote Bush	1	276.0
<i>Laurus nobilis</i> Laurel; Bayleaf; Sweet Bay; Grecian Laurel; Bay Laurel; Bay	1	
<i>Lavandula x intermedia</i> Lavandin; Dutch Lavender	1	
<i>Lavandula latifolia</i> Aspic; Broad-Leaved Lavender; Spike Lavender	2	9844.0
<i>Lavandula angustifolia</i> English Lavender	1	3000.0
<i>Lens culinaris</i> Lentil	2	34.0
<i>Leonurus cardiaca</i> Motherwort	1	
<i>Lepidium sativum</i> Garden Cress	1	1052.0
<i>Lepidium meyenii</i> Peruvian Ginseng; Maca	1	
<i>Levisticum officinale</i> Lovage	2	
<i>Licania platypus</i> Sansapote	1	
<i>Ligustrum lucidum</i> Ligustri Fructus; Privet; Glossy Privet; Chinese Privet; White Waxtree	1	
<i>Ligustrum japonicum</i> Ligustri Fructus; Japanese Privet	2	
<i>Linum usitatissimum</i> Linseed; Flax	2	0.642
<i>Liquidambar styraciflua</i> Sweetgum; American Styra	1	
<i>Liquidambar orientalis</i> Oriental Storax; Oriental Styra	1	
<i>Lobelia inflata</i> Indian Tobacco; Lobelia	1	107.5
<i>Luffa aegyptiaca</i> Vegetable Sponge; Smooth Loofah; Luffa	2	1934.0
<i>Lupinus mutabilis</i> Andean Lupine; Tarhui; Chocho	1	5.0
<i>Lycium chinense</i> Kuko (Jap.); Kaukichai (Malays.); Lyciet de Chine (Fr.); Daun Koki (Indones.); Gou Qi (Chin.); Chinese Boxthorn; Chinese Matrimony Vine; Spina Santa Cinese (Ital.); Wolfberry; Chinesischer Bocksdorn (Ger.); Chinese Wolfberry	1	856.0
<i>Lycium barbarum</i> Ning Xia Gou Qi (Chin.); Duke of Argyll's Eta Tree; Barbary Matrimony Vine; Common Matrimony Vine; Matrimony Vine	1	
<i>Lycopersicon esculentum</i> Tomato	2	226.0
<i>Lycopodium selago</i> Clubmoss	2	
<i>Lycopodium clavatum</i> Antler Herb; Clubmoss	1	
<i>Lycopus europeus</i> European Bugle	2	2400.0
<i>Macadamia spp</i> Macadamia	1	
<i>Malpighia glabra</i> Acerola	1	138.0
<i>Malus domestica</i> Apple	4	342.0
<i>Malva sylvestris</i> High Mallow	1	780.0
<i>Mammea americana</i> Mamey	1	
<i>Mangifera indica</i> Mango	1	280.0

Plant	# Chemicals	Total PPM
<i>Manihot esculenta</i> Tapioca; Yuca; Cassava	1	300.0
<i>Manilkara zapota</i> Sapodilla	1	
<i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot	2	
<i>Matricaria recutita</i> German Camomile; Annual Camomile; Wild Camomile	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	2	788.0
<i>Melaleuca leucadendra</i> Cajeput	1	
<i>Melia azedarach</i> Chinaberry	1	
<i>Melicoccus bijugatas</i> Honey berry; Genip; Mamoncillo; Pitomba	1	
<i>Melilotus officinalis</i> Yellow Sweetclover	4	4000.0
<i>Melissa officinalis</i> Lemonbalm; Melissa; Bee Balm; Balm	2	
<i>Mentha x rotundifolia</i> Applemint	2	
<i>Mentha x piperita</i> Peppermint	2	475.4
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	2	185.0
<i>Menyanthes trifoliata</i> Water Trefoil; Marsh Trefoil; Bogbean; Buckbean; Bog Myrtle; Marsh Clover	3	
<i>Mimosa pudica</i> Sensitive Plant	1	1860.0
<i>Mimulus glabratus</i> Huaca-Mullo	1	652.0
<i>Mitragyna speciosa</i> Kratum	1	
<i>Momordica charantia</i> Sorosi; Bitter Melon	1	696.0
<i>Morinda citrifolia</i> Noni; Indian Mulberry	1	1739.0
<i>Moringa oleifera</i> Drumstick Tree; Jacinto (Sp.); Benzolive Tree; Horseradish Tree; Ben Nut; Moringa; West Indian Ben	1	
<i>Morus alba</i> Sang-Pai-Pi; White Mulberry	1	16.0
<i>Muntingia calabura</i> Cereso; Jamaica cherry; Yumansa	1	
<i>Murraya sp</i> None	1	42.0
<i>Murraya koenigii</i> Curry Leaf; Indian Curry Tree; Curry Leaf Tree	1	
<i>Musa x paradisiaca</i> Plantain; Banana	1	56.300000000000004
<i>Myrciaria dubia</i> Camu-camu (Eng.,Peru,Scn.,Sp.); Camo Camo (Peru); Camu-camu Negro (Peru); Araza de Agua (Sp.); Rumberry (Eng.); Guapuro Blanco (Bol.)	1	
<i>Myrciaria cauliflora</i> Jaboticaba	1	
<i>Myrica cerifera</i> Bayberry; Wax Myrtle; Southern Bayberry; Candle-Berry	1	
<i>Myristica fragrans</i> Muskatnussbaum (Ger.); nuez moscada (Sp.); nogal moscado (Sp.); Mace; Nutmeg	1	
<i>Myroxylon balsamum</i> Tolu Balsam; Peru Balsam	3	8000.0
<i>Nasturtium officinale</i> Berro; Watercress	1	1120.0
<i>Nelumbo nucifera</i> Water Lotus	1	0.36
<i>Nepeta cataria</i> Catnip	1	
<i>Nerium oleander</i> Oleander	1	
<i>Nicotiana tabacum</i> Tobacco	2	
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	2	
<i>Ocimum suave</i> Kenyan Tree Basil	1	
<i>Ocimum sanctum</i> Holy Basil; Tulsi	1	
<i>Ocimum basilicum</i> Cuban Basil; Basil; Sweet Basil	2	3266.0
<i>Oenothera biennis</i> Evening-Primrose	2	
<i>Olea europaea</i> Olive	3	16.6

Plant	# Chemicals	Total PPM
<i>Ononis spinosa</i> Restharrow; Hauhechel (Ger.); Spiny Restharrow	2	
<i>Opopanax chironium</i> Opopanax; Hercules All Heal	1	
<i>Opuntia ficus-indica</i> Prickly Pear; Nopal; Indian Fig; Nopalito	1	0.78
<i>Origanum vulgare</i> Oregano; Wild Marjoram; European Oregano; Common Turkish Oregano; Pot Marjoram; Wild Oregano	3	354.0
<i>Origanum majorana</i> Sweet Marjoram; Marjoram	2	9504.0
<i>Oryza sativa</i> Rice	2	
<i>Oxalis tuberosa</i> Quiba; Oca; Papa Roja	1	0.4
<i>Pachira macrocarpa</i> Large-Fruited Provision Tree	1	26.0
<i>Pachyrhizus erosus</i> Yambean	1	
<i>Panax quinquefolius</i> American Ginseng; Ginseng	3	
<i>Panax notoginseng</i> Sanchi Ginseng	1	174000.0
<i>Panax japonicus</i> Japanese Ginseng	1	
<i>Panax ginseng</i> Chinese Ginseng; Korean Ginseng; Oriental Ginseng; Ginseng	4	
<i>Papaver somniferum</i> Poppyseed Poppy; Opium Poppy	2	
<i>Parthenium integrifolium</i> Feverfew; Wild Quinine; Prairie-Dock; Missouri Snakeroot; American Feverfew	1	
<i>Passiflora quadrangularis</i> Granadilla	1	2.0
<i>Passiflora mollissima</i> Granadilla De Guineo; Banana Passionfruit	1	
<i>Passiflora ligularis</i> Granadilla; Sweet Granadilla	1	
<i>Passiflora incarnata</i> Passionflower; Mayapple; Manzana de Mayo	1	
<i>Passiflora foetida</i> Stinking Granadilla; Granadilla Cimarrona	1	
<i>Passiflora edulis</i> Maracuya; Passionfruit	1	
<i>Pastinaca sativa</i> Parsnip	1	2.0
<i>Peperomia pereskiaifolia</i> Perejil	1	
<i>Peperomia pelucida</i> Yerba de la plata; Pepper elder	1	
<i>Pereskia aculeata</i> Grosela Americana; Barbados Gooseberry	1	
<i>Perideridia gairdneri</i> Squaw Root	1	10.0
<i>Perilla frutescens</i> Perilla	2	758.0
<i>Persea schiedeana</i> Wild Pear; Wild Avocado; Palta De Monte	1	
<i>Persea americana</i> Avocado	1	54.0
<i>Petasites japonicus</i> Butterbur	1	1.0
<i>Petasites hybridus</i> European Butterbur	1	
<i>Petiveria alliacea</i> Guinea Hen Leaf; Anamu; Mucura	1	
<i>Petroselinum crispum</i> Parsley	2	421.0
<i>Peumus boldus</i> Boldo	1	5125.0
<i>Phaseolus vulgaris</i> Garden Bean; Black Bean; Popping Bean; Green Bean; String Bean; Haricot Vert; Haricot Bean; Kidney Bean; Dwarf Bean; Field Bean; Wax Bean; Navy Bean; Pop Bean; Flageolet Bean; Haricot; French Bean; Snap Bean	2	642.6
<i>Phaseolus lunatus</i> Lima Bean; Butter Bean	1	21.200000000000003
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	0.5
<i>Phoenix dactylifera</i> Date Palm	2	7.2
<i>Phoradendron juniperinum</i>	1	
<i>Phragmites australis</i> Giant Reed; Common Reed; Reed Grass; Ditch Reed	1	
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	8.0

Plant	# Chemicals	Total PPM
<i>Phyllanthus acidus</i> Indian Gooseberry; Otaheite Gooseberry	1	16.0
<i>Physalis peruviana</i> Cape Gooseberry; Ground Cherry	1	168.0
<i>Physalis ixocarpa</i> Tomatillo	1	12.0
<i>Phytolacca americana</i> Pokeweed	2	1242.0
<i>Picrorhiza kurrooa</i> Picrorhiza	1	
<i>Pimenta dioica</i> Jamaica-Pepper; Clover-Pepper; Allspice; Pimento; Pimenta	1	240.0
<i>Pinus sylvestris</i> Scotch Pine	4	
<i>Pinus mugo</i> Swiss Mountain Pine; Dwarf Pine	1	
<i>Pinus cembroides</i> Mexican Pinyon	1	
<i>Piper nigrum</i> White Pepper; Black Pepper; Pepper	2	0.256
<i>Piper betel</i> Betel Pepper	1	350.0
<i>Piper auritum</i> Cordoncillo; Hierba Santa; Hoja Santa	1	386.0
<i>Pistacia vera</i> Pistachio	1	2.92
<i>Pistacia lentiscus</i> Chios Mastictree; Lentisco (Sp.); Mastictree; Mastic; Mastixbaum (Ger.)	1	
<i>Pisum sativum</i> Pea	2	53.0
<i>Plantago psyllium</i> Psyllium	1	96.0
<i>Plantago major</i> Common Plantain	3	
<i>Platycodon grandiflorum</i> Jie-Geng; Balloon Flower; Chieh-Keng	1	
<i>Plectranthus amboinicus</i> Spanish Thyme; Mexican Mint; Cuban Oregano; French Thyme; Amboini Coleus; Country Borage; Soup Mint; Indian Borage	2	
<i>Polygala senega</i> Senega; Seneca Snakeroot	1	
<i>Polygonum multiflorum</i> Chinese Knotweed; Fleecflower; He Shou Wu; Chinese Cornbind; Fo Ti	1	4.8
<i>Polygonum hydropiperoides</i> Mild Water Pepper	1	
<i>Polymnia edulis</i> Andean Jicama	1	20.0
<i>Portulaca oleracea</i> Purslane; Verdolaga	2	9300.0
<i>Pourouma cecropiaefolia</i> Uvilla; Tree Grape	1	
<i>Pouteria viridis</i> Sapote Verde; Green Sapote	1	
<i>Pouteria campechiana</i> Canistel	1	
<i>Pouteria caimito</i> Caimito; Abiu	1	
<i>Prosopis glandulosa</i> Honey Mesquite; Mesquite	1	
<i>Prunella vulgaris</i> Heal-All; Self-Heal	1	
<i>Prunus spinosa</i> Sloe; Blackthorn	1	
<i>Prunus salicifolia</i> Wild Cherry; Capulin	1	
<i>Prunus persica</i> Peach	2	60.0
<i>Prunus dulcis</i> Almond	2	0.1
<i>Prunus domestica</i> Plum	2	86.0
<i>Prunus cerasus</i> Sour Cherry	4	12.0
<i>Prunus armeniaca</i> Apricot	1	378.0
<i>Prunus africana</i> Bitter Almond; Red Stinkwood	1	
<i>Psidium guajava</i> Guava	2	92.0
<i>Psidium cattleianum</i> Strawberry Guava	1	18.0
<i>Psophocarpus tetragonolobus</i> Winged Bean; Goa Bean; Asparagus Pea	1	20.0
<i>Psoralea esculenta</i> Indian Turnip; Prairie Turnip; Prairie Potato; Breadroot; Prairie Apple; Indian Bread-Root	1	2.0

Plant	# Chemicals	Total PPM
<i>Psoralea corylifolia</i> Malaya Tea; Babchi; Black Dot	1	
<i>Pteridium aquilinum</i> Bracken; Bracken Fern	5	2.0
<i>Pterocarpus marsupium</i> Malabar Kino; Indian Kino; bijasal	1	
<i>Ptychopetalum olacoides</i> Muira Puama	1	
<i>Punica granatum</i> Mangrano (Sp.); Granatapfelstrauch (Ger.); Pomegranate; Romanzeiro (Port.); Granado (Sp.); Granatapfelbaum (Ger.); Grenadier (Fr.); Zakuro (Jap.)	3	
<i>Pyrus communis</i> Pear	1	3.4
<i>Quararibea cordata</i> Sapote; Chupa-Chupa	1	
<i>Quercus alba</i> White Oak	1	
<i>Quisqualis indica</i> Rangoon Creeper	1	
<i>Raphanus sativus</i> Radish	3	514.4
<i>Rheum rhabarbarum</i> Rhubarb	4	50.0
<i>Rheum palmatum</i> Chinese Rhubarb	1	
<i>Rheum officinale</i> Chinese Rhubarb	2	
<i>Rhododendron ponticum</i> Pontic Alpenrose	1	
<i>Rhodymenia palmata</i> Dulse	1	
<i>Rhynchosia minima</i> Burn Mouth Vine	1	
<i>Ribes uva-crispa</i> Gooseberry	3	28.0
<i>Ribes rubrum</i> White Currant; Red Currant	1	8.0
<i>Ribes nigrum</i> Black Currant	4	27616.0
<i>Ricinus communis</i> Castorbean	1	
<i>Rosa woodsii</i> Woods' Rose	1	
<i>Rosa rubiginosa</i> Rosa Mosqueta	1	
<i>Rosa gallica</i> French Rose	1	34.0
<i>Rosa canina</i> Dogbrier; Dog Rose; Rose	4	104.0
<i>Rosmarinus officinalis</i> Rosemary	2	21042.0
<i>Rubus spectabilis</i> Salmonberry	1	
<i>Rubus parviflorus</i> Thimbleberry; Salmonberry	1	
<i>Rubus idaeus</i> Red Raspberry; Raspberry	4	235.3
<i>Rubus fruticosus</i> Blackberry	1	
<i>Rumex crispus</i> Yellow Dock; Sour Dock; Curly Dock; Lengua De Vaca	2	730.0
<i>Rumex acetosa</i> Garden Sorrel	1	2200.0
<i>Ruscus aculeatus</i> Butcher's Broom; Box-Holly	1	13.15
<i>Salix alba</i> White Willow	3	
<i>Salvia triloba</i> Greek Sage	1	10400.0
<i>Salvia</i> sp. Chia	1	
<i>Salvia sclarea</i> Clary Sage	1	
<i>Salvia officinalis</i> Sage	3	2449.0
<i>Sambucus nigra</i> Black Elder; European Elder; European Alder; Elder; European Elderberry	3	600.0
<i>Sambucus canadensis</i> American Elderberry; Sweet Elder; American Elder; Elderberry	2	36.0
<i>Sanguisorba officinalis</i> Greater Burnet	1	
<i>Satureja montana</i> Savory; Winter Savory	1	
<i>Satureja hortensis</i> Summer Savory	2	1268.0

Plant	# Chemicals	Total PPM
<i>Schinus molle</i> Peruvian Peppertree; California Peppertree; Mastic-Tree	1	
<i>Schisandra chinensis</i> Chinese Magnolia Vine; Wu Wei Zu; Wu Wei Zi; Magnolia Vine; Five-Flavor-Fruit; Schizandra	2	122.0
<i>Scutellaria lateriflora</i> Scullcap; Mad-Dog Skullcap	1	38.0
<i>Sechium edule</i> Chayote	1	328.0
<i>Senna alexandrina</i> Indian Senna; True Senna; Alexandran senna	1	
<i>Serenoa repens</i> Saw Palmetto; Scrub-Palmetto	2	
<i>Sesamum indicum</i> Beni; Sesame; Ajonjoli (Sp.); Benneseed; Sesamo (Sp.)	3	
<i>Sicana odorifera</i> Cassabanana	1	
<i>Sida rhombifolia</i> Broomweed; Teaplant	1	610.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	62.0
<i>Sinapis alba</i> White Mustard	1	
<i>Smilax spp</i> Sarsaparilla	1	
<i>Smilax officinalis</i> Sarsaparilla	1	
<i>Solanum tuberosum</i> Potato	3	254.01
<i>Solanum torvum</i> Wild Eggplant; Susumba	1	54.0
<i>Solanum sessiliflorum</i> Cocona	1	
<i>Solanum quitoensis</i> Naranjillo	1	
<i>Solanum nigrum</i> Black Nightshade	1	220.0
<i>Solanum melongena</i> Aubergine; Eggplant	2	12.0
<i>Solidago gigantea</i> Early Goldenrod	2	
<i>Sonchus oleraceus</i> Sow Thistle; Cerraja	1	1090.0
<i>Sophora japonica</i> Japanese Pagoda Tree	1	
<i>Sorbus aucubaria</i> Rowan Berry	2	196.0
<i>Spinacia oleracea</i> Spinach	3	1412.0
<i>Spirulina spp.</i> Spirulina	1	
<i>Spirulina pratensis</i> Spirulina	1	956.0
<i>Spondias purpurea</i> Purple Plum; Purple Jobo	1	18.0
<i>Spondias pinnata</i> Yellow Plum; Yellow Mombin	1	56.0
<i>Spondias mombin</i> Yellow Plum; Yellow Mombin	1	230.0
<i>Spondias dulcis</i> Ambarella	1	32.0
<i>Stachys officinalis</i> Betony; Bishop's-Wort; Purple Betony; Wood Betony	1	
<i>Stellaria media</i> Common Chickweed; Chickweed	2	368.0
<i>Stevia rebaudiana</i> Ca-A-E; Sweet Leaf of Paraguay; Stevia	1	150.0
<i>Symphytum officinale</i> Comfrey	1	1320.0
<i>Syzygium malaccense</i> Mammey Pomorrosa; Malay Apple; Ohia	1	
<i>Syzygium jambos</i> Pomarrosa; Rose Apple	1	
<i>Syzygium cumini</i> Aceituna Dulce; Jambolan; Java Plum	1	
<i>Syzygium claviflorum</i>	1	
<i>Syzygium aromaticum</i> Clovetree; Clove	2	40006.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	8.5
<i>Tagetes erecta</i> Aztec Marigold; Marigold	1	
<i>Tamarindus indica</i> Indian Tamarind; Kilytree; Tamarind	1	242.0

Plant	# Chemicals	Total PPM
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	3	168.0
<i>Taxus baccata</i> Common Yew	3	
<i>Tecoma stans</i> Yellow Elder	3	160.0
<i>Terminalia pallida</i>	1	
<i>Terminalia catappa</i> Indian Almond; Tropical Almond; Malabar Almond	3	3.6
<i>Terminalia arjuna</i> Arjun; Arjuna	1	
<i>Ternstroemia gymnanthera</i>	1	
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	880.0
<i>Theobroma cacao</i> Cacao	4	
<i>Theobroma bicolor</i> Pataste; Nicaraguan Cacao	1	
<i>Thuja occidentalis</i> Northern White-Cedar; Arbor-Vitae	1	
<i>Thymus vulgaris</i> Common Thyme; Garden Thyme; Thyme	3	12650.0
<i>Thymus serpyllum</i> Creeping Thyme	1	9600.0
<i>Tragopogon porrifolius</i> Salsify	1	0.536
<i>Trichosanthes anguina</i> Snakegourd	1	36.0
<i>Trifolium pratense</i> Purple Clover; Red Clover; Cowgrass; Peavine Clover	2	24.0
<i>Trigonella foenum-graecum</i> Alholva (Sp.); Fenugreek; Greek Hay; Greek Clover; Bockshornklee (Ger.)	2	557.2
<i>Trilisa odoratissima</i> Hound's Tongue; Deer's Tongue; Vanilla Plant; Carolina Vanilla	1	
<i>Triticum aestivum</i> Wheat	3	76.44
<i>Tropaeolum tuberosum</i> Mashua; Anu	1	4.2
<i>Tropaeolum majus</i> Nasturtium	1	1330.0
<i>Turnera diffusa</i> Damiana	1	142.0
<i>Ulex europaeus</i> Gorse	1	
<i>Ullucus tuberosus</i> Melloco; Ulluco	1	1.4
<i>Ulmus rubra</i> Red Elm; Slippery Elm	1	49.0
<i>Uncaria tomentosa</i> Garabato Amarillo; Cat's Claw; Una de Gato	5	
<i>Uncaria guianensis</i> Una de Gato; Garabato Colorado; Cat's Claw; Tambor Huasca; Ungunagi	4	
<i>Urtica dioica</i> European Nettle; Stinging Nettle	4	296.0
<i>Vaccinium vitis-idaea</i> Lingen; Cowberry; Lingonberry	2	7000.0
<i>Vaccinium myrtillus</i> Bilberry; Dwarf Bilberry; Whortleberry	5	94.0
<i>Vaccinium macrocarpon</i> Cranberry; American Cranberry; Large Cranberry	3	5.2
<i>Vaccinium corymbosum</i> Blueberry	4	7.8
<i>Valeriana officinalis</i> Common Valerian; Valerian; Garden-Heliotrope	1	
<i>Vanilla planifolia</i> Vanilla; Bourbon Vanilla	3	
<i>Verbascum thapsus</i> Flannelleaf; Velvetplant; Flannelplant; Mullein; Great Mullein	4	86.0
<i>Verbena officinalis</i> Vervain	1	
<i>Viburnum prunifolium</i> Black Haw	1	
<i>Viburnum opulus</i> Guelder Rose; Snowballbush; Crampbark; European Cranberry Bush	1	
<i>Vicia faba</i> Broadbean; Habas; Faba Bean	2	23.2
<i>Vigna unguiculata</i> Asparagus Bean; Pea Bean; Yardlong Bean	1	158.4
<i>Vigna subterranea</i> Groundbean; Bambarra Groundnut	1	0.22

Plant	# Chemicals	Total PPM
<i>Vigna radiata</i> Green Gram; Mungbean	1	5.199999999999999
<i>Vigna mungo</i> Black Gram	1	1.0
<i>Vigna angularis</i> Adzuki Bean	1	1.8
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	0.4
<i>Vinca minor</i> Periwinkle; Running-Myrtle	1	
<i>Viola odorata</i> Sweet Violet; Common Violet	1	
<i>Viscum album</i> European Mistletoe	2	
<i>Vitis vinifera</i> Grapevine; Weinrebe (Ger.); Vigne Vinifere (Fr.); European Grape; Grape; Parra (Sp.); Vid (Sp.); Wine Grape	6	90.2
<i>Wasabia japonica</i> Japanese Horseradish; Wasabi	1	
<i>Withania somnifera</i> Ashwagandha	2	
<i>Xanthosoma sagittifolium</i> Tannia; Malanga; Yautia	1	655.2
<i>Yucca baccata</i> Banana Yucca; Yucca; Spanish Bayonet; Blue Yucca	1	
<i>Zea mays</i> Corn	5	59.0
<i>Zingiber officinale</i> Ginger	2	8.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	1	
<i>Zizyphus jujuba</i> Jujube; Da-Zao; Ta-Tsao	3	7400.0