

A Fistula-Preventive

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Abelmoschus esculentus</i> Okra	1	4680.0
<i>Acacia senegal</i> Sudan Gum Arabic; Gum Arabic Tree; Gum Arabic; Kher; Senegal Gum	1	
<i>Acacia nilotica</i> Babul	1	
<i>Acacia farnesiana</i> Opopanax; Sweet Acacia; Huisache; Cassie; Popinac	1	5272.0
<i>Acalypha indica</i> Three-Seeded-Mercury; Cancer Herb; Indian Acalypha; Indian Nettle; Copperleaf	1	
<i>Achillea millefolium</i> Milfoil; Yarrow	1	6200.0
<i>Acorus calamus</i> Calamus; Flagroot; Sweet Calamus; Myrtle Flag; Sweetflag; Sweetroot	1	
<i>Actaea racemosa</i> Black Snakeroot; Black Cohosh	1	
<i>Actinidia chinensis</i> Kiwi	1	12740.0
<i>Aegle marmelos</i> Bael de India; Bael fruit	1	
<i>Aesculus hippocastanum</i> Horse Chestnut	1	
<i>Agathosma betulina</i> Mountain Buchu; Buchu; Honey Buchu	1	9800.0
<i>Albizia lebbek</i> Lebbek Tree; Koko; Women's-Tongue Tree; Frywood; Siris Tree; Lebbek; East Indian Walnut	1	
<i>Aleurites moluccana</i> Indian Walnut; Candlenut; Lumbangtree; Candlenut Tree; Varnishtree; Candleberry	1	
<i>Alliaria petiolata</i> Garlic Mustard	1	
<i>Allium schoenoprasum</i> Chives	1	19750.0
<i>Allium sativum</i> var. <i>sativum</i> Garlic	1	18664.0
<i>Allium cepa</i> Shallot; Onion	1	10000.0
<i>Allium ampeloprasum</i> Elephant Garlic; Kurrat	1	13254.0
<i>Alocasia macrorrhiza</i> Giant Taro	1	1244.0
<i>Aloe vera</i> Bitter Aloes; Aloe	1	12520.0
<i>Aloe</i> spp. Aloe	1	
<i>Alpinia galanga</i> Languas; Siamese Ginger; Greater Galangal	1	3688.0
<i>Althaea officinalis</i> White Mallow; Marshmallow	1	3280.0
<i>Amaranthus spinosus</i> Spiny pigweed	1	
<i>Amaranthus</i> sp. Pigweed	1	12526.0
<i>Amorphophallus campanulatus</i> Elephant-Foot Yam	1	558.0
<i>Anacardium occidentale</i> Cashew	1	40956.0
<i>Ananas comosus</i> Pineapple	1	8356.0
<i>Anethum graveolens</i> Garden Dill; Dill	1	2880.0
<i>Angelica sinensis</i> Dong Quai; Dang Qui; Dang Quai; Chinese Angelica; Dong Gui; Dang Gui	1	608.0
<i>Annona squamosa</i> Sweetsop; Sugar-Apple	1	3200.0
<i>Annona reticulata</i> Custard Apple	1	2800.0
<i>Annona muricata</i> Soursop	1	3080.0
<i>Annona glabra</i> Pondapple	1	
<i>Annona diversifolia</i> Llama	1	
<i>Annona cherimola</i> Cherimoya	1	1450.0
<i>Apium graveolens</i> Celery	1	7696.0
<i>Arachis hypogaea</i> Groundnut; Peanut	1	9496.0

Plant	# Chemicals	Total PPM
<i>Aralia cordata</i> Udo	1	2130.0
<i>Arctium lappa</i> Burdock; Gobo; Great Burdock	1	236.0
<i>Arctostaphylos uva-ursi</i> Uva Ursi; Bearberry	1	382.0
<i>Areca catechu</i> Pin-Lang; Betel Nut	1	
<i>Armoracia rusticana</i> Horseradish	1	49589.0
<i>Arracacia xanthorrhiza</i> Arracacha; Peruvian Carrot	1	2140.0
<i>Artemisia vulgaris</i> Mugwort	1	11340.0
<i>Artemisia dracunculus</i> Tarragon	1	1176.0
<i>Artemisia absinthium</i> Wormwood	1	5200.0
<i>Artocarpus heterophyllus</i> Jackfruit	1	870.0
<i>Artocarpus altilis</i> Breadfruit	1	3230.0
<i>Asimina triloba</i> Pawpaw	1	1786.0
<i>Aspalathus linearis</i> Kaffree Tea; Red Bush Tea; Rooibos	1	
<i>Asparagus officinalis</i> Asparagus	1	11428.0
<i>Astragalus membranaceus</i> Huang-Chi; Huang Qi	1	
<i>Avena sativa</i> Oats	1	
<i>Averrhoa carambola</i> Star Fruit; Carambola	1	
<i>Averrhoa bilimbi</i> Bilimbi; Limon chino	1	
<i>Bacopa monnieri</i> Water Hyssop; Brahmi	1	
<i>Bactris gasipaes</i> Peach palm; Pejibaye	1	
<i>Balanites aegyptiacus</i> Desert Date; lalo (India); heglik (Fr.); hingotia (India); mirobalano de Egipto (Sp.); betu (India); zachun (India); dattier sauvage (Fr.); Zachunbaum (Ger.); Soapberry Tree; dattier du desert (Fr.)	1	780.0
<i>Barosma betulina</i> Buchu	1	9800.0
<i>Basella alba</i> Vinespinach	1	29570.0
<i>Benincasa hispida</i> Waxgourd	1	13500.0
<i>Berberis vulgaris</i> Barberry	1	
<i>Bertholletia excelsa</i> Brazilnut; Brazilnut-Tree; Creamnut; Paranut	1	14.0
<i>Beta vulgaris</i> Beetroot; Garden Beet; Sugar Beet; Beet	1	9128.0
<i>Bixa orellana</i> Lipstick Pod; Annato; Achiote; Arnato; Annatto; Bija; Annoto; Lipsticktree	1	260.0
<i>Blighia sapida</i> Seso Vegetal; Akee	1	8530.0
<i>Boehmeria nivea</i> Ramie	1	11230.0
<i>Borago officinalis</i> Beebread; Talewort; Beeplant; Borage	1	10010.0
<i>Brassica rapa</i> Chinese Cabbage; Chinese Mustard; Bok-Choy; Celery Cabbage; Chinese White Cabbage; Celery Mustard; Pak-Choi	1	5160.0
<i>Brassica oleracea</i> var. <i>viridis</i> I. Collards; Tall Kale; Cow Cabbage; Spring-Heading Cabbage; Tree Kale	1	7638.0
<i>Brassica oleracea</i> var. <i>sabellica</i> I. Kale; Kitchen Kale; Curly Kale; Scotch Kale	1	15440.0
<i>Brassica oleracea</i> var. <i>italica</i> Asparagus Broccoli; Winter Broccoli; Calabrese; Sprouting Broccoli; Purple Cauliflower; Broccoli; Heading Broccoli; Cape Broccoli	1	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussel-Sprout; Brussels-Sprouts	1	12138.0
<i>Brassica oleracea</i> var. <i>capitata</i> I. Red Cabbage; White Cabbage; Cabbage	1	13548.0
<i>Brassica oleracea</i> var. <i>botrytis</i> I. Cauliflower	1	39320.0
<i>Brassica oleracea</i> Kohlrabi	1	13780.0
<i>Brassica nigra</i> Black Mustard	1	8026.0
<i>Brassica napus</i> var. <i>napobrassica</i> Swedish Turnip; Swede; Rutabaga	1	4830.0

Plant	# Chemicals	Total PPM
<i>Brassica chinensis</i> Chinese Cabbage; Chinese Mustard; Pak-Choi; Celery Cabbage; Chinese White Cabbage; Celery Mustard; Bok-Choy	1	19426.0
<i>Bromelia pinguin</i> Wild Pineapple	1	6860.0
<i>Brosimum alicastrum</i> Breadnut; Tamamuri	1	
<i>Bupleurum chinense</i> Chai-Hu	1	
<i>Byrsonima crassifolia</i> Nance	1	
<i>Cajanus cajan</i> Pigeonpea	1	5760.0
<i>Calathea macrosepala</i> Chufle	1	
<i>Calendula officinalis</i> Calendula; Pot-Marigold	1	6200.0
<i>Camellia sinensis</i> Tea	1	
<i>Canavalia ensiformis</i> Jack Bean	1	3022.0
<i>Canna indica</i> Queensland Arrowroot; Achira	1	420.0
<i>Cannabis sativa</i> Indian Hemp; Marijuana; Hemp; Marihuana	1	
<i>Capparis spinosa</i> Caperbush; Caper	1	4600.0
<i>Capsella bursa-pastoris</i> Shepherd's Purse	1	11000.0
<i>Capsicum frutescens</i> Hot Pepper; Spur Pepper; Cayenne; Chili; Tabasco; Red Chili	1	42992.0
<i>Capsicum annuum</i> Cherry Pepper; Bell Pepper; Cone Pepper; Green Pepper; Paprika; Sweet Pepper	1	41964.0
<i>Carica pentagona</i> Mountain papaya; Babaco	1	
<i>Carica papaya</i> Papaya	1	22917.0
<i>Carthamus tinctorius</i> Safflower	1	
<i>Carya illinoensis</i> Pecan	1	42.0
<i>Casimiroa edulis</i> White sapote; Matasano	1	
<i>Catha edulis</i> Khat	1	3220.0
<i>Caulophyllum thalictroides</i> Blue Cohosh	1	103.5
<i>Centella asiatica</i> Pennywort; Gotu Kola	1	1024.0
<i>Cephaelis ipecacuanha</i> Ipecac; Raicilla	1	
<i>Chamaemelum nobile</i> Garden Camomile; Perennial Camomile; Roman Camomile	1	534.0
<i>Chenopodium ambrosioides</i> Epazote; Wormseed	1	2040.0
<i>Chenopodium album</i> Lambsquarter	1	18000.0
<i>Chondrus crispus</i> Irish Moss	1	260.0
<i>Chrysanthemum parthenium</i> Feverfew	1	660.0
<i>Chrysanthemum coronarium</i> Garland Chrysanthemum	1	18260.0
<i>Chrysobalanus icaco</i> Icacó; Cocoa plum	1	
<i>Chrysophyllum cainito</i> Star Apple; Caimito	1	
<i>Cicer arietinum</i> Garbanzo; Chickpea	1	112.0
<i>Cichorium intybus</i> Witloof; Succory; Chicory	1	4580.0
<i>Cichorium endivia</i> Escarole; Endive	1	18604.0
<i>Cimicifuga racemosa</i> Black Cohosh; Black Snakeroot	1	156.0
<i>Cinnamomum verum</i> Ceylon Cinnamon; Cinnamon	1	618.0
<i>Cinnamomum aromaticum</i> Chinesischer Zimtbaum (Ger.); China Junk Cassia; Chinese Cassia; Cassia Lignea; Cannelier Casse (Fr.); Canelero chino (Sp.); Canela de la China (Sp.); Zimtcassie (Ger.); Chinese Cinnamon; Cassia Bark; Cassia; Cannelier de Chine (Fr.); Chinazimt (Ger.); Canelle de Cochinchine (Fr.); Saigon Cinnamon; Kashia-Keihi (Jap.)	1	618.0
<i>Citrullus lanatus</i> Watermelon	1	

Plant	# Chemicals	Total PPM
<i>Citrullus colocynthis</i> Colocynth	1	244.0
<i>Citrus sinensis</i> Orange	1	8142.0
<i>Citrus reticulata</i> Mandarin; Tangerine	1	7368.0
<i>Citrus paradisi</i> Grapefruit	1	7724.0
<i>Citrus mitis</i> Calamansi; Calamondin	1	
<i>Citrus limon</i> Lemon	1	11132.0
<i>Citrus aurantium</i> Petitgrain; Bitter Orange	1	13894.0
<i>Citrus aurantiifolia</i> Lime	1	8888.0
<i>Cnicus benedictus</i> Blessed Thistle	1	60.0
<i>Cnidioscolus chayamansa</i> Chaya	1	24400.0
<i>Coccinia grandis</i> Pepasan; Little Gourd; Ivy Gourd; Kundree; Tindori; Tindora; Kanduri	1	
<i>Cocos nucifera</i> Coconut; Copra; Kokospalme (Ger.); Coconut Palm; Nariyal; Cocotero (Sp.)	1	176.0
<i>Coix lacryma-jobi</i> Adlay; Yi-Yi-Ren; Job'S-Tears; Adlay Millet	1	
<i>Cola acuminata</i> Abata Cola	1	2912.0
<i>Colocasia esculenta</i> Taro	1	7900.0
<i>Corchorus olitorius</i> Mulukiya; Jew's Mallow; Nalta Jute	1	8160.0
<i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley	1	12580.0
<i>Corylus avellana</i> Cobnut; English Filbert; European Filbert; European Hazel; Hazel	1	44.0
<i>Crataegus rhipidophylla</i> Hawthorn	1	
<i>Crataegus laevigata</i> Whitethorn; Hawthorn; English Hawthorn; Woodland Hawthorn	1	3770.0
<i>Cucumis melo</i> Nutmeg Melon; Cantaloupe; Melon; Netted Melon; Muskmelon; Persian Melon	1	8740.0
<i>Cucurbita</i> spp Summer Squash	1	4680.0
<i>Cucurbita pepo</i> Pumpkin	1	13688.0
<i>Cuminum cyminum</i> Cumin	1	152.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	1	586.0
<i>Cyamopsis tetragonoloba</i> Cluster-Bean; Siam-Bean; Guar	1	
<i>Cyclanthera pedata</i> Achocha	1	5600.0
<i>Cydonia oblonga</i> Quince	1	1920.0
<i>Cynara cardunculus</i> Artichoke	1	1656.0
<i>Cyperus rotundus</i> Nutsedge	1	180.0
<i>Cyphomandra betacea</i> Tamarillo; Tree Tomato	1	4120.0
<i>Cyrtosperma chamissonis</i> Swamp Taro	1	1524.0
<i>Datura stramonium</i> Jimsonweed	1	
<i>Datura metel</i> Hindu Datura	1	4440.0
<i>Daucus carota</i> Carrot	1	1550.0
<i>Dioscorea villosa</i> Wild Yam	1	
<i>Dioscorea</i> sp. Wild Yam	1	388.0
<i>Dioscorea pentaphylla</i> Mountain Yam	1	280.0
<i>Dioscorea alata</i> Greater Yam; Winged Yam	1	200.0
<i>Diospyros virginiana</i> American Persimmon	1	3710.0
<i>Diospyros digyna</i> Black Sapote; Sapote Negro	1	
<i>Duchesnea indica</i> Mock Strawberry; Indian Strawberry; False Strawberry	1	

Plant	# Chemicals	Total PPM
<i>Durio zibethinus</i> Durian	1	
<i>Echinacea</i> spp Coneflower; Echinacea	1	5966.0
<i>Echinacea purpurea</i> Purple-Coneflower; Eastern Purple-Coneflower; Echinacea	1	
<i>Elaeagnus umbellatus</i> Russian Olive	1	
<i>Elaeagnus commutata</i> Silver Berry	1	
<i>Elaeagnus angustifolia</i> Silver Berry; Russian Olive	1	
<i>Elaeis guineensis</i> African Oil Palm	1	
<i>Eleocharis dulcis</i> Water chestnut	1	
<i>Eleutherococcus senticosus</i> Wu jia; Eleuthero Ginseng; Spiny Ginseng; Ci wu jia (Pinyin); Siberian Ginseng	1	
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	1	1442.0
<i>Equisetum arvense</i> Field Horsetail; Horsetail	1	8145.0
<i>Eriobotrya japonica</i> Loquat	1	1680.0
<i>Eriodictyon californicum</i> California Yerba Santa; Holy Herb; Yerba Santa; Tarweed; Hierba Santa; Bear's Weed; Mountain Balm; Consumptive's Weed; Gum Bush	1	
<i>Eryngium floridanum</i> Florida Eryngium	1	3916.0
<i>Erythrina fusca</i> Coral Bean; Gallito	1	1560.0
<i>Erythrina berteroana</i> Pito	1	4680.0
<i>Erythroxylum coca</i> Coca	1	30.0
<i>Eugenia uniflora</i> Surinam Cherry; Pitanga	1	
<i>Eugenia floribunda</i> Camu-camu negro; Black rumberry; Camu-camu arbol	1	
<i>Eugenia brasiliensis</i> Grumichama; Brazil Cherry	1	
<i>Eupatorium perfoliatum</i> Boneset	1	
<i>Euphorbia hirta</i> Queensland Asthma Herb	1	886.0
<i>Euphrasia officinalis</i> Eyebright	1	134.0
<i>Fagopyrum esculentum</i> Buckwheat	1	
<i>Feijoa sellowiana</i> Brazillian Guava; Guava Brasileira	1	
<i>Ficus carica</i> Higuera Comun (Sp.); Higo (Sp.); Fico (Ital.); Echte Feige (Ger.); Feigenbaum (Ger.); Fig; Figuier Commun (Fr.); Figueira (Port.)	1	8376.0
<i>Filipendula ulmaria</i> Queen Of The Meadow; Meadowsweet	1	
<i>Foeniculum vulgare</i> Fennel	1	6296.0
<i>Fragaria</i> spp Strawberry	1	22596.0
<i>Frangula purshiana</i> Cascara Buckthorn; Cascara Sagrada	1	
<i>Fucus vesiculosus</i> Kelp; Bladderwrack	1	516.0
<i>Garcinia mangostana</i> Mangosteen; Mangostin	1	
<i>Genipa americana</i> Jagua; Genipap	1	2040.0
<i>Gentiana lutea</i> Gentian; Yellow Gentian	1	366.0
<i>Ginkgo biloba</i> Ginkgo; Maidenhair Tree	1	1090.0
<i>Gliricidia sepium</i> Mata Raton	1	6290.0
<i>Glycine max</i> Soybean	1	5480.0
<i>Glycyrrhiza glabra</i> Licorice; Smooth Licorice; Licorice-Root; Commom Licorice	1	1252.0
<i>Gymnema sylvestre</i> Gymnema; Miracle Fruit	1	
<i>Harpagophytum procumbens</i> Grapple Plant; Devil's Claw	1	
<i>Helianthus tuberosus</i> Jerusalem Artichoke	1	612.0

Plant	# Chemicals	Total PPM
<i>Hibiscus sabdariffa</i> Kharkadi; Red Sorrel; Acedera de Guinea (Sp.); Indian Sorrel; Jamaica Sorrel; Malventee (Ger.); Sorrel; Roselle; Rosa de Jamaica (Sp.); Sereni (Sp.); Rosella (Ger.)	1	8861.0
<i>Hibiscus rosa-sinensis</i> Shoe-flower; Chinese hibiscus	1	
<i>Hippophae rhamnoides</i> Sea Buckthorn; Yellow Spine; Sallow Thorn	1	
<i>Hordeum vulgare</i> Barley; Barleygrass	1	6600.0
<i>Humulus lupulus</i> Hops	1	3564.0
<i>Hydrangea arborescens</i> Smooth Hydrangea; Hydrangea	1	
<i>Hydrastis canadensis</i> Goldenseal	1	1362.0
<i>Hylocereus undatus</i> Nopalito De Noche; Strawberry Pear; Belle-of-the-Night; Night-Blooming Cereus; Queen-of-the-Night	1	
<i>Hylocereus guatemalensis</i> Nopalito De Guatemala; Guatemala Cereus	1	
<i>Hypericum perforatum</i> Hypericum; Klamath Weed; St. John's-wort; Goatweed; Common St. Johnswort	1	3390.0
<i>Inga edulis</i> Guaba; Icecream Bean	1	
<i>Inula helenium</i> Elecampane	1	
<i>Ipomoea batatas</i> Sweet Potato	1	10840.0
<i>Ipomoea aquatica</i> Water Spinach; Swamp Cabbage	1	14600.0
<i>Iris x germanica</i> Orris	1	19860.0
<i>Juglans regia</i> English Walnut	1	56104.0
<i>Juglans nigra</i> Black Walnut	1	
<i>Juniperus communis</i> Juniper; Common Juniper	1	1200.0
<i>Justicia pectoralis</i> Curia; Bolek Hena; Angel Of Death	1	3734.0
<i>Lablab purpureus</i> Hyacinth Bean; Bonavist Bean; Lablab Bean	1	2253.2
<i>Lactuca sativa</i> Lettuce	1	6000.0
<i>Lagenaria siceraria</i> Calabash Gourd; White-Flowered Gourd	1	5190.0
<i>Larrea tridentata</i> Creosote Bush; Chaparral	1	1520.0
<i>Lens culinaris</i> Lentil	1	1350.0
<i>Leonurus cardiaca</i> Motherwort	1	84.0
<i>Lepidium sativum</i> Garden Cress	1	13020.0
<i>Lepidium meyenii</i> Maca; Peruvian Ginseng	1	
<i>Licania platypus</i> Sansapote	1	
<i>Limonia acidissima</i> Elephant Apple; Wood-Apple; Manzana De Elefante	1	
<i>Lobelia inflata</i> Indian Tobacco; Lobelia	1	4504.0
<i>Luffa aegyptiaca</i> Luffa; Smooth Loofah; Vegetable Sponge	1	23992.0
<i>Lycium chinense</i> Chinese Matrimony Vine; Chinese Boxthorn; Wolfberry; Chinese Wolfberry; Kaukichai (Malays.); Gou Qi (Chin.); Daun Koki (Indones.); Chinesischer Bocksdorn (Ger.); Spina Santa Cinese (Ital.); Kuko (Jap.); Lyciet de Chine (Fr.)	1	1538.0
<i>Lycopersicon esculentum</i> Tomato	1	5904.0
<i>Lycopus europeus</i> European Bugle	1	
<i>Macadamia spp</i> Macadamia	1	
<i>Maclura pomifera</i> Hedge Apple; Osage-Orange	1	
<i>Malpighia glabra</i> Acerola	1	344462.0
<i>Malus domestica</i> Apple	1	804.0
<i>Malva sylvestris</i> High Mallow	1	5710.0
<i>Malva parviflora</i> Cheeseweed	1	9490.0
<i>Malva neglecta</i> Common Mallow; Cheeses	1	2350.0

Plant	# Chemicals	Total PPM
<i>Mammea americana</i> Mamey	1	
<i>Mangifera indica</i> Mango	1	8380.0
<i>Manihot esculenta</i> Tapioca; Cassava; Yuca	1	23060.0
<i>Manilkara zapota</i> Sapodilla	1	
<i>Maranta arundinacea</i> Arrowroot; Bermuda Arrowroot	1	430.0
<i>Marrubium vulgare</i> Horehound; White Horehound	1	
<i>Matricaria recutita</i> Wild Camomile; German Camomile; Annual Camomile	1	
<i>Mauritia flexuosa</i> Aguaje; Buruti; Morichi palm	1	
<i>Medicago sativa</i> Lucerne; Alfalfa	1	10834.0
<i>Melicoccus bijugatas</i> Pitomba; Honey berry; Mamoncillo; Genip	1	
<i>Mentha x piperita</i> Peppermint	1	
<i>Mentha spicata</i> Hortela da Folha Miuda; Spearmint	1	
<i>Menyanthes trifoliata</i> Water Trefoil; Bogbean; Buckbean; Bog Myrtle; Marsh Clover; Marsh Trefoil	1	4094.0
<i>Mimosa pudica</i> Sensitive Plant	1	5140.0
<i>Mimulus glabratus</i> Huaca-Mullo	1	4400.0
<i>Momordica charantia</i> Sorosi; Bitter Melon	1	97718.0
<i>Morinda citrifolia</i> Indian Mulberry; Noni	1	4640.0
<i>Moringa oleifera</i> Moringa; West Indian Ben; Jacinto (Sp.); Ben Nut; Drumstick Tree; Horseradish Tree; Benzolive Tree	1	
<i>Morus alba</i> White Mulberry; Sang-Pai-Pi	1	8080.0
<i>Muntingia calabura</i> Jamaica cherry; Yumansa; Cereso	1	
<i>Murraya sp</i> None	1	1192.0
<i>Murraya koenigii</i> Indian Curry Tree; Curry Leaf Tree; Curry Leaf	1	
<i>Musa x paradisiaca</i> Plantain; Banana	1	3723.0
<i>Myrciaria dubia</i> Araza de Agua (Sp.); Camu-camu (Eng.,Peru,Scn.,Sp.); Rumberry (Eng.); Camu-camu Negro (Peru); Camo Camo (Peru); Guapuro Blanco (Bol.)	1	
<i>Myrciaria cauliflora</i> Jaboticaba	1	
<i>Myrica cerifera</i> Candle-Berry; Wax Myrtle; Southern Bayberry; Bayberry	1	1312.0
<i>Nandina domestica</i> Heavenly Bamboo; Nanten (Jap.); Sacred Bamboo; Southern Heaven Bamboo	1	
<i>Nasturtium officinale</i> Berro; Watercress	1	27380.0
<i>Nelumbo nucifera</i> Water Lotus	1	30.0
<i>Nepeta cataria</i> Catnip	1	
<i>Nigella sativa</i> Black Cumin; Fennel-Flower; Roman Coriander; Nutmeg-Flower; Black Caraway	1	5154.0
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	1	
<i>Ocimum sanctum</i> Holy Basil; Tulsi	1	
<i>Ocimum basilicum</i> Sweet Basil; Basil; Cuban Basil	1	2612.0
<i>Opuntia ficus-indica</i> Prickly Pear; Nopalito; Indian Fig; Nopal	1	3380.0
<i>Origanum vulgare</i> Wild Marjoram; Oregano; Pot Marjoram; Wild Oregano; Common Turkish Oregano; European Oregano	1	
<i>Origanum majorana</i> Sweet Marjoram; Marjoram	1	1110.0
<i>Oryza sativa</i> Rice	1	
<i>Oxalis tuberosa</i> Papa Roja; Quiba; Oca	1	4568.0
<i>Pachira macrocarpa</i> Large-Fruited Provision Tree	1	510.0
<i>Pachyrhizus erosus</i> Yambean	1	3690.0

Plant	# Chemicals	Total PPM
<i>Panax quinquefolius</i> American Ginseng; Ginseng	1	78.0
<i>Panax ginseng</i> Chinese Ginseng; Korean Ginseng; Oriental Ginseng; Ginseng	1	
<i>Papaver somniferum</i> Poppyseed Poppy; Opium Poppy	1	
<i>Parthenium integrifolium</i> Feverfew; American Feverfew; Missouri Snakeroot; Wild Quinine; Prairie-Dock	1	
<i>Passiflora quadrangularis</i> Granadilla	1	6750.0
<i>Passiflora mollissima</i> Banana Passionfruit; Granadilla De Guineo	1	
<i>Passiflora ligularis</i> Sweet Granadilla; Granadilla	1	
<i>Passiflora incarnata</i> Manzana de Mayo; Passionflower; Mayapple	1	
<i>Passiflora foetida</i> Granadilla Cimarrona; Stinking Granadilla	1	
<i>Passiflora edulis</i> Passionfruit; Maracuya	1	
<i>Pastinaca sativa</i> Parsnip	1	1660.0
<i>Peperomia pereskiiifolia</i> Perejil	1	
<i>Peperomia pelucida</i> Yerba de la plata; Pepper elder	1	
<i>Pereskia aculeata</i> Grosela Americana; Barbados Gooseberry	1	
<i>Perideridia gairdneri</i> Squaw Root	1	604.0
<i>Perilla frutescens</i> Perilla	1	6972.0
<i>Persea schiedeana</i> Palta De Monte; Wild Avocado; Wild Pear	1	
<i>Persea americana</i> Avocado	1	1988.0
<i>Petasites japonicus</i> Butterbur	1	11450.0
<i>Petroselinum crispum</i> Parsley	1	15390.0
<i>Phaseolus vulgaris</i> Black Bean; Haricot Bean; French Bean; Dwarf Bean; String Bean; Kidney Bean; Haricot Vert; Snap Bean; Wax Bean; Navy Bean; Popping Bean; Pop Bean; Field Bean; Garden Bean; Flageolet Bean; Haricot; Green Bean	1	30120.0
<i>Phaseolus lunatus</i> Butter Bean; Lima Bean	1	2292.0
<i>Phaseolus coccineus</i> Scarlet Runner Bean	1	586.0
<i>Phaseolus acutifolius</i> Tepary Bean	1	
<i>Phoenix dactylifera</i> Date Palm	1	1500.0
<i>Phragmites australis</i> Giant Reed; Common Reed; Ditch Reed; Reed Grass	1	
<i>Phyllanthus emblica</i> Emblic; Myrobalan	1	54586.0
<i>Phyllanthus acidus</i> Indian Gooseberry; Otaheite Gooseberry	1	2558.0
<i>Physalis peruviana</i> Ground Cherry; Cape Gooseberry	1	5730.0
<i>Physalis ixocarpa</i> Tomatillo	1	920.0
<i>Physalis alkekengi</i> Bladderherb; Lantern	1	8000.0
<i>Phytolacca americana</i> Pokeweed	1	32368.0
<i>Pimenta dioica</i> Allspice; Pimento; Jamaica-Pepper; Clover-Pepper; Pimenta	1	4134.0
<i>Pimpinella anisum</i> Anise; Sweet Cumin	1	18.0
<i>Pinus sylvestris</i> Scotch Pine	1	6000.0
<i>Pinus edulis</i> Pinyon Pine	1	
<i>Pinus cembroides</i> Mexican Pinyon	1	
<i>Piper nigrum</i> Pepper; Black Pepper; White Pepper	1	20.0
<i>Piper betel</i> Betel Pepper	1	4260.0
<i>Piper auritum</i> Hoja Santa; Cordoncillo; Hierba Santa	1	6740.0
<i>Pisum sativum</i> Pea	1	18954.0
<i>Plantago psyllium</i> Psyllium	1	

Plant	# Chemicals	Total PPM
<i>Plantago major</i> Common Plantain	1	
<i>Platonia insignis</i> Bakuri; Pacouri	1	
<i>Platycodon grandiflorum</i> Balloon Flower; Jie-Geng; Chieh-Keng	1	
<i>Plectranthus amboinicus</i> French Thyme; Soup Mint; Amboini Coleus; Mexican Mint; Country Borage; Indian Borage; Cuban Oregano; Spanish Thyme	1	
<i>Polygonum multiflorum</i> He Shou Wu; Fleeceflower; Chinese Cornbind; Fo Ti; Chinese Knotweed	1	
<i>Polymnia edulis</i> Andean Jicama	1	2800.0
<i>Portulaca oleracea</i> Verdolaga; Purslane	1	14000.0
<i>Pothomorphe</i> sp. Santiago	1	
<i>Pourouma cecropiaefolia</i> Tree Grape; Uvilla	1	
<i>Pouteria viridis</i> Green Sapote; Sapote Verde	1	
<i>Pouteria campechiana</i> Canistel	1	
<i>Pouteria caimito</i> Caimito; Abiu	1	
<i>Prunus salicifolia</i> Wild Cherry; Capulin	1	
<i>Prunus persica</i> Peach	1	2254.0
<i>Prunus dulcis</i> Almond	1	26.0
<i>Prunus domestica</i> Plum	1	1398.0
<i>Prunus cerasus</i> Sour Cherry	1	1746.0
<i>Prunus armeniaca</i> Apricot	1	1490.0
<i>Psidium guajava</i> Guava	1	32615.0
<i>Psidium cattleianum</i> Strawberry Guava	1	4200.0
<i>Psophocarpus tetragonolobus</i> Winged Bean; Asparagus Pea; Goa Bean	1	380.0
<i>Psoralea esculenta</i> Indian Bread-Root; Indian Turnip; Prairie Potato; Breadroot; Prairie Turnip; Prairie Apple	1	342.0
<i>Punica granatum</i> Grenadier (Fr.); Romanzeiro (Port.); Granatapfelbaum (Ger.); Zakuro (Jap.); Pomegranate; Mangrano (Sp.); Granatapfelstrauch (Ger.); Granado (Sp.)	1	1272.0
<i>Pyrus communis</i> Pear	1	500.0
<i>Quararibea cordata</i> Sapote; Chupa-Chupa	1	
<i>Quercus alba</i> White Oak	1	254.0
<i>Raphanus sativus</i> Radish	1	42162.0
<i>Rhamnus cathartica</i> Buckthorn; European Buckthorn	1	
<i>Rheum rhabarbarum</i> Rhubarb	1	8828.0
<i>Rhodymenia palmata</i> Dulse	1	240.0
<i>Ribes uva-crispa</i> Gooseberry	1	4794.0
<i>Ribes rubrum</i> White Currant; Red Currant	1	5108.0
<i>Ribes nigrum</i> Black Currant	1	20060.0
<i>Rollinia mucosa</i> Lancewood; Biriba	1	
<i>Rosa</i> spp Rose Hips	1	25000.0
<i>Rosa rubiginosa</i> Rosa Mosqueta	1	25000.0
<i>Rosa multiflora</i> Multiflora Rose	1	4000.0
<i>Rosa gallica</i> French Rose	1	16940.0
<i>Rosa canina</i> Rose; Dog Rose; Dogbrier	1	32400.0
<i>Rosmarinus officinalis</i> Rosemary	1	1346.0
<i>Rubus idaeus</i> Red Raspberry; Raspberry	1	7940.0

Plant	# Chemicals	Total PPM
<i>Rubus fruticosus</i> Blackberry	1	
<i>Rumex crispus</i> Yellow Dock; Sour Dock; Lengua De Vaca; Curly Dock	1	8108.0
<i>Rumex acetosella</i> Sheep Sorrel	1	24000.0
<i>Rumex acetosa</i> Garden Sorrel	1	24800.0
<i>Ruscus aculeatus</i> Box-Holly; Butcher's Broom	1	277.0
<i>Ruta graveolens</i> Rue	1	9580.0
<i>Salix alba</i> White Willow	1	136.0
<i>Salvia officinalis</i> Sage	1	700.0
<i>Sambucus nigra</i> European Elderberry; Black Elder; European Elder; European Alder; Elder	1	
<i>Sambucus canadensis</i> American Elderberry; American Elder; Sweet Elder; Elderberry	1	3564.0
<i>Schisandra chinensis</i> Wu Wei Zu; Magnolia Vine; Five-Flavor-Fruit; Chinese Magnolia Vine; Wu Wei Zi; Schizandra	1	2044.0
<i>Sclerocarya caffra</i> Marula	1	16380.0
<i>Scutellaria lateriflora</i> Mad-Dog Skullcap; Skullcap	1	2050.0
<i>Sechium edule</i> Chayote	1	12060.0
<i>Senna alexandrina</i> Alexandran senna; Indian Senna; True Senna	1	
<i>Serenoa repens</i> Scrub-Palmetto; Saw Palmetto	1	
<i>Sicana odorifera</i> Cassabanana	1	
<i>Sida rhombifolia</i> Broomweed; Teaplant	1	9090.0
<i>Silybum marianum</i> Milk Thistle; Lady's Thistle	1	
<i>Sinapis alba</i> White Mustard	1	
<i>Smilax</i> spp Sarsaparilla	1	
<i>Smilax officinalis</i> Sarsaparilla	1	
<i>Solanum tuberosum</i> Potato	1	1980.0
<i>Solanum torvum</i> Susumba; Wild Eggplant	1	550.0
<i>Solanum quitoensis</i> Naranjillo	1	
<i>Solanum nigrum</i> Black Nightshade	1	8134.0
<i>Solanum melongena</i> Eggplant; Aubergine	1	13512.0
<i>Sonchus oleraceus</i> Cerraja; Sow Thistle	1	1250.0
<i>Sophora japonica</i> Japanese Pagoda Tree	1	940.0
<i>Sorbus aucubaria</i> Rowan Berry	1	5300.0
<i>Spinacia oleracea</i> Spinach	1	15190.0
<i>Spirulina</i> spp. Spirulina	1	
<i>Spirulina pratensis</i> Spirulina	1	
<i>Spondias purpurea</i> Purple Plum; Purple Jobo	1	4050.0
<i>Spondias pinnata</i> Yellow Mombin; Yellow Plum	1	4330.0
<i>Spondias mombin</i> Yellow Plum; Yellow Mombin	1	3230.0
<i>Spondias dulcis</i> Ambarella	1	5500.0
<i>Stachys officinalis</i> Betony; Wood Betony; Purple Betony; Bishop's-Wort	1	
<i>Stellaria media</i> Common Chickweed; Chickweed	1	5569.0
<i>Stevia rebaudiana</i> Stevia; Ca-A-E; Sweet Leaf of Paraguay	1	220.0
<i>Symphytum officinale</i> Comfrey	1	264.0
<i>Syringa vulgaris</i> Lilac	1	

Plant	# Chemicals	Total PPM
<i>Syzygium malaccense</i> Ohia; Mammey Pomorrosa; Malay Apple	1	
<i>Syzygium jambos</i> Pomarrosa; Rose Apple	1	
<i>Syzygium cumini</i> Java Plum; Aceituna Dulce; Jambolan	1	
<i>Syzygium aromaticum</i> Clove; Clovetree	1	1620.0
<i>Tabebuia heptaphylla</i> Pau D'Arco	1	362.0
<i>Tamarindus indica</i> Indian Tamarind; Tamarind; Kilytree	1	2896.0
<i>Tanacetum parthenium</i> Feverfew	1	
<i>Taraxacum officinale</i> Dandelion	1	9702.0
<i>Terminalia chebula</i> Ink Nut; Myrobalan; Chebulic Myrobalan; Black Myrobalan	1	1840.0
<i>Terminalia catappa</i> Indian Almond; Tropical Almond; Malabar Almond	1	
<i>Tetragonia tetragonioides</i> New Zealand Spinach	1	10000.0
<i>Theobroma speciosum</i> Macambo	1	
<i>Theobroma cacao</i> Cacao	1	62.0
<i>Theobroma bicolor</i> Nicaraguan Cacao; Pataste	1	
<i>Thuja occidentalis</i> Arbor-Vitae; Northern White-Cedar	1	
<i>Thymus vulgaris</i> Thyme; Garden Thyme; Common Thyme	1	
<i>Tilia</i> sp. Linden; Lime; Basswood	1	
<i>Tragopogon porrifolius</i> Salsify	1	982.0
<i>Tribulus terrestris</i> Puncture-vine	1	
<i>Trichosanthes anguina</i> Snakegourd	1	
<i>Trifolium pratense</i> Red Clover; Cowgrass; Peavine Clover; Purple Clover	1	5932.0
<i>Trigonella foenum-graecum</i> Greek Clover; Bockshornklee (Ger.); Greek Hay; Alholva (Sp.); Fenugreek	1	1676.0
<i>Triticum aestivum</i> Wheat	1	
<i>Tropaeolum tuberosum</i> Anu; Mashua	1	9600.0
<i>Tropaeolum majus</i> Nasturtium	1	15100.0
<i>Tulipa gesneriana</i> Tulip	1	
<i>Turnera diffusa</i> Damiana	1	1966.0
<i>Ullucus tuberosus</i> Ulluco; Melloco	1	3500.0
<i>Ulmus rubra</i> Red Elm; Slippery Elm	1	
<i>Urtica dioica</i> European Nettle; Stinging Nettle	1	1660.0
<i>Vaccinium vitis-idaea</i> Lingen; Cowberry; Lingonberry	1	3730.0
<i>Vaccinium myrtillus</i> Bilberry; Dwarf Bilberry; Whortleberry	1	3300.0
<i>Vaccinium macrocarpon</i> Large Cranberry; Cranberry; American Cranberry	1	2203.0
<i>Vaccinium corymbosum</i> Blueberry	1	1756.0
<i>Valeriana officinalis</i> Common Valerian; Garden-Heliotrope; Valerian	1	
<i>Verbascum thapsus</i> Flannelleaf; Great Mullein; Mullein; Velvetplant; Flannelplant	1	1552.0
<i>Viburnum opulus</i> Crampbark; European Cranberry Bush; Guelder Rose; Snowballbush	1	
<i>Vicia faba</i> Habas; Broadbean; Faba Bean	1	5110.0
<i>Vigna unguiculata</i> Yardlong Bean; Asparagus Bean; Pea Bean	1	12346.0
<i>Vigna radiata</i> Mungbean; Green Gram	1	3118.0
<i>Vigna mungo</i> Black Gram	1	896.0
<i>Vigna angularis</i> Adzuki Bean	1	

Plant	# Chemicals	Total PPM
<i>Vigna aconitifolia</i> Mat Bean; Moth Bean	1	88.0
<i>Viscum album</i> European Mistletoe	1	15000.0
<i>Vitis vinifera</i> Vigne Vinifere (Fr.); European Grape; Weinrebe (Ger.); Vid (Sp.); Grape; Wine Grape; Grapevine; Parra (Sp.)	1	9560.0
<i>Yucca baccata</i> Banana Yucca; Spanish Bayonet; Blue Yucca; Yucca	1	262.0
<i>Zea mays</i> Corn	1	192.0
<i>Zingiber officinale</i> Ginger	1	634.0
<i>Zizyphus spina-christi</i> Syrian Christ-Thorn	1	660.0
<i>Zizyphus jujuba</i> Ta-Tsao; Jujube; Da-Zao	1	7764.0