

A Antiallergenic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	1	
<i>Abrus precatorius</i> Red Beadvine; Weatherplant; Jequerity; Rosary Pea; Crab's Eye; Indian Licorice; Precatory Bean; Minnie-Minnies; Coral Beadplant; Weathervine; Lucky Bean; Love Bean; Prayer Beads; Licorice Vine; Jequirity Bean	1	
<i>Abutilon theophrasti</i> Velvet Leaf; Abutilon-Hemp; Butterprint; Indian-Mallow	1	
<i>Acacia tortilis</i> Umbrella Thorn	1	
<i>Acacia nilotica</i> Babul	1	
<i>Acacia leucophloea</i> Pilang Bast	1	
<i>Acacia farnesiana</i> Cassie; Sweet Acacia; Huisache; Popinac; Opopanax	2	
<i>Acacia decurrens</i> Green Wattle	1	
<i>Acacia catechu</i> Black Cutch; Catechu	1	
<i>Achillea millefolium</i> Milfoil; Yarrow	2	
<i>Acinos suaveolens</i>	1	
<i>Actaea racemosa</i> Black Cohosh; Black Snakeroot	1	
<i>Aegle marmelos</i> Bael fruit; Bael de India	1	
<i>Aesculus hippocastanum</i> Horse Chestnut	1	
<i>Agathosma betulina</i> Buchu; Mountain Buchu; Honey Buchu	1	68000.0
<i>Ailanthus altissima</i> Tree Of Heaven; Stinktree	1	
<i>Aleurites fordii</i> Tungoil Tree	1	
<i>Allium sativum</i> var. <i>sativum</i> Garlic	2	
<i>Aloysia citrodora</i> Lemon Verbena	1	4550.0
<i>Ammi visnaga</i> Visnaga	1	
<i>Anacardium occidentale</i> Cashew	1	
<i>Anisomeles malabarica</i> Malabar Catmint	1	
<i>Anogeissus latifolia</i> Gum Ghatti	2	
<i>Apocynum androsaemifolium</i> Bitterroot; Spreading Dogbane	1	
<i>Araucaria bidwillii</i> Monkey puzzle	1	
<i>Arbutus unedo</i> Arbutus; Strawberry Tree	2	
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	2	
<i>Areca catechu</i> Pin-Lang; Betel Nut	1	
<i>Arnica montana</i> Leopard's-Bane; Mountain Tobacco	1	
<i>Artemisia vulgaris</i> Mugwort	1	
<i>Artemisia dracunculus</i> Tarragon	2	
<i>Aspalathus linearis</i> Kaffree Tea; Rooibos; Red Bush Tea	1	
<i>Azadirachta indica</i> Neem	1	2000.0
<i>Ballota nigra</i> Black Horehound	1	
<i>Barosma betulina</i> Buchu	1	68000.0
<i>Boswellia serrata</i> Indian Olibanum-Tree; Salai Guggal; Indian Frankincense; Salaki; Kundur Luban; Salai	1	
<i>Caesalpinia pulcherrima</i> Bird Of Paradise	2	
<i>Camellia sinensis</i> Tea	2	

Plant	# Chemicals	Total PPM
<i>Camptotheca acuminata</i> Happy Tree	1	
<i>Canarium indicum</i> Manila Elemi; Java-Olive	1	
<i>Capsicum frutescens</i> Tabasco; Hot Pepper; Cayenne; Chili; Red Chili; Spur Pepper	1	
<i>Capsicum annuum</i> Cherry Pepper; Bell Pepper; Green Pepper; Cone Pepper; Paprika; Sweet Pepper	2	
<i>Castanea sativa</i> European Chestnut	1	
<i>Ceratonia siliqua</i> Carob; Locust Bean; St.John's-Bread	2	
<i>Chamaesyce hypericifolia</i> Spurge	1	
<i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot	1	
<i>Cinnamomum aromaticum</i> Canelle de Cochinchine (Fr.); Cassia Bark; China Junk Cassia; Canela de la China (Sp.); Chinazimt (Ger.); Zimt cassie (Ger.); Canelero chino (Sp.); Cannelier de Chine (Fr.); Cassia; Cannelier Casse (Fr.); Saigon Cinnamon; Chinese Cassia; Chinese Cinnamon; Kashia-Keihi (Jap.); Cassia Lignea; Chinesischer Zimtbaum (Ger.)	1	
<i>Citrullus colocynthis</i> Colocynth	1	
<i>Citrus</i> spp Citrus	1	
<i>Citrus sinensis</i> Orange	2	127000.0
<i>Citrus reticulata</i> Mandarin; Tangerine	1	
<i>Citrus paradisi</i> Grapefruit	2	
<i>Citrus medica</i> Citron	2	
<i>Citrus limon</i> Lemon	2	137600.0
<i>Citrus aurantium</i> Bitter Orange; Petitgrain	2	5000.0
<i>Citrus aurantiifolia</i> Lime	1	
<i>Cnicus benedictus</i> Blessed Thistle	1	
<i>Conyza canadensis</i> Hogweed; Butterweed; Horseweed	2	
<i>Coriaria thymifolia</i> Shanshi; Ground Toot	1	
<i>Coriaria myrtifolia</i> Mealy Tree	1	
<i>Cornus officinalis</i> Chinese Dogwood	1	
<i>Cornus mas</i> Cornelian Cherry; Sorbet	1	
<i>Cornus florida</i> American Dogwood	1	
<i>Corylus avellana</i> Cobnut; Hazel; English Filbert; European Filbert; European Hazel	1	
<i>Corylus americana</i> American Filbert; American Hazel	1	
<i>Crocus sativus</i> Saffron	1	
<i>Cyamopsis tetragonoloba</i> Siam-Bean; Cluster-Bean; Guar	1	
<i>Cymbopogon winterianus</i> Mahapengiri; Java Citronella	1	28.0
<i>Cymbopogon flexuosus</i> East Indian Lemongrass	1	8500.0
<i>Cymbopogon citratus</i> West Indian Lemongrass; Lemongrass	1	28980.0
<i>Cynara cardunculus</i> Artichoke	1	
<i>Cypripedium pubescens</i> Ladyslipper	1	
<i>Daphne mezereum</i> Spurge Olive; Spurge Laurel	1	
<i>Daucus carota</i> Carrot	2	400.0
<i>Dictamnus albus</i> Akgiritotu; Gazelotu; Dittany; Gas Plant; Burning Bush	1	
<i>Digitalis purpurea</i> Purple Foxglove	1	
<i>Diospyros virginiana</i> American Persimmon	1	
<i>Elsholtzia nipponica</i> Hsiang Ju	1	
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	

Plant	# Chemicals	Total PPM
<i>Ephedra gerardiana</i> Pakistani Ephedra	1	
<i>Equisetum arvense</i> Field Horsetail; Horsetail	1	
<i>Erythroxylum coca</i> Coca	1	6200.0
<i>Eucalyptus globulus</i> Eucalypt; Blue Gum; Tasmanian Bluegum	1	
<i>Eucalyptus citriodora</i> Citron-Scented Gum; Lemon Eucalyptus; Lemon-Scented Gum; Spotted Gum	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Euphorbia hirta</i> Queensland Asthma Herb	1	
<i>Euphrasia officinalis</i> Eyebright	1	
<i>Ferula gummosa</i> Galbanum	1	
<i>Fragaria</i> spp Strawberry	2	242.0
<i>Gardenia jasminoides</i> Shan-Chih-Tzu; Zhi Zi; Cape Jasmine; Shan-Zhi-Zi; Jasmin; Gardenia	1	
<i>Gaultheria procumbens</i> Checkerberry; Wintergreen; Wintergrun (Ger.); Creeping Wintergreen; Teaberry; Mountain Tea	1	
<i>Geranium thunbergii</i> Oriental Geranium; Gennoshiouko	2	
<i>Geranium maculatum</i> Cranesbill	1	
<i>Ginkgo biloba</i> Maidenhair Tree; Ginkgo	1	
<i>Glycine max</i> Soybean	1	5.8
<i>Haematoxylum campechianum</i> Logwood; Campechy	1	
<i>Hamamelis virginiana</i> Witch Hazel	2	108800.0
<i>Helianthus annuus</i> Girasol; Sunflower	1	
<i>Humulus lupulus</i> Hops	2	
<i>Hypericum perforatum</i> Hypericum; Goatweed; Klamath Weed; St. John's-wort; Common St. Johnswort	2	
<i>Hyssopus officinalis</i> Hyssop	1	
<i>Juglans regia</i> English Walnut	1	
<i>Juglans nigra</i> Black Walnut	2	
<i>Juniperus sabina</i> Sabine	1	
<i>Juniperus communis</i> Juniper; Common Juniper	1	
<i>Lagerstroemia indica</i> Crape Myrtle	2	
<i>Lantana camara</i> Wild Sage; Lantana	2	
<i>Laurus nobilis</i> Bay; Grecian Laurel; Sweet Bay; Bay Laurel; Laurel; Bayleaf	1	
<i>Lawsonia inermis</i> Jamaica-Mignonette; Mignonette; Mignonette Tree; Henna	1	
<i>Lippia alba</i> White Lippia	1	
<i>Lycopersicon esculentum</i> Tomato	1	
<i>Lycopus virginicus</i> Bugle	1	
<i>Magnolia fargesii</i> Xin-Yi; Hsin-I	1	
<i>Malus domestica</i> Apple	2	
<i>Mangifera indica</i> Mango	1	180000.0
<i>Marrubium vulgare</i> Horehound; White Horehound	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	1	
<i>Melaleuca viridiflora</i> Niaouli; Broad-Leaf Tea-Tree	1	
<i>Melaleuca leucadendra</i> Cajeput	2	
<i>Melilotus officinalis</i> Yellow Sweetclover	2	
<i>Melissa officinalis</i> Bee Balm; Lemonbalm; Balm; Melissa	1	

Plant	# Chemicals	Total PPM
<i>Mentha x rotundifolia</i> Applemint	1	300.0
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	1	
<i>Mentha sp</i> Mint	1	
<i>Mentha pulegium</i> European Pennyroyal	1	
<i>Mentha longifolia</i> Biblical Mint	1	
<i>Mentha arvensis</i> var. <i>piperascens</i> Field Mint; Japanese Mint; Cornmint	1	
<i>Monarda citriodora</i> Lemon Mint	1	
<i>Mucuna pruriens</i> Velvetbean; Cowage	1	
<i>Myrica cerifera</i> Southern Bayberry; Candle-Berry; Wax Myrtle; Bayberry	2	
<i>Myristica fragrans</i> nuez moscada (Sp.); Mace; nogal moscado (Sp.); Muskatnussbaum (Ger.); Nutmeg	1	
<i>Myrtus communis</i> Myrte (Ger.); Myrtle; Arrayan (Sp.); Mirto (Sp.)	2	
<i>Nepeta cataria</i> Catnip	1	
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	1	
<i>Ocimum gratissimum</i> Shrubby Basil; Agbo	1	
<i>Ocimum canum</i> Hoary Basil	2	
<i>Ocimum basilicum</i> Sweet Basil; Cuban Basil; Basil	1	14000.0
<i>Oenanthe aquatica</i> Water Fennel; Water Hemlock	1	
<i>Oenothera biennis</i> Evening-Primrose	1	
<i>Olea europaea</i> Olive	1	
<i>Ononis spinosa</i> Restharrow; Hauhechel (Ger.); Spiny Restharrow	1	
<i>Origanum vulgare</i> Oregano; Pot Marjoram; Wild Marjoram; Common Turkish Oregano; European Oregano; Wild Oregano	1	
<i>Origanum majorana</i> Sweet Marjoram; Marjoram	1	
<i>Paeonia lactiflora</i> Chih-Shao; Peony; Bai Shao (Chinese); White Peony; Common Garden Peony	2	
<i>Panax ginseng</i> Oriental Ginseng; Chinese Ginseng; Ginseng; Korean Ginseng	2	
<i>Perilla frutescens</i> Perilla	1	
<i>Peucedanum ostruthium</i> Masterwort	1	
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	100000.0
<i>Phyllanthus amarus</i>	2	
<i>Picrorhiza kurrooa</i> Picrorhiza	1	
<i>Pimenta racemosa</i> Bayrum Tree; West Indian Bay	1	
<i>Pinus walliciana</i> Bhutan Pine	1	
<i>Pinus sylvestris</i> Scotch Pine	2	
<i>Piper nigrum</i> Black Pepper; White Pepper; Pepper	1	
<i>Pistacia lentiscus</i> Mastic; Lentisco (Sp.); Chios Mastictree; Mastictree; Mastixbaum (Ger.)	1	
<i>Podophyllum peltatum</i> Mayapple	1	
<i>Polygonum multiflorum</i> Chinese Cornbind; He Shou Wu; Fleeceflower; Fo Ti; Chinese Knotweed	1	
<i>Polygonum hydropiperoides</i> Mild Water Pepper	1	
<i>Polygonum hydropiper</i> Common Smartweed	1	
<i>Polygonum aviculare</i> Prostrate Knotweed	1	
<i>Populus nigra</i> Black Poplar	1	
<i>Prunus serotina</i> Wild Cherry; Black Cherry	1	
<i>Prunus persica</i> Peach	1	

Plant	# Chemicals	Total PPM
<i>Prunus cerasus</i> Sour Cherry	1	
<i>Psidium guajava</i> Guava	3	
<i>Pterocarpus santalinus</i> Red Saunders	1	
<i>Pterocarpus marsupium</i> bijasal; Malabar Kino; Indian Kino	1	
<i>Punica granatum</i> Granado (Sp.); Romanzeiro (Port.); Pomegranate; Granatapfelstrauch (Ger.); Zakuro (Jap.); Mangrano (Sp.); Grenadier (Fr.); Granatapfelbaum (Ger.)	3	80000.0
<i>Quassia amara</i> Bitterwood; Quassia	1	
<i>Quercus rubra</i> Northern Red Oak	1	
<i>Quercus robur</i> English Oak	1	
<i>Quercus infectoria</i> Aleppo Oak; Dyer's Oak; Gall Oak	1	80000.0
<i>Quercus alba</i> White Oak	1	
<i>Rheum rhabarbarum</i> Rhubarb	1	106.0
<i>Rheum palmatum</i> Chinese Rhubarb	1	
<i>Rheum officinale</i> Chinese Rhubarb	1	
<i>Rhododendron ponticum</i> Pontic Alpenrose	1	
<i>Rhododendron dauricum</i> Chinese Alpenrose	1	
<i>Rhus toxicodendron</i> Poison Ivy	1	
<i>Rhus coriaria</i> Sumac; Tanner's Sumac; Sicilian Sumac	2	
<i>Rhynchosia minima</i> Burn Mouth Vine	1	
<i>Ribes nigrum</i> Black Currant	1	
<i>Ricinus communis</i> Castorbean	1	
<i>Rosa multiflora</i> Multiflora Rose	2	
<i>Rosa gallica</i> French Rose	2	
<i>Rosa centifolia</i> Cabbage Rose	1	
<i>Rosa canina</i> Dog Rose; Dogbrier; Rose	1	
<i>Rosmarinus officinalis</i> Rosemary	1	
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	
<i>Salvia sclarea</i> Clary Sage	1	1840.0
<i>Salvia officinalis</i> Sage	3	
<i>Sanguisorba minor</i> Small Burnet	1	
<i>Sassafras albidum</i> Sassafras	1	
<i>Satureja obovata</i> Savory; Iberian Savory	1	
<i>Schinus terebinthifolius</i> Brazilian Peppertree	1	
<i>Schinus molle</i> Peruvian Peppertree; California Peppertree; Mastic-Tree	2	
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Scullcap	1	
<i>Skimmia arborescens</i> Skimmia	1	
<i>Solanum tuberosum</i> Potato	2	
<i>Sorbus aucubaria</i> Rowan Berry	1	
<i>Spondias pinnata</i> Yellow Mombin; Yellow Plum	1	
<i>Stachytarpheta cayennensis</i> Verbena	1	
<i>Syzygium cumini</i> Jambolan; Java Plum; Aceituna Dulce	1	
<i>Syzygium aromaticum</i> Clovetree; Clove	2	
<i>Tagetes minuta</i> Aztec Marigold; Wild Marigold; Muster John Henry; Dwarf Marigold; Mexican Marigold; Stinking-Roger	2	

Plant	# Chemicals	Total PPM
<i>Tagetes lucida</i> Sweet-Scent Marigold; Sweet-Mace; Sweet-Scent Mexican Marigold; Anise Marigold	1	
<i>Taxus baccata</i> Common Yew	1	
<i>Terminalia pallida</i>	1	
<i>Terminalia chebula</i> Black Myrobalan; Chebulic Myrobalan; Ink Nut; Myrobalan	1	
<i>Terminalia catappa</i> Malabar Almond; Indian Almond; Tropical Almond	2	
<i>Terminalia bellirica</i> Beleric Myrobalan; Myrobalan Belleric; Myrobalan; Bahera; Belleric	1	
<i>Terminalia arjuna</i> Arjuna; Arjun	1	
<i>Teucrium polium</i> Golden Germander	1	
<i>Thuja occidentalis</i> Arbor-Vitae; Northern White-Cedar	1	
<i>Thymus vulgaris</i> Thyme; Garden Thyme; Common Thyme	2	
<i>Thymus serpyllum</i> Creeping Thyme	2	
<i>Tilia</i> sp. Basswood; Lime; Linden	2	
<i>Trifolium pratense</i> Cowgrass; Purple Clover; Red Clover; Peavine Clover	1	
<i>Tussilago farfara</i> Coltsfoot	1	
<i>Uncaria catechu</i> Gambir; Pale Catechu	1	
<i>Urginea maritima</i> European Squill	1	
<i>Urtica dioica</i> European Nettle; Stinging Nettle	2	
<i>Vaccinium vitis-idaea</i> Lingen; Cowberry; Lingonberry	1	
<i>Vaccinium myrtillus</i> Bilberry; Whortleberry; Dwarf Bilberry	1	
<i>Vaccinium macrocarpon</i> Large Cranberry; American Cranberry; Cranberry	1	
<i>Vaccinium corymbosum</i> Blueberry	2	
<i>Verbascum thapsus</i> Flannelplant; Mullein; Flannelleaf; Velvetplant; Great Mullein	1	
<i>Verbena officinalis</i> Vervain	1	
<i>Viola tricolor</i> Pansy; Wild Violet	1	
<i>Vitis vinifera</i> Vid (Sp.); Grapevine; Grape; European Grape; Parra (Sp.); Wine Grape; Vigne Vinifere (Fr.); Weinrebe (Ger.)	2	
<i>Zanthoxylum alatum</i> Indian Prickly Ash; Wartara Oil Tree	1	
<i>Zea mays</i> Corn	1	
<i>Zingiber officinale</i> Ginger	2	27000.0