

Dr. Duke's Phytochemical and Ethnobotanical Databases**List of Chemicals for Anticoronary**

Chemical	Dosage
BETA-CAROTENE	50 mg/man/2 days
CARNITINE	1,500 ug/day
FOLIC-ACID	400 ug/man/day
LIGNIN	--
LINOLEIC-ACID	--
MAGNESIUM	400 mg/day
SELENIUM	200 ug/day
TOCOPHEROL	100-200 IU/day
VITAMIN-E	100-200 IU/day
ZINC	30 mg/day