

Dr. Duke's Phytochemical and Ethnobotanical Databases**List of Chemicals for Antidementia**

Chemical	Dosage
ALPHA-TOCOPHEROL	--
ASCORBIC-ACID	--
CHOLINE	--
DIOSMETIN	--
FOLIC-ACID	10-20 mg/day
GLABRIDIN	--
ISORHYNCHOPHYLLINE	--
LECITHIN	--
NIACIN	--
PUERARIN	--
RHYNCHOPHYLLINE	--
RIBONUCLEIC-ACID	--
RUTIN	--
SMILAGENIN	--
THIAMIN	--
TOCOPHEROL	--
TRYPTOPHAN	3 g/day
ZINC	--