

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Chemicals for Antihangover**

<b>Chemical</b>	<b>Dosage</b>
ASCORBIC-ACID	1,000 mg
FRUCTOSE	--
NIACIN	50 mg
PUERARIN	--
THIAMIN	50 mg
ZINC	15 mg