

A Lymphocytogenic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
Acacia farnesiana Opopanax; Sweet Acacia; Huisache; Cassie; Popinac	1	
Ageratum conyzoides Mexican ageratum	1	
Alliaria petiolata Garlic Mustard	1	
Allium schoenoprasum Chives	1	3250.0
Allium sativum var. sativum Garlic	1	
Allium cepa Shallot; Onion	1	
Aloe vera Aloe; Bitter Aloes	2	
Althaea officinalis White Mallow; Marshmallow	1	
Ammi visnaga Visnaga	1	
Ammi majus Bishop's Weed	1	
Anacardium occidentale Cashew	1	3276.0
Ananas comosus Pineapple	1	9184.0
Anethum graveolens Dill; Garden Dill	1	3248.0
Angelica archangelica Wild Parsnip; Garden Angelica; Angelica	1	
Apium graveolens Celery	3	5110.0
Arachis hypogaea Groundnut; Peanut	1	220.0
Artemisia vulgaris Mugwort	1	
Artemisia dracunculus Tarragon	1	
Artemisia capillaris Capillary Wormwood	1	
Artemisia annua Sweet Annie; Annual Wormwood (GRIN); Annual Mugwort (GRIN); Qinghao; Sweet Wormwood (GRIN)	1	
Asparagus officinalis Asparagus	1	1290.0
Astragalus membranaceus Huang Qi; Huang-Chi	1	
Bertholletia excelsa Brazilnut-Tree; Paranut; Brazilnut; Creamnut	1	1282.0
Beta vulgaris Beet; Garden Beet; Sugar Beet; Beetroot	1	6950.0
Brassica rapa Chinese Cabbage; Celery Mustard; Chinese Mustard; Bok-Choy; Chinese White Cabbage; Pak-Choi; Celery Cabbage	1	
Brassica oleracea var. viridis I. Tree Kale; Spring-Heading Cabbage; Collards; Cow Cabbage; Tall Kale	1	
Brassica oleracea var. italica Purple Cauliflower; Broccoli; Cape Broccoli; Winter Broccoli; Calabrese; Heading Broccoli; Asparagus Broccoli; Sprouting Broccoli	1	
Brassica oleracea var. gemmifera Brussels-Sprouts; Brussel-Sprout	1	14138.0
Brassica oleracea var. capitata I. Red Cabbage; Cabbage; White Cabbage	1	12300.0
Brassica oleracea var. botrytis I. Cauliflower	1	27710.0
Brassica oleracea Kohlrabi	1	5778.0
Brassica nigra Black Mustard	1	7070.0
Brassica chinensis Chinese White Cabbage; Chinese Mustard; Bok-Choy; Celery Mustard; Chinese Cabbage; Pak-Choi; Celery Cabbage	1	21798.0
Capparis spinosa Caper; Caperbush	1	
Capsicum frutescens Red Chili; Cayenne; Spur Pepper; Hot Pepper; Chili; Tabasco	1	816.0
Capsicum annuum Sweet Pepper; Paprika; Green Pepper; Cone Pepper; Bell Pepper; Cherry Pepper	1	6002.0
Carica papaya Papaya	1	4476.0
Carum carvi Caraway; Carum; Comino de prado (Sp.); Comino (Sp.); Kummel (Ger.)	2	3328.0

Plant	# Chemicals	Total PPM
<i>Cichorium intybus</i> Succory; Chicory; Witloof	2	3748.0
<i>Cichorium endivia</i> Escarole; Endive	1	4186.0
<i>Cinnamomum verum</i> Ceylon Cinnamon; Cinnamon	1	
<i>Cinnamomum aromaticum</i> Chinese Cassia; China Junk Cassia; Zimtcassie (Ger.); Saigon Cinnamon; Cannelier Casse (Fr.); Chinesischer Zimtbaum (Ger.); Cassia; Kashia-Keihi (Jap.); Cassia Lignea; Canelero chino (Sp.); Canelle de Cochinchine (Fr.); Chinese Cinnamon; Chinazimt (Ger.); Canela de la China (Sp.); Cassia Bark; Cannelier de Chine (Fr.)	1	
<i>Citrus sinensis</i> Orange	1	1056.0
<i>Citrus reticulata</i> Tangerine; Mandarin	1	1612.0
<i>Citrus paradisi</i> Grapefruit	1	1100.0
<i>Citrus aurantium</i> Bitter Orange; Petitgrain	1	
<i>Citrus aurantiifolia</i> Lime	1	3230.0
<i>Cucumis sativus</i> Cucumber	1	14684.0
<i>Cucurbita pepo</i> Pumpkin	1	6229.0
<i>Daucus carota</i> Carrot	2	1870.0
<i>Dipteryx odorata</i> Dutch Tonka Bean; Tonka Bean	1	70000.0
<i>Eupatorium triplinerve</i> Triplinerved eupatorium	1	
<i>Ferula alliacea</i> Garlic Ferula	1	
<i>Filipendula ulmaria</i> Queen Of The Meadow; Meadowsweet	1	
<i>Foeniculum vulgare</i> Fennel	1	2.0
<i>Fragaria</i> spp Strawberry	1	18506.0
<i>Galium odoratum</i> Waldmeister; Woodruff	1	26000.0
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	936.0
<i>Glycine max</i> Soybean	1	29080.0
<i>Hierochloe odorata</i> Manna Grass; Seneca Grass; Vanilla-Scented Grass; Holy Grass; Sweet Grass; Vanilla Grass	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	1	
<i>Hyoscyamus niger</i> Henbane	1	
<i>Ipomoea batatas</i> Sweet Potato	1	1472.0
<i>Juglans cinerea</i> Butternut	1	180384.0
<i>Justicia pectoralis</i> Curia; Bolek Hena; Angel Of Death	1	
<i>Lablab purpureus</i> Hyacinth Bean; Lablab Bean; Bonavist Bean	1	1154.0
<i>Lactuca sativa</i> Lettuce	1	37666.0
<i>Lavandula x intermedia</i> Dutch Lavender; Lavandin	1	
<i>Lavandula latifolia</i> Broad-Leaved Lavender; Aspic; Spike Lavender	1	44.0
<i>Lavandula angustifolia</i> English Lavender	1	3000.0
<i>Levisticum officinale</i> Lovage	2	2.0
<i>Linum usitatissimum</i> Flax; Linseed	1	482600.0
<i>Lycopersicon esculentum</i> Tomato	1	992.0
<i>Lycopus europeus</i> European Bugle	1	2400.0
<i>Malus domestica</i> Apple	1	2240.0
<i>Melilotus officinalis</i> Yellow Sweetclover	1	4000.0
<i>Mentha x piperita</i> Peppermint	1	0.4
<i>Murraya</i> sp None	1	
<i>Musa x paradisiaca</i> Banana; Plantain	1	2564.0

Plant	# Chemicals	Total PPM
<i>Myroxylon balsamum</i> Tolu Balsam; Peru Balsam	1	8000.0
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	1	
<i>Oenothera biennis</i> Evening-Primrose	1	
<i>Origanum vulgare</i> European Oregano; Common Turkish Oregano; Oregano; Wild Oregano; Wild Marjoram; Pot Marjoram	1	9004.0
<i>Papaver somniferum</i> Opium Poppy; Poppypseed Poppy	1	11128.0
<i>Pastinaca sativa</i> Parsnip	1	290.0
<i>Petiveria alliacea</i> Anamu; Mucura; Guinea Hen Leaf	1	
<i>Petroselinum crispum</i> Parsley	1	10.0
<i>Peumus boldus</i> Boldo	1	5125.0
<i>Phaseolus vulgaris</i> Haricot Vert; French Bean; Garden Bean; String Bean; Snap Bean; Field Bean; Popping Bean; Haricot; Green Bean; Dwarf Bean; Black Bean; Haricot Bean; Kidney Bean; Navy Bean; Pop Bean; Flageolet Bean; Wax Bean	1	49992.0
<i>Phoenix dactylifera</i> Date Palm	1	
<i>Piper nigrum</i> Black Pepper; White Pepper; Pepper	1	4916.0
<i>Pistacia vera</i> Pistachio	1	5242.0
<i>Pisum sativum</i> Pea	1	5884.0
<i>Portulaca oleracea</i> Verdolaga; Purslane	1	160000.0
<i>Prunus dulcis</i> Almond	1	7824.0
<i>Prunus cerasus</i> Sour Cherry	2	6336.0
<i>Psidium guajava</i> Guava	1	10224.0
<i>Psophocarpus tetragonolobus</i> Asparagus Pea; Winged Bean; Goa Bean	1	8948.0
<i>Psoralea corylifolia</i> Malaya Tea; Black Dot; Babchi	1	
<i>Ptychopetalum olacoides</i> Muira Puama	1	
<i>Pyrus communis</i> Pear	1	124.0
<i>Ribes uva-crispa</i> Gooseberry	1	7584.0
<i>Ribes rubrum</i> White Currant; Red Currant	1	4360.0
<i>Ribes nigrum</i> Black Currant	1	7976.0
<i>Rumex acetosa</i> Garden Sorrel	1	8700.0
<i>Sesamum indicum</i> Ajonjoli (Sp.); Beni; Sesame; Benneseed; Sesamo (Sp.)	1	7890.0
<i>Sinapis alba</i> White Mustard	1	58746.0
<i>Solanum melongena</i> Aubergine; Eggplant	1	1734.0
<i>Spinacia oleracea</i> Spinach	1	27314.0
<i>Tecoma stans</i> Yellow Elder	1	160.0
<i>Theobroma cacao</i> Cacao	1	
<i>Thymus vulgaris</i> Garden Thyme; Common Thyme; Thyme	1	14904.0
<i>Trifolium pratense</i> Purple Clover; Cowgrass; Red Clover; Peavine Clover	1	
<i>Trigonella foenum-graecum</i> Fenugreek; Alholva (Sp.); Greek Clover; Greek Hay; Bockshornklee (Ger.)	1	
<i>Trilisa odoratissima</i> Hound's Tongue; Carolina Vanilla; Vanilla Plant; Deer's Tongue	1	
<i>Urtica dioica</i> European Nettle; Stinging Nettle	1	
<i>Vanilla planifolia</i> Bourbon Vanilla; Vanilla	1	
<i>Verbascum thapsus</i> Flannelplant; Mullein; Flannelleaf; Velvetplant; Great Mullein	1	
<i>Vigna unguiculata</i> Black-eyed Pea; Crowder Pea; Southern Pea; Cowpea	1	25766.0
<i>Vigna radiata</i> Mungbean; Green Gram	1	3956.0

Plant	# Chemicals	Total PPM
<i>Vigna aconitifolia</i> Moth Bean; Mat Bean	1	5868.0
<i>Vitis vinifera</i> Parra (Sp.); Vid (Sp.); European Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.); Grape; Grapevine; Wine Grape	2	4012.0
<i>Zea mays</i> Corn	2	1332.0
<i>Zingiber officinale</i> Ginger	1	6380.0
<i>Zizyphus jujuba</i> Jujube; Da-Zao; Ta-Tsao	1	6000.0