

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Chemicals for Anticataract

Chemical	Dosage
ALPHA-TOCOPHEROL	--
ANTHOCYANOSIDE	--
ASCORBIC-ACID	400 mg/day
ASCORBIC-ACID	1 g 3x/day
ASCORBIC-ACID	350 mg/day
BRAZILIN	ED50=100 uM
CHYMOTRYPSIN	--
CURCUMIN	75 mg/kg orl rat
CYSTEINE	--
ELLAGIC-ACID	--
GLYCEROL	--
GLYCYRRHIZIN	--
GOSSYPETIN-8-GLUCOSIDE	--
GOSSYPIN	--
HAEMATOXYLIN	ED50=100 uM
HISPIDULOSIDE	--
L-CYSTEINE	400 mg/man/day
LUTEOLIN	EC=3 ppm
METHIONINE	--
NEPETIN	--
NEPETRIN	--
NIACIN	--
PATULETIN-3-O-BETA-D-GALACTOSIDE	--
PATULETIN-3-O-BETA-D-ROBINOSIDE	--
QUERCETIN	--
QUERCITRIN	--
RIBOFLAVIN	15 mg/day

Chemical	Dosage
RUTIN	--
SELENIUM	400 ug/day
SIDERITOFILAVONE	1 uM
THIAMIN	--
TOCOPHEROL	--
VIT-B2	15 mg/day
VITAMIN-E	--
ZINC	30 mg/day