

A Myocardiotonic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achillea millefolium</i> Yarrow; Milfoil	1	
<i>Aconitum napellus</i> Bear's-Foot; Blue Rocket; European Aconite; Friar's Cap; Helmet Flower; Monkshood; Queen's Fettle; Soldier's Cap; Turk's Cap; Garden Wolfsbane; Garden Monkshood; Aconite	1	
<i>Adonis vernalis</i> Spring Adonis	1	
<i>Aesculus hippocastanum</i> Horse Chestnut	1	
<i>Amorphophallus konjac</i> Devil's Tongue; Leopard Palm; Snake Palm; Elephant Yam; Konjac; Umbrella Arum	1	
<i>Angelica sinensis</i> Dang Qui; Chinese Angelica; Dong Gui; Dang Gui; Dong Quai; Dang Quai	1	
<i>Apium graveolens</i> Celery	1	
<i>Apocynum cannabinum</i> Spreading Dogbane; Bitterroot	1	
<i>Apocynum androsaemifolium</i> Spreading Dogbane; Bitterroot	1	
<i>Artemisia vulgaris</i> Mugwort	1	
<i>Artemisia abrotanum</i> Southernwood	1	
<i>Beta vulgaris</i> Beet; Garden Beet; Beetroot; Sugar Beet	1	
<i>Camellia sinensis</i> Tea	3	2208.0
<i>Camellia japonica</i> Rose du Japon (Fr.); Kamelie (Ger.); Japanese Tea; Camelia (Sp.); Camellia; Tsubaki (Jap.); Camelia (Fr., Port.); Common Camellia	1	
<i>Catha edulis</i> Khat	1	
<i>Coffea arabica</i> Coffee	3	38.0
<i>Cola acuminata</i> Abata Cola	1	2000.0
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus monogyna</i> English Hawthorn; Hawthorn	1	
<i>Crataegus laevigata</i> English Hawthorn; Whitethorn; Hawthorn; Woodland Hawthorn	1	
<i>Cucurbita pepo</i> Pumpkin	1	
<i>Ephedra sinica</i> Ma Huang; Chinese Ephedra	1	45000.0
<i>Ephedra nevadensis</i> Mormon Tea; Brigham Tea	1	
<i>Ephedra gerardiana</i> Pakistani Ephedra	1	14000.0
<i>Glycine max</i> Soybean	1	1000.0
<i>Ilex paraguariensis</i> Mate; South American Holly; Paraguay Tea	2	11000.0
<i>Malus domestica</i> Apple	1	
<i>Medicago sativa</i> Alfalfa; Lucerne	1	
<i>Moringa oleifera</i> Drumstick Tree; West Indian Ben; Benzolive Tree; Jacinto (Sp.); Ben Nut; Horseradish Tree; Moringa	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	
<i>Oryza sativa</i> Rice	1	
<i>Pachyrhizus erosus</i> Yambean	1	
<i>Panax quinquefolius</i> American Ginseng; Ginseng	1	
<i>Panax ginseng</i> Chinese Ginseng; Korean Ginseng; Ginseng; Oriental Ginseng	1	
<i>Paullinia cupana</i> Guarana	3	3800.0
<i>Pinus sylvestris</i> Scotch Pine	1	
<i>Plantago major</i> Common Plantain	1	
<i>Plantago asiatica</i> Asian Plantain	1	

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<i>Sida rhombifolia</i> Broomweed; Teaplant	1	
<i>Solanum tuberosum</i> Potato	1	
<i>Strophanthus kombe</i> Kombe Arrow Poison	1	4800.0
<i>Strophanthus hispidus</i> Hispid Ouabain	1	20000.0
<i>Taxus baccata</i> Common Yew	1	
<i>Theobroma cacao</i> Cacao	2	68500.0
<i>Theobroma bicolor</i> Nicaraguan Cacao; Pataste	2	
<i>Theobroma angustifolium</i> Castarica; Emerald Cacao	2	
<i>Triticum aestivum</i> Wheat	1	
<i>Zea mays</i> Corn	1	